EXOS FORM™ II
631/637

NOT TO BE USED FOR DJO BILLING PURPOSES

DOCUMENTATION WORKSHEET: RETAIN IN PATIENT RECORD

Doctor: _____ Fitter: _____

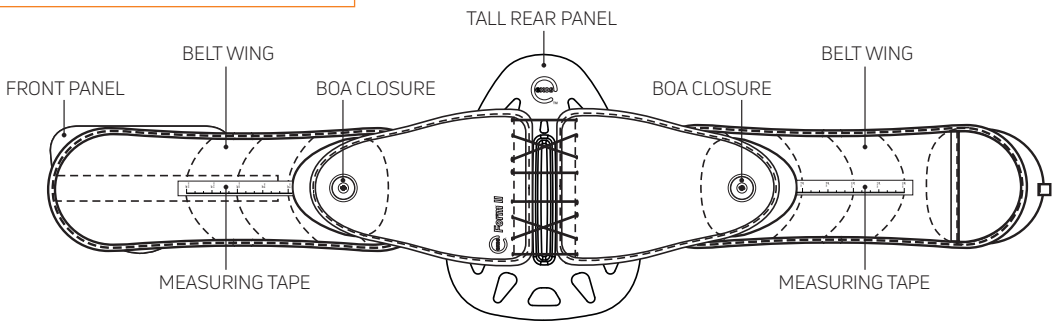
Patient Name: _____ Date: _____

Patient #: _____ Additional Follow-Up Dates: _____

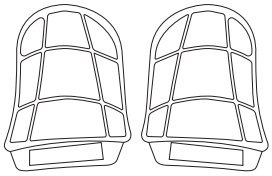
TOOLS NECESSARY: Scissors • Heat Gun • Tape Measure • Exos Oven

CHECK APPROPRIATE BOX: ☐ Exos FORM II 631 ☐ Exos FORM II 637

PRODUCT COMPONENTS



EXTENSION SIDE PANELS:
(INCLUDED WITH MODEL 637)

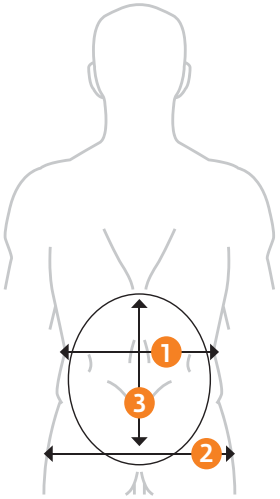


CLINICAL JUSTIFICATION FOR CUSTOMIZING BRACE

THIS PRODUCT IS INTENDED FOR APPLICATION BY A QUALIFIED INDIVIDUAL AS DIRECTED BY A PHYSICIAN OR OTHER QUALIFIED HEALTHCARE PROFESSIONAL. THIS IS A PREFABRICATED ORTHOSIS. IT IS INTENDED TO BE CUSTOMIZED TO AN INDIVIDUAL PATIENT. FOLLOW THE STEPS BELOW TO CUSTOMIZE.

STEP 1 - MEASUREMENTS

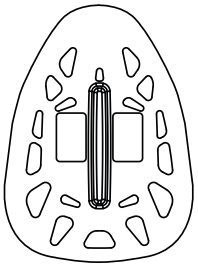
1. Lower rib circumference = _____
2. Hip circumference = _____
3. Sacrococcygeal Junction to Thoracic Vertebrae (T9) = _____



TIME SPENT: _____

STEP 2 - CUSTOMIZE TALL REAR PANEL TO ANATOMY

Measure patient's lordosis and then customize Tall Rear Panel to anatomy.



A. Separate the panel from the Belt Wings and remove foam liner.

B. Heat the panel (or portion of panel) until malleable.

C. Shape appropriately and let cool.

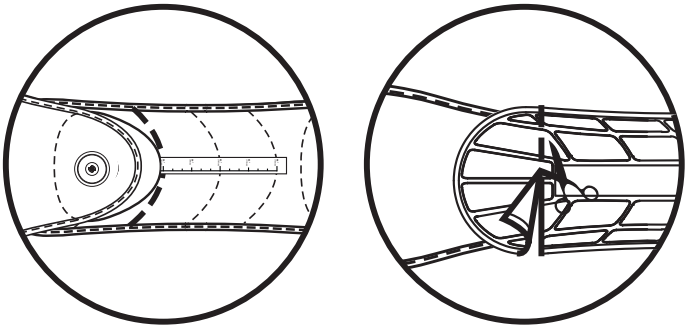
D. Trim panel and liner if necessary.

E. Reassemble.

Heat form to individual patient's anatomy and contour to create intimate fit for individual lordosis and soft tissue. Trim for individual patient's anatomy based on 3 _____

TIME SPENT: _____

STEP 3 - CUSTOMIZE SIZING



SIZING IS CRITICAL TO PROPER PERFORMANCE

Use the measurements below to customize to patient's anatomy.

A. It may be necessary to adjust Belt Wing length by trimming. To customize the Belt Wing length:

1. Use waist circumference (average of 1 and 2 _____) to determine proper sizing.
2. Trim Belt Wing according to removable Measuring Tape.

B. Add-on components (Front Panel and/or Tall Rear Panel) may require factoring in more Belt Wing length.

☐ YES. AMOUNT CUT _____ ☐ NO

TIME SPENT: _____

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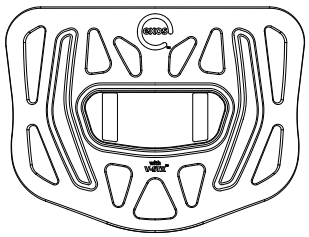
STEP 4 - CUSTOMIZE FRONT PANEL

MODIFY FRONT PANEL AS NECESSARY

TIME SPENT: _____



To customize Front Panel:

A. Separate the panel from the Belt Wings and remove foam liner.

B. Heat the panel until malleable.

C. Shape appropriately and let cool.

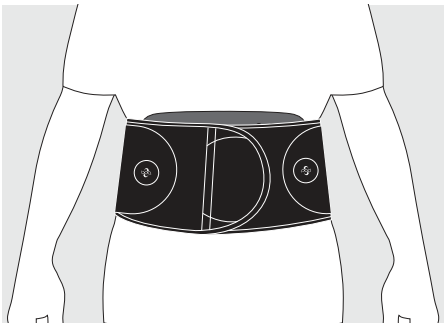
D. Reassemble.

STEP 5 - CUSTOMIZE BELT FIT

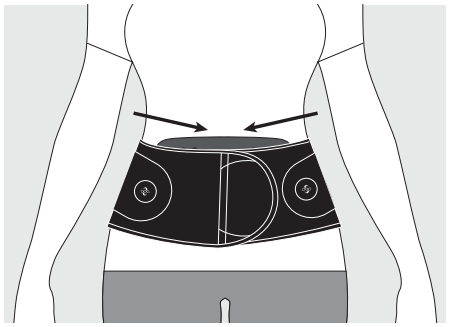
ANGLE BELT WINGS

Circumferential contact at both upper and lower margins of brace is essential for proper brace performance and support. Determine angulation for proper fit.

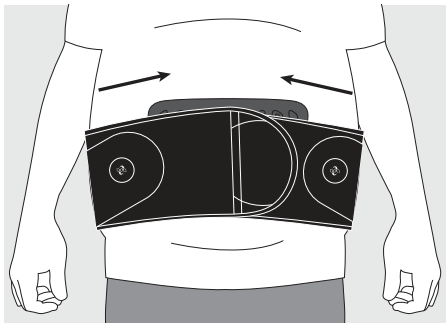
Angle Belt Wings:



☐ Neutral



☐ Inferior Angulation



☐ Superior Angulation

TIME SPENT: _____

STEP 6 - EDUCATION

EDUCATE PATIENTS

Proper education is needed for individual to maintain proper fit throughout total time of wear.

Items to educate patients on:

- ☐ BOA Closure System
- ☐ Don and doffing
- ☐ Proper angulation to ensure circumferential contact
- ☐ Proper placement of brace
- ☐ Proper cleaning
- ☐ Follow up appointments
- ☐ Watch patient application video
- ☐ Provide patient application instruction sheet

TIME SPENT: _____

TOTAL TIME TO CUSTOMIZE BRACE: _____

For product assistance, please contact Product Support
at 1-888-405-3251 or email product.specialist@djoglobal.com

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