



Free Knitting Pattern
Lion Brand® Heartland®
Lancaster Pullover
Pattern Number: L50194



Designed by Irina Poludnenko.

Free Knitting Pattern from Lion Brand Yarn

Lion Brand® Heartland®

Lancaster Pullover

Pattern Number: L50194

SKILL LEVEL: Intermediate + (Level 4)

SIZE: XS/S, M/L, 1X/2X

Finished Bust About 39 (48, 53) in. (99 (122, 134.5) cm)

Finished Length About 27 1/2 (28, 28 1/2) in. (70 (71, 72.5) cm)

Note: Pattern is written for smallest size with changes for larger sizes in parentheses. When only one number is given, it applies to all sizes. To follow pattern more easily, circle all numbers pertaining to your size before beginning.

CORRECTIONS: None as of Oct 12, 2015. To check for later updates, click [here](#).

MATERIALS

- 136-150 Lion Brand Heartland Yarn: Mount Rainier
1 1, 1 Ball (A)
- 136-153 Lion Brand Heartland Yarn: Black Canyon
1 1, 1 Ball (B)
- 136-126 Lion Brand Heartland Yarn: Sequoia
1 1, 1 Ball (C)
- 136-124 Lion Brand Heartland Yarn: Big Bend
1 2, 2 Ball (D)
- 136-098 Lion Brand Heartland Yarn: Acadia
1 2, 2 Ball (E)
- 136-151 Lion Brand Heartland Yarn: Katmai
3 4, 5 Balls (F)
- Boye Aluminum Circular Knitting Needles 16 inches Size 8
- Lion Brand Cable Needles (Set of 2)
- Lion Brand Stitch Holders
- Lion Brand Split Ring Stitch Markers
- Lion Brand Large-Eye Blunt Needles (Set of 6)

Heartland (Article #136). **Solids: 100% Acrylic*

***Tweeds:** 94% Acrylic, 6% Rayon; package size: **Solids:** 5oz/142g (251yd/230m)*

***Tweeds:** 4oz/113g (200yd/183m)*



GAUGE:

21 sts + 20 rows = about 4 in. (10 cm) over Patterns #1 - #7.

17 sts + 28 rows = about 4 in. (10 cm) over Sleeve pattern.

When you match the gauge in a pattern, your project will be the size specified in the pattern and the materials specified in the pattern will be sufficient. The needle or hook size called for in the pattern is based on what the designer used, but it is not unusual for gauge to vary from person to person. If it takes you fewer stitches and rows to make your swatch, try using a smaller size hook or needles; if more stitches and rows, try a larger size hook or needles.

Making a Gauge Swatch

STITCH EXPLANATION:

RT (Right Twist) K2tog and leave on left needle, then with right needle, go between the 2 sts and k the first st again.

LT (Left Twist) Knit 2nd st on left needle through the back loop and leave on left needle. Then knit both the first and 2nd sts together through the back loop.

2 / 2 LC (2 over 2 left cross) Slip 2 sts to cable needle and hold in front, k2, then k2 from cable needle.

2 / 2 RC (2 over 2 right cross) Slip 2 sts to cable needle and hold in back, k2, then k2 from cable needle.

kfb (knit in front and back) Knit next st without removing it from left needle, then k through back of same st – 1 st increased.

PATTERN STITCHES

Pattern #1 (worked over an even number of sts)

Row 1 (RS): Knit.

Row 2: *P1, k1; rep from * across.

Rep Rows 1 and 2 for Pattern #1.

Pattern #2 (worked over a multiple of 6 sts + 4 additional sts)

Row 1 (RS): RT, LT, *p2, RT, LT; rep from * across.

Row 2: P4, *k2, p4; rep from * across.

Rep Rows 1 and 2 for Pattern #2.

Pattern #3 (worked over a multiple of 6 sts + 4 additional sts)

Rows 1 and 3 (RS): K4, *p2, k4; rep from * across.

Row 2: P4, *k2, p4; rep from * across.

Row 4: Knit.

Rep Rows 1-4 for Pattern #3.

Pattern #4 (worked over a multiple of 4 sts + 2 additional sts)

Row 1 (RS): Knit.

Row 2: P2, *k2, p2; rep from * across.

Rep Rows 1 and 2 for Pattern #4.

Pattern #5 (worked over a multiple of 6 sts + 4 additional sts)

Row 1 (RS): RT, LT, *p2, RT, LT; rep from * across.

Row 2: P4, *k2, p4; rep from * across.

Row 3: LT, RT, *p2, LT, RT; rep from * across.

Row 4: Rep Row 2.

Rep Rows 1-4 for Pattern #5.

Pattern #6 (worked over a multiple of 6 sts + 4 additional sts)

Row 1 (RS): K4, *p2, k4; rep from * across.

Row 2: P4, *k2, p4; rep from * across.

Row 3: 2/2 LC, *p2, 2/2 LC; rep from * across.

Row 4: Rep Row 2.

Rep Rows 1-4 for Pattern #6.

Pattern #7 (worked over an even number of sts)

Row 1 (RS): *P1, k1; rep from * across.

Row 2: Knit.

Rep Rows 1 and 2 for Pattern #7.

Sleeve pattern (worked over a multiple of 4 sts + 2 additional sts)

Row 1 (RS and WS): K2, *p2, k2; rep from * across.

Rep Row 1 for Sleeve pattern.

NOTES:

1. Pullover is made in 4 pieces: Back, Front, and 2 Sleeves.
2. The Back and Front are worked in 3 panels of 3 blocks each. Each block is worked in a different yarn color and pattern stitch.
3. As you work, refer to the schematics to reference yarn colors and st patterns used on the blocks.
4. When changing color leave long yarn tails for sewing. Side edges of panels are sewn tog to complete pieces.
5. The Sleeves are worked in one piece and one color.
6. When you see '- 12 sts' at the end of a sentence, this is the number of sts you will have after working that row. When the pattern says to 'work even' this means that you continue in the specified st or pattern and keep the number of sts the same – without increasing or decreasing. When you see 'as established' in the instructions, this means to continue in the current pattern st, lining up sts as in previous rows.

BACK

With F, cast on 102 (126, 138) sts.

Working back and forth on circular needle as if working on straight needles, work in Pattern #1, beg with Row 1, until piece measures about 3 1/2 (4, 4 1/2) in. (9 (10, 11.5) cm) from beg, end with a Row 2 (WS row) as the last row you work.

First Panel

First Block

Row 1 (RS): K1, kfb, k30 (36, 42), kfb, k1, place next 34 (46, 46) sts on a holder for second panel, place rem 34 (40, 46) sts on a 2nd holder for third panel – 36 (42, 48) sts rem on needle for first panel.

Continue work over the 36 (42, 48) first panel sts only.

Row 2: P1 (for edge st), work Row 2 of Pattern #2 to last st, p1 (for edge st).

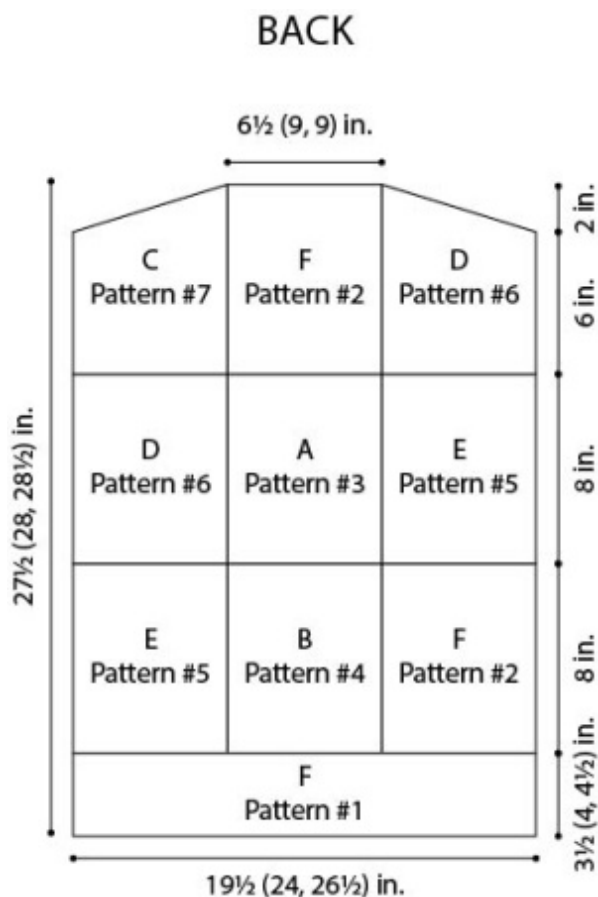
Row 3: K1, work next row of Pattern #2 to last st, k1.

Keeping edge sts in St st (k on RS, p on WS), continue in Pattern #2 over sts between edge sts until block measures about 8 in. (20.5 cm), ending with a WS row as the last row you work. **Note:** Piece should measure about 11 1/2 (12, 12 1/2) in. (29 (30.5, 32) cm) from beg.

Second Block

Change to E.

Keeping edge sts in St st, work Pattern #5, beg with Row 1,



between edge sts until block measures about 8 in. (20.5 cm), ending with a WS row as the last row you work. **Note:** Piece should measure about 19 1/2 (20, 20 1/2) in. (49.5 (51, 52) cm) from beg.

Third Block

Change to D.

Keeping edge sts in St st, work Pattern #6, beg with Row 1, between edge sts until block measures about 6 in. (15 cm), ending with a WS row as the last row you work. **Note:** Piece measures about 25 1/2 (26, 26 1/2) in. (65 (66, 67.5) cm) from beg.

Shape Shoulder

Row 1 (RS): Bind off 6 (7, 8) sts, work in patterns as established across – 30 (35, 40) sts.

Row 2: Work in patterns as established across.

Rep last 2 rows until all sts have been bound-off.

Second Panel

Return 34 (46, 46) second panel sts to needle.

Join B, so that you are ready to work a RS row.

First Block

Row 1 (RS): K1, kfb, k to last 2 sts, kfb, k1 – 36 (48, 48) sts.

Row 2: P1 (for edge st), work Row 2 of Pattern #4 to last st, p1 (for edge st).

Row 3: K1, work next row of Pattern #4 to last st, k1.

Keeping edge sts in St st, work Pattern #4 between edge sts until block measures same as first block of first panel, end with a WS row as the last row you work.

Second Block

Change to A.

Keeping edge sts in St st, work Pattern #3, beg with Row 1, between edge sts until block measures same as second block of first panel, end with a WS row as the last row you work.

Third Block

Change to F.

Keeping edge sts in St st, work Pattern #2, beg with Row 1, between edge sts until piece measures about 27 1/2 (28, 28 1/2) in. (70 (71, 72.5) cm) from beg.

Bind off.

Third Panel

Return 34 (40, 46) third panel sts to needle.

Join E, so that you are ready to work a RS row.

First Block

Row 1 (RS): K1, kfb, k to last 2 sts, kfb, k1 – 36 (42, 48) sts.

Row 2: P1 (edge st), work Row 2 of Pattern #5 to last st, p1 (edge st).

Row 3: K1, work next row of Pattern #5 to last st, k1.

Keeping edge sts in St st, work Pattern #5 between edge sts until block measures same as first block of first panel, end with a WS row as the last row you work.

Second Block

Change to D.

Keeping edge sts in St st, work Pattern #6, beg with Row 1, between edge sts until block measures same as second block of first panel, end with a WS row as the last row you work.

Third Block

Change to C.

Keeping edge sts in St st (k on RS, p on WS), work Pattern #7, beg with Row 1 between edge sts until block measures same as third block of first panel, end with a WS row as the last row you work.

Shape Shoulder

Row 1 (RS): Work in patterns as established across.

Row 2: Bind off 6 (7, 8) sts, work in patterns as established across – 30 (35, 40) sts.

Rep last 2 rows until all sts have been bound-off.

Sew side edges of panels together. The edge sts will disappear into the seam.

FRONT

Cast on and work same Back to First Panel.

First Panel

Work same as Back first panel to Shape Shoulder.

Shape Shoulder and Neck

Row 1 (RS): Bind off 6 (7, 8) sts, work in patterns as established across – 30 (35, 40) sts.

Row 2: Bind off 1 (2, 3) sts, work in patterns as established across – 29 (33, 37) sts.

Row 3: Bind off 6 (7, 8) sts, work in patterns as established across – 23 (26, 29) sts.

Row 4: Bind off 1 st, work in patterns as established across – 22 (25, 28) sts.

Row 5: Bind off 6 (7, 8) sts, work in patterns as established across – 16 (18, 20) sts.

Row 6: Bind off 1 st, work in patterns as established across – 15 (17, 19) sts.

Row 7: Bind off 6 (7, 8) sts, work in patterns as established across – 9 (10, 11) sts.

Row 8: Bind off 1 st, work in patterns as established across – 8 (9, 10) sts.

Row 9: Bind off 6 (7, 8) sts, work in patterns as established across – 2 sts.

Row 10: Work as established over rem 2 sts. Bind off.

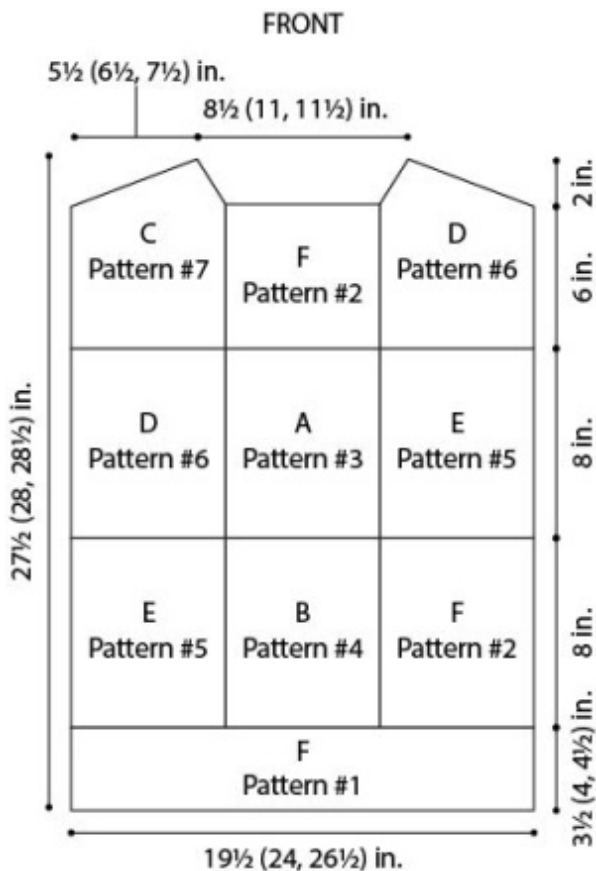
Second Panel

Work same as Back second panel until piece measures about 25 1/2 (26, 26 1/2) in. (65 (66, 67.5) cm) from beg. Bind off.

Third Panel

Work same as Back third panel to Shape Shoulder.

Shape Shoulder and Neck



Row 1 (RS): Bind off 1 (2, 3) sts, work in patterns as established across – 35 (40, 45) sts.

Row 2: Bind off 6 (7, 8) sts, work in patterns as established across – 29 (33, 37) sts.

Row 3: Bind off 1 st, work in patterns as established across – 28 (32, 36) sts.

Row 4: Bind off 6 (7, 8) sts, work in patterns as established across – 22 (25, 28) sts.

Row 5: Bind off 1 st, work in patterns as established across – 21 (24, 27) sts.

Row 6: Bind off 6 (7, 8) sts, work in patterns as established across – 15 (17, 19) sts.

Row 7: Bind off 1 st, work in patterns as established across – 14 (16, 18) sts.

Row 8: Bind off 6 (7, 8) sts, work in patterns as established across – 8 (9, 10) sts.

Row 9: Bind off 1 st, work in patterns as established across – 7 (8, 9) sts.

Row 10: Bind off rem 6 (7, 8) sts.

Sew side edges of panels together. The edge sts will disappear into the seam.

SLEEVES (make 2)

With F, cast on 50 (54, 58) sts. Working back and forth on circular needle, work in Pattern #1, beg with Row 1, until piece measures about 3 1/2 (4, 4 1/2) in. (9 (10, 11.5) cm) from beg, end with a WS row as the last row you work.

Decrease Row (RS): (K2 (3, 4), k2tog, k3, k2tog) 5 times, k to end of row – you will have 40 (44, 48) sts.

Row 1 (WS): P1 (for edge st), work in Sleeve pattern across to last st, p1 (for edge st).

Row 2: K1 (edge st), work in Sleeve pattern across to last st, k1 (edge st).

Rows 3-13 (3-9, 3-7): Rep last 2 rows for 5 (3, 2) more times.

Row 14 (10, 8) Increase Row: K1, kfb, work in pattern as established to last 2 sts, kfb, k1 – 42 (46, 50) sts.

Rep Rows 1-14 (1-10, 1-8) for 5 (7, 9) more times, working the increased sts into established patterns – 52 (60, 68) sts.

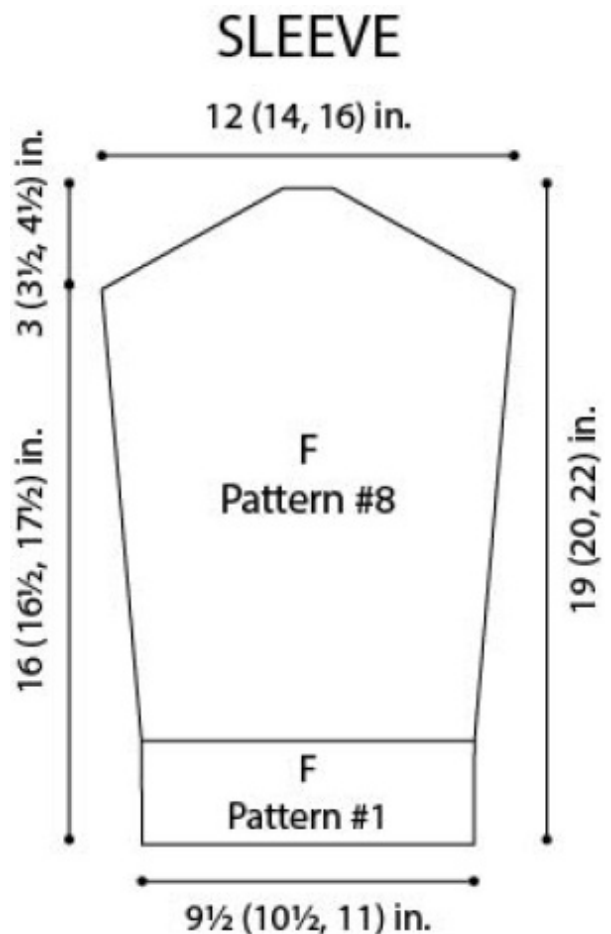
Keeping first and last sts in St st for edge sts, rem sts in Sleeve pattern as established, work until piece measures about 16 (16 1/2, 17 1/2) in. (40.5 (42, 44.5) cm) from beg, end with a WS row as the last row you work.

Shape Sleeve Cap (top of Sleeve)

Row 1: Bind off 2 sts, work in patterns as established to end of row – 50 (58, 66) sts.

Rep last row 21 (25, 29) more times.

Bind off rem 8 sts.



FINISHING

Sew Front to Back at shoulders.

Neckband

Note: Instructions are provided for the number of neck edging sts picked up by the designer. Everyone's tension is slightly different though! We suggest that you pick up any even number of sts around the Pullover neck to create a smooth edge.

Pick up and k98 (118, 122) sts as evenly spaced as possible around neck edge. Place marker for beg of rnd. Join by working the first st on left hand needle with the working yarn from the right hand needle. As you work the neckband, always slip the marker as you come to it.

Rnd 1: *K1, p1; rep from * around.

Rnd 2: Knit.

Rnds 3-8: Rep Rnds 1 and 2.

Rep Rnd 1, binding off as you work.

Matching the center of the Sleeve cap to the shoulder seam of the Pullover, sew in Sleeves.

Matching the underarm seams, sew side and Sleeve seams.

Weave in ends.

A = #150 Mount Rainier

B = #153 Black Canyon

C = #126 Sequoia

D = #124 Big Bend

E = #098 Acadia

F = #151 Katmai

ABBREVIATIONS / REFERENCES	
Click for explanation and illustration	
<u>beg = begin(s)(ning)</u>	<u>k = knit</u>
<u>k2tog = knit 2 together</u>	<u>p = purl</u>
<u>rem = remain(s)(ing)</u>	<u>rep = repeat(s)(ing)</u>
<u>rnd(s) = round(s)</u>	<u>RS = right side</u>
<u>St st = Stockinette stitch</u>	<u>st(s) = stitch(es)</u>
<u>tog = together</u>	<u>WS = wrong side</u>

Learn to knit instructions: <http://learnToKnit.LionBrand.com>

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