GET OUT

The Tennessee, Ohio, Cumberland, and Mississippi Rivers (four of the eastern United States's most important waterways) all converge in western Kentucky.

The US Army Corps of Engineers (USACE) manages 20 locks and dams along the 981 miles of the Ohio River and 10 dams and 4 locks on the Cumberland River, while the Tennessee Valley Authority manages nine dams along 652 miles of the Tennessee River. The largest tributary of the Ohio River; the Tennessee River is part of the nation's Inland Waterway System, along with the Mississippi, Missouri, Illinois and Arkansas rivers, as well as the Gulf Intercoastal Waterway and a host of smaller tributary rivers. In this water-abundant part of western Kentucky and Tennessee, Lake Barkley and Kentucky Lake are joined by a canal, creating a massive amount of recreational fun and opportunities. Here you'll find the Land Between the Lakes National Recreation Area, boasting 170,000 acres of protected forest brimming with hiking, camping, and paddling galore. In addition, large amounts of land have been set aside as part of the five National Wildlife Refuges in this area, and an abundant amount of wildlife management areas managed by the Kentucky Department of Fish and Wildlife and the Tennessee Wildlife Resources Agency. Another popular and smaller waterway is the Clarks River, a very good option for paddling activities. To the north is the Shawnee National Forest, another major center for land-based outdoor recreation activities.

Whether you are stepping into your boat, going for a hike, or gearing up for the hunt having a little back-pocket information is key. Here is some simple information about some of this area's best recreational opportunities-where to show up, how to get there and what to bring along. One of the most amazing things about the Tennessee River system and its tributaries is how easy it is for you to get to places to relax and recreate. As part of its mission of service, the Tennessee Valley Authority (TVA) manages its public lands and waters to support recreation so that the Tennessee Valley remains one of the best places in the country to live, work and play.

TVA'S DAMS

Kentucky Dam is 22 miles upstream from the confluence of the Tennessee River with the Ohio. The dam is the longest in the TVA system, and the reservoir—which stretches for 184 miles across Kentucky and Tennessee—is the largest in the eastern US.

Kentucky Lake is home to many varieties of fish, including largemouth and smallmouth bass, catfish, bluegill, sauger and crappie. Numerous marinas and launching ramps dot the coves of the Kentucky Lake shoreline.

Located on the shores of Kentucky Lake are the Land Between the Lakes National Recreation Area, four state parks, the Tennessee National Wildlife Refuge, numerous public access areas and numerous state wildlife management areas. There are resorts and campsites, and areas for swimming and picnicking. Water skiing, sailing and windsurfing are popular here, as well as bicycling, horseback riding, hunting and fishing.

When paddling near a dam, please know: Water release schedules can change without notice due to unanticipated changes in weather conditions and power system requirements. The depth and swiftness of the river can change rapidly. Your safety depends on obeying all posted safety regulations and warnings. Information about the recreation releases can be found on www.tva.gov/Environment/Recreation/Recreation-Release-Schedules. You can also check out information for Kentucky Dam at www.tva.gov/Environment/Lake-Levels or download TVA's Lake Info app. Or you can call (800) 238-2264 (toll-free) and select option 1 for observed levels and select 33 for Kentucky Dam on the Tennessee River or select 40 for Barkley Dam.

TVA PUBLIC LANDS

The public lands entrusted to TVA for stewardship are available for hiking, birdwatching, camping, fishing, hunting and other informal recreational pursuits. Some important regulations to protect the resources and your safety should be followed. Camping in a primitive campsite on TVA lands is allowable up to 14 days. You should follow all state hunting seasons and regulations. In addition, motorized vehicles, cutting or removing vegetation, target shooting or removal of cultural artifacts are not allowed on TVA public lands. For more information visit www.tva.com/undeveloped, or call the TVA's Public Lands Information Center at (800) TVA-LAND (toll-free).

NATIONAL WILDLIFE REFUGE LANDS

Clarks River National Wildlife Refuge is a bottomland hardwood forest located in western Kentucky and lies along the Clarks River, which flows 40 miles through the refuge. The refuge currently consists of ~9,000 acres and is a seasonal home to over 200 different species of birds. It is known for its wetland habitat diversity and bottomland hardwood forest. Hunters and fishermen are required to obtain and sign a Refuge Annual Hunting Permit before arriving to hunt on the refuge.

Tennessee National Wildlife Refuge was established in 1945 as a resting and feeding area for wintering waterfowl and other migratory birds. The refuge consists of 51,358 acres of water, forests, farmland, wetlands, and grasslands and is home to over 300 species of birds. There are three units: Duck River, Big Sandy, and Busseltown located on and around Kentucky Lake in Tennessee. Hunters and fishermen are required to obtain and sign a Refuge Annual Hunting Permit before arriving to hunt on the refuge and carry a valid state hunting license. The Refuge Annual Hunt Permit may be purchased only through Tennessee Wildlife Resources Agency (TWRA) licensing agents, online at www.gooutdoorstennessee.com, or on the TWRA mobile app.

National Recreation Area Lands - Land Between the Lakes www.landbetweenthelakes.us/ Whistle or other sound signaling device is managed by the US Forest □ Certified life jacket for each person Service and spans 170,000 acres in both Tennessee and Kentucky. D Photo identification There are over 500 miles of trails and Drinking water (no glass, please) 200 miles of scenic roads, including the Woodlands Trace National Scenic ☐ Flashlight Byway. The Canal Loop Trail is known ☐ Insect repellant and sunscreen ☐ First aid kit as the most popular trail for mountain □ Extra clothes and waterproof bags biking. It is a moderate-difficult, 11-mile single-track loop trail. You will also find over 20 trails for hiking. For a list of basic and developed campgrounds, please visit the Land Between the Lakes website, www.landbetweenthelakes.us/reservations. Permits are required for basic camping, hunting, and horse day-riding.

State Wildlife Management Agency Lands https://app.fw.ky.gov/solar/

State Parks - There are four Kentucky State Resort Parks in this region (Lake Barkley, Kentucky Dam Village, Kenlake, and Pennyrile Forest) and three Tennessee State Parks (Paris Landing, Nathan Bedford Forrest, and Johnsonville) within this region. Please visit https://parks.ky.gov/ and https://tnstateparks.com/ for detailed information.

Historic Sites - The Mississippi, Tennessee, Ohio and Cumberland Rivers were important rivers of the region during the US Civil War as a mode of transporting troops into the southern region. Several historic forts and battles occurred along these rivers and the National Park Service manages several units in the area, including Fort Donelson National Battlefield. For more information, please visit https://www.nps.gov/fodo/index.htm.

BE A GOOD STEWARD

The Tennessee River is known for its clean water and pristine rural shorelines. Here's how you can help play a part in keeping the river beautiful:

Use established boat ramps. Shorelines are fragile ecosystems; please restrict launching and landing to designated areas only.



Look, don't touch. Do not disturb any natural or cultural resources you may

- Respect private property. Do not trespass above the high water mark.
- Be a happy camper. Camp only in designated areas.
- Don't play with fire. No campfires unless otherwise designated.

PARTNERS:









Mobile phone (coverage subject to availability)

Camping supplies, if camping

□ Fishing license, if fishing

To purchase your Kentucky fishing and hunting license please visit FW.KY.GOV

















WESTERN KENTUCKY TO SHAWNEE NATIONAL **Livingston County FOREST** WMA and State Natural Area HLLINOIS **Ohio River** Islands WMA TO ohio River 45 CAPE GIRARDEAU 60 51 **Metropolis** West **Ballard WMA** Kentucky **WMA** 57 f 60 **Boatwright** Calvert **Paducah WMA** City Kentucky Dam Village State Wood's Walk Resort Park Wickliffe Mounds State Cairo Horse Trail **Historic Site** Mayfield Creek 68 62 Clarks River 60 641 62 (Refuge Bear Creek National Wildlife Coil **Estate WMA** (I-69_/ **Doug Benton Travis WMA** Kaler **Bottoms** WMA 51 641 Obion Columbus-Belmont Creek WMA State Park Mayfield MISSOURI TO LAND BETWEEN THE LAKES I-69 Obion KENTUCKY Creek WMA **Reelfoot National** Hickman Wildlife Refuge **fishing Pier** Trailhead Boat Access **Camping** Black Bayou Refuge **Small Boat Access State Park** Reelfoot National 45W **Carrydown Only** Wildlife Management Area Wildlife Refuge Reelfoot WMA **National Wildlife Refuge Bank Access Union City** Reelfoot 20 641 Lake State Park 51 Miles Land Between the Lakes Administration Office: (270) 883-1379 Lake Isom Land Between the Lakes, General Questions: (270) 883-1559 TENNESSEE **National** Clark's River National Refuge Office: (270) 527-5770 Kentucky Dam Village State Park: (270) 362-4271 Reelfoot National Wildlife Refuge: (731) 538-2481 Wildlife Refuge Tennessee National Wildlife Refuge: (731) 642-2091 Cross Creeks National Wildlife Refuge: (931) 232-7477 **Paris** You can also check out information for Kentucky Lake at **tva.com/lakelevels** or download TVA's **Obion River** Lake Info app. Or you can call (800) 238-2264 (toll-free) and select option 1 for observed levels and select 33 for Kentucky Dam on the Tennessee River or select 40 for Barkley Dam. Gooch Three **WMA** WMA **Rivers WMA** Data Source: KyGeoNet (http://kygeonet.ky.gov/) Bear Creek For more information and online maps visit: https://www.landbetweenthelakes.us/watertrails/ or 45W⁽ www.tva.com/recreation **Maness** TO Swamp Refuge 45E JACKSON, TN

DISCLAIMER: The featured map is for illustrative purposes only and is not intended, and should not be relied upon, to provide accurate locations, directions, or data. Paddle at your own risk. Fallen trees, built structures, and other hazards are present in the water. Be alert to weather conditions, water levels and flow, and river traffic. Know your abilities. Boating involves some risk of drowning, injury, or death. TVA is not responsible for your personal safety or for your vehicle and is not liable for injury to you or damage to your vehicle, boat, or personal property.

LAND BETWEEN THE LAKES REGION **Livingston County** Carrydown Only Camping **WMA** and State 60 **Natural Area Wildlife Management Area Trailhead Army Corp Recreation Area** Dam Boat Access **US Forest Service Area State Park Fishing Pier National Wildlife Refuge Bank Access** Mineral Mound **State Park** Small Boat Access Gilbertsville | Eureka 20 Miles Kentucky Dam Village State The Golden Pond Visitor Center: (270) 924-2233 Grand The Forest Service Admin Office: (270) 924-2000 **Resort Park Rivers** You can also check out information for Kentucky Lake at **tva.com/lakelevels** or download TVA's Lake Info 24 app. Or you can call (800) 238-2264 (toll-free) and select option 1 for observed levels and select 33 for Kentucky Dam on the Tennessee River or select 40 for Barkley Dam. There are 21 camping sites within Land Lake Between the Lakes; including four developed campgrounds. For locations and information, please visit **Barkley Canal Barkley** https://www.landbetweenthelakes.us/seendo/camping/ **WMA** Data Source: KyGeoNet (http://kygeonet.ky.gov/) Sledd Creek-TVA For more information and online maps visit: https://www.landbetweenthelakes.us/watertrails/ or www.tva.com/recreation 68 Clarks River Kentucky I Land Between The Lake WMA **National Lakes National** TO Wilderness Stable HOPKINSVILLE **Recreation Area** Wildlife Lake Barkley Refuge State Resort Park TO Kenlake BENTON State AND Resort > MAYFIELD Park Fort Campbell KEN TUCKY Military Reservation Barkley WMA Kentucky Lake WMA Dover 79 Beechy Kentucky Creek WMA 641 Lake WMA Barkley WMA Unit 1-Dyer's Creek **Fort Heiman Cross Creeks** National **National TENNESSEE Battlefield** Wildlife Refuge River Fort Donelson Barkley **National Paris Landing Imperial WMA Unit** State Park **Battlefield** 2-Lick Creek **Pace Point Big Sandy Cumberland City Tennessee Bobcat Den National Paris** Wildlife Refuge 69A **Broadview** Big Sandy WMA **Big Sandy** 641 West Sandy TO CAMDEN

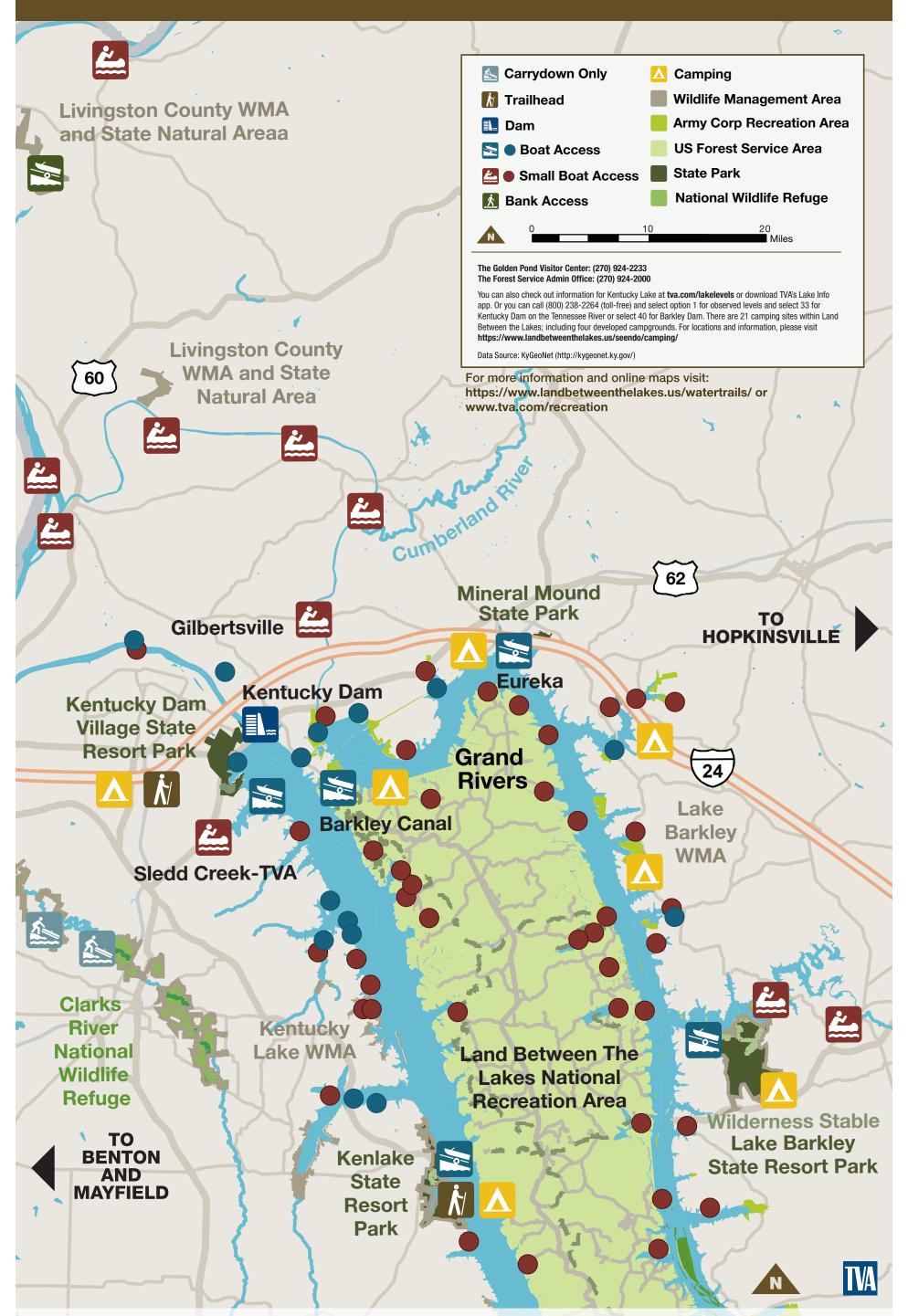
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HOPKINSVILLE, KENTUCKY 41 (TO EVANSVILLE Clear 231 ⁽ Creek WMA Peabody Peabody WMA 41 431 Green Greenville (I-69₎ 41A Jones-**Paradise Fossil** Keeney **Tradewater Plant** WMA **WMA** Pennyrile Lake Malone State Park **Nature Lake** Wildflower Laurel **Pennyrile Forest** State Resort Park 431 TO PADUCAH TO **BOWLING GREEN** 68 **Hopkinsville** Russellville 68 (AND BETWEEN **∕68**B **Jefferson Davis State Historic Site** THE LAKES **\begin{aligned} 431** Fort Campbell 79 Military 24 Reservation TENNESSEE {41} 41A 79 Clarksville **fishing Pier** Camping **Dover Boat Access Army Corp Recreation Area** Small Boat Access **Wildlife Management Area** }41A⟨ Cross Creeks Carrydown Only **State Park National National Wildlife Refuge** Wildlife Refuge **Bank Access** Pennyrile Forest State Resort Park: (270) 797-3421 Lake Malone State Resort Park: (270) 657-2111 You can also check out information for Kentucky Lake at **tva.com/lakelevels** or download TVA's Lake Info app. Or you can call (800) 238-2264 (toll-free) and select option 1 for observed levels and select 33 for **Cumberland City** Kentucky Dam on the Tennessee River or select 40 for Barkley Dam. Data Source: KyGeoNet (http://kygeonet.ky.gov/) For more information and online maps visit: https://www.landbetweenthelakes.us/watertrails/ or www.tva.com/recreation Sumberland **Nashville**

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River

LAND BETWEEN THE LAKES NORTH



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LAND BETWEEN THE LAKES SOUTH Kenlake State Resort **Park** KENTUCKY Barkley **Land Between The WMA Lakes National Recreation Area Kentucky Lake WMA** 79 **Dover Beechy Kentucky Creek WMA Barkley WMA Unit** Lake WMA 1-Dyer's Creek **Fort Heiman National** Battlefield Fort Donelson **National Paris Landing Barkley Battlefield WMA Unit State Park** 2-Lick Creek **Pace Point Cross Creeks National** Wildlife Refuge **Big Sandy** Unit TO **HOPKINSVILLE Tennessee Bobcat Den National** Wildlife Refuge **Trailhead** Wildlife Management Area **Army Corp Recreation Area** Camping Boat Access **US Forest Service Area** 69A **Broadview** Small Boat Access **National Wildlife Refuge Big Sandy WMA** 20 **Big Sandy** Miles 641 The Golden Pond Visitor Center: (270) 924-2233 The Forest Service Admin Office: (270) 924-2000 **West Sandy** You can also check out information for Kentucky Lake at tva.com/lakelevels or download TVA's Lake Info app. Or you can call (800) 238-2264 (toll-free) and select option 1 for observed levels and select 33 for Kentucky Dam on the Tennessee River or select 40 for Barkley Dam. There are 21 camping sites within Land Between the Lakes; including four developed campgrounds. For locations and information, please visit https://www.landbetweenthelakes.us/seendo/camping/ Data Source: KyGeoNet (http://kygeonet.ky.gov/) TO **BENTON** For more information and online maps visit: https://www.landbetweenthelakes.us/watertrails/ or www.tva.com/recreation **MAYFIELD** TO CAMDEN