

Portable Massage Table User Manual

For Use With The Model Numbers Below:

IT-C62T-H1TS, RK-IO6F-YA6L, SC-1001, SC-1004, SC-1005-MF, SC-1006-MF, SC-401, SC-402, SC-500, SC-501, SC-501A, SC-501A-MF, SC-601, SC-701, SC-702, SC-901, SC-901-ALU, SC-902, SC-903, SC-DLX100, SC-DLX100FB, SC-SPT100, TC-C62T-BLACK

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The recommendations and suggestions regarding the use, care, and assembly of our products are meant to serve as a guide and not guarantee the performance of any given product. Sierra Comfort does not reserve the right to control the use of its product. We are not responsible if our products are used in a way that is not intended and/or not in accordance with local, state, or federal law.

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#### WARRANTY

1) Sierra Comfort guarantees that all new purchases, referred to hereinafter as the "product," are free from any manufacturing defects in material and workmanship.

2) This warranty is applicable only to defects in workmanship and material and does not apply to normal wear and tear; altered or removed parts; improper use; bad assembly; lack of maintenance; accidents; spills; exposure to extreme conditions; or incidental and consequential costs such as storage, telephone, rental, shipping, transportation, inconvenience, loss of income, loss of time, or other consequential damages.

3) If a product is damaged in shipment or fails to function properly upon delivery, Sierra Comfort will replace the product in full. If a replacement part is needed, we will ship the associated part to the original purchaser at our expense. The customer is responsible for all warranty shipment costs and any product shipped by the purchaser for inspection or repair must be shipped with transportation costs prepaid.
4) Our limited warranty is valid for 5 years from the date of purchase and is applicable only to the original purchaser. This limited warranty covers all mechanical features, the table legs, head cradle assembly, arm

sling, and all associated hardware. 5) Our obligation under this warranty is limited to

repairing defective parts or replacing parts as necessary to remove malfunction from defects in material as covered by our warranty. Sierra Comfort reserves the right to improve the design of its product without any obligation to improve a product previously manufactured

### **GENERAL STATEMENT & INTENDED USE**

Sierra Comfort portable massage tables are designed and manufactured to be used responsibly and for intended use only. Our tables are built specifically for massage practices within the guidelines of all warning and instruction manuals. At no time should the table be used in excess of its working weight capacity (weight of subject on the table, plus the amount of pressure being applied to the subject). When receiving treatment, clients/patients should remain immobile with weight and body position distributed evenly along the tabletop. Never should more than one person be allowed on the table at once.

Misuse, excessive force or movement, and/or direct pressure may cause structural components to fail, potentially resulting in injury to the client and/or operator.

Prior to use of your Sierra Comfort massage table, please be certain to read carefully the owner's manual and all warning labels included. Proper setup, use, and care of your table will prevent accidents and injury, as well as maintain the integrity of the product. Any questions or uncertainties regarding your Sierra Comfort massage table should be emailed directly to our customer service department at support@sierracomfort.com.

# **SAFETY & WARNING SYMBOLS**

The safety and warning symbols inserted throughout the instruction manual are for the purpose of preventing injury or damage to the user, client, or product. Take special note to any instruction indicated by the warning or caution symbols, and always be mindful when using your product.

### CAUTION



Symbol indicates a potentially hazardous situation which could result in equipment damage and/or injury.

### READ ALL WARNING STATEMENTS BELOW IN ORDER TO PREVENT INJURY / MALFUNCTION



1. Prior to using your table, please carefully read the owner's manual, instructions, and any warning labels included on the product.

2. Before using, thoroughly inspect all areas of the massage table and included accessories for any manufacturing defects; especially beware of warped or cracked wood, frayed / deteriorated support wires, loose hardware, and misalignment of any parts.

3. Prior to use, be sure that all four table legs are adjusted to the same height. Always position your table in an area having a level surface so that all four feet remain firmly on the ground.

4. When moving onto or off of the tabletop, be sure to do so with ease and towards the center of the table where most stable.

5. When receiving treatment, clients/patients should remain immobile with weight and body position distributed evenly along the tabletop.

6. Avoid any sudden and direct pressure on the tabletop. Never stand, jump, or move erratically on the table.

7. Never should there be more than one person on the table at once.

8. Do not apply more than 450 lbs. (205 kg) of total working weight to the table. NOTE; the total working weight is equal to the weight of the subject on the table plus the weight added through downward pressure.

9. Do not apply more than 25 lbs. (11.33 kg) of total working weight to the face cradle.

10. Avoid overloading one side of the table. Uneven and excess weight on one side may cause the table to lift, tilt, or collapse.

### TABLE SETUP AND USE

#### **1. PLACE TABLE ON SIDE**

Place the massage table on its side with the handle straps facing upward.



#### 2. RELEASE BUCKLES

Release the buckles at the end of the table and open half-way. Remove all included accessories from inside the table.





### **3. INSPECT TABLE**

Before each use, thoroughly inspect all areas of the massage table; pay close attention to the support wires/cables, being sure that no areas are severed or frayed. The wires should pivot freely when positioned accordingly. Be certain no areas are overtightened.

#### 4. GRASP HANDLES

Stand behind the massage table and grasp both handle straps. Pull the straps toward you so that the table straightens and the legs release. To turn table upright, move around to its opposite side; grasp one strap and place your outside foot down onto the bottom leg, pulling up and in on the strap until the table turns on all four legs.





# 5. POSITION THE TABLE ON A LEVEL SURFACE

Once all four table legs are positioned on the ground, push downward on the middle of the table so that it is level. Be certain all feet are flat on the ground and resting on a firm and level surface.

#### 6. APPROACH TABLE AT CENTER WITH EASE

When moving onto or off of the tabletop, be sure to do so with ease and towards the center of the table where most stable.



Be certain all feet are resting on a firm and level surface.





### 7. DISTRIBUTE WEIGHT & BODY POSITION EVENLY

When receiving treatment, the client/patient should remain immobile with weight and body position distributed evenly along the tabletop.



#### 8. DO NOT EXCEED 450 LBS

Do not apply more than 450 lbs. (205 kg) of total working weight onto the table.



NOTE; the total working weight is equal to the weight of the subject on the table plus the weight added through downward pressure.

# 9. AVOID OVERLOADING & UNEVEN WEIGHT DISTRIBUTION

Avoid overloading one side of the table. Uneven and excess weight on one side of the tabletop may cause the table to lift, tilt, or collapse; potentially resulting in serious injury.



### HEIGHT ADJUSTMENT

### 1. UNSCREW KNOBS ON TABLE LEGS

Rest the table on its side and extend the table legs. Unscrew all knobs along the two legs that are off of the ground.



### 2. POSITION LEGS ACCORDINGLY

Slide the table legs up or down to the desired height/position and reinsert the knobs; tighten firmly until legs feel secure. Flip the table over to its opposite side and repeat the steps; being certain that all four legs are positioned to the same height.



### **INSTALLING ACCESSORIES:**

<u>PLEASE NOTE</u>; THE ACCESSORIES INCLUDED WILL VARY ACCORDING TO THE SPECIFIC ITEM/MODEL ORDERED. YOU MAY DISREGARD ANY STEPS BELOW IF NOT RELATED TO YOUR ITEM.

### HEADREST & FACE PILLOW

#### **1. RELEASE LOCKING LEVER**

Place headrest face down and fully release the locking lever so that the tubular arms are able to pivot freely.



#### 2. INSERT TUBLUAR ARMS

Unfold the tubular arms and insert into the circular openings at the end of the table.



#### 3. ADJUST THE ANGLE OF HEADREST & ATTACH FACE PILLOW/CUSHION

Adjust the angle of the headrest to the desired position and then move the lever downwards to lock into place. Secure the face cushion to the headrest by placing it accordingly onto the Velcro strips.

#### 4. TROUBLESHOOTING TIP

If the headrest appears loose or slips down when pressure is applied; (1) release the lever so it unlocks (2) turn the lever clockwise for 1-2 rotations (3) move the lever downward into the locked position.





# **ARM SHELF**

#### **1. INSERT TUBULAR ARMS THROUGH STRAP LOOPS**

Insert the tubular arms of the headrest through the loops at the end of the arm shelf straps.



### 2. INSERT TUBULAR ARMS INTO THE END OF THE TABLE

Insert the tubular arms into the circular openings at the end of the table.

### 3. THREAD THE REMAINING STRAP

Thread the remaining strap up through and over the end of the headrest.



#### 4. THREAD STRAP THROUGH BUCKLE & ADJUST POSITION

Thread the strap through its buckle. Adjust the arm shelf to the desired horizontal position and tighten all straps accordingly.



MAINTENANCE & CARE	<b>UPHOLSTERY CARE:</b> Remove daily dirt and grime from the table with a mild soap and warm water solution. Dry with soft, lint-free cloth. When disinfecting, use an isopropanol (rubbing alcohol) based hospital grade disinfectant cleaner. Be sure it is approved for use on polyurethane vinyl before applying. For minor stains, use a mild non-abrasive cleaner on a damp cloth. Gently wipe the surface to remove the stain and rinse thoroughly with warm water. Dry with a soft lint-free cloth.
	<b>WOOD CARE:</b> The massage table is made of select hardwoods and is finished with lacquer that requires no special care. If desired, you may polish occasionally with a quality wood care product.
STORAGE	<b>STORAGE:</b> When not in use, store the table in a cool and dry area away from direct sunlight. Do not expose the table to extreme temperatures or moisture.
CONTACT US	For information and questions regarding our products and/or services, please visit us at www.sierracomfort.com. For additional support, you may contact us at support@sierracomfort.com.



