



**RESTAURANT**  
**BREWHOUSE**

**FOOD ALLERGEN SENSITIVITIES MENU  
AND GLUTEN-FREE SELECTIONS**

**MAY 2019**

## GLUTEN-FREE SELECTIONS

The following information is provided for our guests who have an intolerance to gluten. Below is a list of menu items that, with slight modifications, may fit a gluten-free lifestyle. Please inform your server if you, or any guests in your party, have a gluten intolerance.

Please be sure to order with the modifications. Calories provided reflect modifications as noted.

### STARTER SALADS AND ENLIGHTENED AND ENTREE SALADS

#### BARBEQUE CHICKEN CHOPPED SALAD (cal. 870)

Crisp romaine | iceberg lettuce | sweet corn | black beans | crunchy jicama | mozzarella | tomatoes | green onions | cilantro | BBQ ranch dressing | hickory-smoked BBQ sauce | crispy onion strings  
*(order without crispy onion strings)*

#### CAESAR SALAD ENTREE (cal. 650) SMALL (cal. 320)

*(order without croutons)*

#### DERBY-STYLE COBB (cal. 940)

Crisp romaine | slow-roasted herb turkey breast | hard-boiled egg | applewood smoked bacon | avocado | jack + cheddar cheese | cucumbers | tomatoes | bleu cheese crumbles | housemade avocado ranch dressing

#### FRESH MOZZARELLA AND TOMATO SALAD (cal. 260)

#### HOUSE SALAD (cal. 50)

*(order without croutons)*

*All house dressings are gluten-free excluding Honey Ginger and Rice Wine Vinaigrette*

#### KALE AND ROASTED BRUSSELS SPROUTS SALAD (cal. 440)

Baby kale | roasted brussels sprouts | romaine | fresh blueberries | sweet red grapes | dried cranberries | goat cheese crumbles | cucumbers | candied pecans | toasted pepitas | red onions | strawberry vinaigrette

#### SANTA FE SALAD (cal. 850)

Crisp romaine | blackened chicken breast | red onions | fire-roasted red peppers | jack + cheddar cheese | avocado | sweet corn | tomatoes | crispy corn tortilla strips | santa fe dressing  
*(order without tortilla strips)*

#### NEW GRILLED CHICKEN ANTIPASTO SALAD (cal. 790)

Herb-roasted chicken breast | arugula | pepperoni | tomatoes | fresh mozzarella | seasoned artichoke hearts | kalamata olives | balsamic glaze | italian dressing | parmesan cheese | peperoncini

#### WEDGE SALAD (cal. 320)

### SOUPS, SNACKS AND SIDES

#### BAKED POTATO (cal. 590)

#### BROCCOLI CHEDDAR SOUP (cal. 380)

#### SAUTÉED GREEN BEANS (cal. 80)

#### PERUVIAN QUINOA + BROWN RICE (cal. 280)

#### ROASTED ASPARAGUS (cal. 20)

#### STEAMED BROCCOLI (cal. 40)

#### TURMERIC-ROASTED CAULIFLOWER (cal. 280)

#### TUSCAN TOMATO BISQUE (cal. 540)

*(order without croutons)*

#### VEGAN LENTIL WITH ANCIENT GRAINS SOUP (cal. 300)

#### WHITE CHEDDAR MASHED POTATOES (cal. 330)

### SPECIALTY ENTREES

#### BJ's CLASSIC RIB-EYE\* (cal. 1080)

Juicy, well-marbled, fresh 14 oz. ▴ rib-eye (choice of two signature sides)

#### FRESH ATLANTIC SALMON\* (cal. 440)

Flame-broiled or blackened salmon fillet | lemon chardonnay butter sauce | rice pilaf | steamed broccoli *(order without rice pilaf and without lemon chardonnay butter sauce)*

#### HOUSE TOP SIRLOIN\* (cal. 500)

Thick, fresh, tender house special sirloin (choice of two signature sides)

#### DOUBLE BONE-IN PORK CHOP (cal. 610)

Slow-roasted double bone-in pork chop | Big Poppa Smokers' Sweet Money Championship rub | served with honey dijon mustard (choice of two signature sides)

*All Brewhouse Toppings are gluten-free excluding Bacon Jam and BJ's PM Porter\* Mushroom Gravy*

### ENLIGHTENED ENTREES®

#### FIRE-ROASTED BARBACOA CHICKEN (cal. 520)

Barbacoa-spiced chicken | brown rice | black beans | feta cheese | cilantro | greek yogurt crema | fire-roasted salsa

#### NEW MOROCCAN CHICKEN (cal. 750)

Herb-roasted chicken breast | turmeric-roasted cauliflower | mushrooms | garlic | sautéed spinach | toasted almonds | red pepper cream sauce

#### NEW ENLIGHTENED BLACKENED CHICKEN ZUCCHINI NOODLES (cal. 710)

Blackened chicken breast | zucchini noodles | red onions | mushrooms | fire-roasted red peppers | green onions | creamy alfredo | San Marzano marinara | parmesan cheese

#### PERUVIAN QUINOA BOWL (cal. 430-790)

Peruvian quinoa + brown rice | sautéed red onions | mushrooms | sautéed spinach | seasoned tomatoes | a drizzle of extra virgin olive oil + lemon juice  
Available with chicken, shrimp, salmon\* or vegetarian-style

\*Contains or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

▴Pre-cooked weight.

Availability of items subject to change. © 2019 BJ's Restaurants, Inc.

# GLUTEN-FREE SELECTIONS

## PIZZA

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### GLUTEN-FREE THIN CRUST CHEESE PIZZA (cal. 130/slice; 6 slices)

Crisp, herb-infused 10-inch crust | zesty pizza sauce | BJ's signature five cheese blend

*Add one of our Classic Toppings! With the exception of our housemade meatballs, all of the Classic Toppings are gluten-free.*

## STUFFED POTATOES

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### CREAMY BROCCOLI (cal. 870)

Steamed broccoli | creamy alfredo sauce | jack + cheddar cheese

### THE CLASSIC (cal. 590)

Butter | sour cream | green onions

### GRILLED CHICKEN (cal. 1050)

Grilled chicken | steamed broccoli | creamy alfredo sauce | jack + cheddar cheese

## WEEKEND BRUNCH (where available.)

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### BJ's CALIFORNIA SCRAMBLE (cal. 790)

Three scrambled eggs | seared Hatch chiles | red onions | tomatoes | pepper jack cheese | crumbled applewood smoked bacon + avocado on the side | served over seasoned country potatoes and sourdough toast  
*(order without country potatoes and toast)*

### ENLIGHTENED VEGGIE OMELETTE WITH FRESH FRUIT (cal. 250)

Egg white omelette | feta cheese | mushrooms | spinach | diced tomatoes | fire-roasted red peppers | sun-dried tomatoes | red onions | fresh basil | parmesan cheese | seasonal fresh fruit on the side

## BRUNCH SIDES

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### APPLEWOOD SMOKED BACON (cal. 140)

### FRESH FRUIT (cal. 60)

### COUNTRY SAUSAGE LINKS (cal. 520)

### GRILLED HAM (cal. 110)

## DESSERTS

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### GLUTEN-FREE CHOCOLATE CHIP PIZOOKIE® (cal. 1180)

Fresh-baked chocolate chip cookie | rich vanilla bean ice cream

### GHIRARDELLI® DOUBLE CHOCOLATE CHIP ICE CREAM (cal. 190/scoop)

### RICH VANILLA BEAN ICE CREAM (cal. 200/scoop)

## BEVERAGES

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ALL OF OUR NONALCOHOLIC BEVERAGES ARE GLUTEN-FREE (cal. 0-220)

## SHAREABLE APPETIZERS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Ahi Poke	•	•				•	•		•
Avocado Egg Rolls	•		•			•	•		•
BBQ Tri-Tip Sliders	•		•			•			•
Best Beginnings® Appetizer Combo	•		•			•	•		•
Best Beginnings® Appetizer Combo with BJ's Peppered BBQ	•		•			•	•		•
Best Beginnings® Appetizer Combo with Cherry Chipotle Glaze	•		•			•	•		•
Best Beginnings® Appetizer Combo with EXXXXtra Hot Buffalo	•		•			•	•		•
Best Beginnings® Appetizer Combo with Garlic Parmesan	•		•			•	•		•
Best Beginnings® Appetizer Combo with Hot and Spicy Buffalo Sauce	•		•			•	•		•
Best Beginnings® Appetizer Combo with Lemon Pepper Sesame Dry Rub	•		•			•	•		•
Best Beginnings® Appetizer Combo with Nashville Hot Sauce	•		•			•	•		•
Best Beginnings® Appetizer Combo with Root Beer Glaze	•		•			•	•		•
Best Beginnings® Appetizer Combo with Sriracha Dry Rub	•		•			•	•		•
Chicken Lettuce Wraps	•					•	•		•
Chicken Pot Stickers	•					•			•
Chicken Tenders	•		•			•			•
Chips and Fire Roasted Salsa									•
Crisp Potato Skins Platter	•		•						•
Crispy Calamari	•		•		•				•
Crispy Fried Artichokes	•		•			•			•
Crispy Zucchini Noodles	•		•						•
Honey Sriracha Brussels Sprouts			•				•		•
Housemade Guacamole and Chips									•
Loaded Nachos with Chicken			•			•	•		•
Loaded Nachos with Pirahna® Pale Ale Chili			•			•	•		•
Mozzarella Sticks	•		•						•
Sriracha Queso Dip with Pirahna® Pale Ale Chili			•			•	•		•
Sriracha Queso Dip with Seared Hatch Chiles			•				•		•
Root Beer Glazed Ribs			•			•	•		•
Sliders						•			•
Sliders with Fries						•			•
Spinach and Artichoke Dip			•						•
Spinach Stuffed Mushrooms	•		•			•			•

## STARTER SALADS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Fresh Mozzarella and Tomato Salad			•				•		
House Salad			•			•			•
Small Caesar Salad	•	•	•			•			•
Wedge Salad	•		•			•			

## WINGS AND SAUCES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Bone-In Wings, 10 Piece	•		•						•
Boneless Chicken Wings, 1 Lb	•		•						•
with Wing Sauce Choice Cherry Chipotle Sauce	•		•			•	•		•
with Wing Sauce Choice EXXXXtra Hot 5 Pepper Buffalo	•		•						•
with Wing Sauce Choice Garlic Parmesan	•		•						•
with Wing Sauce Choice Hot and Spicy Buffalo	•		•						•
with Wing Sauce Choice Nashville Hot Sauce	•		•			•			•
with Wing Sauce Choice Peppered BBQ	•		•						•
with Wing Sauce Choice Root Beer BBQ	•		•				•		•

# WINGS AND SAUCES cont.

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
with Wing Seasoning Choice Cuckoo Racha Seasoning	•		•						•
with Wing Seasoning Choice Desert Gold Seasoning	•		•						•
BJ's Original Wings	•		•						•

## BJ'S FLATBREAD APPETIZER PIZZAS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
California Club Flatbread Pizza	•		•			•			•
Margherita Fresca Flatbread			•						•
Pepperoni Extreme Flatbread Pizza			•						•

## BJ'S SNACKS AND SMALL BITES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Brewhouse Meatballs	•	•	•			•	•		•
Creamy Couscous Mac & Cheese			•			•			•
Fried Wisconsin Cheese Curds	•		•						•
Garlic Parmesan Knots			•			•			•
Hickory-Smoked Sausage	•					•	•		•
Sweet Potato Fries									•
Turmeric-Roasted Cauliflower						•	•	•	

## BJ'S SIGNATURE DEEP DISH PIZZAS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Barbeque Chicken Deep Dish Pizza, Large			•			•			•
Barbeque Chicken Deep Dish Pizza, Medium			•			•			•
Barbeque Chicken Deep Dish Pizza, Mini			•			•			•
Barbeque Chicken Deep Dish Pizza, Small			•			•			•
BJ's Classic Combo Deep Dish Pizza, Large			•			•			•
BJ's Classic Combo Deep Dish Pizza, Medium			•			•			•
BJ's Classic Combo Deep Dish Pizza, Mini			•			•			•
BJ's Classic Combo Deep Dish Pizza, Small			•			•			•
BJ's Favorite Deep Dish Pizza, Large	•		•			•			•
BJ's Favorite Deep Dish Pizza, Medium	•		•			•			•
BJ's Favorite Deep Dish Pizza, Mini	•		•			•			•
BJ's Favorite Deep Dish Pizza, Small	•		•			•			•
Buffalo Chicken Deep Dish Pizza, Large	•		•			•			•
Buffalo Chicken Deep Dish Pizza, Medium	•		•			•			•
Buffalo Chicken Deep Dish Pizza, Mini	•		•			•			•
Buffalo Chicken Deep Dish Pizza, Small	•		•			•			•
Cheese and Tomato Deep Dish Pizza, Large			•			•			•
Cheese and Tomato Deep Dish Pizza, Medium			•			•			•
Cheese and Tomato Deep Dish Pizza, Mini			•			•			•
Cheese and Tomato Deep Dish Pizza, Small			•			•			•
Chicken Bacon Ranch Deep Dish Pizza, Large	•		•			•			•
Chicken Bacon Ranch Deep Dish Pizza, Medium	•		•			•			•
Chicken Bacon Ranch Deep Dish Pizza, Mini	•		•			•			•
Chicken Bacon Ranch Deep Dish Pizza, Small	•		•			•			•
Gourmet Five Meat Deep Dish Pizza, Large	•		•			•			•
Gourmet Five Meat Deep Dish Pizza, Medium	•		•			•			•
Gourmet Five Meat Deep Dish Pizza, Mini	•		•			•			•
Gourmet Five Meat Deep Dish Pizza, Small	•		•			•			•
Great White Deep Dish Pizza, Large			•			•			•
Great White Deep Dish Pizza, Medium			•			•			•
Great White Deep Dish Pizza, Mini			•			•			•
Great White Deep Dish Pizza, Small			•			•			•
Pepperoni Extreme Deep Dish Pizza, Large			•			•			•

## BJ'S SIGNATURE DEEP DISH PIZZAS cont.

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Pepperoni Extreme Deep Dish Pizza, Medium			•			•			•
Pepperoni Extreme Deep Dish Pizza, Mini			•			•			•
Pepperoni Extreme Deep Dish Pizza, Small			•			•			•
Sweet Pig Deep Dish Pizza, Large			•			•			•
Sweet Pig Deep Dish Pizza, Medium			•			•			•
Sweet Pig Deep Dish Pizza, Mini			•			•			•
Sweet Pig Deep Dish Pizza, Small			•			•			•
Vegetarian Deep Dish Pizza, Large			•			•			•
Vegetarian Deep Dish Pizza, Medium			•			•			•
Vegetarian Deep Dish Pizza, Mini			•			•			•
Vegetarian Deep Dish Pizza, Small			•			•			•

## BUILD YOUR OWN DEEP DISH PIZZAS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
BJ's Signature Deep Dish Pizza			•			•			•
with Anchovies		•	•			•			•
with Artichokes			•			•			•
with Asparagus			•			•			•
with Bacon			•			•			•
with Black Olives			•			•			•
with Blackened Chicken			•			•			•
with Broccoli			•			•			•
with Corn			•			•			•
with Fresh Basil			•			•			•
with Fresh Cilantro			•			•			•
with Garlic			•			•			•
with Green Peppers			•			•			•
with Grilled Chicken			•			•			•
with Ham			•			•			•
with Jalapenos			•			•			•
with Meatballs	•		•			•			•
with Mozzarella Cheese			•			•			•
with Mushrooms			•			•			•
with Onions			•			•			•
with Pear Tomatoes			•			•			•
with Pepperoni			•			•			•
with Pineapple			•			•			•
with Roasted Red Peppers			•			•			•
with Salami			•			•			•
with Sausage			•			•			•

## TAVERN CRUST PIZZAS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
BJ's Brewhouse Classic			•						•
Garlic Chicken Pesto			•			•			•
Old Country Tomato Basil			•						•
The Italian Market	•		•				•		•
The Spicy Pig			•						•

## GLUTEN FREE THIN CRUST CHEESE PIZZAS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Gluten-Free Thin Crust Cheese Pizza			•						
with Anchovies		•	•						
with Artichokes			•						
with Bacon			•						

# GLUTEN FREE THIN CRUST CHEESE PIZZAS cont.

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
with Black Olives			•						
with Blackened Chicken			•			•			
with Broccoli			•						
with Corn			•						
with Fresh Basil			•						
with Fresh Cilantro			•						
with Garlic			•						
with Green Peppers			•						
with Grilled Chicken			•			•			
with Ham			•						
with Jalapenos			•						
with Meatballs	•		•						•
with Mozzarella Cheese			•						
with Mushrooms			•						
with Onions			•						
with Pear Tomatoes			•						
with Pepperoni			•						
with Pineapple			•						
with Roasted Red Peppers			•						
with Salami			•						
with Sausage			•						

## BJ'S ENLIGHTENED ENTREES®

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Asian Chopped Salad	•					•			•
Barbacoa Cauliflower Pita Tacos			•			•	•		•
Barbeque Bison Burger	•		•			•	•		•
Blackened Chicken Zucchini Noodles			•			•			
Cherry Chipotle Glazed Salmon		•				•			•
Fire-Roasted Barbacoa Chicken			•			•	•		
Grilled Chicken Antipasto Salad			•			•	•		
Kale and Roasted Brussels Sprouts Salad			•			•	•	•	
Kale and Roasted Brussels Sprouts Salad with Blackened Salmon		•	•			•	•	•	
Kale and Roasted Brussels Sprouts Salad with Cajun Shrimp			•		•	•	•	•	
Kale and Roasted Brussels Sprouts Salad with Flame Broiled Salmon		•	•			•	•	•	
Kale and Roasted Brussels Sprouts Salad with Grilled Chicken			•			•	•	•	
Lemon Herb Chicken & Asparagus Zucchini Noodles			•			•			•
Lemon Thyme Chicken						•	•		•
Mediterranean Chicken Pita Tacos			•			•	•		•
Moroccan Chicken			•			•		•	
Pacific Poke Soba Noodles	•	•				•	•		•
Peruvian Quinoa Bowl with Chicken						•			
Peruvian Quinoa Bowl with Salmon		•				•			
Peruvian Quinoa Bowl with Shrimp					•	•			
Peruvian Quinoa Bowl, Vegetarian-Style									
Seared Ahi Salad	•	•				•	•		•
Shrimp and Arugula Pita Tacos			•		•	•	•		•
Spicy Peanut Chicken with Soba Noodles			•	•		•		•	•
Turkey Burger	•		•			•	•		•

## GARDEN FRESH SPECIALTY SALADS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Barbeque Chicken Chopped Salad	•		•			•			•
Caesar Salad	•	•	•			•			•
Caesar Salad with Blackened Chicken	•	•	•			•			•
Caesar Salad with Blackened Salmon	•	•	•			•			•
Caesar Salad with Blackened Shrimp	•	•	•		•	•			•
Caesar Salad with Flame Broiled Salmon	•	•	•			•			•
Caesar Salad with Grilled Chicken	•	•	•			•			•
Derby-Style Cobb Salad	•		•						
Honey-Crisp Chicken Salad	•					•		•	•
Santa Fe Salad	•		•			•			•
Santa Fe Salad with Blackened Salmon	•	•	•			•			•
Santa Fe Salad with Cajun Shrimp	•		•		•	•			•
Santa Fe Salad with Flame Broiled Salmon	•	•	•			•			•
Santa Fe Salad with Grilled Chicken	•		•			•			•
Tri Tip Wedge Salad	•		•			•	•		•

## SIGNATURE DRESSINGS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Avocado Ranch Dressing	•		•						
BBQ Ranch Dressing	•		•						
Balsamic Vinaigrette							•		
Bleu Cheese Dressing	•		•			•			
Caesar Dressing	•	•	•						
Honey Ginger Dressing	•					•			•
Honey Mustard Dressing	•								
Italian Dressing									
Oil & Vinegar							•		
Ranch Dressing	•		•						
Rice Wine Vinaigrette						•	•		•
Santa Fe Dressing	•		•						
Strawberry Vinaigrette							•		
Thousand Island Dressing	•								

## HANDCRAFTED BURGERS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
BJ's Bacon Cheeseburger with French Fries	•	•	•			•			•
Bacon-Guacamole Deluxe Burger with French Fries	•		•			•			•
Classic Burger with French Fries	•	•	•			•			•
Crispy Jalapeno Burger with French Fries	•		•			•			•
Hickory Brisket and Bacon Burger with French Fries	•		•			•			•

## BURGER ADD-ONS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Avocado									
Bacon Jam						•			•
Brewhouse Burger Patty						•	•		
Loaded Burger Patty									
Cheddar Cheese			•						
BJ's Pirahna® Pale Ale Chili			•			•			•
Fried Egg	•					•			
Gluten-Free Bun	•								
Housemade Guacamole									



## BREWHOUSE BURGERS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Black and Bleuhouse Burger with French Fries	•		•			•	•		•
Brewhouse Bacon Cheeseburger with French Fries			•			•	•		•
Brewhouse Burger with French Fries			•			•	•		•

## SANDWICHES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Brewhouse Philly with French Fries	•	•	•			•	•		•
California Chicken Club Sandwich with French Fries	•		•			•			•
Classic Prime Rib Dip with French Fries	•	•	•			•	•		•
Hand-Pulled Turkey Dip with French Fries	•	•	•			•	•		•
Italian Meatball Sub with French Fries	•		•			•			•
Slow-Roasted Turkey Club with French Fries	•					•			•
Original Roast Beef Dip Sandwich	•	•	•			•	•		•

## CRISPY CHICKEN SANDWICHES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Classic Crispy Chicken Sandwich with French Fries	•		•			•			•
Nashville Hot Crispy Chicken Sandwich with French Fries	•		•			•			•
Southern Comfort Fried Chicken Sandwich with French Fries	•		•			•	•		•

## RIBS AND USDA STEAKS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
BJ's Classic Rib-Eye									
Baby Back Pork Ribs, Full Rack with Peppered BBQ Sauce						•			•
Baby Back Pork Ribs, Half Rack with Peppered BBQ Sauce						•			•
Double Bone-In Pork Chop	•					•	•		
House Top Sirloin									
Mandarin Orange-Glazed Pork Chop						•			•
Prime Rib Dinner	•	•	•			•	•		•
Slow-Roasted Tri-Tip						•			•
Tri-Tip Combo with Chicken						•			•
Tri-Tip Combo with Ribs						•			•
Tri-Tip Combo with Shrimp			•		•	•			•

## BREWHOUSE TOPPINGS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Bacon Jam						•			•
Bleu Cheese Crumbles			•						
Grilled Onions						•	•		
Chimichurri Sauce							•		
Garlic Butter			•			•			
BJ's PM Porter® Mushroom Gravy		•	•			•	•		•
Sautéed Mushrooms		•	•			•	•		
Mushrooms + Onions		•	•			•	•		

## ADD-ONS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Blackened Chicken						•			
Blackened Salmon		•				•			
Blackened Shrimp					•	•			
Flame Broiled Salmon		•				•			
Grilled Chicken						•			

## HOUSEMADE SIDES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Asparagus						•			
Baked Potato			•			•			
Broccoli									
Fries									•
Honey Sriracha Brussels Sprouts			•				•		•
Quinoa and Brown Rice Blend									
Rice Pilaf						•			•
Sauteed Green Beans									
White Cheddar Mashed Potatoes			•			•			

## SPECIALTY ENTREES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Fresh Atlantic Salmon (Flame-Broiled)		•	•			•	•		•
Fresh Atlantic Salmon (Blackened)		•	•			•	•		•
BJ's Brewhouse Blonde® Fish 'n' Chips	•	•	•			•	•		•
Chimichurri Chicken						•	•		•
Flame-Broiled Mahi-Mahi Tacos	•	•	•			•			•
Fried Mahi-Mahi Tacos	•	•	•						•
New Orleans Jambalaya			•		•	•	•		•
Parmesan-Crusted Chicken	•		•			•	•		•
Cajun Shrimp Tacos	•		•		•	•			•

## PASTA FAVORITES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Deep Dish Ziti	•		•			•			•
Garlic Bread Knots (2 pieces)						•			•
Grilled Chicken Alfredo			•			•			•
Grilled Chicken Alfredo with Zucchini Noodles			•			•			•
Italiano Vegetable Penne			•			•			•
Italiano Vegetable Penne with Zucchini Noodles			•			•			•
Italiano Vegetable Penne with Blackened Chicken			•			•			•
Italiano Vegetable Penne with Cajun Shrimp			•		•	•			•
Italiano Vegetable Penne with Grilled Chicken			•			•			•
Jumbo Spaghetti and Meatballs	•		•			•			•
Jumbo Spaghetti and Meatballs with Zucchini Noodles	•		•			•			•
Shrimp Scampi Pasta			•		•	•			•
Shrimp Scampi Pasta with Zucchini Noodles			•		•	•			•

## HOUSEMADE SOUPS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Broccoli Cheddar Soup in a Sourdough Loaf			•			•			•
Broccoli Cheddar Soup			•			•			•
Chicken Tortilla Soup in a Sourdough Loaf			•			•			•
Chicken Tortilla Soup			•			•			•
Clam Chowder in a Sourdough Loaf with Oyster Crackers			•		•	•			•
Clam Chowder with Oyster Crackers			•		•	•			•
Pirahna® Pale Ale Chili in a Sourdough Loaf			•			•			•
Pirahna® Pale Ale Chili			•			•			•
Tuscan Tomato Bisque in a Sourdough Loaf			•			•			•
Tuscan Tomato Bisque			•			•			•
Vegan Lentill Soup with Ancient Grains in a Sourdough Loaf			•				•		•
Vegan Lentil Soup with Ancient Grains							•		

## DESSERTS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
BJ's Baked Beignet	•		•			•			•
Chocolate Chunk Pizookie®	•		•			•			•
Cookies 'n' Cream Pizookie®	•		•			•			•
Ghirardelli® Double Chocolate Chip Ice Cream	•		•			•			
Gluten-Free Chocolate Chip Pizookie®	•		•			•			
Hot Fudge Brownie Pizookie®	•		•			•		•	•
Monkey Bread Pizookie®	•		•			•			•
Peanut Butter Pizookie®	•		•	•		•			•
Salted Caramel Pizookie®	•		•			•		•	•
Triple Chocolate Pizookie® Made With Ghirardelli	•		•			•			•
Vanilla Bean Ice Cream	•		•			•			
White Chocolate Macadamia Nut Pizookie®	•		•			•		•	•

## BJ'S HANDCRAFTED DRAFT SODAS & FLOATS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Black Cherry Soda									
Black Cherry Soda Float	•		•			•			
Orange Cream Soda									
Orange Cream Soda Float	•		•			•			
Root Beer									
Root Beer Float	•		•			•			
Vanilla Cream Soda									
Vanilla Cream Float	•		•			•			
BJ's Handcrafted Ginger Beer									

## BEVERAGES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
BJ's Lemonade									
Berry Sweet Limeade									
Brisk Raspberry Iced Tea									
Cappuccino			•			•			
Chocolate Milk			•						
Coffee									
Cucumber Mint Sparkling Water									
Decaf Coffee									
Diet Dr Pepper									
Diet Pepsi									
Dr Pepper									
Green Iced Tea									
Hot Chocolate			•						
Hot Tea									
Latte			•			•			
Milk			•						
Mist Twst									
Mountain Dew									
Orange Twist									
Peachberry Iced Tea									
Pepsi									
Raspberry Sparkling Water									
Iced Tea									
Roy Rogers									
Salted Caramel Cold Brew Iced Coffee			•						
Shirley Temple									
Sparkling Raspberry Lemonade									
Strawberry Lemonade									

## BEVERAGES cont.

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Sunset Peach									
Sweet Tea									
Tropical Iced Tea									

## LUNCH SPECIALS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Bacon and Cheese Potato			•			•			
Buffalo Chicken Grilled Cheese Sandwich with French Fries	•		•			•			•
Caprese Piadina with French Fries			•			•			•
Chicken Bacon Ranch Piadina with French Fries	•		•			•			•
Chicken Tenders with French Fries	•		•			•			•
Classic Grilled Cheese Sandwich with French Fries			•			•			•
Creamy Broccoli Potato			•			•			
Lunch Grilled Chicken Alfredo			•			•			•
Lunch Grilled Chicken Alfredo with Zucchini Noodles			•			•			•
Grilled Chicken Potato			•			•			
Half California Club Flatbread Pizza	•		•			•			•
Half Margherita Flatbread Pizza			•						•
Half Pepperoni Extreme Flatbread Pizza			•						•
Half California Chicken Club Sandwich	•		•			•			•
Hot Ham and Grilled Cheese with French Fries			•			•	•		•
Lunch Jumbo Spaghetti and Meatballs	•		•			•			•
Lunch Jumbo Spaghetti and Meatballs with Zucchini Noodles	•		•			•			•
Lunch Lemon Thyme Chicken						•	•		•
Meat Lover's Piadina with French Fries	•		•			•			•
Pirahna® Pale Ale Chili and Cheese Potato			•			•			•
Southern Fried Chicken			•			•	•		•

## KIDS MENU ITEMS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Kids Apple Juice									
Kids Apple Sauce									
Kids BJ's Handcrafted Root Beer									
Kids Boneless Wings with Root Beer Glaze	•		•				•		•
Kids Broiled Shrimp	•				•	•	•		
Kids Brown Rice & Quinoa									
Kids Burger			•			•			•
Kids Cheese Pizza (1 slice)			•			•			•
Kids Chicken Tenders with Ranch Dressing	•		•			•			•
Kids Chocolate Chunk Pizookie®	•		•			•			•
Kids Chocolate Milk			•						
Kids Cookies 'n' Cream Pizookie®	•		•			•			•
Kids Cranberry Juice									
Kids Crispy Chicken Tender Taco	•		•			•			•
Kids Crispy Mahi-Mahi Taco	•	•	•			•	•		•
Kids Diet Dr Pepper									
Kids Diet Pepsi									
Kids Dr Pepper									
Kids Fries									•
Kids Fresh Fruit									
Kids Garlic Knot						•			•
Kids Gluten-Free Chocolate Chip Pizookie®	•		•			•			
Kids Grilled Chicken						•			
Kids Grilled Mahi-Mahi Taco	•	•	•			•	•		•
Kids Happy Face Potatoes									•

# KIDS MENU ITEMS cont.

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Kids' Hot Fudge Brownie Pizookie®	•		•			•		•	•
Kids House Salad			•			•			•
Kids Lemonade									
Kids Mac and Cheese			•						•
Kids Mashed Potatoes			•			•			
Kids Milk			•						
Kids Mini Corn Dogs	•		•			•			•
Kids Monkey Bread Pizookie®	•		•			•			•
Kids Mountain Dew									
Kids Orange Juice									
Kids Pasta - Fettuccini									•
Kids Pasta - Penne									•
Kids Pasta - Spaghetti									•
Kids Pasta with Marinara									•
Kids Pasta with Alfredo			•			•			•
Kids Pasta with Butter & Parmesan			•						•
Kids Pasta with Grilled Chicken (sauce choice not included)						•			•
Kids Pasta with Meatball (sauce choice not included)	•		•			•			•
Kids Peanut Butter Pizookie®	•		•	•		•			•
Kids Pepperoni Pizza (1 slice)			•			•			•
Kids Pepsi									
Kids Sierra Mist									
Kids Salted Caramel Pizookie®	•		•			•		•	•
Kids Steamed Broccoli									
Kids Sundae	•		•			•			
Kids Sweet Potato Fries									•
Kids Triple Chocolate Pizookie®	•		•			•			•
Kids Veggies and Dip	•		•						
Kids White Chocolate Macadamia Nut Pizookie®	•		•			•		•	•

# BRUNCH ITEMS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Avocado Toast	•					•			•
BJ's California Scramble with Sourdough Toast	•		•			•			•
BJ's Breakfast Flatbread Pizza (1 slice)	•		•			•			•
Bacon (3 slices)									
Blueberry Topping									
Breakfast Monkey Bread Pizookie®	•		•			•	•	•	•
Breakfast Tacos with Breakfast Potatoes	•		•			•			•
Buttermilk Pancake Combo with Bacon	•		•			•			•
Buttermilk Pancake Combo with Ham	•		•			•			•
Buttermilk Pancake Combo with Sausage	•		•			•			•
Buttermilk Pancakes, Full Stack	•		•			•			•
Buttermilk Pancakes, Short Stack	•		•			•			•
Classic Breakfast Sandwich with Bacon with Toasted Gourmet Bun	•		•			•			•
Classic Breakfast Sandwich with Bacon with Toasted Sourdough Bread	•		•			•			•
Classic Breakfast Sandwich with Bacon with Toasted Wheat Bread	•		•			•			•
Classic Breakfast Sandwich with Ham with Toasted Gourmet Bun	•		•			•			•
Classic Breakfast Sandwich with Ham with Toasted Sourdough Bread	•		•			•			•
Classic Breakfast Sandwich with Ham with Toasted Wheat Bread	•		•			•			•
Classic Breakfast Sandwich with Sausage with Toasted Gourmet Bun	•		•			•			•

## BRUNCH ITEMS cont.

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Classic Breakfast Sandwich with Sausage with Toasted Sourdough Bread	•		•			•			•
Classic Breakfast Sandwich with Sausage with Toasted Wheat Bread	•		•			•			•
Enlightened Veggie Omelette with Fresh Fruit	•		•			•			
Fresh Fruit									
Ham									
Kids Pancake Combo with Bacon	•		•			•			•
Kids' Pancakes	•		•			•			•
Sausage Links									
Seasoned Country Potatoes						•			•
Sourdough Toast			•			•			•
Strawberry Topping									
Two Eggs Any Style with Sourdough Toast	•		•			•			•
Two Eggs Any Style with Meat Choice Bacon, Sourdough Toast	•		•			•			•
Two Eggs Any Style with Meat Choice Ham, Sourdough Toast	•		•			•			•
Two Eggs Any Style with Meat Choice Sausage, Sourdough Toast	•		•			•			•
Wheat Toast			•			•			•

## BRUNCH BEVERAGES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Apple Juice									
Coffee									
Cranberry Juice									
Grapefruit Juice									
Orange Juice									

## CATERING APPETIZERS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Avocado Egg Rolls Platter	•		•			•	•		•
Boneless Chicken Wings Platter	•		•						•
Chicken Tenders Platter	•		•			•			•
Chicken Wings Platter	•		•						•
Chips with Guacamole and Salsa									•
Crisp Potato Skins Platter	•		•						•
Garlic Knots with Marinara Sauce			•			•			•
Mozzarella Sticks Platter	•		•						•
Potato Chips									•
Root Beer Glazed Ribs Appetizer			•			•	•		•
Sliders						•			•
Spinach and Artichoke Dip Platter			•						•

## CATERING SALADS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Add Avocado									
Add Chicken						•			
Add Salmon		•				•			
Add Shrimp					•	•			
Asian Chopped Salad	•					•			•
BBQ Chicken Chopped Salad	•		•			•			•
Caesar Salad	•	•	•			•			•
Derby-Style Cobb Salad	•		•						
Fresh Mozzarella and Tomato Salad			•				•		
Grilled Chicken Antipasto Salad			•			•	•		

## CATERING SALADS cont.

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
House Salad (no dressing)			•			•			•
Kale and Roasted Brussels Sprout Salad			•			•	•	•	
Kale and Roasted Brussels Sprout Salad with Grilled Sliced Chicken			•			•	•	•	
Santa Fe Salad	•		•			•			•

## CATERING ENTREES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Baby Back Ribs			•			•			•
Cherry Chipotle Glazed Salmon		•				•			•
Fire Roasted Barbacoa Chicken			•			•	•		
Fresh Atlantic Salmon		•	•			•	•		•
Lemon Thyme Chicken						•	•		•
Moroccan Chicken			•			•		•	
New Orleans Jambalaya			•		•	•	•		•
Parmesan-Crusted Chicken	•		•			•	•		•
Peruvian Quinoa Bowl with Chicken						•			
Peruvian Quinoa Bowl with Shrimp					•	•			
Spicy Peanut Chicken with Soba Noodles			•	•		•		•	•
Tri Tip Entree			•			•			•
Peruvian Quinoa Bowl, Vegetarian-Style									

## CATERING SIDES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Broccoli									
Creamy Couscous Mac N Cheese			•			•			•
Sauteed Green Beans									
Parmesan Garlic Knots			•			•			•
Rice Pilaf						•			•
Turmeric Roasted Cauliflower with Lentils						•	•	•	
White Cheddar Mashed Potatoes			•			•			

## CATERING PASTAS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Baked Ziti Pasta	•		•			•			•
Grilled Chicken Alfredo			•			•			•
Italiano Vegetable Penne			•			•			•
Jumbo Spaghetti and Meatballs	•		•			•			•
Shrimp Scampi Pasta			•		•	•			•

## CATERING SANDWICHES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Italian Hoagie	•		•				•		•
Mediterranean Chicken Hoagie			•			•	•		•
Turkey Club Hoagie	•								•
Vegetarian Hoagie	•		•						•

## CATERING PASTA COMBO

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Andouille Sausage						•			
Pasta Feast Fettuccini									•
Pasta Feast Penne									•
Pasta Feast Spaghetti									•
Pasta Combo with Alfredo Sauce			•			•			•

## CATERING PASTA COMBO cont.

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Pasta Combo with Broccoli									•
Pasta Combo with Grilled Chicken						•			•
Pasta Combo with Marinara Sauce									•
Pasta Combo with Meatballs	•		•			•			•

## CATERING DESSERTS

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
Chocolate Chunk Cookies	•		•			•			•
Fresh Fruit									
Mini Chocolate Chunk Pizookie	•		•			•			•
Pizookie Party	•		•			•			•

## CATERING BEVERAGES

	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Sulfites	Tree Nuts	Wheat
BJ's Fresh Squeezed Lemonade									
Berry Hibiscus Botanical Tea									
Black Cherry Soda									
Mandarin Orange Green Tea									
Orange Cream Soda									
Regular Freshly Brewed Iced Tea									
Root Beer									
Strawberry Lemonade									
Sunset Peach Botanical Tea									
Vanilla Cream Soda									

None of our menu items contain MSG.

BJ's uses a diverse and wide variety of menu items that contain one or more of the eight major food allergens: eggs, fish, milk, peanuts, crustacean shellfish, soybeans, tree nuts and wheat. BJ's menu items may also contain gluten. BJ's utilizes a variety of food manufacturers and suppliers who provide information to BJ's as to the use of food allergens in their products. Ingredients and preparation methods implemented by BJ's suppliers may change without notice.

While BJ's emphasizes food safety, we cannot guarantee that a menu item will be completely allergen free. Our kitchen operations are dynamic and involve shared preparation areas, utensils and cooking equipment, including common fryer oil and cooking surfaces, and menu items, including items from our Allergen Menu, may come into contact with food allergens.

Please notify your server if you have a food allergy or sensitivity.