

Brookstone®

OSIM® uSqueez® App Foot and Calf Massager



OSIM*

Exclusively for Brookstone®
Designed and Developed by OSIM International Ltd.

uSqueez[®] Calf and Foot Massager with App

Thank you for purchasing the OSIM uSqueez Calf and Foot Massager with App (uSqueez App Massager). Please read the operation manual thoroughly for the correct methods of usage and take special notice of the safety section before you start.

This manual should be kept on hand for easy reference on safe and efficient operation of the uSqueez App Massager.

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IMPORTANT SAFETY INSTRUCTIONS

(Keep These Instructions For Future Reference)

When using the product, all instructions and basic precautions should always be followed, including the following:

Read all instructions before using the product:

DANGER – To reduce the risk of electric shock: Always unplug this product from the electrical outlet immediately after use and before cleaning.

WARNING – To reduce the risk of burns, fire, electric shock, or injury to persons:

- 1) The product should never be left unattended when plugged in. Unplug from electrical outlet when it is not in use and before putting on or taking off parts.
- 2) Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- 3) This product is not intended for children, ensure that they do not play with the product.
- 4) Close supervision is necessary when the product is used by any person who is an invalid, handicapped, or with any form of physical, sensory or mental incapability and with limited experience and knowledge of the product.
- 5) Use this product only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- 6) Never operate this product if it is dropped, has a damaged cord or plug, a malfunction, or it is dropped into the water. Contact Brookstone Customer Service at 800-846-3000.
- 7) Do not carry this product by its power cord or use the power cord as a handle.
- 8) Keep the power cord away from heated surfaces.
- 9) Never operate the product with the air openings blocked. Keep the air openings free of lint, hair and the like.
- 10) Never drop or insert any object into any opening of the product.
- 11) Do not use outdoors.
- 12) Do not operate where aerosol (spray) products are being used or where oxygen is administered.
- 13) To disconnect, switch off all controls and remove plug from electrical outlet.
- 14) Do not stand on or in the product. Use only while seated.
- 15) Connect the product to a properly grounded outlet. See grounding instructions on pg. 5.

**This product is designed for home use
and not for commercial purposes.**

Safety

Usage environment

- Do not use the uSqueeze App Massager in an excessively dusty or humid environment such as a bathroom since this may result in malfunction, electric shock or damage to the product.
- Do not use the uSqueeze App Massager in a room with temperature of 104°F or higher.
- Do not expose the uSqueeze App Massager to heaters, stoves or direct sunlight.
- Place and use the uSqueeze App Massager on an even, non-slip floor.
- The uSqueeze App Massager is designed for home use and not for commercial purposes.
- The uSqueeze App Massager is to be used indoors only.

Caution

- When using the uSqueeze App Massager in a cold room, do not increase the room temperature abruptly. It is recommended that you increase the temperature gradually.
- If the uSqueeze App Massager is brought into a warm environment from a cold place where it was stored, wait for one hour before use as there may be water droplets on mechanical parts due to condensation. Using it under such condition may result in malfunction.

Safety precautions for injury and malfunction prevention

- To ensure safe and correct use of the uSqueeze App Massager, do not operate it without carefully reading this operation manual.
- Do not use the uSqueeze App Massager continuously for more than 15 minutes at a time as this may result in excessive stimulation and adverse effects.
- Do not use the uSqueeze App Massager when the fabric cover is torn.
- Do not use the uSqueeze App Massager with other therapeutic equipment or electric blanket, etc.
- Do not stand or sit on the uSqueeze App Massager. Use the uSqueeze App Massager only while seated.
- Do not use the uSqueeze App Massager an hour before or after mealtimes as this may have an adverse effect on the user.
- Do not use the uSqueeze App Massager when your body is wet.
- Do not operate the uSqueeze App Massager with wet hands.
- Do not perform continuous massage on the same spot of your body for more than 5 minutes at a time as this may result in excessive stimulation and adverse effects.
- Do not insert any object or flammable material into the uSqueeze App Massager. This may result in electric shock, malfunction or risk of fire.
- Stop using immediately if you experience any discomfort.
- Do not cover the uSqueeze App Massager during operation. This may result in a rise in motor temperature and subsequent malfunction or fire.

Safety

- This product is not intended for self-diagnosis or self-treatment for conditions that should be managed by a qualified health care provider.
- The suggested usage duration is 15 minutes. Ensure that the uSqueeze App Massager rests for 10 minutes before being used again as continuous usage over a long period may activate its overheat protection device.
- Fabric cover is torn and the internal components are exposed.
- Abnormal or severe pain is felt during massage. Stop usage immediately and consult your doctor.
- Detection of any malfunction or any other abnormal condition during operation.
- Injury may occur if the power is restored unexpectedly during a power failure.
- Lightning storm.

Caution

- Avoid using the uSqueeze App Massager while under the influence of alcohol or when you are not feeling well.
- Remove power plug from the electrical outlet immediately should liquid be accidentally spilled onto the uSqueeze App Massager. Do not use wet hands to connect or disconnect the power plug from the electrical outlet.
- Do not tamper with the power cord or use the uSqueeze App Massager with a damaged cord as this may result in malfunction and an electric shock. Contact Brookstone Customer Service at 800-846-3000.

Instances when the uSqueeze App Massager should not be used

In any of the following events, please switch off the main power immediately and disconnect the power cord from the electrical outlet. Contact Brookstone Customer Service at 800-846-3000.

- Water is accidentally spilled onto the uSqueeze App Massager. This may result in electric shock.

Assembly and repair of the uSqueeze App Massager

- Contact Brookstone Customer Service at 800-846-3000.

People with Medical Conditions

Consult your doctor before use if you:

- are under medical rest as ordered by a doctor.
- have spinal disorders, an abnormal spinal condition or have suffered a spinal injury.
- have back problems.
- have diabetes, osteoporosis or sensory impairment.
- have joint dysfunction.
- have a pacemaker or other electronic medical devices.
- may be pregnant.
- have phlebitis or thrombosis.
- have an increased risk for blood clots.
- had recent surgery.
- have surgical pins, screws, or anything mechanical implanted in your body.

Safety

Things to note about the power plug and cord in case of malfunction or electric shock

- Check that the Alternating Current (AC) voltage corresponds with the specifications indicated for the uSqueeze App Massager.
- Do not connect or disconnect the power plug from the electrical outlet with wet hands.
- When disconnecting the power plug, pull it by holding the plug, not the cord.
- Although the operation will be stopped automatically by the Auto Timer function, always remember to switch off the Main switch after use.
- Do not place the power cord under heavy objects.
- Do not wind the power cord around the uSqueeze App Massager.
- Do not operate the uSqueeze App Massager if it has any damage or a modified cord.
- Do not use the uSqueeze App Massager if the electrical outlet is loose.
- If the power cord is damaged contact Brookstone Customer Service at 800-846-3000.

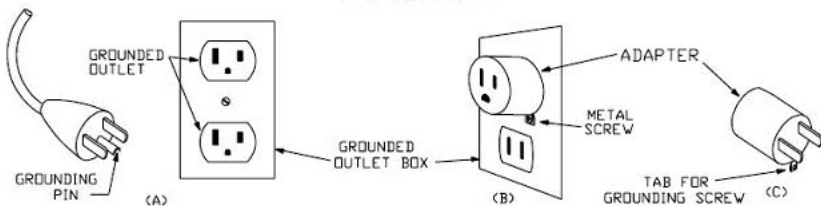
Grounding Instructions

This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for the electric current to reduce the risk of electric shock. This product is equipped with a cord with an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER—Improper connection of the equipment-grounding conductor can result in a risk of electric shock. Check with a qualified electrician or service technician if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product—if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

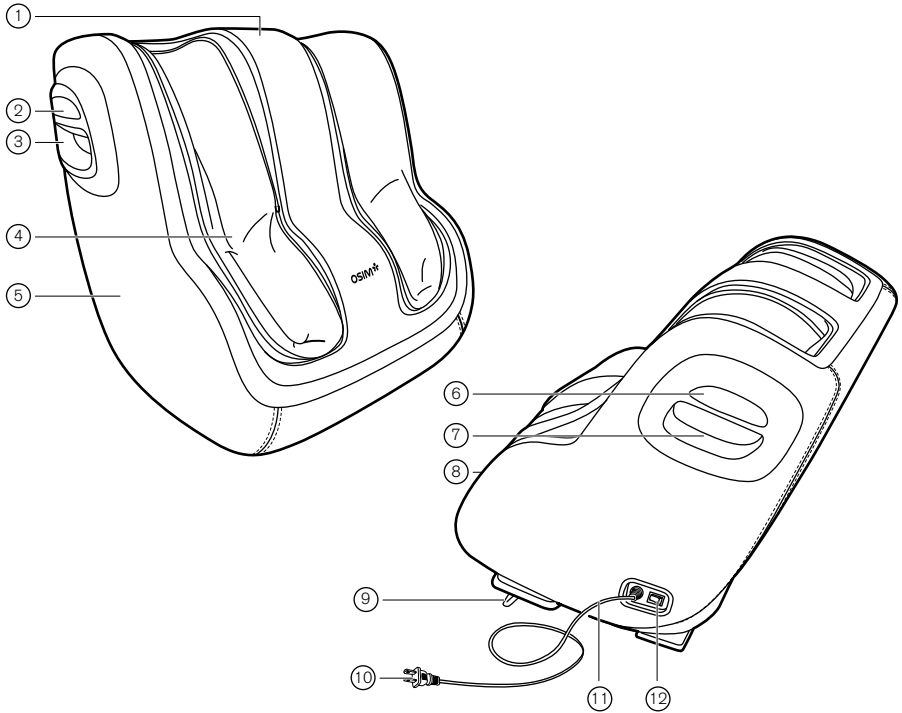
This product is for use on a nominal 120V circuit and has a grounding plug that looks like the plug illustrated below. Make sure that the product is connected to an outlet having the same configuration as the plug.

Grounding methods



Names of parts and functions

Main unit

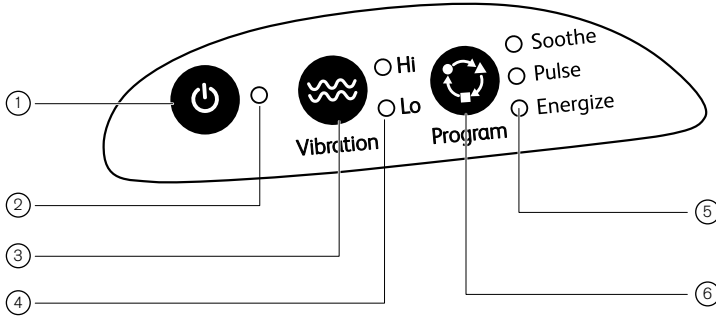


- 1. Top casing
- 2. Control panel (for massage function)
- 3. Right handle
- 4. Detachable fabric cover (with zip)
- 5. Side casing
- 6. Control panel (for Bluetooth function)

- 7. Left handle
- 8. Foot pad
- 9. Metal stand
- 10. Power plug
- 11. Power cord
- 12. Main switch

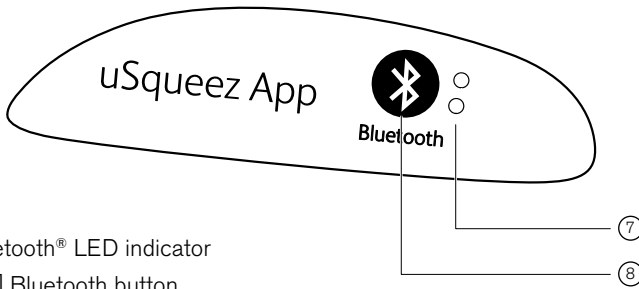
Names of parts and functions

Control panel



1. [🔌] Power/Stop button
2. Power/Stop LED indicator
3. [🌊] Vibration Massage button
4. Vibration Massage LED indicator (Hi, Lo)
5. Auto Massage LED indicators (Soothe, Pulse, Energize)
6. [🔄] Auto Massage Program button (Soothe, Pulse, Energize)

Control panel for App



7. Bluetooth® LED indicator
8. [📶] Bluetooth button

Features and effectiveness

Features

- Stylishly designed leg massager to massage your calves, ankles and feet simultaneously.
- Strong kneading, rolling and vibration to give you a stimulating massage experience.
- 3 auto massage programs for kneading with rolling (Soothe, Pulse and Energize)
- 2 vibration modes (Hi & Lo).
- iPod touch®, iPhone® or iPad® App:
 - Control of Auto Massage Programs
 - Control of Manual Massage Program with vibration intensity adjustment; kneading & rolling massage pattern selection and duration of massage selection (5 mins; 10 mins; 15 mins).
 - Tips on how to enhance your uSqueez App Massager experience.
 - Complementary products that have synergy with the uSqueez App Massager, thus broadening your overall massage experience and benefits.
- Rolling massage with reflexology nodes.
- Strategically-located buttons on the control panel allow you to control the massage functions easily.
- Automatically shuts down after 15 minutes of usage for all massage programs.
- Metal stand to provide an inclined angle to suit user's leg position.
- Removable and washable fabric cover for better hygiene.

Effectiveness

- Deep kneading, rolling and vibration massages penetrate deep into the muscle layers of your calves, ankles and feet, leaving you completely rejuvenated and relaxed.
- Kneading, rolling and vibration massages target vital reflex points on the soles, feet and calves, achieving heightened reflexology effects.
- Helps relieve tension and may reduce stress.
- Relieves sore and tired feet effectively.
- Tones, shapes and beautifies your legs.
- Helps muscles to recover from tension and fatigue more quickly after exercise, while inducing a reduction in the build-up of lactic acid.

Preparation before use

Moving the uSqueez App Massager

- Lift the uSqueez App Massager by holding onto the two sides using the handles (Fig 1).
- The uSqueez App Massager must be completely lifted off the floor when moving from one place to another. Do not drag the uSqueez App Massager.
- Practice good lifting body posture when moving the uSqueez App Massager, to protect your back.

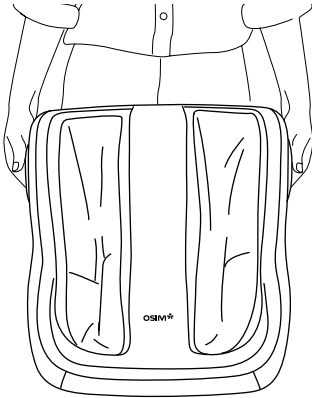


Fig 1

To position the uSqueez App Massager

- Upright position (Fig 2).

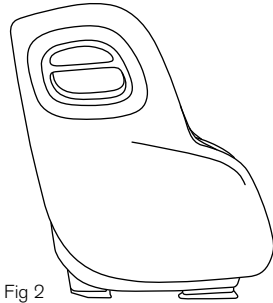


Fig 2

- Inclined position (by lifting up the metal stand) (Fig 3).

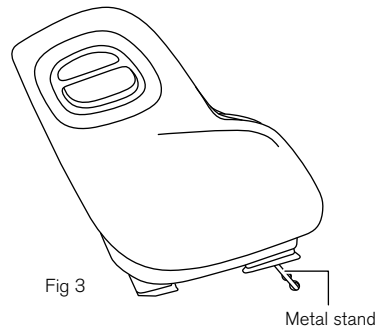


Fig 3

Caution

- Ensure that the power cord is not placed under the uSqueez App Massager.
- Always place the uSqueez App Massager on even, non-slip floor. For floors that may be easily scratched, you may place a mat under the uSqueez App Massager.

Operation

To switch on the power

- Connect the power plug to the electrical outlet.
- Turn on the Main switch located at the lower back of the uSqueez App Massager (Fig 4). The Power LED indicator on the control panel will be illuminated (Fig 4).

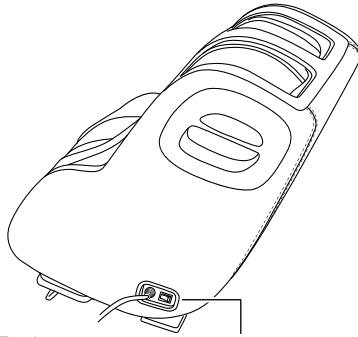






Fig 4

Main switch

To start the auto massage programs

- Place your legs into the uSqueez App Massager (Fig 5).
- Press the [] button and the massage will begin at Soothe.
- Press the [] button again, and the massage will switch to Pulse.
- Press the [] button again, and the massage will switch to Energize.
- Press the [] button to stop the massage.

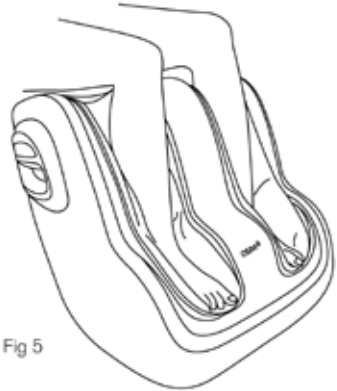






Fig 5

Operation

To start the vibration massage

- Place your legs into the uSqueeze App Massager (Fig 5).
- Press the [] button and the vibration massage will begin at High speed.
- Press the [] button again and the massage will switch to Low speed.
- Press the [] button again to stop the massage program.

To end massage

- Press the [] button on the Control Panel at any time to stop the massage.

Important: The massage will not stop immediately as the kneading discs will complete their last cycle before returning to their storage positions.

 **Caution**

CAUTION

In case of power failure, follow steps 1 and 2 below to remove your feet.




1. Lift your knees.



2. Rotate your feet sideways and ease them out.

Keep hands and fingers away from the leg massager when massager is in operation.



- In the event of power failure, switch off the Main switch and disconnect the power cord to prevent any sudden operation if the power is restored unexpectedly.
- Do not stand or exert excessive pressure on the uSqueeze App Massager. This may significantly slow down or stop the motor, potentially causing overheating and subsequent damage to the uSqueeze App Massager.
- There is an Auto-Timer of 15 minutes for all massage modes.
- After each 15 minute usage, ensure the uSqueeze App Massager rests for at least 10 minutes before starting the next session. If uSqueeze App Massager is operated consecutively for a period of time, it may activate the overheat protection device and stop operating automatically. If uSqueeze App Massager stops operating due to overheating, wait for the temperature to decrease before you begin again.
- Press the [] button to terminate the massage if you experience any discomfort.

The massage will not stop immediately as the kneading discs will complete their last cycle before returning to their storage positions.

Note

- Some users may experience itchiness on their feet during and after the massage. This is an acclimating effect of the body to the vibration massage.

Downloading and pairing the iPod touch, iPhone or iPad with OSIM uSqueeze App Massager




Download the uSqueeze App Massager from the App StoreSM.



- Once connected, the blinking Blue LED light will stop blinking and remain illuminated.
- When connected, tap on the uSqueeze App Massager icon on your device to access the menu.

1. Connecting via Bluetooth



- Ensure that both the main switch on the uSqueeze App Massager and control panel for massage function is turned 'ON'.
- Turn on the foot massager's Bluetooth function by pressing the [] button located on the control panel of the foot massager. The Red LED light will illuminate solid. The Blue LED light will start blinking.

2. Switching Bluetooth 'ON' on your device

- Turn on the Bluetooth function on your iPod touch, iPhone or iPad by accessing the Bluetooth Settings screen: Settings > General > Bluetooth > Select 'ON'
- In the Bluetooth Settings screen under Devices, select 'OSIM uSqueeze App' and wait a moment to ensure that it is connected.



Troubleshooting

- Due to interference, you may need to attempt to pair your device (e.g. iPhone) with the foot massager more than once.
- The foot massager will only pair with one device at a time. If there is already an existing device paired, you will need to 'forget' the OSIM uSqueeze App massager from that device's Bluetooth menu before attempting to pair a new device with the foot massager.
- To remove the existing Bluetooth Pairing, follow these simple steps.
 - i. Access the Bluetooth Settings screen: Settings > General > Bluetooth.
 - ii. Tap the arrow next to the 'OSIM uSqueeze App' on the Bluetooth Settings screen.
 - iii. Tap 'Forget this Device' to end the pairing.
 - iv. To re-pair a new device with the massage chair, please follow Steps 1 and 2 at left.

Function of uSqueez App Massager App

User is able to access the following through the uSqueez App massager App (downloaded from the App Store).

- Control of Auto Massage Programs.
- Control of Manual Massage Program with vibration intensity adjustment; kneading & rolling massage pattern selection and duration of massage selection (5 mins; 10 mins; 15 mins).
- Tips on how to enhance your OSIM uSqueez App Massager experience.
- Complementary products that have synergy with the OSIM uSqueez App Massager massage chair, thus broadening your overall massage experience and benefits.

Compatibility

Made for.

- iPod touch (2nd, 3rd, 4th generation)
- iPhone 4S
- iPhone 4
- iPhone 3GS
- iPhone 3G
- iPad (3rd generation)
- iPad 2
- iPad



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Product care and storage

Storing the uSqueeze App Massager

- Keep the uSqueeze App Massager clean and away from places of high humidity.
- If the uSqueeze App Massager is not to be used for a long period of time, cover the uSqueeze App Massager with a dust cover and unplug its power plug from the electrical outlet.

 Caution

- Do not store the uSqueeze App Massager in direct sunlight or in places of high temperature.

Cleaning the uSqueeze App Massager


- Before cleaning, ensure that the Main switch is turned off and the power plug is disconnected from the electrical outlet.
- Wipe off dust and dirt from the uSqueeze App Massager after each use with a soft, dry cloth.

 Caution

- Do not use abrasive cleaning agents like benzene or thinner to clean the uSqueeze App Massager.

Cleaning the control panel

- Use only a soft, dry cloth to clean the control panel.

 Caution

- Do not use a damp cloth to clean the Control Panel as this may result in malfunction.

Troubleshooting

If you encounter problems with the operation of the uSqueeze App Massager, please check the following points to see if they can be rectified. If the uSqueeze App Massager still malfunctions or does not work, please turn off the uSqueeze App Massager and remove the power plug from the electrical outlet and contact Brookstone Customer Service at 800-846-3000.

Do not dismantle or attempt to repair the uSqueeze App Massager yourself. Doing so will void the warranty and Brookstone will not bear any responsibility for any subsequent consequences.

Problem	Possible Cause / Action
<ul style="list-style-type: none"> • Motor sound during operation. 	<ul style="list-style-type: none"> • The sound is the result of the mechanical structure in operation and not a malfunction.
<ul style="list-style-type: none"> • The massage stops midway. 	<ul style="list-style-type: none"> • The Auto Timer function of 15 minutes may have lapsed. • The [⏻] button on the Control Panel was pressed accidentally. • The overheat protection device may have been activated. Turn off the Main switch and allow the uSqueeze App Massager to cool down for at least 30 minutes before using it again.
<ul style="list-style-type: none"> • The uSqueeze App Massager will not start. 	<ul style="list-style-type: none"> • Check that the power plug is securely connected to the electrical outlet. • Check that the electrical outlet is live.

Please contact Brookstone's Customer Service at 800-846-3000 for information on the nearest service center. Product warranty is valid only in the country of purchase.

Specifications

Model	OSIM uSqueeze App Massager
Model Number	OS-322
Voltage Available & Power Consumption	110~ 120V ~ 60Hz (58W) (Ensure that the Alternating Current (AC) voltage corresponds with product specified voltage)
Auto Timer	15 minutes
Speed	
Kneading	Min. 18 rpm/Max. 28 rpm (approximate)
Vibration	Min. 2000 rpm/Max. 2200 rpm (approximate)
Dimensions	21" (L) X 14" (W) X 16.5" (H)
Weight	
Gross	Approx. 40 lbs.
Net	Approx. 29 lbs.

Notes

ONE (1) YEAR LIMITED WARRANTY

Brookstone® warrants this product against defects in materials and/or workmanship under normal use for a period of ONE (1) YEAR from the date of purchase by the original purchaser ("Warranty Period"). If a defect arises and a valid claim is received within the Warranty Period, at its option, Brookstone will either 1) repair the defect at no charge, using new or refurbished replacement parts, or 2) replace the product with a new product that is at least functionally equivalent to the original product, or 3) provide a store credit in the amount of the purchase price of the original product. A replacement product or part, including a user-installable part installed in accordance with instructions provided by Brookstone, assumes the remaining warranty of the original product. When a product or part is exchanged, any replacement item becomes your property and the replaced item becomes Brookstone's property. When a store credit is given, the original product must be returned to Brookstone and becomes Brookstone's property.

Obtaining Service: To obtain warranty service, call Brookstone Limited Warranty Service at 1-800-292-9819. Please be prepared to describe the product that needs service and the nature of the problem. A purchase receipt is required. All repairs and replacements must be authorized in advance. Service options, parts availability and response times will vary. You are responsible for delivery and the cost of delivery of the product or any parts to the authorized service center for replacement, per our instructions.

Limits and Exclusions: Coverage under this Limited Warranty is limited to the United States of America, including the District of Columbia and the U.S. Territories of Guam, Puerto Rico, and the U.S. Virgin Islands. This Limited Warranty applies only to products manufactured for Brookstone that can be identified by the "Brookstone" trademark, trade name, or logo affixed to them or their packaging. The Limited Warranty does not apply to any non-Brookstone products. Manufacturers or suppliers other than Brookstone may provide their own warranties to the purchaser, but Brookstone, in so far as permitted by law, provides these products "as is." This warranty does not apply to: a) damage caused by failure to follow instructions relating to product's use or the installation of components; b) damage caused by accident, abuse, misuse, fire, floods, earthquake or other external causes; c) damage caused by service performed by anyone who is not a representative of Brookstone; d) accessories used in conjunction with a covered product; e) a product or part that has been modified to alter functionality or capability; f) items intended to be periodically replaced by the purchaser during the normal life of the product including, without limitation, batteries or light bulbs; g) any product sold "as is" including, without limitation, floor demonstration models and refurbished items; or h) a product that is used commercially or for a commercial purpose.

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