

Facility Name Anytime Fitness Corporate

Address ALL Location
City, State & Zip Various States **
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Birmingham YMCA - Alabaster Branch

Address 117 Plaza Circle
City, State & Zip Alabaster AL 35007
Facility Contact
Phone # 205-663-7240
E-mail

Trial Period 3 Days
Enrollment Fee 50% Discount
Single Membership \$56.00/mo.
Family Membership \$86.00/mo.
Visitor Pass \$15.00/day
Website <http://www.ymcabham.org/>

Additional Information \$78/mo couple membership. Other membership rates available. Membership to 11 full service branches citywide.

Facility Name Legacy YMCA

Address 1501 4th Ave SW
City, State & Zip Bessemer AL 35022
Facility Contact Ms. Randi Passmore
Phone # 205-426-1211
E-mail

Trial Period 7 Days
Enrollment Fee 50% Discount
Single Membership \$56/mo.
Family Membership \$86/mo
Visitor Pass \$15/day
Website <http://www.legacy-ymca.org/>

Additional Information Indoor pool available. New exercise equipment. Indoor walking/running track. Steam & sauna rooms available. Courts for basketball & racquetball. \$42.00mo. for couple.

Facility Name Anytime Fitness

Address 4510 Overton Rd
City, State & Zip Birmingham AL 35210
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

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Facility Name Birmingham YMCA - Downtown Branch

Address 2102 4th Ave. North

City, State & Zip Birmingham AL 35203

Facility Contact

Phone # 205-324-4563

E-mail

Additional Information

Couples rate \$78/mo. 11 locations.

Trial Period 3 Days

Enrollment Fee 50% Discount

Single Membership \$56.00/mo.

Family Membership \$86.00/mo.

Visitor Pass \$15.00/day

Website <http://www.ymcabham.org/>

Facility Name Birmingham YMCA - Greystone Branch

Address 5414 Hwy. 280

City, State & Zip Birmingham AL 35242

Facility Contact

Phone # 205-981-0144

E-mail

Additional Information

Couples rate \$78/mo. 11 locations.

Trial Period 3 Days

Enrollment Fee 50% Discount

Single Membership \$56.00/mo.

Family Membership \$86.00/mo.

Visitor Pass \$15.00/day

Website www.ymcabham.org/

Facility Name Birmingham YMCA - Mountain Brook Branch

Address 2401 20th Pl. South

City, State & Zip Birmingham AL 35223

Facility Contact

Phone # 205-870-0144

E-mail

Additional Information

Couples rate \$78/mo. 11 locations.

Trial Period 3 Days

Enrollment Fee 50% Discount

Single Membership \$56.00/mo.

Family Membership \$86.00/mo.

Visitor Pass \$15.00/day

Website www.ymcabham.org/

Facility Name Birmingham YMCA - Northeast Branch

Address 628 Red Lane Rd.

City, State & Zip Birmingham AL 35215

Facility Contact

Phone # 205-833-7616

E-mail

Additional Information

Couples rate \$78/mo. 11 locations.

Trial Period 3 Days

Enrollment Fee 50% Discount

Single Membership \$56.00/mo.

Family Membership \$86.00/mo.

Visitor Pass \$15.00/day

Website www.ymcabham.org/

Facility Name	Birmingham YMCA - Shades Valley Branch	Trial Period	3 Days
Address	3551 Montgomery Hwy.	Enrollment Fee	50% Discount
City, State & Zip	Birmingham AL 35209	Single Membership	\$56.00/mo.
Facility Contact		Family Membership	\$86.00/mo.
Phone #	205-870-9622	Visitor Pass	\$15.00/day
E-mail		Website	www.ymcabham.org/
Additional Information	Couples rate \$78/mo. 11 locations.		

Facility Name	Birmingham YMCA - Vestavia Branch	Trial Period	3 Days
Address	2086 Columbiana Rd.	Enrollment Fee	50% Discount
City, State & Zip	Birmingham AL 35218	Single Membership	\$56.00/mo.
Facility Contact		Family Membership	\$86.00/mo.
Phone #	205-823-0144	Visitor Pass	\$15.00/day
E-mail		Website	www.ymcabham.org/
Additional Information	Couples rate \$78/mo. 11 locations.		

Facility Name	Birmingham YMCA - Western Area Branch	Trial Period	3 Days
Address	1195 Bessemer Rd.	Enrollment Fee	50% Discount
City, State & Zip	Birmingham AL 35228	Single Membership	\$56.00/mo.
Facility Contact		Family Membership	\$86.00/mo.
Phone #	205-923-1195	Visitor Pass	\$15.00/day
E-mail		Website	www.ymcabham.org/
Additional Information	Couples rate \$78/mo. 11 locations.		

Facility Name	Riviera Fitness Center	Trial Period	7 Days
Address	2310 Center Point Pkwy.	Enrollment Fee	\$25.00 with Facebook account. \$35.00
City, State & Zip	Birmingham AL 35215	Single Membership	\$15.00/mo.
Facility Contact	Shannon Waldrop, Gen. Man.	Family Membership	\$27.50 for two, each additional person \$
Phone #	205-853-8878	Visitor Pass	\$10.00/day, \$20.00/week
E-mail		Website	http://rivierafitness.com/
Additional Information	\$150/year membership, no enrollment fees.		

Facility Name Anytime Fitness

Address 16054 Highway 280, Ste 700
City, State & Zip Chelsea AL 35043
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 1601 Darby Dr.
City, State & Zip Florence AL 35630
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name The Courthouse Racquet Club

Address 1545 Helton Drive
City, State & Zip Florence AL 35634
Facility Contact Ken Irby
Phone # 256-764-0034
E-mail viperdad@comcast.net

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$33.00/mo.
Family Membership \$45.00/mo.
Visitor Pass \$10.00/day
Website None

Additional Information \$38.00/mo. for couples. Facility provides BodyPUMP, BodyFLOW, BodyATTACK, and Step classes. Cybex strength machines and aerobic machines available. Tanning beds available. Child care on site. Racquetball and squash courts, and basketball court.

Facility Name YMCA of the Shoals

Address 2121 Helton Dr
City, State & Zip Florence AL 35630
Facility Contact Erin Crowder
Phone # 256-246-9622
E-mail ecrowder@ymcashaols.org

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$38.00/mo
Family Membership \$56.00/mo
Visitor Pass Monthly membership cost divided into w
Website <http://66.147.244.86/~ymcashaol/>

Additional Information Annual fees:
 \$456/single
 \$672/couple & family
 Young adult rates available for ages 18-24 enrolled in school

Facility Name Fitness Factory

Address 13073 Hwy. 78
City, State & Zip Jasper AL 35501
Facility Contact Brenda Lawson, owner
Phone # 205-275-2085
E-mail blawson205@aol.com

Trial Period 1 day
Enrollment Fee Waived
Single Membership \$40.00/mo.
Family Membership \$70.00 (3 people) \$15.00/ea for the first
Visitor Pass \$7.00/day
Website www.fitnessfactoryandspa.com

Additional Information

Facility Name Anytime Fitness

Address 1504 Woodward Ave.
City, State & Zip Muscle Shoals AL 35661
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website http://www.anytimefitness.com/

Additional Information

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Facility Name Health & Fitness Unlimited

Address 2510 Rosedale
City, State & Zip Muscle Shoals AL 35661
Facility Contact Beverly Robbins, Mgr.
Phone # 256-383-4410
E-mail

Trial Period 3 days
Enrollment Fee Waived
Single Membership \$39/month
Family Membership \$59/month
Visitor Pass \$10.00/day
Website None

Additional Information

Personal training available. "Ladies Only" workout rooms available. Indoor basketball court. Supervised child waiting area (to age 13). Indoor walking/running track. Aerobics included with membership. \$55.00 for couple. Family membership consist of 2 adults and a child and \$10.00 additional for any person after.

Facility Name The Gym

Address 27550 Hwy 75, Ste. 102
City, State & Zip Oneonta AL 35121
Facility Contact Lynn Pass
Phone # 205-625-5060
E-mail lynn@blountcountyhealth.com

Trial Period 2 Days
Enrollment Fee Flexible fees
Single Membership \$42.00/mo.
Family Membership \$75.00/mo.
Visitor Pass \$10.00/day
Website www.blountcountyhealth.com

Additional Information

Personal training available. Open 7 days/week. Spinning classes available. Many aerobic programs offered. Couples rate is \$62.00.

Facility Name Birmingham YMCA - Shelby County Branch

Trial Period 3 Days

Address 2610 Pelham Pkwy.

Enrollment Fee 50% Discount

City, State & Zip Pelham AL 35124

Single Membership \$56.00/mo.

Facility Contact Wendy Newland

Family Membership \$86.00/mo.

Phone # 205-655-2224

Visitor Pass \$15.00/day

E-mail cbrand@ymcabham.org

Website www.ymcabham.org/

Additional Information

Couples rate \$78/mo. 11 locations.

Facility Name Anytime Fitness

Trial Period 7 days

Address 15041 Highway 43

Enrollment Fee 50% off a one-time enrollment fee

City, State & Zip Russellville AL 35653

Single Membership 10% off monthly dues

Facility Contact

Family Membership See club for details

Phone #

Visitor Pass 7 day free pass for non-members

E-mail

Website http://www.anytimefitness.com/

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Facility Name YMCA of Selma - Dallas County

Trial Period N/A

Address 1 YMCA Dr

Enrollment Fee None

City, State & Zip Selma AL 36701

Single Membership \$40/mo

Facility Contact Bill Porter

Family Membership \$60.00/mo.

Phone # 334-874-9622

Visitor Pass Free out of town/\$10 local

E-mail bill@ycmaofselma.org

Website http://ymcaofselma.org/

Additional Information

Couple \$50/mo, Young Adult Membership (Ages 14-28) \$35/month
3 mo contract required
annual fee \$480 Single/ \$600 Couple/ \$720 Family

Facility Name Anytime Fitness

Trial Period 7 days

Address 322 Main St

Enrollment Fee 50% off a one-time enrollment fee

City, State & Zip Trussville AL 35173

Single Membership 10% off monthly dues

Facility Contact

Family Membership See club for details

Phone #

Visitor Pass 7 day free pass for non-members

E-mail

Website http://www.anytimefitness.com/

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Birmingham YMCA - Trussville Branch

Address 5920 Valley Rd
City, State & Zip Trussville AL 35173
Facility Contact Wendy Newland
Phone # 205-655-2224
E-mail cbrand@ymcabham.org

Trial Period 3 Days
Enrollment Fee 50% Discount
Single Membership \$56.00/mo.
Family Membership \$86.00/mo.
Visitor Pass \$15.00/day
Website <http://www.ymcabham.org/>

Additional Information Couples rate \$78/mo. 11 locations.

Facility Name Anytime Fitness

Address 1360 Montgomery Hwy, Ste 120
City, State & Zip Vestavia Hills AL 35216
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

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Facility Name 1614 Fitness, Aerobics & Tanning

Address 1877 Pulaski Hwy.
City, State & Zip Bear DE 19701
Facility Contact Mike Womer
Phone # 302-832-1614
E-mail mwomer@comcast.net

Trial Period 14 days
Enrollment Fee \$50.00
Single Membership \$58.00/mo
Family Membership \$44/mo. ea add'l resident
Visitor Pass \$10.00/day
Website <http://1614fitness.com/>

Additional Information 2 DE locations. Deeper discounts exist for longer commitments by NS employees.

Facility Name Bayhealth's Lifestyles Fitness Center

Address 21 W Clarke Ave.
City, State & Zip Milford DE 19963
Facility Contact Sheri Minear
Phone # 302-734-3126
E-mail sheri_minear@bayhealth.org

Trial Period 7 days
Enrollment Fee None
Single Membership \$319/yr or \$28/mo requires 1yr contract
Family Membership \$540/yr for couple; \$699/yr for 3; \$854/y
Visitor Pass \$10/day
Website <http://bayhealth.org>

Additional Information 3 mos membership \$125

Facility Name	Anytime Fitness	Trial Period	7 days
Address	599 Jimmy Drive	Enrollment Fee	50% off a one-time enrollment fee
City, State & Zip	Smyrna DE 19977	Single Membership	10% off monthly dues
Facility Contact		Family Membership	See club for details
Phone #		Visitor Pass	7 day free pass for non-members
E-mail		Website	http://www.anytimefitness.com/
Additional Information	Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym . Email WellNS for a voucher that allows you to get the discounted rate.		

Facility Name	Anytime Fitness	Trial Period	None
Address	448 W. Madison St.	Enrollment Fee	Waived
City, State & Zip	Starke FL 32091	Single Membership	\$39
Facility Contact		Family Membership	\$63 for couple
Phone #		Visitor Pass	None
E-mail		Website	
Additional Information	Key FOB is \$29, one time fee.		

Facility Name	Fitness 1440	Trial Period	7 Days
Address	1197 Peachtree Street, Suite 513	Enrollment Fee	\$149.00
City, State & Zip	Atlanta GA 30361	Single Membership	\$10.00/mo.
Facility Contact	Junior Williams	Family Membership	\$10.00/mo. Each
Phone #	404-895-0026	Visitor Pass	\$15.00/day
E-mail	junior@colonyathletic.com	Website	www.fitness1440.com
Additional Information	Must sign up 10 members at one time to enjoy discount of \$99 enrollment and \$10/mo (requires 1yr contract) Month to Month \$79 enrollement \$19.99/mo		

Facility Name	American Bodyworks	Trial Period	3 days
Address	2615 East West Connector	Enrollment Fee	Waived
City, State & Zip	Austell GA 30106	Single Membership	\$17.99/mo
Facility Contact	Erica Buetow	Family Membership	See club for details
Phone #	770-222-6190	Visitor Pass	3 days free
E-mail	abwestcobb@gmail.com	Website	www.americanbodyworks.com
Additional Information			

Facility Name **Beulah Family Life Center**

Address 2340 Clifton Springs Rd
City, State & Zip Decatur GA 30034
Facility Contact Anthony Watson
Phone # 678-553-6039
E-mail awatson@beulahbaptist.org

Trial Period 7 days
Enrollment Fee \$30
Single Membership \$30
Family Membership N/A
Visitor Pass \$10/day
Website www.beulahbaptist.org/flc/

Additional Information

Facility will provide Norfolk Southern employees with a 30 day trial period and waive the enrollment fee

Facility Name **Anytime Fitness**

Address 4029 Winder Hwy Ste 410
City, State & Zip Flowery Branch GA 30542
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website http://www.anytimefitness.com/

Additional Information

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Facility Name **Body Evolution LLC**

Address 1045 Riverside Dr.
City, State & Zip Macon GA 31201
Facility Contact Mary Toole
Phone # 478-390-7636
E-mail maryrtoole@yahoo.com

Trial Period 3 free entrances
Enrollment Fee Waived
Single Membership \$15.00/month
Family Membership
Visitor Pass \$5.00/day
Website http://www.bodyevolution.us/

Additional Information

\$20.00 key card fee. 24/7/365 access. Child care available. Group fitness classes provided. Personal training available.

Facility Name **Kinetix Fitness Health Club**

Address 5430 Bowman Rd.
City, State & Zip Macon GA 31210
Facility Contact Greg Miller
Phone # 478-405-5220
E-mail kinetixgm@gmail.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$49.00/mo.
Family Membership \$29.00/mo. for each additional
Visitor Pass \$5.00/day
Website http://www.kinetixhealthclub.com/

Additional Information

Kinetix Fitness has been transforming body & mind for a decade with experienced trainers and state-of-the-art equipment. Spacious clubs, incomparable amenities and atmosphere makes Kinetix an inspiring adventure. A wide range of private and group classes are available.

Facility Name Anytime Fitness

Address 341 Fury's Ferry Rd
City, State & Zip Martinez GA 30907
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 1617 Hwy 20 West
City, State & Zip McDonough GA 30253
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name L.A. Fitness

Address 95 Foster Dr
City, State & Zip McDonough GA 30253
Facility Contact Livingston Scipio
Phone # 404-786-8255
E-mail wellns@nscorp.com

Trial Period 14 days
Enrollment Fee Waived
Single Membership \$29.99/mo
Family Membership \$29.00/mo for each additional
Visitor Pass \$9.95/week then \$15/day
Website www.lafitness.com

Additional Information To enroll contact wellns@nscorp.com for discount code.

Facility Name L.A. Fitness - Corporate

Address ALL locations
City, State & Zip McDonough GA 30253
Facility Contact Zachary George
Phone # 404-786-8255
E-mail wellns@nscorp.com

Trial Period See club for details
Enrollment Fee Waived
Single Membership \$29.99/mo
Family Membership \$29.00/mo for each additional
Visitor Pass See club for details
Website www.lafitness.com

Additional Information To enroll contact wellns@nscorp.com for discount code.

Facility Name	24Seven Family Fitness & Tanning Center	Trial Period	One Day
Address	862 W. Hwy 80	Enrollment Fee	None
City, State & Zip	Pooler GA 31322	Single Membership	\$29.00/mo.
Facility Contact	Mike Shropshire	Family Membership	\$49.00/mo.
Phone #	912-631-0672	Visitor Pass	\$8.00/day
E-mail	mshropshire32@yahoo.com	Website	http://24sevenfamilyfitness.com/
Additional Information	\$20 access key fee required for 24-hr., 7 days-a-week access. Tanning included in all memberships. Childcare available. Showers with towel service available. Certified Personal Trainers on site. Members may access all locations. Equipment includes Cybex, Hammer Strength, Life Fitness and more.		

Facility Name	24Seven Family Fitness & Tanning Center	Trial Period	One Day
Address	1107 Gandy Dancer Dr.	Enrollment Fee	None
City, State & Zip	Richmond Hill GA 31324	Single Membership	\$29.00/mo.
Facility Contact	Mike Shropshire	Family Membership	\$49.00/mo.
Phone #	912-631-0672	Visitor Pass	\$8.00/day
E-mail	mshropshire32@yahoo.com	Website	http://24sevenfamilyfitness.com/
Additional Information	\$20 access key fee required for 24-hr., 7 days-a-week access. Tanning included in all memberships. Childcare available. Showers with towel service available. Certified Personal Trainers on site. Members may access all locations. Equipment includes Cybex, Hammer Strength, Life Fitness and more.		

Facility Name	24Seven Family Fitness & Tanning Center	Trial Period	One Day
Address	105 Commercial Dr.	Enrollment Fee	None
City, State & Zip	Rincon GA 31326	Single Membership	\$29.00/mo.
Facility Contact	Mike Shropshire	Family Membership	\$49.00/mo.
Phone #	912-631-0672	Visitor Pass	\$8.00/day
E-mail	mshropshire32@yahoo.com	Website	http://24sevenfamilyfitness.com/
Additional Information	\$20 access key fee required for 24-hr., 7 days-a-week access. Tanning included in all memberships. Childcare available. Showers with towel service available. Certified Personal Trainers on site. Members may access all locations. Equipment includes Cybex, Hammer Strength, Life Fitness and more.		

Facility Name	YMCA of Rome - Floyd County	Trial Period	3 days
Address	810 E 2nd Ave	Enrollment Fee	50% off
City, State & Zip	Rome GA 30161	Single Membership	\$40.00/mo
Facility Contact	Amy Patterson	Family Membership	\$69.00/mo
Phone #	706-232-2468 Ext 13	Visitor Pass	\$8.00/day
E-mail	apatterson@ymcarome.org	Website	
Additional Information	Couple fee \$62.00/mo Annual single \$480.00 Annual couple \$744.00 Annual family \$828.00		

Facility Name	24Seven Family Fitness & Tanning Center	Trial Period	One Day
Address	14045 Abercorn St., ste. 1536	Enrollment Fee	None
City, State & Zip	Savannah GA 31419	Single Membership	\$29.00/mo.
Facility Contact	Mike Shropshire	Family Membership	\$49.00/mo.
Phone #	912-631-0672	Visitor Pass	\$8.00/day
E-mail	mshropshire32@yahoo.com	Website	http://24sevenfamilyfitness.com/
Additional Information	\$20 access key fee required for 24-hr., 7 days-a-week access. Tanning included in all memberships. Childcare available. Showers with towel service available. Certified Personal Trainers on site. Members may access all locations. Equipment includes Cybex, Hammer Strength, Life Fitness and more.		

Facility Name	24Seven Family Fitness & Tanning Center	Trial Period	One Day
Address	1127 Fulton Rd.	Enrollment Fee	None
City, State & Zip	Savannah GA 31401	Single Membership	\$29.00/mo.
Facility Contact	Mike Shropshire	Family Membership	\$49.00/mo.
Phone #	912-631-0672	Visitor Pass	\$8.00/day
E-mail	mshropshire32@yahoo.com	Website	http://24sevenfamilyfitness.com/
Additional Information	\$20 access key fee required for 24-hr., 7 days-a-week access. Free tanning included in all memberships. Safe, comfortable and clean enviroment. Certified Personal Trainers on site. Members may access all locations. Equipment includes Cybex, Hammer Strength, Life Fitness and more.		

Facility Name	24Seven Family Fitness & Tanning Center	Trial Period	One Day
Address	444 Johnny Mercer Blvd.	Enrollment Fee	None
City, State & Zip	Savannah GA 31410	Single Membership	\$29.00/mo.
Facility Contact	Mike Shropshire	Family Membership	\$49.00/mo.
Phone #	912-631-0672	Visitor Pass	\$8.00/day
E-mail	mshropshire32@yahoo.com	Website	http://24sevenfamilyfitness.com/
Additional Information	\$20 access key fee required for 24-hr., 7 days-a-week access. Tanning included in all memberships. Childcare available. Showers with towel service available. Certified Personal Trainers on site. Members may access all locations. Equipment includes Cybex, Hammer Strength, Life Fitness and more.		

Facility Name	24Seven Family Fitness & Tanning Center	Trial Period	One Day
Address	410 W Broughton St.	Enrollment Fee	None
City, State & Zip	Savannah GA 31401	Single Membership	\$29.00/mo.
Facility Contact	Mike Shropshire	Family Membership	\$49.00/mo.
Phone #	912-631-0672	Visitor Pass	\$8.00/day
E-mail	mshropshire32@yahoo.com	Website	http://24sevenfamilyfitness.com/
Additional Information	\$20 access key fee required for 24-hr., 7 days-a-week access. Tanning included in all memberships. Childcare available. Showers with towel service available. Certified Personal Trainers on site. Members may access all locations. Equipment includes Cybex, Hammer Strength, Life Fitness and more.		

Facility Name 24Seven Family Fitness & Tanning Center

Address 7805 Abercorn St., rear unit 1
City, State & Zip Savannah GA 31406
Facility Contact Mike Shropshire
Phone # 912-631-0672
E-mail mshropshire32@yahoo.com

Trial Period One Day
Enrollment Fee None
Single Membership \$29.00/mo.
Family Membership \$49.00/mo.
Visitor Pass \$8.00/day
Website <http://24sevenfamilyfitness.com/>

Additional Information \$20 access key fee required for 24-hr., 7 days-a-week access. Tanning included in all memberships. Childcare available. Showers include towel service. Certified Personal Trainers on site. Members may access all locations. Equipment includes Cybex, Hammer Strength, Life Fitness and more.

Facility Name Anytime Fitness

Address 119 Charlotte Rd
City, State & Zip Savannah GA 31410
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Kinetix Fitness Health Club

Address 3035 Watson Blvd., ste. 20
City, State & Zip Warner Robins GA 31093
Facility Contact Greg Miller
Phone # 478-333-3333
E-mail kinetixgm@gmail.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$49.00/month
Family Membership \$29.00/mo. for each additional
Visitor Pass \$5.00/day
Website <http://www.kinetixhealthclub.com/>

Additional Information Kinetix Fitness has been in business for a decade with experienced trainers and state-of-the-art equipment in two spacious clubs. A wide range of private and group classes are available.

Facility Name Club Fitness

Address 1837 Homer Adams Pkwy.
City, State & Zip Alton IL 62002
Facility Contact Kevin Vaughn, Corporate wellness director
Phone # 314-752-2582
E-mail kvaughn@clubfitness.us

Trial Period 7 Days
Enrollment Fee Zero
Single Membership \$19.95/mo.
Family Membership \$10.00 ea. 12 & up
Visitor Pass \$10.00/day
Website <http://clubfitness.us/>

Additional Information \$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name X Sport Fitness - Arlington Heights North

Trial Period 7 Days

Address 960 Dundee Rd.

Enrollment Fee 50% discount

City, State & Zip Arlington Heights IL 60004

Single Membership \$35.00/mo

Facility Contact Robert Vaughn

Family Membership \$35.00/mo each add'l. member

Phone # 312-294-0500

Visitor Pass One day no-cost coupon

E-mail robert.vaughn@xsportmail.com

Website <http://www.xsportfitness.com/index.htm>

Additional Information

!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness - Arlington Heights South

Trial Period 7 Days

Address 320 E. Golf Rd.

Enrollment Fee 50% discount

City, State & Zip Arlington Heights IL 60005

Single Membership \$35.00/mo

Facility Contact Robert Vaughn

Family Membership \$35.00/mo each add'l. member

Phone # 312-294-0500

Visitor Pass One day no-cost coupon

E-mail robert.vaughn@xsportmail.com

Website <http://www.xsportfitness.com/index.htm>

Additional Information

!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness

Trial Period 7 Days

Address 81 N. Randall Rd.

Enrollment Fee 50% discount

City, State & Zip Batavia IL 60510

Single Membership \$35.00/mo

Facility Contact Robert Vaughn

Family Membership \$35.00/mo each add'l. member

Phone # 312-294-0500

Visitor Pass One day no-cost coupon

E-mail robert.vaughn@xsportmail.com

Website <http://www.xsportfitness.com/index.htm>

Additional Information

!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness

Trial Period 7 Days

Address 289 N. Weber Rd.

Enrollment Fee 50% discount

City, State & Zip Bolingbrook IL 60440

Single Membership \$35.00/mo

Facility Contact Robert Vaughn

Family Membership \$35.00/mo each add'l. member

Phone # 312-294-0500

Visitor Pass One day no-cost coupon

E-mail robert.vaughn@xsportmail.com

Website <http://www.xsportfitness.com/index.htm>

Additional Information

!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name	L.A. Fitness	Trial Period	See club for details
Address	1301 E 47th St	Enrollment Fee	Waived
City, State & Zip	Chicago IL 60653	Single Membership	\$29.99/mo
Facility Contact	Livingston Scipio	Family Membership	\$29.00/mo for each additional
Phone #	404-786-8255	Visitor Pass	See club for details
E-mail	wellns@nscorp.com	Website	www.lafitness.com
Additional Information	To enroll contact wellns@nscorp.com for discount code.		

Facility Name	X Sport Fitness - Belmont/Central	Trial Period	7 Days
Address	3212 N. Central Ave.	Enrollment Fee	50% discount
City, State & Zip	Chicago IL 60634	Single Membership	\$35.00/mo
Facility Contact	Robert Vaughn	Family Membership	\$35.00/mo each add'l. member
Phone #	312-294-0500	Visitor Pass	One day no-cost coupon
E-mail	robert.vaughn@xsportmail.com	Website	http://www.xsportfitness.com/index.htm
Additional Information	!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.		

Facility Name	X Sport Fitness - Bricktown	Trial Period	7 Days
Address	6420 W. Fullerton Ave.	Enrollment Fee	50% discount
City, State & Zip	Chicago IL 60707	Single Membership	\$35.00/mo
Facility Contact	Robert Vaughn	Family Membership	\$35.00/mo each add'l. member
Phone #	312-294-0500	Visitor Pass	One day no-cost coupon
E-mail	robert.vaughn@xsportmail.com	Website	http://www.xsportfitness.com/index.htm
Additional Information	!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.		

Facility Name	X Sport Fitness - Elston	Trial Period	7 Days
Address	4677 N. Elston Ave.	Enrollment Fee	50% discount
City, State & Zip	Chicago IL 60630	Single Membership	\$35.00/mo
Facility Contact	Robert Vaughn	Family Membership	\$35.00/mo each add'l. member
Phone #	312-294-0500	Visitor Pass	One day no-cost coupon
E-mail	robert.vaughn@xsportmail.com	Website	http://www.xsportfitness.com/index.htm
Additional Information	!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.		

Facility Name X Sport Fitness - Lakeview

Address 3240 N. Ashland Ave.
City, State & Zip Chicago IL 60657
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information |2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness - Logan Square

Address 2310 W. Logan Blvd.
City, State & Zip Chicago IL 60647
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information |2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness - Piper's Alley

Address 230 W North Ave.
City, State & Zip Chicago IL 60610
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information |2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness - State Street

Address 819 S. State St.
City, State & Zip Chicago IL 60605
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information |2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness

Address 222 Commons Dr.
City, State & Zip Chicago Ridge IL 60415
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information |2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name Club Fitness

Address 571 Belt Line Rd.
City, State & Zip Collinsville IL 62234
Facility Contact Kevin Vaughn, Corporate wellness director
Phone # 314-752-2582
E-mail kvaughn@clubfitness.us

Trial Period 7 Days
Enrollment Fee Zero
Single Membership \$19.95/mo.
Family Membership \$10.00 ea. 12 & up
Visitor Pass \$10.00/day
Website <http://clubfitness.us/>

Additional Information |\$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Fuel Fitness

Address 1379 Main St
City, State & Zip Crete IL 60417
Facility Contact Rendi Bierman
Phone # 219-864-8100
E-mail rendil@fuelnwi.com

Trial Period 14 days
Enrollment Fee \$25.00
Single Membership \$30.00/mo
Family Membership \$70.00/mo
Visitor Pass \$30.00 (7 days)
Website www.fuelnwi.com

Additional Information |Couple membership \$55.00/mo
 Annual memberships available \$360/single; \$660/couple; \$840/family. No enrollment fee with annual membership

Facility Name X Sport Fitness

Address 7511 Lemont Rd.
City, State & Zip Darien IL 60561
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information |2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name Decatur Family YMCA

Address 220 W McKinley Ave.
City, State & Zip Decatur IL 62526
Facility Contact Jean Flider
Phone # 217-872-9622
E-mail jean.flider@decaturymca.org

Trial Period one or two weeks
Enrollment Fee None
Single Membership \$44.50/mo.
Family Membership \$63.67/mo.
Visitor Pass one or two weeks
Website <http://decaturymca.org/>

Additional Information

Two swimming pools. Free nursery for family members (to age 6). Basketball and racquetball courts available.

Facility Name X Sport Fitness

Address 3200 Finley Rd.
City, State & Zip Downers Grove IL 60515
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information

!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness - Express

Address 621 W. North Ave.
City, State & Zip Elmhurst IL 60126
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information

!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name Club Fitness

Address 1950 W Hwy 50
City, State & Zip Fairview Heights IL 62208
Facility Contact Kevin Vaughn, Corporate wellness director
Phone # 314-752-2582
E-mail kvaughn@clubfitness.us

Trial Period 7 Days
Enrollment Fee Zero
Single Membership \$19.95/mo.
Family Membership \$10.00 ea. 12 & up
Visitor Pass \$10.00/day
Website <http://clubfitness.us/>

Additional Information

\$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Anytime Fitness

Address 550 North Avenue
City, State & Zip Glendale Heights IL 60139
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Club Fitness

Address 3443 Namecki Rd.
City, State & Zip Granite City IL 62040
Facility Contact Kevin Vaughn, Corporate wellness director
Phone # 314-752-2582
E-mail kvaughn@clubfitness.us

Trial Period 7 Days
Enrollment Fee Zero
Single Membership \$19.95/mo.
Family Membership \$10.00 ea. 12 & up
Visitor Pass \$10.00/day
Website <http://clubfitness.us/>

Additional Information \$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name X Sport Fitness - Libertyville

Address 1163 S. Milwaukee Ave.
City, State & Zip Libertyville IL 60048
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information 12 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness - Lombard

Address 205 W. Roosevelt Rd.
City, State & Zip Lombard IL 60148
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information 12 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness - Lyons

Address 3940 S. Harlem Ave.
City, State & Zip Lyons IL 60534
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information 12 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness - Naperville

Address 2780 Fitness Dr.
City, State & Zip Naperville IL 60564
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information 12 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name X Sport Fitness - Niles

Address 9210 N. Milwaukee Ave.
City, State & Zip Niles IL 60714
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information 12 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name Club Fitness

Address 2005 O'Fallon Plaza
City, State & Zip O'Fallon IL 62008
Facility Contact Kevin Vaughn, Corporate wellness director
Phone # 314-752-2582
E-mail kvaughn@clubfitness.us

Trial Period 7 Days
Enrollment Fee Zero
Single Membership \$19.95/mo.
Family Membership \$10.00 ea. 12 & up
Visitor Pass \$10.00/day
Website <http://clubfitness.us/>

Additional Information \$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name **Saudy Recreation Center**

Address 402 Graham
City, State & Zip Savoy IL 61874
Facility Contact Maggie Salmons
Phone # 2178406152
E-mail maggie.salmons@gmail.com

Trial Period 30 days
Enrollment Fee \$34
Single Membership \$34/mo
Family Membership \$84/mo
Visitor Pass \$5/day
Website

Additional Information

Facility Name **Anytime Fitness**

Address 1207 Thouvenot Lane
City, State & Zip Shiloh IL 62269
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name **X Sport Fitness - South Barrington - Express**

Address 100 W. Higgins, ste. 1-15
City, State & Zip South Barrington IL 60010
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information

!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name **X Sport Fitness - St. Charles**

Address 238 N. Randall Rd.
City, State & Zip St. Charles IL 60174
Facility Contact Robert Vaughn
Phone # 312-294-0500
E-mail robert.vaughn@xsportmail.com

Trial Period 7 Days
Enrollment Fee 50% discount
Single Membership \$35.00/mo
Family Membership \$35.00/mo each add'l. member
Visitor Pass One day no-cost coupon
Website <http://www.xsportfitness.com/index.htm>

Additional Information

!2 months paid-in-full discounts available. Personal fitness assessment included. Parking included. Sauna & steamrooms included. Free weights & aerobics machines available. Spa services available. Child care available. Staffed 24 hrs. Over 40 fitness classes weekly. 30-day 100% Money back guarantee.

Facility Name Club Fitness

Address 1130 Vaughn Rd.

City, State & Zip Wood River IL 62095

Facility Contact Kevin Vaughn, Corporate wellness director

Phone # 314-752-2582

E-mail kvaughn@clubfitness.us

Trial Period 7 Days

Enrollment Fee Zero

Single Membership \$19.95/mo.

Family Membership \$10.00 ea. 12 & up

Visitor Pass \$10.00/day

Website <http://clubfitness.us/>

Additional Information

\$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name YMCA of Greater Fort Wayne

Address 1935 N. Main St.

City, State & Zip Bluffton IN 46714

Facility Contact Wendy Spitznagel

Phone # 260-918-2148

E-mail Wendy_spitznagel@fwymca.org

Trial Period One week-free

Enrollment Fee \$75.00

Single Membership \$39.50/mo.

Family Membership \$58.75/mo.

Visitor Pass Free one-week trail coupon or visitor pa

Website www.fwymca.org

Additional Information

Contact Wendy Spitznagel at (260)918-2148 to obtain a free one-week trial coupon, and Visitors Passes. Single parent households pay \$42.50/mo.

Facility Name Fuel Fitness

Address 12937 Wicker Ave

City, State & Zip Cedar Lake IN 46303

Facility Contact Rendi Bierman

Phone # 219-864-8100

E-mail rendil@fuelnwi.com

Trial Period 14 days

Enrollment Fee \$25.00

Single Membership \$30.00/mo

Family Membership \$70.00/mo

Visitor Pass \$30.00 (7 days)

Website www.fuelnwi.com

Additional Information

Couple membership \$55.00/mo
Annual memberships available \$360/single; \$660/couple; \$840/family. No enrollment fee with annual membership

Facility Name YMCA of Greater Fort Wayne

Address 950 E Van Buren St.

City, State & Zip Columbia City IN 46725

Facility Contact Wendy Spitznagel

Phone # 260-918-2148

E-mail Wendy_spitznagel@fwymca.org

Trial Period One week-free

Enrollment Fee \$75.00

Single Membership \$39.50/mo.

Family Membership \$58.75/mo.

Visitor Pass Free one-week trail coupon or visitor pa

Website www.fwymca.org

Additional Information

Contact Wendy Spitznagel at (260)918-2148 to obtain a free one-week trial coupon, and Visitors Passes. Single parent households pay \$42.50/mo.

Facility Name Anytime Fitness

Address 1885 Highway 135 NW
City, State & Zip Corydon IN 47112
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Fuel Fitness

Address 1516 N Main St
City, State & Zip Crown Point IN 46307
Facility Contact Rendi Bierman
Phone # 219-864-8100
E-mail rendil@fuelnwi.com

Trial Period 14 days
Enrollment Fee \$25.00
Single Membership \$30.00/mo
Family Membership \$70.00/mo
Visitor Pass \$30.00 (7 days)
Website www.fuelnwi.com

Additional Information Couple membership \$55.00/mo
 Annual memberships available \$360/single; \$660/couple; \$840/family. No enrollment fee with annual membership

Facility Name Club iFit

Address 4100 E Bristol
City, State & Zip Elkhart IN 46514
Facility Contact Ian McBain
Phone # 574-226-0879
E-mail clubifit@yahoo.com

Trial Period 7 days
Enrollment Fee \$50.00
Single Membership \$27.00/mo \$0 enrollment
Family Membership \$50.00/mo couple \$0 enrollment
Visitor Pass \$5.00/day
Website None

Additional Information Single \$300.00/yr paid in full
 Couple \$648.00/yr

Facility Name Fitness USA

Address 5 Center Drive
City, State & Zip Elkhart IN 46517
Facility Contact Noraima Chavez
Phone # 574-875-6900
E-mail mtruhan29@yahoo.com

Trial Period 1 day
Enrollment Fee \$107.00
Single Membership \$9.95/mo
Family Membership NA
Visitor Pass 1 day free
Website <http://www.fitnessusa.com/>

Additional Information \$107 enrollment and \$9.95/mo with 12mo contract. After 12mo no contract and cost remains \$9.95/mo.....14mo prepaid membership available for \$199/one time

Facility Name Tri County YMCA

Address 131 E 16th Street

City, State & Zip Ferdinand IN 47532

Facility Contact Ginny Schadt

Phone # 812-367-2323

E-mail

Additional Information

Annual Memberships
\$324/single
\$384/couple
\$504/family
No contract required

Trial Period 30 days

Enrollment Fee \$60.00

Single Membership \$27.00/mo

Family Membership \$32.00/mo

Visitor Pass \$8.00/day

Website

Facility Name Anytime Fitness

Address 3684 Highway 150, Ste 6

City, State & Zip Floyds Knobs IN 47119

Facility Contact

Phone #

E-mail

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Trial Period 7 days

Enrollment Fee 50% off a one-time enrollment fee

Single Membership 10% off monthly dues

Family Membership See club for details

Visitor Pass 7 day free pass for non-members

Website <http://www.anytimefitness.com/>

Facility Name YMCA of Greater Fort Wayne

Address 5125 Werling Dr.

City, State & Zip Fort Wayne IN 46806

Facility Contact Wendy Spitznagel

Phone # 260-918-2148

E-mail Wendy_spitznagel@fwymca.org

Additional Information

Contact Wendy Spitznagel at (260)918-2148 to obtain a free one-week trial coupon, and Visitors Passes. Single parent households pay \$42.50/mo.

Trial Period One week-free

Enrollment Fee \$75.00

Single Membership \$39.50/mo.

Family Membership \$58.75/mo.

Visitor Pass Free one-week trail coupon or visitor pa

Website www.fwymca.org

Facility Name YMCA of Greater Fort Wayne

Address 10001 Dawsons Creek Blvd.

City, State & Zip Fort Wayne IN 46825

Facility Contact Wendy Spitznagel

Phone # 260-918-2148

E-mail Wendy_spitznagel@fwymca.org

Additional Information

Contact Wendy Spitznagel at (260)918-2148 to obtain a free one-week trial coupon, and Visitors Passes. Single parent households pay \$42.50/mo.

Trial Period One week-free

Enrollment Fee \$75.00

Single Membership \$39.50/mo.

Family Membership \$58.75/mo.

Visitor Pass Free one-week trail coupon or visitor pa

Website www.fwymca.org

Facility Name YMCA of Greater Fort Wayne

Address 10313 Aboite Center Rd.

City, State & Zip Fort Wayne IN 46804

Facility Contact Wendy Spitznagel

Phone # 260-918-2148

E-mail Wendy_spitznagel@fwymca.org

Trial Period One week-free

Enrollment Fee \$75.00

Single Membership \$39.50/mo.

Family Membership \$58.75/mo.

Visitor Pass Free one-week trail coupon or visitor pa

Website www.fwymca.org

Additional Information

Contact Wendy Spitznagel at (260)918-2148 to obtain a free one-week trial coupon, and Visitors Passes. Single parent households pay \$42.50/mo.

Facility Name Max Fitness

Address 1415 W Dupont Rd

City, State & Zip Ft Wayne IN 46825

Facility Contact Tim Koehlinger

Phone # 260-969-0575

E-mail tim@maxfitnessftw.com

Trial Period 14 days

Enrollment Fee \$10

Single Membership \$9.95/mo

Family Membership Varies on size

Visitor Pass \$10.00/day

Website www.maxfitnessftw.com

Additional Information

Free childcare and initial fitness assessment. One month free group personal training.

Facility Name Anytime Fitness

Address 2886 East Dupont Road

City, State & Zip Ft. Wayne IN 46825

Facility Contact

Phone #

E-mail

Trial Period 7 days

Enrollment Fee 50% off a one-time enrollment fee

Single Membership 10% off monthly dues

Family Membership See club for details

Visitor Pass 7 day free pass for non-members

Website http://www.anytimefitness.com/

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 6374 West Jefferson Blvd

City, State & Zip Ft. Wayne IN 46804

Facility Contact

Phone #

E-mail

Trial Period 7 days

Enrollment Fee 50% off a one-time enrollment fee

Single Membership 10% off monthly dues

Family Membership See club for details

Visitor Pass 7 day free pass for non-members

Website http://www.anytimefitness.com/

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

<p>Facility Name Anytime Fitness</p> <p>Address 6520 E State Blvd</p> <p>City, State & Zip Ft. Wayne IN 46815</p> <p>Facility Contact</p> <p>Phone #</p> <p>E-mail</p> <p>Additional Information</p>	<p>Trial Period 7 days</p> <p>Enrollment Fee 50% off a one-time enrollment fee</p> <p>Single Membership 10% off monthly dues</p> <p>Family Membership See club for details</p> <p>Visitor Pass 7 day free pass for non-members</p> <p>Website http://www.anytimefitness.com/</p>
<p>Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym. Email WellNS for a voucher that allows you to get the discounted rate.</p>	

<p>Facility Name Max Fitness</p> <p>Address 9914 Illinois Rd.</p> <p>City, State & Zip Ft. Wayne IN 46804</p> <p>Facility Contact Tim Koehlinger</p> <p>Phone # 260-969-0575</p> <p>E-mail tim@maxfitnessftw.com</p> <p>Additional Information</p>	<p>Trial Period 14 days</p> <p>Enrollment Fee \$10</p> <p>Single Membership \$9.95/mo</p> <p>Family Membership Varies on size</p> <p>Visitor Pass \$10.00/day</p> <p>Website www.maxfitnessftw.com</p>
<p>Free childcare and initial fitness assessment. One month free group personal training.</p>	

<p>Facility Name Max Fitness</p> <p>Address 7245 Maplecrest Rd</p> <p>City, State & Zip Ft. Wayne IN 46804</p> <p>Facility Contact Tim Koehlinger</p> <p>Phone # 260-969-0575</p> <p>E-mail tim@maxfitnessftw.com</p> <p>Additional Information</p>	<p>Trial Period 14 days</p> <p>Enrollment Fee \$10</p> <p>Single Membership \$9.95/mo</p> <p>Family Membership Varies on size</p> <p>Visitor Pass \$10.00/day</p> <p>Website www.maxfitnessftw.com</p>
<p>Free childcare and initial fitness assessment. One month free group personal training.</p>	

<p>Facility Name YMCA of Greater Fort Wayne</p> <p>Address 1020 Barr St.</p> <p>City, State & Zip Ft. Wayne IN 46802</p> <p>Facility Contact Wendy Spitznagel</p> <p>Phone # 260-918-2148</p> <p>E-mail Wendy_spitznagel@fwymca.org</p> <p>Additional Information</p>	<p>Trial Period One week-free</p> <p>Enrollment Fee \$75.00</p> <p>Single Membership \$39.50/mo.</p> <p>Family Membership \$58.75/mo.</p> <p>Visitor Pass Free one-week trail coupon or visitor pa</p> <p>Website www.fwymca.org</p>
<p>Contact Wendy Spitznagel at (260)918-2148 to obtain a free one-week trial coupon, and Visitors Passes. Single parent households pay \$42.50/mo.</p>	

Facility Name	Anytime Fitness	Trial Period	7 days
Address	1202 E University Dr.	Enrollment Fee	50% off a one-time enrollment fee
City, State & Zip	Granger IN 46530	Single Membership	10% off monthly dues
Facility Contact		Family Membership	See club for details
Phone #		Visitor Pass	7 day free pass for non-members
E-mail		Website	http://www.atfitnessindiana.com/
Additional Information	Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym . Email WellNS for a voucher that allows you to get the discounted rate.		

Facility Name	Crossroads YMCA - Hammond Branch	Trial Period	None
Address	7322 Southeastern Ave	Enrollment Fee	\$30.00
City, State & Zip	Hammond IN 46324	Single Membership	\$30.00/mo
Facility Contact	Dave Mays	Family Membership	\$50.00/mo
Phone #	219-845-1507 ext 230	Visitor Pass	\$10.00
E-mail	dmays@hammondareaymca.org	Website	
Additional Information	Annual fee/////single \$330; couple \$550; family \$550 No contract required		

Facility Name	Fuel Fitness	Trial Period	14 days
Address	3150 45th St	Enrollment Fee	\$25.00
City, State & Zip	Highland IN 46322	Single Membership	\$30.00/mo
Facility Contact	Rendi Bierman	Family Membership	\$70.00/mo
Phone #	219-864-8100	Visitor Pass	\$30.00 (7 days)
E-mail	rendil@fuelnwi.com	Website	www.fuelnwi.com
Additional Information	Couple membership \$55.00/mo Annual memberships available \$360/single; \$660/couple; \$840/family. No enrollment fee with annual membership		

Facility Name	Club Fitness 24 by Powerhouse Gym	Trial Period	30 days free
Address	3780 South Reed	Enrollment Fee	\$89.00
City, State & Zip	Kokomo IN 46902	Single Membership	\$25.00/mo
Facility Contact	Matt Ryan	Family Membership	\$55.00/mo
Phone #	765-864-0810	Visitor Pass	\$10.00/day
E-mail		Website	
Additional Information	Couples rate \$45.00/mo Contract required on all memberships		

Facility Name Grant County YMCA

Address 123 Sutter Way
City, State & Zip Marion IN 46952
Facility Contact Tina Doublin
Phone # 7656640544
E-mail tinad@grantcountymca.org

Trial Period None
Enrollment Fee \$80
Single Membership N/A
Family Membership \$52/mo
Visitor Pass \$10/day
Website

Additional Information

Facility Name YMCA Downtown Muncie

Address 500 S. Mulberry St.
City, State & Zip Muncie IN 47305
Facility Contact Ashlee Bane
Phone # 765-288-4448
E-mail abane@muncieymca.org

Trial Period None
Enrollment Fee \$60.00
Single Membership \$31.95/mo.
Family Membership \$47.70/mo. for families
Visitor Pass \$5/day (3 per yr.)
Website <http://muncieymca.org>

Additional Information

\$39.60/mo for couples.

Facility Name YMCA of Northwest Muncie

Address 3500 N.Chadam Lane
City, State & Zip Muncie IN 47304
Facility Contact Kristen McConnell
Phone # 768-759-8960
E-mail kmccconnell@muncieymca.org

Trial Period None
Enrollment Fee \$60.00
Single Membership \$35.50/mo.
Family Membership \$53.00/mo.
Visitor Pass \$5.00 per visit, (limit 3/yr.)
Website <http://muncieymca.org/>

Additional Information

\$44.00/mo. for couples. The Muncie Family YMCA is committed to our Mission: To put Christian principles into practice through programs that build healthy spirit, mind, and body for all. This commitment is accomplished through building strong relationships with our members and our community by valuing and modeling our Core Values of Caring, Honesty, Respect and Responsibility.

Facility Name YMCA of South Muncie

Address 3813 S. Madison St.
City, State & Zip Muncie IN 47302
Facility Contact Kristen McConnell
Phone # 768-759-8960
E-mail kstafford@muncieymca.org

Trial Period None
Enrollment Fee \$60.00
Single Membership \$35.50/mo.
Family Membership \$53.00/mo.
Visitor Pass \$5.00/day, up to 3 visits/ year
Website <http://muncieymca.org/>

Additional Information

\$44.00/mo. for couples.

Facility Name Anytime Fitness

Address 907 W Main St.

City, State & Zip Peru IN 46970

Facility Contact

Phone #

E-mail

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Trial Period 7 days

Enrollment Fee 50% off a one-time enrollment fee

Single Membership 10% off monthly dues

Family Membership See club for details

Visitor Pass 7 day free pass for non-members

Website <http://www.anytimefitness.com/>

Facility Name Star Fitness Victory Gym

Address 436 Chili Ave.

City, State & Zip Peru IN 46970

Facility Contact Darcy Cook

Phone # 765-472-0600

E-mail darcycook@att.net

Additional Information

24/7 access. Personal training services included with membership.

Trial Period 30 Days

Enrollment Fee Waived

Single Membership \$57.00/mo.

Family Membership Spouse \$47/mo, child \$32/mo

Visitor Pass \$20.00/day

Website <http://starfitnessusainc.com/>

Facility Name New Image Family Fitness Center

Address 1545 W. Broadway

City, State & Zip Princeton IN 47670

Facility Contact Tara Phillips

Phone # 8126776060

E-mail thuddy22@yahoo.com

Additional Information

Trial Period 1

Enrollment Fee \$29

Single Membership \$34/mo

Family Membership \$63/mo

Visitor Pass \$5/day

Website

Facility Name Fulton County Wellness Center

Address 529 Main St

City, State & Zip Rochester IN 46975

Facility Contact Lisa Lee

Phone # 574-224-3658

E-mail fultoncountywellness@rtcol.com

Additional Information

1 free quest pas per month per member
\$109/mo family (3)
\$124/mo family (4)

Trial Period None

Enrollment Fee \$64

Single Membership \$37/mo

Family Membership \$77/mo Spouse

Visitor Pass \$10/day or \$35 for 2wk

Website www.fultoncountywellness.com/

Facility Name Fuel Fitness

Address 2300 Cline Ave
City, State & Zip Schererville IN 46375
Facility Contact Rendi Bierman
Phone # 219-864-8100
E-mail rendil@fuelnwi.com

Trial Period 14 days
Enrollment Fee \$25.00
Single Membership \$30.00/mo
Family Membership \$70.00/mo
Visitor Pass \$30.00 (7 days)
Website www.fuelnwi.com

Additional Information Couple membership \$55.00/mo
 Annual memberships available \$360/single; \$660/couple; \$840/family. No enrollment fee with annual membership

Facility Name Anytime Fitness

Address 1233 North Eddy St
City, State & Zip South Bend IN 46617
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 1290 East Ireland Rd
City, State & Zip South Bend IN 46614
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Cardinal Fitness of South Bend

Address 3622 Edison Rd., ste. 100
City, State & Zip South Bend IN 46613
Facility Contact John Tablet
Phone # 574-234-3400
E-mail sspadoni@cardinalfitness.com

Trial Period 30 days
Enrollment Fee \$39.00
Single Membership \$19.95
Family Membership Varies on size
Visitor Pass \$10.00/day
Website <http://cardinalfitness.com/>

Additional Information \$19.95 one-time processing fee required. \$32.00/mo. for family of 2, \$39.00/mo. for family of 3, \$46.00/mo. for family of 4. Life Fitness, Precor and Hammer Strength equipment used (free orientation provided). Plenty of cardio equipment. Kids Room available. Showers & locker rooms provided.

Facility Name	Fuel Fitness	Trial Period	14 days
Address	7954 E 108th Ave	Enrollment Fee	\$25.00
City, State & Zip	Winfield IN 46307	Single Membership	\$30.00/mo
Facility Contact	Rendi Bierman	Family Membership	\$70.00/mo
Phone #	219-864-8100	Visitor Pass	\$30.00 (7 days)
E-mail	rendil@fuelnwi.com	Website	www.fuelnwi.com
Additional Information	Couple membership \$55.00/mo Annual memberships available \$360/single; \$660/couple; \$840/family. No enrollment fee with annual membership		

Facility Name	Gold's Gym	Trial Period	30 days
Address	6501 E Frontage Rd	Enrollment Fee	Waived
City, State & Zip	Merriam KS 66202	Single Membership	\$24.95/mo plus tax
Facility Contact	Trevor Clay	Family Membership	\$49.95/mo plus tax
Phone #	913-722-2001	Visitor Pass	\$5.00/day
E-mail	goldsgymgm@yahoo.com	Website	http://www.goldsgym.com/locator/?partnerID=188&gold-CM216NON71ACE&NIZ&AdTC&NIA
Additional Information	Couple rate \$39.95/mo plus tax Annual fee: \$200.00 +tax single \$399.95 +tax couple \$550.00 +tax family		

Facility Name	Anytime Fitness	Trial Period	7 days
Address	6074 Limaburg Rd	Enrollment Fee	50% off a one-time enrollment fee
City, State & Zip	Burlington KY 41005	Single Membership	10% off monthly dues
Facility Contact		Family Membership	See club for details
Phone #		Visitor Pass	7 day free pass for non-members
E-mail		Website	http://www.anytimefitness.com/
Additional Information	Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym . Email WellNS for a voucher that allows you to get the discounted rate.		

Facility Name	McDowell Wellness Center	Trial Period	30 days
Address	1107 Ben Ali Dr.	Enrollment Fee	\$50 singles. \$90 families
City, State & Zip	Danville KY 40422	Single Membership	\$50.50
Facility Contact	Dee Coffey	Family Membership	\$70 couples, \$90.50 for families three or more
Phone #	859-936-WELL (9355)	Visitor Pass	\$3.00/day
E-mail	dcoffey@emhealth.org	Website	http://mcdowellwellness.org/
Additional Information	McDowell Wellness offers several programs focusing on healthy behaviors, prevention and stress reduction. There is an indoor pool, an aerobics studio and a 5000 sq ft workout area with stretching stations, cardio equipment and strength equipment.		

Facility Name Body Works Gym

Address 90 South Main
City, State & Zip Dry Ridge KY 41035
Facility Contact Justin Baker
Phone # 859-391-8298
E-mail

Trial Period 2 days
Enrollment Fee \$15.00
Single Membership \$35.00/mo
Family Membership \$17.00/mo each for 3 or more
Visitor Pass \$8.00/day
Website www.bodyworksgym.net

Additional Information Couple rate \$30.00/mo each
 Annual rates:
 \$435/single
 \$750/couple
 \$221/family per person

Facility Name Fitworks - Florence

Address 7541 Mall Rd.
City, State & Zip Florence KY 41042
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website http://www.fitworks.com/

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name Fitness Edge

Address 557 Commerce Dr
City, State & Zip Harrodsburg KY 40330
Facility Contact Sara Slone
Phone # 859-733-9693
E-mail fitnessedge2013@gmail.com

Trial Period 1 day
Enrollment Fee Waived
Single Membership \$26.99/mo
Family Membership \$49.49/mo
Visitor Pass \$7.00/day
Website

Additional Information Couples rate \$44.99/mo
 Variety of classes free with membership.
 Rates reflect a 10% flat discount and require an annual contract.

Facility Name Image Fitness LLC

Address 1010 Colton Drive
City, State & Zip Harrodsburg KY 40330
Facility Contact Tim Horn
Phone # 859-734-0590
E-mail imagefitnessllc@gmail.com

Trial Period 2 Visits
Enrollment Fee Waived
Single Membership \$30.00/mo
Family Membership \$50.00/mo couple
Visitor Pass 2 free visits
Website None

Additional Information Annual membership \$325/single; \$550/couple
 Contract required on monthly membership

Facility Name Anytime Fitness

Address 5406 Antle Dr
City, State & Zip Louisville KY 40229
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Louisville Athletic Club

Address 9565 Taylorsville Rd.
City, State & Zip Louisville KY 40299
Facility Contact Stephanie Mills, Gen Mgr.
Phone # 502-753-0999
E-mail dreilly@athleticclubs.org

Trial Period
Enrollment Fee \$20.00
Single Membership \$34.99/mo. (Min. 4 empl.)
Family Membership Spouse \$25/mo. Child to \$15/mo.
Visitor Pass \$10.00/day
Website <http://louisvilleathleticclub.com/>

Additional Information

Facility Name Louisville Athletic Club

Address 9463 Westport Rd.
City, State & Zip Louisville KY 40241
Facility Contact Laura Sullivan
Phone # 502-412-4522
E-mail lsullivan@athleticclubs.org

Trial Period 14 Days
Enrollment Fee Varies
Single Membership \$34.99/mo.
Family Membership
Visitor Pass \$15.00/day
Website <http://athleticclubs.org>

Additional Information 7 locations in KY and TN. Family add-ons (ages 13 & up) are \$25/mo. for the first one, and \$15/mo. for the second and subsequent add-ons. For ages 12 & under, the cost is \$10/mo. for the first one, and \$5/mo. for each additional one. Other visitor prices available: \$30/3 days, \$45/7 days and \$88/month. NS employees must provide NS ID when enrolling.

Facility Name Fitworks - Newport

Address 1751-B Monmouth St.
City, State & Zip Newport KY 41071
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name Clear Creek Family Activity Center

Address 717 Burks Branch Rd.
City, State & Zip Shelbyville KY 40065
Facility Contact Lea Ann Wood
Phone # 502-633-5059
E-mail lwood@shelbycountyparks.com

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$49.00/mo.
Family Membership \$72.00/mo.
Visitor Pass \$3.50/day with NS ID
Website <http://shelbycountyparks.com>

Additional Information Free child care and fitness classes for members.

Facility Name Anytime Fitness

Address 1707 Cedar Grove Rd.
City, State & Zip Shepherdsville KY 40165
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Somerset Family Fitness

Address 100 East Somerset Church Rd
City, State & Zip Somerset KY 42503
Facility Contact Chrissy Moran
Phone # 606-679-7428
E-mail cmoran@somersetffc.net

Trial Period None
Enrollment Fee Waived for annual memberships and if ;
Single Membership \$45/mo
Family Membership \$60/mo
Visitor Pass None
Website <http://somersetffc.net/default.aspx>

Additional Information

- To qualify for a corporate rate a minimum of 5 employees must be enrolled at all times. (verification of employment required)
- Current members may change from a regular membership to a corporate account to meet the minimum of 5 employees.
- If 5 or more “new” members enroll within a designated 7 day period we will waive the joining fee for those particular days.

Facility Name Anytime Fitness

Address 125 Robert E Lee Blvd
City, State & Zip New Orleans LA 70124
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name	Anytime Fitness	Trial Period	7 days
Address	64724 SR41	Enrollment Fee	50% off a one-time enrollment fee
City, State & Zip	Pearl River LA 70452	Single Membership	10% off monthly dues
Facility Contact		Family Membership	See club for details
Phone #		Visitor Pass	7 day free pass for non-members
E-mail		Website	http://www.anytimefitness.com/
Additional Information	Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym . Email WellNS for a voucher that allows you to get the discounted rate.		

Facility Name	Gold's Gym Bowie	Trial Period	30 Days
Address	62510 Fairwood Pkwy.	Enrollment Fee	Waived
City, State & Zip	Bowie MD 21014	Single Membership	\$24.99/mo.
Facility Contact	Anthony Osborne	Family Membership	\$24.99/mo. each resident
Phone #	301-805-4653	Visitor Pass	\$5.00/day
E-mail	bowiemd@goldsgym.net	Website	http://goldsgym.com/
Additional Information	For \$29.99 members get unlimited guest passes, 50% drinks and classes, daycare!		

Facility Name	Gold's Gym Crofton	Trial Period	30 Days
Address	1625 Crofton Centre	Enrollment Fee	Waived
City, State & Zip	Crofton MD 21114	Single Membership	\$24.99/mo.
Facility Contact	Brian Griffin	Family Membership	\$24.99/mo. each resident
Phone #	410-451-4653	Visitor Pass	\$5.00/day
E-mail	croftonmd@goldsgym.net	Website	http://goldsgym.com/
Additional Information	For \$29.99 members get unlimited guest passes, 50% drinks and classes, daycare!		

Facility Name	Gold's Gym Dundalk	Trial Period	30 days
Address	1131 Merritt Blvd.	Enrollment Fee	Waived
City, State & Zip	Dundalk MD 21222	Single Membership	\$24.99/mo.
Facility Contact	Raina Dewald	Family Membership	\$24.99/mo. each member
Phone #	410-284-4653	Visitor Pass	\$5.00/day
E-mail	dundalkmd@goldsgym.net	Website	http://goldsgym.com/
Additional Information	For \$29.99 members get unlimited guest passes, 50% drinks and classes, daycare!		

Facility Name Snap Fitness of Forest Hill

Address 1517 Rock Spring Rd. Ste B
City, State & Zip Forest Hill MD 21050
Facility Contact Mr. Michael Lechner
Phone # 410-638-0456
E-mail foresthillmd@snapfitness.com

Trial Period 7 Days (during staffed hours)
Enrollment Fee \$29 (50% disc.)
Single Membership \$35.95/mo.
Family Membership \$67.50/mo.
Visitor Pass \$10.00/week
Website <http://www.snapfitness.com/foresthillmd/>

Additional Information

24/7 access.

Facility Name Gold's Gym Glen Burnie

Address 6324 Ritchie Hwy.
City, State & Zip Glen Burnie MD 21061
Facility Contact Mark Calderone
Phone # 410-789-4653
E-mail GlenBurniemd@goldsgym.net

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$24.99/mo.
Family Membership \$24.99/mo. each resident
Visitor Pass \$5.00/day
Website <http://goldsgym.com/>

Additional Information

For \$29.99 members get unlimited guest passes, 50% drinks and classes, daycare!

Facility Name Gold's Gym Marley Sta. Mall

Address 7900 Ritchie Hwy., ste C129
City, State & Zip Glen Burnie MD 21061
Facility Contact Iris Hammerman
Phone # 410-863-4653
E-mail ihammerman@goldsgym.net

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$24.99/mo.
Family Membership \$24.99/mo. each member
Visitor Pass \$5.00/day
Website <http://goldsgym.com/>

Additional Information

For \$29.99 members get unlimited guest passes, 50% drinks and classes, daycare!

Facility Name Anytime Fitness

Address 11205 John F Kennedy Dr, #104
City, State & Zip Hagerstown MD 21742
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Snap Fitness of Havre de Grace

Address 2015 Pulaski Hwy. Ste E
City, State & Zip Havre de Grace MD 21078
Facility Contact Mr. Michael Lechner
Phone # 410-939-9595
E-mail havredegrace@snapfitness.com

Trial Period 7 Days (during staffed hours)
Enrollment Fee \$29 (50% disc.)
Single Membership \$35.95/mo.
Family Membership \$67.50/mo.
Visitor Pass \$10.00/week
Website <http://www.snapfitness.com/havredegrace/>

Additional Information

24/7 access.

Facility Name Anytime Fitness

Address 5009 Honeygo Center Dr.
City, State & Zip Perry Hall MD 21128
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Energy Fitness Center

Address 8608 Liberty Rd.
City, State & Zip Randallstown MD 21133
Facility Contact Jade Skelton
Phone # 410-521-5555
E-mail N/A

Trial Period
Enrollment Fee \$9.99
Single Membership \$14.99/mo for month to month & \$20/m
Family Membership Spouse \$35/mo. (must be 2 people) M
Visitor Pass
Website www.energyfitnessbaltimore.com

Additional Information

First 14 classes are FREE!!

Facility Name Powerhouse Gym Chesterfield

Address 33089 23 Mile Rd.
City, State & Zip Chesterfield MI 48047
Facility Contact
Phone # 586-273-7948
E-mail

Trial Period 7 Days
Enrollment Fee 15% discount
Single Membership \$39.00/mo.
Family Membership
Visitor Pass
Website <http://www.powerhousegym.com/>

Additional Information

Brand new facility in 2009. 14,000 sq ft center offers large line of cardio equipment all w/flat-screen viewing. The club provides child care, dry saunas, a large group exercise room, tanning, a hydro massage bed, a large selection of pin-loaded and free weights.

Facility Name Powerhouse Gym East Lansing

Address 4790 S Hagadorn

City, State & Zip East Lansing MI 48823

Facility Contact Randy Sitto

Phone # 517-827-4653

E-mail randys0121@gmail.com

Trial Period 7 Days

Enrollment Fee 15% discount

Single Membership \$39.00/mo.

Family Membership \$59.50/mo. for 2 adults

Visitor Pass \$5.00/day as a member's guest

Website <http://www.powerhousegym.com/>

Additional Information

Just down the street from MSU campus. The gym offers a full line of cardio, pin loaded machines, free weights and much more.

Facility Name Anytime Fitness

Address 32340 North Campbell Rd

City, State & Zip Madison Heights MI 48071

Facility Contact

Phone #

E-mail

Trial Period 7 days

Enrollment Fee 50% off a one-time enrollment fee

Single Membership 10% off monthly dues

Family Membership See club for details

Visitor Pass 7 day free pass for non-members

Website <http://www.anytimefitness.com/>

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name YMCA Niles-Buchanan

Address 905 N Front St

City, State & Zip Niles MI 49120

Facility Contact Greg Schuman

Phone # 269-683-1552

E-mail

Trial Period 1 day

Enrollment Fee \$70 single - \$100 couple

Single Membership 20% off monthly/annual rates

Family Membership 20% off monthly/annual rates

Visitor Pass \$10/day

Website www.nb-ymca.org/

Additional Information

No contract required

Facility Name Botsford Center for Health Improvement (BC **Trial Period** 7 Days

Address 39750 Grand River Ave.

City, State & Zip Novi MI 48375

Facility Contact Laura

Phone # 248-473-3100

E-mail spatnaik@botsford.org

Enrollment Fee None

Single Membership \$45.00/mo.

Family Membership \$45.00 per family member

Visitor Pass \$45.00/week

Website <http://botsford.org/bchi>

Additional Information

Pricing requires 5 enrollees. New members get a fitness assessment, quarterly evaluations, equipment orientation and custom designed exercise program. Free group & aquatics classes, massage therapy, Personal Training, Metabolic Testing, Swim Lessons, tobacco cessation & more!

Facility Name	Powerhouse Gym South Lyon	Trial Period	Month to Month
Address	22171 Pontiac Trail	Enrollment Fee	see notes
City, State & Zip	South Lyon MI 48178	Single Membership	see notes
Facility Contact	Joe Odom	Family Membership	see notes
Phone #	248-446-1010	Visitor Pass	Free
E-mail		Website	http://www.powerhousegym.com/
Additional Information	21,000 sq. feet, more equipment, tanning, daycare, group classes, yoga and spin classes!		

Facility Name	Anytime Fitness	Trial Period	7 days
Address	15345 Dix-Toledo Rd	Enrollment Fee	50% off a one-time enrollment fee
City, State & Zip	Southgate MI 48195	Single Membership	10% off monthly dues
Facility Contact		Family Membership	See club for details
Phone #		Visitor Pass	7 day free pass for non-members
E-mail		Website	http://www.anytimefitness.com/
Additional Information	Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym . Email WellINS for a voucher that allows you to get the discounted rate.		

Facility Name	YMCA of St Joseph MI	Trial Period	None
Address	3665 Hollywood Rd	Enrollment Fee	\$35.00/single
City, State & Zip	St Joseph MI 49085	Single Membership	\$50.00/mo
Facility Contact	Michelle Caple	Family Membership	\$78.00/mo
Phone #	269-428-9622	Visitor Pass	None
E-mail		Website	www.bhsjymca.org
Additional Information	Couple membership \$73.00/mo Family enrollment \$50.00		

Facility Name	Powerhouse Gym St. Clair Shores	Trial Period	7 Days
Address	25212 Harper Ave.	Enrollment Fee	15% Discount
City, State & Zip	St. Clair Shores MI 48081	Single Membership	\$39.00/mo.
Facility Contact	Ray Lucia	Family Membership	
Phone #	586-771-5898	Visitor Pass	\$15.00/day
E-mail		Website	http://www.powerhousegym.com/
Additional Information	Terrific array of equipment, to include pin-loaded weights and free weights. Large group exercise room hosts many offerings each week. Juice bar on premises.		

Facility Name Anytime Fitness

Address 7580 E 9 Mile Rd
City, State & Zip Warren MI 48091
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Powerhouse Gym Ypsilanti

Address 1326 Anna J Stepp Dr.
City, State & Zip Ypsilanti MI 48197
Facility Contact Tim Mumford
Phone # 734-482-2405
E-mail timmumford@powerhousegym.com

Trial Period 7 Days
Enrollment Fee \$100 off
Single Membership \$29.95/mo.
Family Membership Available - see club for details
Visitor Pass \$15.00/day
Website <http://www.powerhousegym.com/ypsilanti>

Additional Information At PowerHouse Gym, our goal is to give you the tools and guidance needed to get in the best shape. We provide the best equipment and staff to keep you focused and on track. Our facility is for novice exerciser to avid bodybuilder. Our staff and personal trainers are here to help - no matter what your fitness level.

Facility Name Club Fitness

Address 15425 Manchester Rd., ste. 22
City, State & Zip Ballwin MO 63011
Facility Contact Kevin Vaughn, Corporate wellness director
Phone # 314-752-2582
E-mail kvaughn@clubfitness.us

Trial Period 7 Days
Enrollment Fee Zero
Single Membership \$19.95/mo.
Family Membership \$10.00 ea. 12 & up
Visitor Pass \$10.00/day
Website <http://clubfitness.us/>

Additional Information \$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Anytime Fitness

Address 343 Watson Plaza
City, State & Zip Crestwood MO 63126
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Club Fitness

Address 957 Woodcrest Executive Dr.

City, State & Zip Creve Coeur MO 63141

Facility Contact Kevin Vaughn, Corporate wellness director

Phone # 314-752-2582

E-mail kvaughn@clubfitness.us

Trial Period 7 Days

Enrollment Fee Zero

Single Membership \$19.95/mo.

Family Membership \$10.00 ea. 12 & up

Visitor Pass \$10.00/day

Website <http://clubfitness.us/>

Additional Information

\$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Club Fitness

Address 1159 N Hwy 67

City, State & Zip Florissant MO 63031

Facility Contact Kevin Vaughn, Corporate wellness director

Phone # 314-752-2582

E-mail kvaughn@clubfitness.us

Trial Period 7 Days

Enrollment Fee Zero

Single Membership \$19.95/mo.

Family Membership \$10.00 ea. 12 & up

Visitor Pass \$10.00/day

Website <http://clubfitness.us/>

Additional Information

\$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Gold's Gym

Address 1141 NE Vivion Rd

City, State & Zip Gladstone MO 64118

Facility Contact Trevor Clay

Phone # 816-454-2700

E-mail goldsgymgm@yahoo.com

Trial Period 30 days

Enrollment Fee Waived

Single Membership \$24.95/mo plus tax

Family Membership \$49.95/mo plus tax

Visitor Pass \$5.00/day

Website <http://www.goldsgym.com/locator/?partnerID=18&gold-CM21-6NON71-ACE0N1ZAG2TC#>

Additional Information

Couple rate \$39.95/mo plus tax
Annual fee:
\$200.00 +tax single
\$399.95 +tax couple
\$550.00 +tax family

Facility Name YMCA of Greater Kansas City

Address 3100 Broadway Suite 1020

City, State & Zip Kansas City MO 64111

Facility Contact Vanesa Goldsberry

Phone # 816-561-8122

E-mail

Trial Period

Enrollment Fee \$150.00

Single Membership \$56.00/mo

Family Membership \$85.00/mo

Visitor Pass

Website www.kansascityYMCA.org

Additional Information

Enrollment fee \$150.00 waived thru December 31, 2010. Membership includes access to all local YMCA facilities (Greater Kansas City area)

Facility Name Anytime Fitness

Address 1540 NE 96th St
City, State & Zip Liberty MO 64068
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Randolph Area YMCA

Address 1000 Kwix Road
City, State & Zip Moberly MO 65270
Facility Contact Jaci Lobina
Phone # 660-263-3600
E-mail smorgan@randolphareaymca.com

Trial Period One Day
Enrollment Fee \$50.00
Single Membership \$42.00/mo.
Family Membership \$55.00/mo.
Visitor Pass \$10.00/day
Website www.randolphareaymca.com

Additional Information This Y participates in the "AWAY Program," which allows members more than 50 miles from their home YMCA to visit this facility for free, or at a reduced Day Pass charge. Randolph Area YMCA website coming soon!

Facility Name North Kansas City Community Center

Address 1999 Iron St.
City, State & Zip North Kansas City MO 64116
Facility Contact Victoria Meier-Ressler
Phone # 816-300-0531
E-mail vlressler@nkc.org

Trial Period None
Enrollment Fee None
Single Membership \$31.00/mo.
Family Membership \$58.00/mo.
Visitor Pass \$7/day single, \$15/day family (ID req'd.)
Website www.nkcc.org

Additional Information No contract required, and no initiation fees. Memberships established very easily. Please provide proof of NS employment.

Facility Name Club Fitness

Address 3032 Hwy K and N Plaza
City, State & Zip O'Fallon MO 63366
Facility Contact Kevin Vaughn, Corporate wellness director
Phone # 314-752-2582
E-mail kvaughn@clubfitness.us

Trial Period 7 Days
Enrollment Fee Zero
Single Membership \$19.95/mo.
Family Membership \$10.00 ea. 12 & up
Visitor Pass \$10.00/day
Website <http://clubfitness.us/>

Additional Information \$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Club Fitness

Address 9751 Manchester Rd.

City, State & Zip Rock Hill MO 63119

Facility Contact Kevin Vaughn, Corporate wellness director

Phone # 314-752-2582

E-mail kvaughn@clubfitness.us

Trial Period 7 Days

Enrollment Fee Zero

Single Membership \$19.95/mo.

Family Membership \$10.00 ea. 12 & up

Visitor Pass \$10.00/day

Website <http://clubfitness.us/>

Additional Information

\$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Club Fitness

Address 1443 Bass Pro Dr.

City, State & Zip St. Charles MO 63301

Facility Contact Kevin Vaughn, Corporate wellness director

Phone # 314-752-2582

E-mail kvaughn@clubfitness.us

Trial Period 7 Days

Enrollment Fee Zero

Single Membership \$19.95/mo.

Family Membership \$10.00 ea. 12 & up

Visitor Pass \$10.00/day

Website <http://clubfitness.us/>

Additional Information

\$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Club Fitness

Address 12 Hampton Village Shopping Ctr.

City, State & Zip St. Louis MO 63109

Facility Contact Kevin Vaughn, Corporate wellness director

Phone # 314-752-2582

E-mail kvaughn@clubfitness.us

Trial Period 7 Days

Enrollment Fee Zero

Single Membership \$19.95/mo.

Family Membership \$10.00 ea. 12 & up

Visitor Pass \$10.00/day

Website <http://clubfitness.us/>

Additional Information

\$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Club Fitness

Address 4438 Lemay Ferry

City, State & Zip St. Louis MO 63129

Facility Contact Kevin Vaughn, Corporate wellness director

Phone # 314-752-2582

E-mail kvaughn@clubfitness.us

Trial Period 7 Days

Enrollment Fee Zero

Single Membership \$19.95/mo.

Family Membership \$10.00 ea. 12 & up

Visitor Pass \$10.00/day

Website <http://clubfitness.us/>

Additional Information

\$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Club Fitness

Address 259 Centre Pointe Drive
City, State & Zip St. Peters MO 63376
Facility Contact Kevin Vaughn, Corporate wellness director
Phone # 314-752-2582
E-mail kvaughn@clubfitness.us

Trial Period 7 Days
Enrollment Fee Zero
Single Membership \$19.95/mo.
Family Membership \$10.00 ea. 12 & up
Visitor Pass \$10.00/day
Website <http://clubfitness.us/>

Additional Information \$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Club Fitness

Address 1269 S Laclede Station Rd.
City, State & Zip Webster Groves MO 63119
Facility Contact Kevin Vaughn, Corporate wellness director
Phone # 314-752-2582
E-mail kvaughn@clubfitness.us

Trial Period 7 Days
Enrollment Fee Zero
Single Membership \$19.95/mo.
Family Membership \$10.00 ea. 12 & up
Visitor Pass \$10.00/day
Website <http://clubfitness.us/>

Additional Information \$20.00 key card fee. Membership includes Access to 21 facilities, complimentary personal training session, and free group exercise classes. Over 50 pieces of cardio equipment available, and flatscreen viewing. Circuit training equipment and free weights available. Free child care.

Facility Name Anytime Fitness

Address 4900 Poplar Springs
City, State & Zip Meridian MS 39305
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Snap Fitness

Address 2405 Hwy. 39 N
City, State & Zip Meridian MS 39301
Facility Contact Paige McDonald
Phone # 601-693-1818
E-mail paige@sefitnessllc.com

Trial Period 7 Days
Enrollment Fee \$25.00
Single Membership \$35.99/mo.
Family Membership \$10. ea. add'l. resident
Visitor Pass \$10./day during staffed hours only.
Website <http://www.snapfitness.com/meridianms/>

Additional Information 24-hour access. \$25.00 card key fee due at enrollment.

Facility Name Anytime Fitness

Address 329 Mississippi 12
City, State & Zip Starkville MS 39759
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 2421 West Main Street
City, State & Zip Tupelo MS 38801
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Rush Fitness

Address 1815 Hendersonville Rd
City, State & Zip Asheville NC 28803
Facility Contact Rush Fitness
Phone # 423-308-0575
E-mail cjackson@therush247.com

Trial Period 10 days
Enrollment Fee None
Single Membership \$34.00/mo
Family Membership NA
Visitor Pass \$5.00/day
Website www.therush247.com

Additional Information Couples rate \$49.00/mo
 Annual fee \$408/single; \$528/couple
 Voucher required for discount; contact wellns@nscorp.com

Facility Name The Body Shop Fitness Center

Address 780 Hendersonville Rd.
City, State & Zip Asheville NC 28803
Facility Contact Brian Gunter
Phone # 828-277-1770
E-mail sseymour@mail.bodyshopgyms.com

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$29.95/mo. add \$25/mo. for another per
Family Membership Ages 13-17 \$15/mo.
Visitor Pass \$10.00/day
Website <http://bodyshopgyms.com/>

Additional Information One-time \$49 activation fee. 24/7 access to 4 locations. Group fitness classes (Pilates, yoga, etc.) free w/membership. Wide selection of free weights and resistance machines. Cardio equip. have flatscreens. Free child care. 12 mos EFT membership is \$29.95/mo. Even deeper discounts available. Annual \$12 enhancement fee required.

Facility Name Fitness Connection

Address 1311 Kildaire Farm Road
City, State & Zip Cary NC 27511
Facility Contact Garrett Marek
Phone # 704-439-6109
E-mail gmarek@fitnessconnectionusa.com

Trial Period 14 Days
Enrollment Fee \$29.00
Single Membership \$19.95/mo
Family Membership NA
Visitor Pass \$10.00/day
Website <http://fitnessconnectionusa.com/fitness-north-carolina>

Additional Information \$40 facility improvement fee billed in Sept annually

Facility Name Anytime Fitness

Address 11930 Providence Rd West, Ste C-2
City, State & Zip Charlotte NC 28277
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 10211 Prosperity Park Dr
City, State & Zip Charlotte NC 28269
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Fitness Connection

Address 11611 Ardrey Kell Road
City, State & Zip Charlotte NC 28277
Facility Contact Garrett Marek
Phone # 704-439-6109
E-mail gmarek@fitnessconnectionusa.com

Trial Period 14 Days
Enrollment Fee \$29.00
Single Membership \$19.95/mo
Family Membership NA
Visitor Pass \$10.00/day
Website <http://fitnessconnectionusa.com/fitness-north-carolina>

Additional Information \$40 facility improvement fee billed in Sept annually

Facility Name	Fitness Connection	Trial Period	14 Days
Address	5601 South Boulevard	Enrollment Fee	\$29.00
City, State & Zip	Charlotte NC 28210	Single Membership	\$19.95/mo
Facility Contact	Garrett Marek	Family Membership	NA
Phone #	704-439-6109	Visitor Pass	\$10.00/day
E-mail	gmarek@fitnessconnectionusa.com	Website	http://fitnessconnectionusa.com/fitness-north-carolina
Additional Information	\$40 facility improvement fee billed in Sept annually		

Facility Name	Fitness Connection	Trial Period	14 Days
Address	8404 North Tryon Street	Enrollment Fee	\$29.00
City, State & Zip	Charlotte NC 28262	Single Membership	\$19.95/mo
Facility Contact	Garrett Marek	Family Membership	NA
Phone #	704-439-6109	Visitor Pass	\$10.00/day
E-mail	gmarek@fitnessconnectionusa.com	Website	http://fitnessconnectionusa.com/fitness-north-carolina
Additional Information	\$40 facility improvement fee billed in Sept annually		

Facility Name	Fitness Connection	Trial Period	14 Days
Address	8626 Hankins Road	Enrollment Fee	\$29.00
City, State & Zip	Charlotte NC 28269	Single Membership	\$19.95/mo
Facility Contact	Garrett Marek	Family Membership	NA
Phone #	704-439-6109	Visitor Pass	\$10.00/day
E-mail	gmarek@fitnessconnectionusa.com	Website	http://fitnessconnectionusa.com/fitness-north-carolina
Additional Information	\$40 facility improvement fee billed in Sept annually		

Facility Name	Fitness Connection	Trial Period	14 Days
Address	1001 Morehead Square	Enrollment Fee	\$29.00
City, State & Zip	Charlotte NC 28203	Single Membership	\$19.95/mo
Facility Contact	Garrett Marek	Family Membership	NA
Phone #	704-439-6109	Visitor Pass	\$10.00/day
E-mail	gmarek@fitnessconnectionusa.com	Website	http://fitnessconnectionusa.com/fitness-north-carolina
Additional Information	\$40 facility improvement fee billed in Sept annually		

Facility Name YMCA of Rowan County

Address 950 Kimball Rd
City, State & Zip China Grove NC 28023
Facility Contact Jennifer Bailey
Phone # 704-636-0111
E-mail

Trial Period N/A
Enrollment Fee \$25.00
Single Membership \$40.00/mo
Family Membership \$65.00/mo
Visitor Pass N/A
Website www.rowanymca.org

Additional Information Annual family fee \$780.00

Facility Name The Body Shop Fitness Center

Address 580 Upward Rd.
City, State & Zip Flat Rock NC 28731
Facility Contact Sherrill Moore
Phone # 828-692-1166
E-mail sseymour@mail.bodyshopgyms.com

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$29.95/mo. add \$25/mo. for another per
Family Membership Ages 13-17 \$15/mo.
Visitor Pass \$10.00/day
Website http://bodyshopgyms.com/

Additional Information One-time \$49 activation fee. 24/7 access to 4 locations. Group fitness classes (Pilates, yoga, etc.) free w/membership. Wide selection of free weights and resistance machines. Cardio equip. have flatscreens. Free child care. 12 mos EFT membership is \$29.95/mo. Even deeper discounts available. Annual \$12 enhancement fee required.

Facility Name The Body Shop Fitness Center

Address 130 Christel Lane
City, State & Zip Fletcher NC 28732
Facility Contact Leticia Cope
Phone # 828-653-1348
E-mail sseymour@mail.bodyshopgyms.com

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$29.95/mo. add \$25/mo. for another per
Family Membership Ages 13-17 \$15/mo.
Visitor Pass \$10.00/day
Website http://bodyshopgyms.com/

Additional Information One-time \$49 activation fee. 24/7 access to 4 locations. Group fitness classes (Pilates, yoga, etc.) free w/membership. Wide selection of free weights and resistance machines. Cardio equip. have flatscreens. Free child care. 12 mos EFT membership is \$29.95/mo. Even deeper discounts available. Annual \$12 enhancement fee required.

Facility Name Rush Fitness

Address 3711 Battleground Ave
City, State & Zip Greensboro NC 37421
Facility Contact Rush Fitness
Phone # 423-308-0575
E-mail cjackson@therush247.com

Trial Period 10 days
Enrollment Fee None
Single Membership \$34.00/mo
Family Membership NA
Visitor Pass \$5.00/day
Website www.therush247.com

Additional Information Couples rate \$49.00/mo
 Annual fee \$408/single; \$528/couple
 Voucher required for discount; contact wellns@nscorp.com

Facility Name The Body Shop Fitness Center

Address 2314 Asheville Hwy.
City, State & Zip Hendersonville NC 28792
Facility Contact Joshua McKay
Phone # 828-692-7902
E-mail jmckay@mail.bodyshopgyms.com

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$29.95/mo. add \$25/mo. for another per
Family Membership Ages 13-17 \$15/mo.
Visitor Pass \$10.00/day
Website <http://bodyshopgyms.com/>

Additional Information One-time \$49 activation fee. 24/7 access to 4 locations. Group fitness classes (Pilates, yoga, etc.) free w/membership. Wide selection of free weights and resistance machines. Cardio equip. have flatscreens. Free child care. 12 mos EFT membership is \$29.95/mo. Even deeper discounts available. Annual \$12 enhancement fee required.

Facility Name Rush Fitness

Address 2620 N Main St
City, State & Zip High Point NC 27265
Facility Contact Rush Fitness
Phone # 423-308-0575
E-mail cjackson@therush247.com

Trial Period 10 days
Enrollment Fee None
Single Membership \$34.00/mo
Family Membership NA
Visitor Pass \$5.00/day
Website www.therush247.com

Additional Information Couples rate \$49.00/mo
 Annual fee \$408/single; \$528/couple
 Voucher required for discount; contact wellns@nscorp.com

Facility Name Anytime Fitness

Address 9856 Gilead Rd, Ste 101
City, State & Zip Huntersville NC 28078
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name West Davidson Snap Fitness

Address 4705 S NC Hwy 150
City, State & Zip Lexington NC 27295
Facility Contact Mindy Faircloth
Phone # 336-853-7627
E-mail westdavidson@snapfitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$27.00/month
Family Membership \$52.00/mo.
Visitor Pass \$10.00/day
Website <http://www.snapfitness.com/westdavidson/>

Additional Information \$20.00 card fee. \$44.00/mo. for couples. Less than 10 minutes to Spencer Yard. 24/7 access. No contracts. Free personal wellness plan. No contracts required. Free on-line training center. Free personal fitness assessment. Free equipment orientation. Affordable monthly tanning. Use 30 day trial membership during staffed hours only.

Facility Name YMCA of Rowan County

Address 790 Crescent Rd
City, State & Zip Rockwell NC 28138
Facility Contact Jennifer Bailey
Phone # 704-636-0111
E-mail

Trial Period N/A
Enrollment Fee \$25.00
Single Membership \$40.00/mo
Family Membership \$65.00/mo
Visitor Pass N/A
Website www.rowanymca.org

Additional Information

Annual family fee \$780.00

Facility Name JF Hurley Family YMCA

Address 828 Jake Alexander Blvd W
City, State & Zip Salisbury NC 28147
Facility Contact Jennifer Bailey
Phone # 704-636-0111
E-mail

Trial Period N/A
Enrollment Fee \$25.00
Single Membership \$40.00/mo
Family Membership \$65.00/mo
Visitor Pass N/A
Website www.rowanymca.org/branches/salisbury/

Additional Information

Annual family membership \$780.00

Facility Name The Forum Fitness

Address 2318 S Main St.
City, State & Zip Salisbury NC 28147
Facility Contact Raina Garner
Phone # 704-633-6638
E-mail theforumfitness@gmail.com

Trial Period 14 Days
Enrollment Fee \$25.00
Single Membership \$40.00/mo. for each month to month
Family Membership \$54.00/mo. for a year contract
Visitor Pass \$10.00/day
Website http://theforumfitness.com

Additional Information

23,000 sq ft facility with tons of free weights, and 87 pieces of aerobic machinery. Up to 40 aerobics classes per week, which are free with membership. Free child care. Free towel service with showers. Free introductory training session. If sign up for a year membership, you pay \$22.00/mo. for single membership and \$54.00/mo. for family membership of 3 or more people!

Facility Name Anytime Fitness

Address 1630 Liberty Dr
City, State & Zip Thomasville NC 27360
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website http://www.anytimefitness.com/

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Rush Fitness

Address 420-R Jonestown Rd
City, State & Zip Winston-Salem NC 27107
Facility Contact Rush Fitness
Phone # 423-308-0575
E-mail cjackson@therush247.com

Trial Period 10 days
Enrollment Fee None
Single Membership \$34.00/mo
Family Membership NA
Visitor Pass \$5.00/day
Website www.therush247.com

Additional Information Couples rate \$49.00/mo
 Annual fee \$408/single; \$528/couple
 Voucher required for discount; contact wellns@nscorp.com

Facility Name Buffalo Athletic Clubs - Boulevard location

Address 1185 Niagara Falls Blvd.
City, State & Zip Amherst NY 14226
Facility Contact Beth Mahoney
Phone # 716-833-5226
E-mail presidentast@thebuffaloathletic.com

Trial Period None
Enrollment Fee \$99.00
Single Membership \$19.95/mo.
Family Membership \$19.95/mo. per resident
Visitor Pass \$10.00/day
Website http://www.buffaloathletic.com/

Additional Information BAC opened in 1980. 7 centers in greater Buffalo area.

Facility Name Buffalo Athletic Clubs - Downtown

Address 69 Delaware Ave.
City, State & Zip Buffalo NY 14202
Facility Contact Beth Mahoney
Phone # 716-833-5226
E-mail presidentast@thebuffaloathleticclub.com

Trial Period None
Enrollment Fee \$99.00
Single Membership \$19.95/mo.
Family Membership \$19.95/mo. per resident
Visitor Pass \$10.00/day
Website http://www.buffaloathletic.com/

Additional Information BAC opened in 1980. 7 centers in greater Buffalo area.

Facility Name Buffalo Athletic Clubs for Women - Bouleva

Address 1235 French Rd.
City, State & Zip Depew NY 14043
Facility Contact Beth Mahoney
Phone # 716-833-5226
E-mail presidentast@thebuffaloathletic.com

Trial Period None
Enrollment Fee \$99.00
Single Membership \$19.95/mo.
Family Membership \$19.95/mo. per resident
Visitor Pass \$10.00/day
Website http://www.buffaloathletic.com/

Additional Information BAC opened in 1980. 7 centers in greater Buffalo area.

Facility Name Buffalo Athletic Clubs - Southtowns

Address 1185 Niagra Falls Blvd.

City, State & Zip Orchard Park NY 14127

Facility Contact Beth Mahoney

Phone # 716-833-5226

E-mail presidentast@thebuffaloathletic.com

Trial Period None

Enrollment Fee \$99.00

Single Membership \$19.95/mo.

Family Membership \$19.95/mo. per resident

Visitor Pass \$10.00/day

Website <http://www.buffaloathletic.com/>

Additional Information

BAC opened in 1980. 7 centers in greater Buffalo area.

Facility Name Buffalo Athletic Clubs for Women - Colvin

Address 3157 Eggert Rd.

City, State & Zip Tonawanda NY 14150

Facility Contact Beth Mahoney

Phone # 716-833-5226

E-mail presidentast@thebuffaloathletic.com

Trial Period None

Enrollment Fee \$99.00

Single Membership \$19.95/mo.

Family Membership \$19.95/mo. per resident

Visitor Pass \$10.00/day

Website <http://www.buffaloathletic.com/>

Additional Information

BAC opened in 1980. 7 centers in greater Buffalo area.

Facility Name Southtowns Fitness Center

Address 2745 Seneca St.

City, State & Zip W Seneca NY 14224

Facility Contact Mike Przybyl and Peg Przybyl

Phone # 716-824-4653

E-mail sfc4fitness@yahoo.com

Trial Period 7 Days

Enrollment Fee Waived

Single Membership \$24.99/month

Family Membership

Visitor Pass \$5.00/visit

Website <http://southtownsfitness.com/>

Additional Information

Family rates: \$19.99/mo for the 2nd member, \$15.99/mo. each additional member. Free wghts & circuit training. Pers. trainers available. Showers available. Group classes for low, medium or high intensity levels. Body Composition tests done. Child's Room on site. Full range of Cardio equipment. 10 mins from Buffalo yard.

Facility Name Buffalo Athletic Clubs - Eastern Hills

Address 4687 Transit Rd.

City, State & Zip Williamsville NY 14221

Facility Contact Beth Mahoney

Phone # 716-833-5226

E-mail presidentast@thebuffaloathletic.com

Trial Period None

Enrollment Fee \$99.00

Single Membership \$19.95/mo.

Family Membership \$19.95/mo. per resident

Visitor Pass \$10.00/day

Website <http://www.buffaloathletic.com/>

Additional Information

BAC opened in 1980. 7 centers in greater Buffalo area.

Facility Name	Buffalo Athletic Clubs for Women - Evans	Trial Period	None
Address	480 Evans St.	Enrollment Fee	\$99.00
City, State & Zip	Williamsville NY 14221	Single Membership	\$19.95/mo.
Facility Contact	Beth Mahoney	Family Membership	\$19.95/mo. per resident
Phone #	716-833-5226	Visitor Pass	\$10.00/day
E-mail	presidentast@thebuffaloathletic.com	Website	http://www.buffaloathletic.com/
Additional Information	BAC opened in 1980. 7 centers in greater Buffalo area.		

Facility Name	Bethlehem Township Country Club	Trial Period	
Address		Enrollment Fee	
City, State & Zip	OH	Single Membership	
Facility Contact		Family Membership	
Phone #		Visitor Pass	
E-mail		Website	
Additional Information			

Facility Name	Fitworks - Chapel Hill	Trial Period	21 Days
Address	1944 Buchholzer	Enrollment Fee	
City, State & Zip	Akron OH 44310	Single Membership	
Facility Contact	Dave Mitnak	Family Membership	
Phone #	440-333-4141	Visitor Pass	
E-mail	mstillwagon@fitworks.com	Website	http://www.fitworks.com/
Additional Information	Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.		

Facility Name	Snap Fitness	Trial Period	1 week
Address	3705 State Rd., ste. 102	Enrollment Fee	waived
City, State & Zip	Ashtabula OH 44004	Single Membership	\$32.36/mo
Facility Contact	Jason Hanson	Family Membership	\$15/each add \$20 one time for key card
Phone #	440-993-0033	Visitor Pass	\$6/day with member during staffed hour
E-mail	ashtabulaoh@snapfitness.com	Website	www.snapfitness.com/ashtabulaoh
Additional Information			

Facility Name The Ashtabula Co. Family YMCA

Address 263 Prospect Rd.
City, State & Zip Ashtabula OH 44004
Facility Contact Cheryl Johnson
Phone # 440-997-5321
E-mail ashymca@windstream.net

Trial Period 7 Days
Enrollment Fee \$60.00
Single Membership \$38.26/mo.
Family Membership \$61.78/mo.
Visitor Pass \$8.56/day
Website <http://www.ymcaofastabulacounty.com/>

Additional Information Free swimming lessons with family memberships, grades 1 - 6. Free babysitting for members while exercising. Newly renovated facility. Enrollment periods will provide waived enrollment fees. Members get reduced program fees (soccer, basketball, etc.). Land and water fitness classes are free for members.

Facility Name EMH Center For Health & Fitness

Address 1997 Healthway Dr.
City, State & Zip Avon OH 44011
Facility Contact Jan Biedenbach
Phone # 440-988-6800
E-mail jbiedenbach@emhrhs.org

Trial Period 7 days
Enrollment Fee None
Single Membership \$70/mo
Family Membership \$50/mo. for first add-on; \$30/mo. for ea
Visitor Pass \$10.00/day
Website <http://emhfitness.org/>

Additional Information 60,000 sq.ft. health & fitness center offers over 100 free classes weekly. 10-lap-per-mi. indoor track. 145 pieces of strength & cardio equipment. 75 ft 6-lane indoor lap pool & warm water therapy pool. Day spa/massage services. Racquetball & basketball courts. Whirlpools, steam rooms, saunas. Deluxe locker rooms/amenities with towel service. Childcare available.

Facility Name Life Time Fitness

Address 3850 Richmond Rd
City, State & Zip Beachwood OH 44122
Facility Contact Joe Battaglia
Phone # 216-223- 5338
E-mail jbbattaglia@lifetimefitness.com

Trial Period NA
Enrollment Fee \$49
Single Membership 70.95/mo
Family Membership NA
Visitor Pass NA
Website clubs.lifetimefitness.com/Beachwood/26844/

Additional Information

Facility Name Fitworks - Indian Ripple

Address 4464 Indian Ripple Rd.
City, State & Zip Beaver Creek OH 45440
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com(kpanzo@fitworks.com)

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name **Bellevue Community Center**

Address 800 Monroe St.
City, State & Zip Bellevue OH 44811
Facility Contact Marc Weisenberger
Phone # 419-483-5555
E-mail marcw@cityofbellevue.com

Trial Period 7 days
Enrollment Fee Waived
Single Membership \$28.00, or \$140/year
Family Membership \$280/year
Visitor Pass \$5.00/day full use (\$3.00/day for gymna
Website http://bellevuerec.com

Additional Information

Facility Name **Bellevue Fitness & Tanning**

Address 115 E Main St.
City, State & Zip Bellevue OH 44811
Facility Contact Wendy Lippert
Phone # 419-483-7002
E-mail wsltennis@yahoo.com

Trial Period 7 days
Enrollment Fee Waived
Single Membership \$32.00/month
Family Membership \$54.00/month for couples
Visitor Pass \$5.00/day
Website None

Additional Information

A paid-in-full one year membership gets the following: 24/7 key-card access; an additional 10% discount; and access to TNT Fitness, 1012 W McPherson Hwy., Clyde OH 43410.

Facility Name **YMCA Williams County Family**

Address 1 Faber Dr
City, State & Zip Bryan OH 43506
Facility Contact John Hagadorn
Phone # 419-636-6185
E-mail

Trial Period None
Enrollment Fee \$35.00
Single Membership \$37.50/mo
Family Membership \$55.25/mo
Visitor Pass None
Website www.wcymca.org

Additional Information

Must go and talk to John Hagadorn! Location offers 10% discount off monthly membership if 5 or more employees sign up as a group or during a designated time period (TBD by the location)

Facility Name **Fitworks - Anderson**

Address 7910 Beechmont Ave.
City, State & Zip Cincinnati OH 45255
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website http://www.fitworks.com/

Additional Information

Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name Fitworks - downtown

Address 4623 Wesley Ave.

City, State & Zip Cincinnati OH 45212

Facility Contact Dave Mitnak

Phone # 440-333-4141

E-mail mstillwagon@fitworks.com

Trial Period 21 Days

Enrollment Fee

Single Membership

Family Membership

Visitor Pass

Website <http://www.fitworks.com/>

Additional Information

Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name Fitworks - White Oak

Address 5840 Cheviot Rd.

City, State & Zip Cincinnati OH 45247

Facility Contact Dave Mitnak

Phone # 440-333-4141

E-mail mstillwagon@fitworks.com

Trial Period 21 Days

Enrollment Fee

Single Membership

Family Membership

Visitor Pass

Website <http://www.fitworks.com/>

Additional Information

Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name L.A. Fitness

Address 4700 Marburg Ave

City, State & Zip Cincinnati OH 30253

Facility Contact Livingston Scipio

Phone # 404-786-8255

E-mail wellns@nscorp.com

Trial Period See club for details

Enrollment Fee Waived

Single Membership \$29.99/mo

Family Membership \$29.00/mo for each additional

Visitor Pass See club for details

Website www.lafitness.com

Additional Information

To enroll contact wellns@nscorp.com for discount code.

Facility Name Anytime Fitness

Address 3318 Warren Rd.

City, State & Zip Cleveland OH 44111

Facility Contact

Phone #

E-mail

Trial Period 7 days

Enrollment Fee 50% off one-time enrollment fee

Single Membership 10% off monthly dues

Family Membership See club for details

Visitor Pass 7 day free pass for non-members

Website <http://www.anytimefitness.com/>

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 11517 Clifton Blvd
City, State & Zip Cleveland OH 44102
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Fitworks - Colonial Marketplace

Address 530 Euclid Ave., ste. 23A
City, State & Zip Cleveland OH 44115
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name TNT Fitness

Address 1012 W McPherson Hwy.
City, State & Zip Clyde OH 43410
Facility Contact Wendy Lippert
Phone # 419-547-7756
E-mail wsltennis@yahoo.com

Trial Period 7 Days
Enrollment Fee Waived
Single Membership
Family Membership
Visitor Pass \$5.00/day
Website None

Additional Information NS employees get 10% off regular prices. Just show card. Yearly membership can be broken down into \$20 a month using out credit card payment plan.

Facility Name Urban Active Fitness

Address 2100 Polaris Pkwy.
City, State & Zip Columbus OH 43240
Facility Contact A.J. Ruiz
Phone # 614-430-9210
E-mail jshockley@urbanactive.com

Trial Period 14 days
Enrollment Fee Waived
Single Membership \$39.99/mo. (\$15.00 semi-annual mainte
Family Membership \$39.99/mo. per household adult. Reside
Visitor Pass \$15.00/day when accompanied by a me
Website <http://urbanactive.com/polaris>

Additional Information Facilities have indoor track, indoor lap pool, basketball and racquetball courts, unlimited group spinning and aqua fit classes, free weights and circuit strength training. Cardio cinema! Free assessment & orientation with a Pers Trainer! Programs available for kids 6 wks - 17 yrs.

Facility Name Fitworks - North Dayton

Address 7070 Miller Lane
City, State & Zip Dayton OH 45414
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name Fitworks - Forest Park

Address 1194 West Kemper Rd.
City, State & Zip Forest Park OH 45240
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name Anytime Fitness

Address 6520 E State Blvd
City, State & Zip Fort Wayne OH 46815
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 2886 East Dupont Rd
City, State & Zip Fort Wayne OH 46825
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name	Anytime Fitness	Trial Period	7 days
Address	10536 Maysville Rd	Enrollment Fee	50% off a one-time enrollment fee
City, State & Zip	Fort Wayne OH 46835	Single Membership	10% off monthly dues
Facility Contact		Family Membership	See club for details
Phone #		Visitor Pass	7 day free pass for non-members
E-mail		Website	http://www.anytimefitness.com/
Additional Information	Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym . Email WellNS for a voucher that allows you to get the discounted rate.		

Facility Name	Anytime Fitness	Trial Period	7 days
Address	6374 West Jefferson Blvd	Enrollment Fee	50% off a one-time enrollment fee
City, State & Zip	Fort Wayne OH 46804	Single Membership	10% off monthly dues
Facility Contact		Family Membership	See club for details
Phone #		Visitor Pass	7 day free pass for non-members
E-mail		Website	http://www.anytimefitness.com/
Additional Information	Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym . Email WellNS for a voucher that allows you to get the discounted rate.		

Facility Name	Geary Family YMCA	Trial Period	None
Address	154 W. Center St.	Enrollment Fee	Waived
City, State & Zip	Fostoria OH 44830	Single Membership	\$37.54/mo
Facility Contact	Aymme Flores	Family Membership	\$56.31/mo
Phone #	4194356608	Visitor Pass	\$6/day
E-mail	aflores@gearyfamilyymca.org	Website	
Additional Information			

Facility Name	Galion Community Center	Trial Period	1 day free
Address	500 Gill Ave	Enrollment Fee	\$30/single \$40/couple \$50/family
City, State & Zip	Galion OH 44833	Single Membership	\$29.02/mo & \$365.41/annual
Facility Contact	Terry Gribble	Family Membership	\$44.27/mo & \$568.38/annual
Phone #	419-468-7754	Visitor Pass	\$7.00/day
E-mail	galionymca@gmail.com	Website	None
Additional Information	Couple fee \$38.29/mo and \$486.69/annual. \$10 family day pass available		

<p>Facility Name Anytime Fitness</p> <p>Address 2012 Cleveland Rd West</p> <p>City, State & Zip Huron OH 44839</p> <p>Facility Contact</p> <p>Phone #</p> <p>E-mail</p> <p>Additional Information</p>	<p>Trial Period 7 days</p> <p>Enrollment Fee 50% off a one-time enrollment fee</p> <p>Single Membership 10% off monthly dues</p> <p>Family Membership See club for details</p> <p>Visitor Pass 7 day free pass for non-members</p> <p>Website http://www.anytimefitness.com/</p>
<p>Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym. Email WellNS for a voucher that allows you to get the discounted rate.</p>	

<p>Facility Name SOMC LIFE Center - Lucasville</p> <p>Address 10617 US Rte 23</p> <p>City, State & Zip Lucasville OH 45648</p> <p>Facility Contact Becky Perdas</p> <p>Phone # 740-356-7900</p> <p>E-mail perdasj@somc.org</p> <p>Additional Information</p>	<p>Trial Period 1 Day</p> <p>Enrollment Fee \$25.00</p> <p>Single Membership \$30.50/mo - Paid in full: \$366.00</p> <p>Family Membership \$45.00/mo for 4 residents</p> <p>Visitor Pass \$10.00/day</p> <p>Website http://www.somc.org/life/lucasville</p>
<p>Couples enroll for \$45 and pay only \$44/mo. Life Centers offer youth conditioning, family fun hours, and summer activities for kids. All members get a free fitness consultation. Personal training services are available. Nutrition consultants with registered dieticians are available. Group exercise classes and aquatics programs are included.</p>	

<p>Facility Name Mansfield YMCA</p> <p>Address 750 Scholl Rd</p> <p>City, State & Zip Mansfield OH 44907</p> <p>Facility Contact Cristen Gilbert</p> <p>Phone # 419-522-3511 ext 224</p> <p>E-mail cgilbert@mansfieldy.org</p> <p>Additional Information</p>	<p>Trial Period Day pass \$10+tax</p> <p>Enrollment Fee Waived</p> <p>Single Membership \$45.85/mo</p> <p>Family Membership \$72.17/mo</p> <p>Visitor Pass 2wk free for members >60mi away from</p> <p>Website www.mansfieldy.org</p>
<p>Rates include state entertainment tax</p>	

<p>Facility Name Fitworks - Mentor</p> <p>Address 9221 Mentor Dr.</p> <p>City, State & Zip Mentor OH 44060</p> <p>Facility Contact Dave Mitnak</p> <p>Phone # 440-333-4141</p> <p>E-mail mstillwagon@fitworks.com</p> <p>Additional Information</p>	<p>Trial Period 21 Days</p> <p>Enrollment Fee</p> <p>Single Membership</p> <p>Family Membership</p> <p>Visitor Pass</p> <p>Website http://www.fitworks.com/</p>
<p>Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.</p>	

Facility Name Fitworks - Middletown

Address 413 S Breiel Blvd.
City, State & Zip Middletown OH 45044
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information

Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name Anytime Fitness

Address 3537 Columbia Pkwy
City, State & Zip Mount Lookout OH 45226
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 9485 W Sprague Rd.
City, State & Zip N Royalton OH 44133
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 265 Benedict Ave, Ste 100
City, State & Zip Norwalk OH 44857
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name **Ernsthausen Community Complex**

Address 100 Republic St.
City, State & Zip Norwalk OH 44857
Facility Contact Lynden Ramsey
Phone # 419-663-6775 x25
E-mail parknrec@rrbiznet.com

Trial Period 30 days
Enrollment Fee None
Single Membership \$205.00/yr
Family Membership \$317.00/yr
Visitor Pass \$6.00/day
Website www.norwalkoh.com/park_Rec/default.html

Additional Information Norwalk City residents receive a resident discount of \$183/yr single and \$309/yr family. 2 indoor & 1 outdoor pool. Steamroom, sauna and whirlpool on site. Indoor running & walking track. Weight and cardio equipment available. Group classes provided. Open 7 days per week.

Facility Name **Snap Fitness**

Address 3555 Navarre
City, State & Zip Oregon OH 43616
Facility Contact Alison Beach
Phone # 419-697-7627
E-mail oregonoh@snapfitness.com

Trial Period None
Enrollment Fee None
Single Membership \$30.95/mo
Family Membership \$59.95/mo
Visitor Pass Free 14 days
Website www.snapfitness.com/oregonoh

Additional Information Annual rates \$26.95/mo single/ \$44.95/mo couple/ \$53.95/mo family
 10% Flat rate discount
 2 PT Sessions Free

Facility Name **Fitworks - Parma**

Address 8555 Day Drive
City, State & Zip Parma OH 44129
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website http://www.fitworks.com/

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name **Anytime Fitness**

Address 26611 Dixie Hwy
City, State & Zip Perrysburg OH 43551
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website http://www.anytimefitness.com/

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name **SOMC LIFE Center - Portsmouth**

Address 1202 18th St.
City, State & Zip Portsmouth OH 45662
Facility Contact Becky Perdas
Phone # 740-356-7900
E-mail perdasj@somc.org

Trial Period 1 Day
Enrollment Fee \$25.00
Single Membership \$30.50/mo - Paid in full: \$366.00
Family Membership \$45.00/mo for 4 residents
Visitor Pass \$10.00/day
Website <http://www.somc.org/life/portsmouth/>

Additional Information Couples enroll for \$45 and pay only \$44/mo. Life Centers offer youth conditioning, family fun hours, and summer activities for kids. All members get a free fitness consultation. Personal training services are available. Nutrition consultants with registered dieticians are available. Group exercise classes and aquatics programs are included.

Facility Name **Fitworks - Richmond Heights**

Address 5174 Wilson Mills Rd.
City, State & Zip Richmond Heights OH 44143
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name **Fitworks**

Address 19607 Detroit Rd.
City, State & Zip Rocky River OH 44116
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail kpanzo@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name **Anytime Fitness**

Address 3104 Milan Rd
City, State & Zip Sandusky OH 44870
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Baywinds Athletic Club

Address 5507 Milan Rd.

City, State & Zip Sandusky OH 44870

Facility Contact Karen Karim

Phone # 419-239-4191

E-mail baywinds419@aol.com

Additional Information

Trial Period 7 days

Enrollment Fee \$50.00

Single Membership \$42.00

Family Membership \$10/mo. ea. add'l resident

Visitor Pass \$20.00/day

Website None

Facility Name Northern Ohio Medical Fitness Center

Address 2500 W Strub Rd

City, State & Zip Sandusky OH 44870

Facility Contact Nicole Shelley

Phone # 419-502-3500

E-mail nshel@no-ms.com

Additional Information

Trial Period

Enrollment Fee No enrollment fees

Single Membership \$34.08/month

Family Membership \$55.38/month

Visitor Pass

Website www.nomfc.com

Facility Name Northern Ohio Medical Fitness Center

Address 2500 W Strub Rd

City, State & Zip Sandusky OH 44870

Facility Contact Nicole Shelley

Phone # 419-502-3500

E-mail nicolshelley@nomsdrrs.com

Additional Information

3mo membership \$235.75///6mo membership \$369.50///Contract required (3mo,6mo or annual)

Trial Period 7 Days

Enrollment Fee Waived

Single Membership \$32.00/mo

Family Membership \$50.00/mo couple

Visitor Pass \$10/day or \$25/week

Website <http://www.nomsdrrs.com/fitness-center/index.htm>

Facility Name Anytime Fitness

Address 322 S Hollywood

City, State & Zip Steubenville OH 43952

Facility Contact

Phone #

E-mail

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Trial Period 7 days

Enrollment Fee 50% off a one-time enrollment fee

Single Membership 10% off monthly dues

Family Membership See club for details

Visitor Pass 7 day free pass for non-members

Website <http://www.anytimefitness.com/>

Facility Name Rocky Road Gym

Address 100 Gumps Lane
City, State & Zip Steubenville OH 43953
Facility Contact Mike Zorne
Phone # 740-264-3375
E-mail N/A

Trial Period
Enrollment Fee None
Single Membership \$25/mo
Family Membership
Visitor Pass \$5/day pass
Website None

Additional Information

Facility Name Fitworks - Stow-Kent

Address 4301 Kent Rd. unit 26
City, State & Zip Stow OH 44224
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information

Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name Tallmadge Recreation Center

Address 46 N. Munroe Road
City, State & Zip Tallmadge OH 44278
Facility Contact David Cooper
Phone # 330-634-2349
E-mail mattfought@yahoo.com

Trial Period N/A
Enrollment Fee N/A
Single Membership \$42/mo
Family Membership NA
Visitor Pass \$8.00
Website None

Additional Information

Annual membership \$384/yr

Facility Name Urban Active Fitness

Address 2859 N Hollinsylvania Blvd.
City, State & Zip Toledo OH 43615
Facility Contact Mr. J. M. Johnson
Phone # 419-535-6669
E-mail jmjohnson@urbanactive.com

Trial Period 7 Days
Enrollment Fee Waived
Single Membership \$29.99
Family Membership \$100.00
Visitor Pass \$15.00/day
Website www.urbanactive.com

Additional Information

\$29.99 processing fee plus first and last month dues required to join. Family membership includes Playroom availability for children under age 12.

Facility Name Tones Tan & Fitness

Address 1828 Franklin Ave.
City, State & Zip Toronto OH 43964
Facility Contact Beverly Reese
Phone # 740-537-9803
E-mail winkreese@yahoo.com

Trial Period 7 days
Enrollment Fee Waived
Single Membership \$35.00/mo
Family Membership N/A
Visitor Pass \$5.00/day
Website None

Additional Information \$17/mo for the first additional member, \$10/mo for all others. Free equipment orientation provided. 12 mi. to Mingo Junction yard.

Facility Name Fitworks - West Chester

Address 7844 Kingland Dr.
City, State & Zip West Chester OH 45069
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name SOMC LIFE Center - Wheelersburg

Address 8430 Hayport Rd.
City, State & Zip Wheelersburg OH 45694
Facility Contact Becky Perdas
Phone # 740-356-7900
E-mail perdasj@somc.org

Trial Period 1 Day
Enrollment Fee \$25.00
Single Membership \$30.50/mo - Paid in full: \$366.00
Family Membership \$45.00/mo for 4 residents
Visitor Pass \$10.00/day
Website <http://www.somc.org/life/wheelersburg>

Additional Information Couples enroll for \$45 and pay only \$44/mo. Life Centers offer youth conditioning, family fun hours, and summer activities for kids. All members get a free fitness consultation. Personal training services are available. Nutrition consultants with registered dieticians are available. Group exercise classes and aquatics programs are included.

Facility Name Fitworks - Willoughby

Address 35881 Euclid Ave.
City, State & Zip Willoughby OH 44143
Facility Contact Dave Mitnak
Phone # 440-333-4141
E-mail mstillwagon@fitworks.com

Trial Period 21 Days
Enrollment Fee
Single Membership
Family Membership
Visitor Pass
Website <http://www.fitworks.com/>

Additional Information Trial period is 21 Days! Employees would have to talk to the gym about different options for membership pricing after they finish the trial period because rates change each month.

Facility Name LA Fitness

Address 1515 Mauch Chunk Rd.
City, State & Zip Allentown PA 18104
Facility Contact Zachary George
Phone # 678-202-5179
E-mail WellNS@nscorp.com

Trial Period See club for details
Enrollment Fee Waived
Single Membership \$29.99/mo
Family Membership \$29.00/mo for each additional
Visitor Pass See club for details
Website <http://lafitness.com>

Additional Information To enroll contact wellns@nscorp.com for discount code.

Facility Name The Fitness Plaza

Address 1124 Glenlivet Dr.
City, State & Zip Allentown PA 18106
Facility Contact Barb Toczek
Phone # 610-481-0100
E-mail info@thefitnessplaza.com

Trial Period 3 Days, by appointment
Enrollment Fee \$25.00
Single Membership \$40.00/month
Family Membership \$77.00/month
Visitor Pass \$7.00/day
Website <http://thefitnessplaza.com>

Additional Information Full service club, family owned and operated since 1991. Lockerrooms with showers and towel service. Baby care included. Training sessions available. Sauna, steam rooms and whirlpools on site. Group classes for cardio, spinning, yoga and Pilates. On site full service hair salon, and tanning.

Facility Name ProCare Health & Fitness

Address 3200 Fairway Drive
City, State & Zip Altoona PA 16602
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass \$10.00/day
Website <http://procarefitness.com/altoona.html>

Additional Information Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session

Facility Name Snap Fitness

Address 228 E Chestnut Ave.
City, State & Zip Altoona PA 16601
Facility Contact Jenn Hatch
Phone # 814-941-7627
E-mail altoona@snapfitness.com

Trial Period Free week trail
Enrollment Fee \$49.00 (one time fee)
Single Membership \$35.95/mo.
Family Membership \$67.95 (3 people)/mo.
Visitor Pass \$5.00/day pass with member or \$10 we
Website <http://snapfitness.com/altoona/>

Additional Information 24-hour facility. Deals if you pay a year or 6 months up front. One time fee of \$19.00 for access card. Couples rate \$54.95/mon. Families rate \$67.95/mo.

Facility Name ProCare Pleasantville Health Club

Address 119 Follmar Lane
City, State & Zip Alum Bank PA 15521
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass
Website <http://procarefitness.com/altoona.html>

Additional Information Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.

Facility Name ProCare Bedford Health Club

Address 125 Willow Grove Commons
City, State & Zip Bedford PA 15537
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass \$15.00/day
Website <http://procarefitness.com/altoona.html>

Additional Information Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.

Facility Name L.A. Fitness

Address 3321 Trindle Rd
City, State & Zip Camp Hill PA 17011
Facility Contact Livingston Scipio
Phone # 404-786-8255
E-mail wellns@nscorp.com

Trial Period See club for details
Enrollment Fee Waived
Single Membership \$29.99/mo
Family Membership \$29.00/mo for each additional
Visitor Pass See club for details
Website www.lafitness.com

Additional Information To enroll contact wellns@nscorp.com for discount code.

Facility Name Alexander's Athletic Club

Address 2403 Washington Rd.
City, State & Zip Canonsburg PA 15317
Facility Contact Jeremy Dudczak
Phone # 724-873-0900
E-mail jeremyd@aaclubs.com

Trial Period 7 Days
Enrollment Fee Waived
Single Membership \$44.00/mo.
Family Membership Varies by size - see gym personnel for
Visitor Pass \$7.00/day
Website www.alexandersathleticclub.com

Additional Information 5 centers in Western PA

Facility Name **Greater Carbondale YMCA**

Address 82 N. Main Street
City, State & Zip Carbondale PA 18407
Facility Contact Laura Mauro
Phone # 5702822210
E-mail info@greatercarbondaileymca.org

Trial Period N/A
Enrollment Fee \$80
Single Membership N/A
Family Membership \$51/month
Visitor Pass N/A
Website gratercarbondaileymca.org

Additional Information

Facility Name **Transformation Training & Fitness**

Address 469 E North St
City, State & Zip Carlisle PA 17013
Facility Contact Kirk Ram
Phone # 717-609-0799
E-mail mailbox@transformationtraining.net

Trial Period 14 days
Enrollment Fee Waived
Single Membership \$57.00/mo
Family Membership None
Visitor Pass \$10
Website www.transformation-training.net/

Additional Information

Couples \$114.00/mo

Facility Name **ProCare Penns Valley Health Club**

Address 2825 Earlystown Road
City, State & Zip Centre Hall PA 16828
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass \$10.00/day
Website http://procarefitness.com/altoona.html

Additional Information

Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.

Facility Name **Snap Fitness**

Address 204 Memorial Blvd
City, State & Zip Connellsville PA 15425
Facility Contact Erica Cardello
Phone # 724-707-0225
E-mail

Trial Period None
Enrollment Fee None
Single Membership 5% off any monthly membership
Family Membership 5% off any monthly membership
Visitor Pass None
Website

Additional Information

Pre-pay memberships do not apply

Facility Name Anytime Fitness

Address 868 North US Hwy 15

City, State & Zip Dillsburg PA 17019

Facility Contact

Phone #

E-mail

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Trial Period 7 days

Enrollment Fee 50% off a one-time enrollment fee

Single Membership 10% off monthly dues

Family Membership See club for details

Visitor Pass 7 day free pass for non-members

Website <http://www.anytimefitness.com/>

Facility Name Snap Fitness

Address 167 Glimcher Drive

City, State & Zip Duncansville PA 16635

Facility Contact Jenn Hatch

Phone # 814-696-9996

E-mail antoona@snapfitness.com

Additional Information

24-hour facility. Deals if you pay a year or 6 months up front. One-time \$19.00 access card fee. Couples rate \$54.95/mon. Families rate \$67.95/mo.

Trial Period Free week trial

Enrollment Fee \$49.00 (one time fee)

Single Membership \$35.95/mo.

Family Membership \$67.95 (3 people)/mo.

Visitor Pass \$5.00/day(with member or \$10 weekly)

Website <http://www.snapfitness.com/duncansville>

Facility Name Keystone Health Club & Café

Address 655 Braddock Ave.

City, State & Zip E Pittsburgh PA 15112

Facility Contact Gail Evans-Potter

Phone # 412-349-0777

E-mail gail@keystonehealthclub.com

Additional Information

20,000 sq ft state-of-the-art fitness facility with an accredited staff and fitness programs. Facility has top-of-the-line workout equipment from Cybex and Precor. Contemporary group exercise classes. Value-added services include massage, steam and sauna. Café offers full-menu breakfast and lunch. Level 1 cross-fit training

Trial Period 28 Days

Enrollment Fee None (\$39 value)

Single Membership \$35.00/mo. (30% disc.)

Family Membership \$30/mo./person ages 14 & up

Visitor Pass One week free pass

Website <http://keystonehealthclub.com/>

Facility Name LA Fitness

Address 340 S 25th St.

City, State & Zip Easton PA 18042

Facility Contact Zachary George

Phone # 678-202-5179

E-mail WellNS@nscorp.com

Additional Information

To enroll contact wellns@nscorp.com for discount code.

Trial Period See club for details

Enrollment Fee Waived

Single Membership \$29.99/mo

Family Membership \$29.00/mo for each additional

Visitor Pass See club for details

Website <http://lafitness.com>

Facility Name Move It & Lose It

Address 605 Scenery Dr.
City, State & Zip Elizabeth PA 15037
Facility Contact Debbie Victor
Phone # 412-751-7115
E-mail da.victor@verizon.net

Trial Period 7 Days
Enrollment Fee \$50.00
Single Membership \$30.00/mo.
Family Membership
Visitor Pass \$5.00/day
Website None

Additional Information Family membership rates available. 5 miles from Shire Oaks Yard. This facility is a "TOPS" participant. Circuit weights and aerobic equipment available. Aerobics classes are included with membership.

Facility Name Train Yard Gym & Fitness

Address 451 N. Enola Rd.
City, State & Zip Enola PA 17025
Facility Contact Denny Wonsick
Phone # 717-728-1902
E-mail TrainYardGym@aol.com

Trial Period 30 days
Enrollment Fee \$49.95
Single Membership \$19.95/mo.
Family Membership Case-by-case basis.
Visitor Pass First visit is free (by appointment). Subs
Website <http://www.trainyardgym.com>

Additional Information 24/7 access. Free weights and cardio machines available. Convenient to Enola Yard.

Facility Name LECOM Lake Erie College of Osteopathic Me **Trial Period** None

Address 5401 Peach St.
City, State & Zip Erie PA 16509
Facility Contact Rachel Hunter
Phone # 814-868-2279
E-mail rhunter@powerwellness.com

Enrollment Fee 50% Discount
Single Membership \$59.00/mo.
Family Membership \$94 couples, \$129 families
Visitor Pass Free first time/\$15 after
Website <http://lecomwellness.com/>

Additional Information An 82,000 sq ft wellness center offering Cardio equipment with individual entertainment systems. Comprehensive weight training areas. Classes for aerobics, cycling, yoga & Pilates. Lap pool & exercise pool. Indoor track. Basketball & racquetball courts. Golf simulator. Executive style locker rooms.

Facility Name Anytime Fitness

Address 1718 William Flynn Hwy
City, State & Zip Glenshaw PA 15116
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Gold's Gym

Address 4251 Chambers Hill Rd
City, State & Zip Harrisburg PA 17111
Facility Contact Adam Schmidt
Phone # 610-370-4653
E-mail

Trial Period 7 days
Enrollment Fee \$15.00
Single Membership \$26.00/mo
Family Membership NA
Visitor Pass \$10.00/day
Website www.goldsgym.com

Additional Information

Facility Name JCC Fitness Center

Address 3301 N Front St
City, State & Zip Harrisburg PA 17110
Facility Contact Linda Skulsky
Phone # 717-236-9555 ext 3050
E-mail l.skulsky@jewishfedhbg.org

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$25/month
Family Membership Call for details
Visitor Pass \$5.00/day
Website www.jewishharrisburg.org

Additional Information

Indoor and outdoor pool included with membership

Facility Name L.A. Fitness

Address 5070 Jonestown Rd
City, State & Zip Harrisburg PA 17112
Facility Contact Zachary George
Phone # 678-202-5179
E-mail wellns@nscorp.com

Trial Period See club for details
Enrollment Fee Waived
Single Membership \$29.99/mo
Family Membership \$29.00/mo for each additional
Visitor Pass See club for details
Website www.lafitness.com

Additional Information

To enroll contact wellns@nscorp.com for discount code.

Facility Name Snap Fitness

Address 2308 Patton Rd.
City, State & Zip Harrisburg PA 17112
Facility Contact Jay Cattron
Phone # 717-540-5414
E-mail harrisburg@snapfitness.com

Trial Period 10 days
Enrollment Fee Waived
Single Membership 10% off monthly dues
Family Membership 10% off monthly dues
Visitor Pass \$5.00/day
Website http://snapfitness.com/harrisburg/

Additional Information

10% off all monthly rates. Single \$29.95; couple \$44.95; family \$54.95 as of 5/15/2012

Facility Name Gold's Gym

Address 583 E Main St
City, State & Zip Hummelstown PA 17036
Facility Contact Adam Schmidt
Phone # 610-370-4653
E-mail

Trial Period 7 days
Enrollment Fee \$49.00
Single Membership \$29.00/mo
Family Membership NA
Visitor Pass \$10.00/day
Website www.goldsgym.com

Additional Information Annual Fee \$26.00/mo single

Facility Name ProCare Huntingdon Health Club

Address 85 S 4th Street
City, State & Zip Huntingdon PA 16652
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass \$10.00/day
Website http://procarefitness.com/altoona.html

Additional Information Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.

Facility Name Johnstown YMCA

Address 100 Haynes Street
City, State & Zip Johnstown PA 15901
Facility Contact Tina Pelesky
Phone # 814-535-8381
E-mail ymcatina@yahoo.com

Trial Period 1 week
Enrollment Fee waived
Single Membership \$46.00/mo Single
Family Membership \$60.50/mo Family
Visitor Pass \$10/day
Website www.johnstownpaymca.org/

Additional Information One year contract required to receive corporate discount. 20% discount off stated rates when 10 new members join

Facility Name Snap Fitness

Address 1910 Minno Drive, Westwood Plaza
City, State & Zip Johnstown PA 15905
Facility Contact Jenn Hatch
Phone # 814-254-0022
E-mail altoona@snapfitness.com

Trial Period Free week trial
Enrollment Fee \$49.00 (one time fee)
Single Membership \$35.95/mo.
Family Membership \$67.95 (3 people)/mo.
Visitor Pass \$5.00/day(with member or \$10 weekly)
Website http://snapfitness.com/johnstownwestmont/

Additional Information 24-hour facility. Deals if you pay a year or 6 months up front. One-time \$19.00 access card fee. Couples rate \$54.95/mon. Families rate \$67.95/mo.

Facility Name Snap Fitness

Address 168 Hillcrest Shopping Center
City, State & Zip Lower Burrell PA 15068
Facility Contact Lisa Danko
Phone # 724-339-6100
E-mail lowerburrellpa@snapfitness.com

Trial Period None
Enrollment Fee \$19.95
Single Membership \$39.95/mo
Family Membership N/A
Visitor Pass N/A
Website www.snapfitness.com/lowerburrellpa

Additional Information

Facility Name Snap Fitness - Mars

Address 162 Brickyard Rd., suite 400
City, State & Zip Mars PA 16046
Facility Contact Lorry Staub
Phone # 724-687-0456; 724-713-5426 mobile
E-mail marspa@snapfitness.com

Trial Period 7 Days
Enrollment Fee Waived.
Single Membership \$39.95/month.
Family Membership \$49.95 for joint membership. \$59.95/mo
Visitor Pass None
Website http://www.snapfitness.com/marspa/

Additional Information

Cost for 24-7 Access card is \$19.00. Six months pre-paid earns one month free, and 12 months pre-paid earns three free

Facility Name Fayette Area Lions Den

Address 158 Lions Den Dr
City, State & Zip McAlisterville PA 17049
Facility Contact Victoria Tornambe
Phone # 717-463-3300
E-mail

Trial Period 14 days
Enrollment Fee None
Single Membership \$34/mo
Family Membership \$58/mo
Visitor Pass \$5
Website www.fayettelionsden.org/

Additional Information

Contract required
 Couple \$49/mo
 Single \$370/yr; Couple \$545/yr; Family \$657/yr
 25% flat discount off best rate

Facility Name Beaver County YMCA

Address 2236 Third Avenue
City, State & Zip New Brighton PA 15066
Facility Contact Renee Sannan
Phone # 724-847-2200
E-mail renee.sannan79@gmail.com

Trial Period 7 days
Enrollment Fee 25% discount
Single Membership \$42.00/mo.
Family Membership \$59.00/mo.
Visitor Pass \$30.00 for 3 Days
Website http://beavercountyyymca.org

Additional Information

2-week free trial available via their website.

Facility Name Kings Fitness

Address 235 Walnut St
City, State & Zip Newport PA 17074
Facility Contact Dennis King
Phone # 717-567-2123
E-mail

Trial Period 30
Enrollment Fee None
Single Membership \$30.00/mo
Family Membership N/A
Visitor Pass \$6.00/day
Website <http://kingsfitnessforlife.com/>

Additional Information Contract required on monthly memberships

Facility Name ProCare Philipsburg Health Club

Address 911 N Front Street
City, State & Zip Philipsburg PA 16866
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass \$10.00/day
Website <http://procarefitness.com/altoona.html>

Additional Information Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.

Facility Name Club Julian 24-Hour Fitness

Address 101 Corbett Ct.
City, State & Zip Pittsburgh PA 15237
Facility Contact Mike Savrese
Phone # 412-366-1931
E-mail soozash@yahoo.com

Trial Period 14 days
Enrollment Fee Changes Monthly
Single Membership \$43.00/mo.
Family Membership \$38/mo. 2nd family member, \$31/mo aft
Visitor Pass By appointment only
Website <http://www.clubjulian.com/>

Additional Information Open for 18 years. Pers. training included with membership. Open 24-7 Mon. - Fri., until 6:00 p.m. weekends. "Risk Free" membership allows no-cost cancellation within the first 14 days. Heated Pool, whirlpool, steam and sauna on sight. Over 70 group exercise classes, including water aerobics. Indoor running and walking track. Massage and tanning services available.

Facility Name Penn Hills YMCA

Address 11817 Franklin Rd
City, State & Zip Pittsburgh PA 15235
Facility Contact Debra Bolbat
Phone # 412-7952600
E-mail dbolbat@ymcapgh.org

Trial Period None
Enrollment Fee \$60 - \$125
Single Membership \$43/mo
Family Membership \$59/mo
Visitor Pass \$10
Website www.ymcaofpittsburgh.org/locations/penn-hill

Additional Information Annual fee no contract required:
 \$516/yr Single/Couple
 \$708/yr Family

Facility Name	Gold's Gym	Trial Period	7 days
Address	1119 Bern Rd	Enrollment Fee	\$49.00
City, State & Zip	Reading PA 19610	Single Membership	\$29.00/mo
Facility Contact	Adam Schmidt	Family Membership	NA
Phone #	610-370-4653	Visitor Pass	\$10.00/day
E-mail		Website	www.goldsgym.com
Additional Information	Annual Fee \$26.00/mo single		

Facility Name	Gold's Gym	Trial Period	7 days
Address	4201 Perkiomen Ave	Enrollment Fee	\$49.00
City, State & Zip	Reading PA 19606	Single Membership	\$29.00/mo
Facility Contact	Adam Schmidt	Family Membership	NA
Phone #	610-370-4653	Visitor Pass	\$10.00/day
E-mail		Website	www.goldsgym.com
Additional Information	Annual Fee \$26.00/mo single		

Facility Name	Garver YMCA	Trial Period	30 days
Address	820 Grove Street	Enrollment Fee	Waived
City, State & Zip	Roaring Spring PA 16673-1704	Single Membership	\$17.00/mo.
Facility Contact	Rod Feather	Family Membership	\$34.00/mo.
Phone #	814-224-5101	Visitor Pass	\$9.00/day
E-mail	rodfeather@embarqmail.com	Website	http://garverymca.org/
Additional Information	Price assumes one-year contract.		

Facility Name	ProCare Roaring Spring Health Club	Trial Period	1 week
Address	401 S Route 36	Enrollment Fee	Waived
City, State & Zip	Roaring Spring PA 16673	Single Membership	\$25.00/mo.
Facility Contact	Karen Richards	Family Membership	\$65.00/mo.
Phone #	814-695-2923 ext 1008	Visitor Pass	\$10/day
E-mail	krichards@procarefitness.com	Website	http://procarefitness.com/altoona.html
Additional Information	Couple rate \$45/mo		
	Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.		

Facility Name	Sunbury YMCA(Greater Susquehanna valley	Trial Period	7 Days
Address	1150 N 4th St.	Enrollment Fee	Waved
City, State & Zip	Sunbury PA 17801	Single Membership	\$40.00/mo.
Facility Contact	Katrina Mouery	Family Membership	\$58.50/mo.
Phone #	570-286-5636	Visitor Pass	\$15 for 3 visits
E-mail	kmouery@gsvymca.org	Website	www.gsvymca.org
Additional Information	Enrollment fee waived through 5/31/2010. Some of their many programs include: Aerobics, Aquatics, Arts, Baby-sitting services, Child Care for those 6 wks-5 yrs of age, after school hosting, summer camps, Cycling, Circuit weights, Gymnastics Leagues & Tournaments, Martial Arts, Racquetball, Senior & Teen programs.		

Facility Name	Foundation for Wellness	Trial Period	NA
Address	350 Bonar Ave	Enrollment Fee	NA
City, State & Zip	Waynesburg PA 15370	Single Membership	\$25/mo (6mo)
Facility Contact	Bryan Washington	Family Membership	\$55/mo (6mo)
Phone #	724-627-2739	Visitor Pass	\$10.00 (2 days)
E-mail		Website	gcmhfoundation.org/foundationforwellness.html
Additional Information	\$20.00/mo. if sign up for a year contract - Family would be \$50.00/mo. if sign up for a year!		

Facility Name	Gold's Gym	Trial Period	7 days
Address	2340 George Street	Enrollment Fee	\$49.00
City, State & Zip	York PA 17406	Single Membership	\$29.00/mo
Facility Contact	Adam Schmidt	Family Membership	NA
Phone #	610-370-4653	Visitor Pass	\$10.00/day
E-mail		Website	www.goldsgym.com
Additional Information	Annual Fee \$26.00/mo single		

Facility Name	Upper Palmetto YMCA - Chester County Bra	Trial Period	7 Days
Address	157 Columbia St.	Enrollment Fee	\$25.00
City, State & Zip	Chester SC 29706	Single Membership	\$50.00/mo.
Facility Contact	Christle Ross	Family Membership	\$71.00/mo.
Phone #	803-324-9622	Visitor Pass	\$10.00/day
E-mail	christleross@upymca.org	Website	http://upymca.org/
Additional Information	Upper Palmetto YMCAs honor the "AWAY" program, allowing Y members from other areas up to three free visits per month.		

Facility Name Upper Palmetto YMCA - Clover Branch

Address 107 S Main St.
City, State & Zip Clover SC 29710
Facility Contact Christle Ross
Phone # 803-324-9622
E-mail christleross@upymca.org

Trial Period 7 Days
Enrollment Fee \$25.00
Single Membership \$50.00/mo.
Family Membership \$71.00/mo.
Visitor Pass \$10.00/day
Website http://upymca.org/

Additional Information Upper Palmetto YMCAs honor the "AWAY" program, allowing Y members from other areas up to three free visits per month.

Facility Name Pivotal Fitness

Address 4350 St. Andrews Rd.
City, State & Zip Columbia SC 29210
Facility Contact Alisa.fetrow
Phone # 803-551-2700
E-mail Alisa.fetrow@pivotalfitness.com

Trial Period 7 Days
Enrollment Fee \$54.00
Single Membership \$29.00/mo. (min. 10 empl.)
Family Membership \$20 ea. (min. 10 empl.)
Visitor Pass \$10.00/day
Website http://pivotalfitness.com/

Additional Information Pivotal Fitness offers flexible membership packages. State-of-the-Art Equipment is in use. A professional staff is available for all fitness needs. Each location includes a free and fun KidZONE, and exceptional childcare services.

Facility Name YMCA of Columbia

Address 900 Lake Carolina Dr
City, State & Zip Columbia SC 29229
Facility Contact Megan Plott
Phone # 803-799-7159 ext 26
E-mail meganplott@columbiaymca.org

Trial Period 1 day
Enrollment Fee Waived
Single Membership \$43.35/mo
Family Membership \$64.60/mo
Visitor Pass \$10.00/day
Website www.columbiaymca.org

Additional Information Monthly fee discounted 15% off normal rate
 Annual membership \$520.20/single; \$775.20/family

Facility Name YMCA of Columbia

Address 1420 Sumter St
City, State & Zip Columbia SC 29201
Facility Contact Megan Plott
Phone # 803-799-7159 ext 26
E-mail meganplott@columbiaymca.org

Trial Period 1 day
Enrollment Fee Waived
Single Membership \$43.35/mo
Family Membership \$64.60/mo
Visitor Pass \$10.00/day
Website www.columbiaymca.org

Additional Information Monthly fee discounted 15% off normal rate
 Annual membership \$520.20/single; \$775.20/family

Facility Name Anytime Fitness

Address 855 Gold Hill Rd, Ste 103
City, State & Zip Fort Mill SC 29708
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Upper Palmetto YMCA - Ft. Mill Branch

Address 857 Promenade Walk
City, State & Zip Ft. Mill SC 29708
Facility Contact Christle Ross
Phone # 803-324-9622
E-mail christleross@upymca.org

Trial Period 7 Days
Enrollment Fee \$25.00
Single Membership \$50.00/mo.
Family Membership \$71.00/mo.
Visitor Pass \$10.00/day
Website <http://upymca.org/>

Additional Information Upper Palmetto YMCAs honor the "AWAY" program, allowing Y members from other areas up to three free visits per month.

Facility Name Upper Palmetto YMCA - Gold Hill Branch

Address 1785 Gold Hill Rd.
City, State & Zip Ft. Mill SC 29708
Facility Contact Christle Ross
Phone # 803-324-9622
E-mail christleross@upymca.org

Trial Period 7 Days
Enrollment Fee \$25.00
Single Membership \$50.00/mo.
Family Membership \$71.00/mo.
Visitor Pass \$10.00/day
Website <http://upymca.org/>

Additional Information Upper Palmetto YMCAs honor the "AWAY" program, allowing Y members from other areas up to three free visits per month.

Facility Name Sportsclub

Address 712 Congaree Rd
City, State & Zip Greenville SC 29607
Facility Contact Bob Sides
Phone # 864-228-8282
E-mail bsides@sportsclubsc.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$47.00/mo
Family Membership \$93.00/mo
Visitor Pass \$10.00/day
Website

Additional Information Free month trial with 1 year membership contract required///Couple \$70/mo////Annual rates single \$535.80; couple \$798.00; Family rate \$1060.20
 Couple fee \$102.00/mo
 Annual Membership Rates
 single \$809.40....couple \$1162.80...family \$1516.20

Facility Name Anytime Fitness

Address 3211 N Pleasantburg Dr., ste E3
City, State & Zip Greenville SC 29609
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Rush Fitness

Address 3245 N Pleasantburg Dr
City, State & Zip Greenville SC 29609
Facility Contact Rush Fitness
Phone # 423-308-0575
E-mail cjackson@therush247.com

Trial Period 10 days
Enrollment Fee None
Single Membership \$34.00/mo
Family Membership NA
Visitor Pass \$5.00/day
Website www.therush247.com

Additional Information Couples rate \$49.00/mo
 Annual fee \$408/single; \$528/couple
 Voucher required for discount; contact wellns@nscorp.com

Facility Name Anytime Fitness

Address 955 W Wade Hampton Blvd.
City, State & Zip Greer SC 29690
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name YMCA of Columbia

Address 1501 Kennerly Rd
City, State & Zip Irmo SC 29063
Facility Contact Megan Plott
Phone # 803-799-7159 ext 26
E-mail meganplott@columbiaymca.org

Trial Period 1 day
Enrollment Fee Waived
Single Membership \$43.35/mo
Family Membership \$64.60/mo
Visitor Pass \$10.00/day
Website www.columbiaymca.org

Additional Information Monthly fee discounted 15% off normal rate
 Annual membership \$520.20/single; \$775.20/family

Facility Name	YMCA of Columbia	Trial Period	1 day
Address	401 YMCA Rd	Enrollment Fee	Waived
City, State & Zip	Lexington SC 29073	Single Membership	\$43.35/mo
Facility Contact	Megan Plott	Family Membership	\$64.60/mo
Phone #	803-799-7159 ext 26	Visitor Pass	\$10.00/day
E-mail	meganplott@columbiaymca.org	Website	www.columbiaymca.org
Additional Information	Monthly fee discounted 15% off normal rate Annual membership \$520.20/single; \$775.20/family		

Facility Name	YMCA of Columbia	Trial Period	1 day
Address	2550 Saint Matthews Rd	Enrollment Fee	Waived
City, State & Zip	Orangeburg SC 29118	Single Membership	\$43.35/mo
Facility Contact	Megan Plott	Family Membership	\$64.60/mo
Phone #	803-799-7159 ext 26	Visitor Pass	\$10.00/day
E-mail	meganplott@columbiaymca.org	Website	www.columbiaymca.org
Additional Information	Monthly fee discounted 15% off normal rate Annual membership \$520.20/single; \$775.20/family		

Facility Name	Upper Palmetto YMCA - Charlotte Ave. Bran	Trial Period	7 Days
Address	402 Charlotte Ave.	Enrollment Fee	\$25.00
City, State & Zip	Rock Hill SC 29732	Single Membership	\$50.00/mo.
Facility Contact	Christle Ross	Family Membership	\$71.00/mo.
Phone #	803-324-9622	Visitor Pass	\$10.00/day
E-mail	christleross@upymca.org	Website	www.upymca.org/
Additional Information	Upper Palmetto YMCAs honor the "AWAY" program, allowing Y members from other areas up to three free visits per month.		

Facility Name	Sportsclub	Trial Period	30 days
Address	667 SE Main St	Enrollment Fee	Waived
City, State & Zip	Simpsonville SC 29681	Single Membership	\$47.00/mo
Facility Contact	Bob Sides	Family Membership	\$93.00/mo
Phone #	864-228-8282	Visitor Pass	\$10.00/day
E-mail	bsides@sportsclubsc.com	Website	
Additional Information	Free month trial with 1 year membership contract required///Couple \$70/mo/////Annual rates single \$535.80; couple \$798.00; Family rate \$1060.20 Couple fee \$102.00/mo Annual Membership Rates single \$809.40....couple \$1162.80...family \$1516.20		

Facility Name Sportsclub

Address 317 Scuffletown Rd
City, State & Zip Simpsonville SC 29681
Facility Contact Bob Sides
Phone # 864-228-8282
E-mail bsides@sportsclubsc.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$62.00/mo
Family Membership \$107.00/mo
Visitor Pass \$10.00/day
Website

Additional Information Free month trial with 1 year membership contract required///Couple \$84/mo////Annual rates single \$106.80; couple \$957.60; Family rate \$1219.80
 Couple fee \$102.00/mo
 Annual Membership Rates
 single \$809.40....couple \$1162.80...family \$1516.20

Facility Name Upper Palmetto YMCA - York Branch

Address 103 E Madison St.
City, State & Zip York SC 29745
Facility Contact Christle Ross
Phone # 803-324-9622
E-mail christleross@upymca.org

Trial Period 7 Days
Enrollment Fee \$25.00
Single Membership \$50.00/mo.
Family Membership \$71.00/mo.
Visitor Pass \$10.00/day
Website <http://upymca.org/>

Additional Information Upper Palmetto YMCAs honor the "AWAY" program, allowing Y members from other areas up to three free visits per month.

Facility Name Rush Fitness

Address 210 W 4th St
City, State & Zip Chattanooga TN 37421
Facility Contact Rush Fitness
Phone # 423-308-0575
E-mail cjackson@therush247.com

Trial Period 10 days
Enrollment Fee None
Single Membership \$34.00/mo
Family Membership NA
Visitor Pass \$5.00/day
Website www.therush247.com

Additional Information Couples rate \$49.00/mo
 Annual fee \$408/single; \$528/couple
 Voucher required for discount; contact wellns@nscorp.com

Facility Name Snap Fitness - Chattanooga

Address 1667 Ooltewah-Ringgold Rd.
City, State & Zip Chattanooga TN 37363
Facility Contact Beth Wright
Phone # 423-855-8950
E-mail chattanoogaatn@snapfitness.com

Trial Period 7 days
Enrollment Fee 50% discount
Single Membership \$31.45/mo.
Family Membership \$44.95/mo.
Visitor Pass \$5.00/day
Website <http://snapfitness.com/chattanoogaatn/>

Additional Information \$37.75 for 2 adults

Facility Name	Sports Barn	Trial Period	30 days
Address	6148 Lee Hwy.	Enrollment Fee	Waived
City, State & Zip	Chattanooga TN 37421	Single Membership	\$50.00/mo.
Facility Contact	Don Bowman	Family Membership	\$70.00/mo.
Phone #	423-635-4795	Visitor Pass	\$10.00/day
E-mail	dbowman@sportsbarn.net	Website	www.sportsbarn.net
Additional Information	\$60.00/mo. for employee and spouse. Access to 3 locations.		

Facility Name	Sports Barn	Trial Period	30 days
Address	1790 Hamill Rd.	Enrollment Fee	Waived
City, State & Zip	Chattanooga TN 37343	Single Membership	\$50.00/mo.
Facility Contact	Don Bowman	Family Membership	\$70.00/mo.
Phone #	423-635-4795	Visitor Pass	\$10.00/day
E-mail	dbowman@sportsbarn.net	Website	www.sportsbarn.net
Additional Information	\$60.00/mo. for employee and spouse. Access to 3 locations.		

Facility Name	Sports Barn	Trial Period	30 days
Address	301 Market Street	Enrollment Fee	Waived
City, State & Zip	Chattanooga TN 37402	Single Membership	\$50.00/mo.
Facility Contact	Don Bowman	Family Membership	\$70.00/mo.
Phone #	423-635-4795	Visitor Pass	\$10.00/day
E-mail	dbowman@sportsbarn.net	Website	www.sportsbarn.net
Additional Information	\$60.00/mo. for employee and spouse only. Access to 3 locations.		

Facility Name	YMCA of Metro Chattanooga - Downtown Br	Trial Period	7 Days
Address	301 W 6th St.	Enrollment Fee	\$25.00
City, State & Zip	Chattanooga TN 37402	Single Membership	\$58.00/mo.
Facility Contact	Lori Dodd	Family Membership	\$76.00/mo.
Phone #	423-265-8834	Visitor Pass	\$10.00/day
E-mail	ldodd@ymcachattanooga.org	Website	http://ymcachattanooga.org/
Additional Information	Membership includes Y-Start which is an individual wellness assessment, orientation and 2 free personal training sessions! Outlying and smaller Y's have special membership pricing. \$27.00/mo for students. \$42.00/mo. for adults 18-29. No membership contract needed.		

Facility Name	YMCA of Metro Chattanooga - Downtown Br	Trial Period	7 Days
Address	301 W 6th St.	Enrollment Fee	\$25.00
City, State & Zip	Chattanooga TN 37402	Single Membership	\$58.00/mo.
Facility Contact	Lori Dodd	Family Membership	\$76.00/mo.
Phone #	423-265-8834	Visitor Pass	\$10.00/day
E-mail	ldodd@ymcachattanooga.org	Website	http://ymcachattanooga.org/
Additional Information	Membership includes Y-Start which is an individual wellness assessment, orientation and 2 free personal training sessions! Outlying and smaller Y's have special membership pricing. \$27.00/mo for students. \$42.00/mo. for adults 18-29. No membership contract needed.		

Facility Name	YMCA of Metro Chattanooga - Hamilton Fami	Trial Period	7 Days
Address	7430 Shallowford Rd.	Enrollment Fee	\$25.00
City, State & Zip	Chattanooga TN 37421	Single Membership	\$58.00/mo.
Facility Contact	Lori Dodd	Family Membership	\$76.00/mo.
Phone #	423-265-8834	Visitor Pass	\$10.00/day
E-mail	ldodd@ymcachattanooga.org	Website	http://ymcachattanooga.org/
Additional Information	Membership includes Y-Start which is an individual wellness assessment, orientation and 2 free personal training sessions! Outlying and smaller Y's have special membership pricing. \$27.00/mo for students. \$42.00/mo. for adults 18-29. No membership contract needed.		

Facility Name	YMCA of Metro Chattanooga - J.A. Henry Bra	Trial Period	7 Days
Address	5600 Brainerd Rd.	Enrollment Fee	\$25.00
City, State & Zip	Chattanooga TN 37411	Single Membership	\$58.00/mo.
Facility Contact	Lori Dodd	Family Membership	\$76.00/mo.
Phone #	423-265-8834	Visitor Pass	\$10.00/day
E-mail	ldodd@ymcachattanooga.org	Website	http://ymcachattanooga.org/
Additional Information	Membership includes Y-Start which is an individual wellness assessment, orientation and 2 free personal training sessions! Outlying and smaller Y's have special membership pricing. \$27.00/mo for students. \$42.00/mo. for adults 18-29. No membership contract needed.		

Facility Name	YMCA of Metro Chattanooga - North River Br	Trial Period	7 Days
Address	4138 Hixson Pike	Enrollment Fee	\$25.00
City, State & Zip	Chattanooga TN 37415	Single Membership	\$58.00/mo.
Facility Contact	Lori Dodd	Family Membership	\$76.00/mo.
Phone #	423-265-8834	Visitor Pass	\$10.00/day
E-mail	ldodd@ymcachattanooga.org	Website	http://ymcachattanooga.org/
Additional Information	Membership includes Y-Start which is an individual wellness assessment, orientation and 2 free personal training sessions! Outlying and smaller Y's have special membership pricing. \$27.00/mo for students. \$42.00/mo. for adults 18-29. No membership contract needed.		

Facility Name	YMCA of Metro Chattanooga - Clev. Branch	Trial Period	7 Days
Address	220 Urbane Rd.	Enrollment Fee	\$25.00
City, State & Zip	Cleveland TN 37312	Single Membership	\$58.00/mo.
Facility Contact	Lori Dodd	Family Membership	\$76.00/mo.
Phone #	423-265-8834	Visitor Pass	\$10.00/day
E-mail	ldodd@ymcachattanooga.org	Website	http://ymcachattanooga.org/
Additional Information	Membership includes Y-Start which is an individual wellness assessment, orientation and 2 free personal training sessions! Outlying and smaller Y's have special membership pricing. \$27.00/mo for students. \$42.00/mo. for adults 18-29. No membership contract needed.		

Facility Name	YMCA of Metro Chattanooga - Rhea Branch	Trial Period	7 Days
Address	232 4th Ave.	Enrollment Fee	\$25.00
City, State & Zip	Dayton TN 37321	Single Membership	\$58.00/mo.
Facility Contact	Lori Dodd	Family Membership	\$76.00/mo.
Phone #	423-265-8834	Visitor Pass	\$10.00/day
E-mail	ldodd@ymcachattanooga.org	Website	http://ymcachattanooga.org/
Additional Information	Membership includes Y-Start which is an individual wellness assessment, orientation and 2 free personal training sessions! Outlying and smaller Y's have special membership pricing. \$27.00/mo for students. \$42.00/mo. for adults 18-29. No membership contract needed.		

Facility Name	YMCA of Metro Chattanooga - North Georgia	Trial Period	7 Days
Address	1846 LaFayette Rd.	Enrollment Fee	\$25.00
City, State & Zip	Ft. Oglethorpe TN 30742	Single Membership	\$58.00/mo.
Facility Contact	Lori Dodd	Family Membership	\$76.00/mo.
Phone #	423-265-8834	Visitor Pass	\$10.00/day
E-mail	ldodd@ymcachattanooga.org	Website	http://ymcachattanooga.org/
Additional Information	Membership includes Y-Start which is an individual wellness assessment, orientation and 2 free personal training sessions! Outlying and smaller Y's have special membership pricing. \$27.00/mo for students. \$42.00/mo. for adults 18-29. No membership contract needed.		

Facility Name	Rush Fitness	Trial Period	10 days
Address	5510 Highway 153	Enrollment Fee	None
City, State & Zip	Hixon TN 37343	Single Membership	\$34.00/mo
Facility Contact	Rush Fitness	Family Membership	NA
Phone #	423-308-0575	Visitor Pass	\$5.00/day
E-mail	cjackson@therush247.com	Website	www.therush247.com
Additional Information	Couples rate \$49.00/mo Annual fee \$408/single; \$528/couple Voucher required for discount; contact wellns@nscorp.com		

Facility Name National Fitness Center

Address 3030 Tazewell Pike
City, State & Zip Knoxville TN 37918
Facility Contact Corey Church
Phone # 865-687-6066
E-mail coreychurch@nfc1.com

Trial Period 7 days (local residents)
Enrollment Fee Contact gym for more details
Single Membership \$49.95/mo.
Family Membership \$24.95 for 2nd, \$20.95 for 3rd
Visitor Pass \$15.00/day or \$55.00/week
Website http://nfc1.com

Additional Information National Fitness offers a 10-day purchase guarantee. Cardio movie theatre. Heated indoor junior olympic pool. Ladies only areas. Sauna, steam and jacuzzi. Handicap accessibility.

Facility Name Rush Fitness

Address 3001 Knoxville Center Drive
City, State & Zip Knoxville TN 37924
Facility Contact Rush Fitness
Phone # 423-308-0575
E-mail cjackson@therush247.com

Trial Period 10 days
Enrollment Fee None
Single Membership \$34.00/mo
Family Membership NA
Visitor Pass \$5.00/day
Website www.therush247.com

Additional Information Couples rate \$49.00/mo
 Annual fee \$408/single; \$528/couple
 Voucher required for discount; contact wellns@nscorp.com

Facility Name Rush Fitness

Address 8445 Kingston Pike
City, State & Zip Knoxville TN 37919
Facility Contact Rush Fitness
Phone # 423-308-0575
E-mail cjackson@therush247.com

Trial Period 10 days
Enrollment Fee None
Single Membership \$34.00/mo
Family Membership NA
Visitor Pass \$5.00/day
Website www.therush247.com

Additional Information Couples rate \$49.00/mo
 Annual fee \$408/single; \$528/couple
 Voucher required for discount; contact wellns@nscorp.com

Facility Name YMCA of East Tennessee - Downtown

Address 605 W Clinch Ave.
City, State & Zip Knoxville TN 37902
Facility Contact Buster Brasfield
Phone # 865-522-9622
E-mail bbrasfield@ymcaknoxville.org

Trial Period 3 Days
Enrollment Fee \$30.00
Single Membership \$48.00
Family Membership \$70.00
Visitor Pass \$6 w/member, \$15 without
Website http://www.ymcaknoxville.org/

Additional Information Single parent households join for \$50.00 and pay \$52.00 per month. The Y never requires a membership contract.

Facility Name YMCA of East Tennessee - East

Address 616 Jessamine St.
City, State & Zip Knoxville TN 37919
Facility Contact Jan Geyer
Phone # 865-670-9622
E-mail jgeyer@ymcaknoxville.org

Trial Period 3 days
Enrollment Fee \$30.00
Single Membership \$48.00
Family Membership \$70.00
Visitor Pass \$6 w/member, \$15/day without
Website <http://www.ymcaknoxville.org/>

Additional Information Single parent households join for \$50.00 and pay \$52.00 per month. The Y never requires a membership contract.

Facility Name YMCA of East Tennessee - Farragut

Address 10709 Kingston Pike
City, State & Zip Knoxville TN 37922
Facility Contact Pam Williams
Phone # 865-777-9622
E-mail pwilliams@ymcaknoxville.org

Trial Period 3 days
Enrollment Fee \$30.00
Single Membership \$48.00
Family Membership \$70.00
Visitor Pass \$6 w/member, \$15/day without
Website <http://www.ymcaknoxville.org/>

Additional Information Single parent households join for \$50.00 and pay \$52.00 per month. The Y never requires a membership contract.

Facility Name YMCA of East Tennessee - North

Address 7609 Maynardville Hwy.
City, State & Zip Knoxville TN 37938
Facility Contact Rebecca Baker
Phone # 865-922-9622
E-mail rbaker@ymcaknoxville.org

Trial Period 3 days
Enrollment Fee \$30.00
Single Membership \$48.00
Family Membership \$70.00
Visitor Pass \$6 w/member, \$15/day without
Website <http://www.ymcaknoxville.org/>

Additional Information Single parent households join for \$50.00 and pay \$52.00 per month. The Y never requires a membership contract. This club will honor foreign YMCA membership but cannot guarantee that with other clubs.

Facility Name YMCA of East Tennessee - West

Address 400 N Winston Rd.
City, State & Zip Knoxville TN 37909
Facility Contact Tonya Creed
Phone # 865-690-9622
E-mail tcreed@ymcaknoxville.org

Trial Period 3 days
Enrollment Fee \$30.00
Single Membership \$48.00
Family Membership \$70.00
Visitor Pass \$6 w/member, \$15/day without
Website <http://www.ymcaknoxville.org/>

Additional Information Single parent households join for \$50.00 and pay \$52.00 per month. The Y never requires a membership contract.

Facility Name St Mary's Fitness Center

Address 7540 Dannaher Way
City, State & Zip Powell TN 37849
Facility Contact Brandi McNutt, Membership Coord.
Phone # 865-859-7901
E-mail bmcnutt@mercy.com

Trial Period 30 Days
Enrollment Fee \$25.00 per person
Single Membership \$44.00/mo.
Family Membership Varies - see below.
Visitor Pass \$10.00/day
Website www.mercy.com

Additional Information Dues are drafted on the 10th of each month. Family of 3 is \$85.00/mo., and family of 4 is \$104.00/mo. For both, 'family' includes spouse and children between ages 13 and 21. Each membership includes a fitness assessment by a personal trainer. The first and third Thursday of each month are "Free Guest Days."

Facility Name Anytime Fitness

Address 538 Winfield Dunn Pkwy
City, State & Zip Sevierville TN 37876
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website http://www.anytimefitness.com/

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Body Works Fitness and Training Center

Address 101 Charwood Drive
City, State & Zip Abingdon VA 24210
Facility Contact
Phone #
E-mail

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$30
Family Membership \$49 for couples, \$66 for family
Visitor Pass \$7.00/day
Website

Additional Information

Facility Name Snap Fitness

Address 203 S Main St
City, State & Zip Amherst VA 24521
Facility Contact Ann Tucker
Phone # 434-381-6001
E-mail snapamherst@yahoo.com

Trial Period 1 week
Enrollment Fee Waived
Single Membership \$39.95/mo
Family Membership \$59.95/mo
Visitor Pass \$8/day
Website www.snapfitness.com/amerstva

Additional Information Monthly membership with 12mo contract \$34.95 single and \$49.95 family
 \$20/per member one time access card fee

Facility Name Anytime Fitness

Address 13609 Carrollton Blvd., stes. 8, 9 & 10
City, State & Zip Carrollton VA 23314
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytime.com>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 1437 Sam's Dr.
City, State & Zip Chesapeake VA 23320
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Anytime Fitness

Address 1464 Mt. Pleasant Rd.
City, State & Zip Chesapeake VA 23322
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Good Fitness 24 Hours

Address 235 E. Hanbury Rd., stes. 1 & 2
City, State & Zip Chesapeake VA 23322
Facility Contact Emily Snapp
Phone # 757-228-1952
E-mail emilysnapp@goodfitness24hours.com

Trial Period 7 Days
Enrollment Fee \$75.00
Single Membership \$45/mo indiv.
Family Membership \$20/mo ea. add'l. person
Visitor Pass \$10/day, \$30/week
Website www.goodfitness24hours.com

Additional Information \$79./mo. for couples. At Good Fitness 24 Hours, you'll get results you want from experts who care. Ultra-Clean Facilities with certified Personal Trainers, and Group Exercise classes.

Facility Name Onelife Fitness

Address 600 Jarman Rd.
City, State & Zip Chesapeake VA 23320
Facility Contact Will McOrmond
Phone # 757-248-4800
E-mail will@onelifefitness.com

Trial Period Call for details
Enrollment Fee \$99.00
Single Membership \$29.99 mo.
Family Membership Options vary for short term /kids under
Visitor Pass Day pass \$15 (with member \$8)
Website http://onelifefitness.com/

Additional Information

Enrollment waived for \$39.99/mo rate. 12mo contract required. Visitors escorted by members pay only \$8.00/day. All new members receive a fitness assessment by a personal trainer. Membership must be established at the Jarman Rd. (Greenbrier Mall) location. Once established, all area Onelife Fitness facilities may be used.

Facility Name Onelife Fitness

Address 4628 Portsmouth Blvd
City, State & Zip Chesapeake VA 23321
Facility Contact Will McOrmond
Phone # 757-248-4800
E-mail will@onelifefitness.com

Trial Period Call for details
Enrollment Fee \$99.00
Single Membership \$29.99 mo.
Family Membership Options vary for short term /kids under
Visitor Pass Day pass \$15 (with member \$8)
Website http://onelifefitness.com/

Additional Information

Enrollment waived for \$39.99/mo rate. 12mo contract required. Visitors escorted by members pay only \$8.00/day. All new members receive a fitness assessment by a personal trainer. Membership must be established at the Jarman Rd. (Greenbrier Mall) location. Once established, all area Onelife Fitness facilities may be used.

Facility Name Wellness One Fitness

Address 565 Cedar Rd.
City, State & Zip Chesapeake VA 23322
Facility Contact Loretta Richardson
Phone # 757-547-2582
E-mail wellnessonefitness@yahoo.com

Trial Period 14 Days
Enrollment Fee Waived
Single Membership Basic: \$24.95/mo. (includes weight room)
Family Membership \$75.95/mo. (10%off) family 3-4 includes
Visitor Pass \$10.00/day/\$25 Week/\$50 Month
Website http://wellnessonefitness.com

Additional Information

11,000 sq ft facility offering a variety of Group Exercise Classes (step, kickboxing, pilates, yoga, Indoor Cycle, and bootcamps). Full line of Hammer strength and Free Weight equipment, some with a Master Trainer. A 10 wk. weight loss program is available.

Facility Name Anytime Fitness

Address 70 Riverton Commons, ste. 60
City, State & Zip Front Royal VA 22630
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues.
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website http://valleyanytimefit.com/

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name	Anytime Fitness	Trial Period	7 days
Address	2069 W Mercury Blvd.	Enrollment Fee	50% off a one-time enrollment fee
City, State & Zip	Hampton VA 23666	Single Membership	10% off monthly dues
Facility Contact		Family Membership	See club for details
Phone #		Visitor Pass	7 day free pass for non-members
E-mail		Website	http://www.clubsanytime.com/HamptonVA/
Additional Information	Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym . Email WellNS for a voucher that allows you to get the discounted rate.		

Facility Name	Jamerson Family YMCA of Lynchburg	Trial Period	7 Days (Must sign in)
Address	801 Wyndhurst Dr.	Enrollment Fee	\$100.00
City, State & Zip	Lynchburg VA 24502	Single Membership	\$42.00/mo.
Facility Contact	Kathy Thomas	Family Membership	\$70.00/mo.
Phone #	434-847-5597	Visitor Pass	\$10.00/day
E-mail	kathythomas@lynchburgymca.org	Website	http://lynchburgymca.org
Additional Information	2 Lynchburg-area centers. Both provide child care. Participates in YMCA "AWAY" program.		

Facility Name	Lynchburg Downtown YMCA	Trial Period	7 Days (Must sign in)
Address	1315 Church St.	Enrollment Fee	\$100.00 singles, \$150.00 families (50%)
City, State & Zip	Lynchburg VA 24504	Single Membership	\$42.00/mo.
Facility Contact	Kathy Thomas	Family Membership	\$70.00/mo.
Phone #	434-847-5597	Visitor Pass	\$10.00/day
E-mail	kathythomas@lynchburgymca.org	Website	http://lynchburgymca.org
Additional Information	2 Lynchburg-area centers. Both provide child care. Participates in YMCA "AWAY" program.		

Facility Name	Gold's Gym	Trial Period	
Address	815 Middle Ground Blvd.	Enrollment Fee	
City, State & Zip	Newport News VA 23606	Single Membership	
Facility Contact	Kirk Trader	Family Membership	
Phone #	757-599-4653	Visitor Pass	
E-mail	newportnewsva@goldsgym.net	Website	www.goldsgym.com/gyms/index.php?gymID=752
Additional Information	Kids Club: 9:00 AM to 1:30 AM everyday plus 3:30 to 8:30 PM Mon-Fri.		

Facility Name Onelife Fitness

Address 815 Middle Ground Blvd
City, State & Zip Newport News VA 23606
Facility Contact Will McOrmond
Phone # 757-248-4800
E-mail will@onelifefitness.com

Trial Period Call for details
Enrollment Fee \$99.00
Single Membership \$29.99 mo.
Family Membership Options vary for short term /kids under
Visitor Pass Day pass \$15 (with member \$8)
Website <http://onelifefitness.com/>

Additional Information Enrollment waived for \$39.99/mo rate. 12mo contract required. Visitors escorted by members pay only \$8.00/day. All new members receive a fitness assessment by a personal trainer. Membership must be established at the Jarman Rd. (Greenbrier Mall) location. Once established, all area Onelife Fitness facilities may be used.

Facility Name Anytime Fitness

Address 2406 E Little Creek Rd.
City, State & Zip Norfolk VA 23518
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Blocker Norfolk Family YMCA

Address 312 W Bute St.
City, State & Zip Norfolk VA 23510
Facility Contact Amanda Letterman
Phone # 757-622-9622
E-mail aletterman@ymcashr.org

Trial Period 1 week
Enrollment Fee Waived
Single Membership \$53/mo
Family Membership \$83/mo
Visitor Pass None
Website <http://www.ymcashr.org>

Additional Information Access to all 16 South Hampton Roads/Penninsula YMCAs. Can enroll at any South Hampton Roads location, except Dominion Tower Annex. No annual contract. Visitor pass applies to out-of-town guests (more than 100 miles) who are accompanied by member.

Facility Name Dominion Tower YMCA

Address 999 Waterside Dr., 4th Fl
City, State & Zip Norfolk VA 23510
Facility Contact Amanda Letterman
Phone # 757-622-9622
E-mail aletterman@ymcashr.org

Trial Period 1 Week
Enrollment Fee Waived
Single Membership \$32/mo
Family Membership None
Visitor Pass None
Website ymcashr.org

Additional Information Access to all 16 South Hampton Roads/Penninsula YMCAs. Can enroll at any South Hampton Roads location, except Dominion Tower Annex. No annual contract. Visitor pass applies to out-of-town guests (more than 100 miles) who are accompanied by member.

Facility Name Executive Health & Fitness

Address 101 W. Main St., ste. 1400
City, State & Zip Norfolk VA 23510
Facility Contact Victoria Saxby
Phone # 757-625-5585
E-mail vlsaxby@hotmail.com

Trial Period One Week
Enrollment Fee Waived
Single Membership \$47.00/mo.
Family Membership \$72.00/mo. (Spousal)
Visitor Pass \$15.00/day
Website None

Additional Information

We offer corporate discounts for 5 or more members. Married Couple discount is \$68/mo.

Facility Name Fitness First

Address 115 Tazwell St
City, State & Zip Norfolk VA 23510
Facility Contact Patty
Phone # 757-625-1115
E-mail info@fitnessfirstthw.com

Trial Period Year or month to month
Enrollment Fee Waived
Single Membership \$40.00/mo
Family Membership N/A
Visitor Pass 1 day free
Website www.fitnessfirstthehealthwellness.com

Additional Information

Visitors enjoy 1 day free pass and \$10.00 per day charge for each additional day

Facility Name Fitness Together

Address 350 W. 22nd St., Ste 102
City, State & Zip Norfolk VA 23517
Facility Contact Mark Carrier
Phone # 757-228-5310
E-mail markcarrier@fitnesstogether.com

Trial Period One week -free
Enrollment Fee Waived
Single Membership 10% off packages
Family Membership Yes
Visitor Pass 1 guest
Website www.fitnesstogether.com/norfolk

Additional Information

Personal Training Studio where you work with your personal trainer in a private training room. Free fitness assessment and personal trainer session. 10% discount off packages.

Facility Name Onelife Fitness

Address 1900 Monticello Ave
City, State & Zip Norfolk VA 23517
Facility Contact Will McOrmond
Phone # 757-248-4800
E-mail will@onelifefitness.com

Trial Period Call for details
Enrollment Fee \$99.00
Single Membership \$29.99 mo.
Family Membership Options vary for short term /kids under
Visitor Pass Day pass \$15 (with member \$8)
Website http://onelifefitness.com/

Additional Information

Enrollment waived for \$39.99/mo rate. 12mo contract required. Visitors escorted by members pay only \$8.00/day. All new members receive a fitness assessment by a personal trainer. Membership must be established at the Jarman Rd. (Greenbrier Mall) location. Once established, all area Onelife Fitness facilities may be used.

Facility Name Onelife Fitness

Address 1900 Monticello Ave
City, State & Zip Norfolk VA 23517
Facility Contact Will McOrmond
Phone # 757-248-4800
E-mail will@onelifefitness.com

Trial Period Call for details
Enrollment Fee \$99.00
Single Membership \$29.99 mo.
Family Membership Options vary for short term /kids under
Visitor Pass Day pass \$15 (with member \$8)
Website http://onelifefitness.com/

Additional Information

Enrollment waived for \$39.99/mo rate. 12mo contract required. Visitors escorted by members pay only \$8.00/day. All new members receive a fitness assessment by a personal trainer. Membership must be established at the Jarman Rd. (Greenbrier Mall) location. Once established, all area Onelife Fitness facilities may be used.

Facility Name YMCA of Greater Richmond

Address 2 W Franklin St
City, State & Zip Richmond VA 23220
Facility Contact Anna Schemmel
Phone # 804-474-4371
E-mail schemmela@ymcarichmond.org

Trial Period NA
Enrollment Fee Waived
Single Membership \$56/mo
Family Membership \$88/mo
Visitor Pass NA
Website www.ymcarichmond.org

Additional Information

Monthly rates vary based on income. Rates quoted here are the maximum. 16 locations throughout Richmond area. Enjoy membership privileges at the ten branches of the Peninsula YMCA Association area as well.

Facility Name Anytime Fitness

Address 3960 Vally Gateway Blvd
City, State & Zip Roanoke VA 24012
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website http://www.anytimefitness.com/

Additional Information

Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellINS for a voucher that allows you to get the discounted rate.

Facility Name Gold's Gym

Address 5002 Airport Rd
City, State & Zip Roanoke VA 24012
Facility Contact Susan Jordan
Phone # 540-366-4496
E-mail sjordan@ggroanoke.com

Trial Period 30 days
Enrollment Fee None
Single Membership \$34.99/mo
Family Membership \$69.99/mo
Visitor Pass 1 day
Website <http://www.goldsgym.com/gyms/virginia/roanoke/1216>

Additional Information

Contract required
 \$25/mo for single w/annual membership
 \$50/mo for couple w/annual membership
 \$75/mo for family w/annual membership

Facility Name Gold's Gym North Roanoke

Address 3270 Electric Road SW
City, State & Zip Roanoke VA 24018
Facility Contact Susan Jordan
Phone # 540-366-4496
E-mail sjordan@ggroanoke.com

Trial Period 30 days
Enrollment Fee None
Single Membership \$34.99/mo.
Family Membership \$69.99/mo. (3 people or more)
Visitor Pass \$10.00/day
Website <http://www.goldsgym.com/roanokenorthva>

Additional Information \$59.99/mo for couples. Contract required. Annual memberships \$25/mo single; \$50/mo couple; \$75/mo family

Facility Name Kirk Family YMCA

Address 520 Church Ave. SW
City, State & Zip Roanoke VA 24016
Facility Contact Becci Emanuelson
Phone # 540-342-9622
E-mail bemanuelson@ymcaroanoke.org

Trial Period 3 Days
Enrollment Fee 50% discount
Single Membership \$48.00/mo.
Family Membership \$73.00/mo.
Visitor Pass 1 free visit, then \$15/visit
Website <http://www.ymcaroanoke.org/>

Additional Information Personal training available. Health & wellness programs provided. Basketball & racquetball courts on site.

Facility Name Salem Family YMCA

Address 1126 Kime La.
City, State & Zip Salem VA 24153
Facility Contact Karen Conlan
Phone # 540-387-9622
E-mail kconlan@ymcaroanoke.org

Trial Period 3 Days
Enrollment Fee \$35.00 ind./\$50.00 fam.
Single Membership \$50.00/mo.
Family Membership \$77.00/mo.
Visitor Pass 1 free visit, then \$15/visit
Website <http://www.youry.org/>

Additional Information

Facility Name Waldron Family YMCA

Address 267 Alleghany Springs Rd.
City, State & Zip Shawsville VA 24162
Facility Contact Spencer Hoopes
Phone # 540-268-1623
E-mail shoopes@roanokeymca.org

Trial Period 3 Days
Enrollment Fee 50% discount
Single Membership \$48.00/mo.
Family Membership \$73.00/mo.
Visitor Pass 1 free visit, then \$15/visit
Website <http://www.vtymca.org/waldron.html>

Additional Information

Facility Name	Four Seasons YMCA	Trial Period	
Address	106 Gratton Rd.	Enrollment Fee	
City, State & Zip	Tazewell VA 24651	Single Membership	
Facility Contact	Charles Ridlehuber	Family Membership	
Phone #	276-979-0280	Visitor Pass	
E-mail	charles.ridlehuber@fourseasonsymca.org	Website	http://fourseasonsymca.org/
Additional Information	5 or more people must sign up for discounts. Have to call when 5 people are ready to sign up to see what they are offering that month.		

Facility Name	Lancerlot Sports Complex	Trial Period	None
Address	1110 Vinyard Rd	Enrollment Fee	\$60.00
City, State & Zip	Vinton VA 24179	Single Membership	\$50.40/mo
Facility Contact	Cammie Weeks	Family Membership	\$70.20/mo
Phone #	540-981-0205	Visitor Pass	None
E-mail	lancerlotsports@yahoo.com	Website	None
Additional Information	Single annual membership \$544.32 Family annual membership \$758.16 Flat discount off of best rate is 10% 6mo contract		

Facility Name	Anytime Fitness	Trial Period	7 days
Address	3352 Princess Anne Rd.	Enrollment Fee	50% off a one-time enrollment fee
City, State & Zip	Virginia Beach VA 23456	Single Membership	10% off monthly dues
Facility Contact		Family Membership	See club for details
Phone #		Visitor Pass	7 day free pass for non-members
E-mail		Website	http://www.anytimefitness.com/
Additional Information	Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym . Email WellINS for a voucher that allows you to get the discounted rate.		

Facility Name	Anytime Fitness	Trial Period	7 days
Address	1274 N Great Neck Rd.	Enrollment Fee	50% off a one-time enrollment fee
City, State & Zip	Virginia Beach VA	Single Membership	10% off monthly dues
Facility Contact		Family Membership	See club for details
Phone #		Visitor Pass	7 day free pass for non-members
E-mail		Website	http://www.getfitvb.com/
Additional Information	Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at http://www.anytimefitness.com/find-gym . Email WellINS for a voucher that allows you to get the discounted rate.		

Facility Name Anytime Fitness

Address 5300 Kemps River Dr.
City, State & Zip Virginia Beach VA 23464
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.getfitvb.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name Onelife Fitness

Address 3909 Princess Anne Rd
City, State & Zip Virginia Beach VA 23456
Facility Contact Will McOrmond
Phone # 757-248-4800
E-mail will@onelifefitness.com

Trial Period Call for details
Enrollment Fee \$99.00
Single Membership \$29.99 mo.
Family Membership Options vary for short term /kids under
Visitor Pass Day pass \$15 (with member \$8)
Website <http://onelifefitness.com/>

Additional Information Enrollment waived for \$39.99/mo rate. 12mo contract required. Visitors escorted by members pay only \$8.00/day. All new members receive a fitness assessment by a personal trainer. Membership must be established at the Jarman Rd. (Greenbrier Mall) location. Once established, all area Onelife Fitness facilities may be used.

Facility Name Onelife Fitness

Address 2844 Virginia Beach Blvd
City, State & Zip Virginia Beach VA 23456
Facility Contact Will McOrmond
Phone # 757-248-4800
E-mail will@onelifefitness.com

Trial Period Call for details
Enrollment Fee \$99.00
Single Membership \$29.99 mo.
Family Membership Options vary for short term /kids under
Visitor Pass Day pass \$15 (with member \$8)
Website <http://onelifefitness.com/>

Additional Information Enrollment waived for \$39.99/mo rate. 12mo contract required. Visitors escorted by members pay only \$8.00/day. All new members receive a fitness assessment by a personal trainer. Membership must be established at the Jarman Rd. (Greenbrier Mall) location. Once established, all area Onelife Fitness facilities may be used.

Facility Name Town Center Fitness

Address 205 Town Center Dr
City, State & Zip Virginia Beach VA 23456
Facility Contact Tom Purcell and Shelley Lomogda
Phone # 757-962-3778
E-mail towncenterfitness@gmail.com

Trial Period 1 week free trial
Enrollment Fee \$25.00
Single Membership \$9.99/mo
Family Membership N/A
Visitor Pass Free visitor pass
Website <http://towncenterfitness.com/>

Additional Information Individual rates only. NS rate assumes 1-year contract. Classes included. One free personal training session and free health assessment (BMI, body fat, blood pressure, flexibility).

FREE NS-ONLY CLASSES Thurs. at 3:30 PM sponsored by WellNS (Membership NOT REQUIRED). Email mary.pitman@nscorp.com for more information.

Facility Name **Greater Bluefield Community Center**

Address 703 College Ave.

City, State & Zip Bluefield WV 25701

Facility Contact Butch Tolley

Phone # 304-325-5707

E-mail toleybutch@yahoo.com

Trial Period 30 days for 50% discount

Enrollment Fee Waived

Single Membership \$33.30/mo.

Family Membership \$42.30/mo

Visitor Pass \$8.00/day

Website <http://gbcconline.org/>

Additional Information

\$20.00 for the first month (single or family). Six month minimum. 36,000 sq ft facility with two gymnasiums, racquetball, heated indoor pool. Free weights and Nautilus equipment. Two saunas are available. Membership includes water aerobics and floor aerobics, and yoga classes. Extreme Spin classes and hard-core kick boxing classes available.

Facility Name **Community Fitness Center**

Address 1200 Poplar St.

City, State & Zip Kenova WV 25530

Facility Contact Jane Bartley

Phone # 304-453-2449

E-mail mbart2303@zoominternet.net

Trial Period 3 days

Enrollment Fee Waived

Single Membership \$25, or \$160/yr

Family Membership \$65 for 4 straight mos.

Visitor Pass \$4.00/day

Website c-kcommunitycenter.org/

Additional Information

Members of American Legion Post 93 in Kenova, WV & U.S. military veterans get additional discounts. Children 13 & older can be added for \$60/year for each child. Members paying for 12 months in advance get additional discounts.

Facility Name **Hatfield's Gym & Tanning**

Address P.O. Box 137

City, State & Zip Lenore WV 25676

Facility Contact Pam Hatfield

Phone # 304-475-3378; 304-475-2251 (home)

E-mail phatfield69@hotmail.com

Trial Period 30 days

Enrollment Fee \$25.00

Single Membership \$30.00/month

Family Membership

Visitor Pass \$5.00/day

Website None

Additional Information

Hatfield's offers cardio workouts, weight lifting and strength training. Tannings is also offered. Also available are certified personal trainers (private fees apply). Family pricing: \$50/mo for two adults, and children ages 14 & up adds \$10.00/ea.

Facility Name **Chief Logan Recreational Center**

Address 505 Conference Center Dr

City, State & Zip Logan WV 25601

Facility Contact Terry Mullins

Phone # 304-855-8591

E-mail chiefloganreccenter.org

Trial Period N/A

Enrollment Fee N/A

Single Membership \$22.50/mo. or \$225.00/yr.

Family Membership \$32.40/mo. or \$324.00/yr. for a family of

Visitor Pass With a year membership, they get 5 free

Website www.chiefloganreccenter.org/

Additional Information

Flat rate discount 10%. No contracts!

Facility Name **Brickhouse Cardio Club**

Address 1047 Stafford Drive
City, State & Zip Princeton WV 24740
Facility Contact Abby Honaker
Phone # 304-425-5756
E-mail abbyhonaker@brickhousecardio.com

Trial Period
Enrollment Fee \$49.00
Single Membership \$39.99/mo
Family Membership
Visitor Pass \$5.00/day
Website

Additional Information Contract and auto draft required for rates listed. Add \$20/mo to single membership for couples and \$10/mo for 1st family member after that and \$5/mo for any additional members. Annual membership \$399.99/single and \$639.00/couple.

Facility Name **Princeton Health & Fitness**

Address 321 12th St. Ext.
City, State & Zip Princeton WV 24740
Facility Contact Brenda Woodward
Phone # 304-487-7876
E-mail woodward@frontiernet.net

Trial Period 7 Days Pass \$25.00
Enrollment Fee \$100 single, \$150 families
Single Membership \$44/month
Family Membership Couple membership (\$68.00/mo.) & Chi
Visitor Pass \$10.00/day
Website <http://princetonhealthandfitness.com>

Additional Information 44,000 sq ft. facility with 2 pools. Racquetball courts. Child care available(\$25.00/mo).(children \$12.00/mo)

Facility Name **Anytime Fitness**

Address 218 Park Dr
City, State & Zip Weirton WV 26062
Facility Contact
Phone #
E-mail

Trial Period 7 days
Enrollment Fee 50% off a one-time enrollment fee
Single Membership 10% off monthly dues
Family Membership See club for details
Visitor Pass 7 day free pass for non-members
Website <http://www.anytimefitness.com/>

Additional Information Each location independently owned. Cost and contracts will differ among our clubs. Find a location near you at <http://www.anytimefitness.com/find-gym>. Email WellNS for a voucher that allows you to get the discounted rate.

Facility Name **City Gym**

Address 54 W Third Ave.
City, State & Zip Williamson WV 25561
Facility Contact Stacey Beckett
Phone # 304-235-4300
E-mail cdsbeckett@gmail.com

Trial Period 2 Day
Enrollment Fee \$30
Single Membership \$30/mo.
Family Membership \$55/mo couples
Visitor Pass \$3.00/day
Website **None**

Additional Information