

**Project FIRST** 

						R867-97F No. 0910-0558
						ite: 12/31/2007
	SECTION	A: HEALTH AN	ND HEALTH CAR	E		
۱.	Are you currently pregnant and at least 18 years old?					
	Yes □ No □ → (Th/	ank you, Pleas	E RETURN QUESTIO	NNAIRE IN THE EN	CLOSED POSTAGE P	AID ENVELOPE)
2.	When is your baby due? (PLEASE WRITE IN MONTH AND DAY) MONTH:					
3.	Who provides your prenatal care? (PLEASE "X" ALL THAT AN	PPLY)				
	An obstetrician A family doctor, general practitioner, i A midwife or nurse midwife Another type of health care provider I am not getting prenatal care from a h	nternist, or othe	er physician	C	2 2 2	rion 5)
ŀ.	How many weeks pregnant were you when you went for you	ur first prenatal	visit?			
	4 weeks or less	·	13 to 18 weeks 19 to 24 weeks 25 weeks or more	🗆		
•	Are you covered by any kind of health insurance or any kind program like Medicaid?	d of health care	plan, such as insu	rance obtained t	nrough an employer	or a government
	Yes	No	🗆			
-	In the past month, were you enrolled in the WIC program or children? (WIC is a program that gives food to pregnant and	did you get WI d nursing wome	C food or vouchers en, babies, and you	s for yourself or f ung children.) <b>(P</b> i	or any of your _EASE "X" ALL THAT	APPLY)
		my child was e food	nrolled or got	🗆 No	)	
-	What was your weight just before you became pregnant? _		POUNDS			
	How tall are you? FEET	· · · · · · · · · · · · · · · · · · ·	INCHES			
	What is your age? YEARS					
0	On the average, how many cigarettes do you smoke a day r	now? (Mrite in (	) if you do not sma			
0.	CIGARETTES	,	o ii you do not sinc	inc).		
4			a) (Include famil	unambara frian	de and anyone ale	
1.	How many people <u>not</u> including yourself smoke inside your		3 □	4 or more	-	<i>;.)</i>
2.	Have you had gestational diabetes with this pregnancy?		0	4 01 11010	. ⊔	
	Yes	No 🗆	Don't know	-		
			Don't know			
3.	As best you know, which of the following health conditions of	to you yourself	or your baby's othe	er relatives have	? (PLEASE "X" ALL	THAT APPLY)
		You, the baby's <u>mother</u>	THE BABY'S <u>FATHER</u>	THE BABY'S BROTHER OR <u>SISTER</u>	THE BABY'S GRANDPARENTS AUNTS, OR <u>UNCLES</u>	THESE <u>RELATIVES</u>
	Juvenile onset diabetes (Type I) Adult onset diabetes (Type II)					
	Asthma					
	Eczema Food allergy					
	Allergies to pollen, dust, animals, latex, or anything else	. 🗆				
	Overweight or obesity	. 🗆				
4.	Since you learned that you were pregnant, have you eaten in you learned that you are pregnant and you don't eat the foo		mark "Did Not Eat I Еат	Before or Now." EAT EA	TABOUT DID N	OT EAT
	Milk or other dains foods		MORE	LESS TH		<u>or Now</u>
	Milk or other dairy foods Eggs					
	Canned tuna					
	Swordfish, shark, tile fish, or king mackerel					
	Any other type of fish					
	Shellfish					
	Luncheon meats					
	Nuts, peanuts, or peanut butter Alcoholic drinks				_	
	Vitamin or mineral supplements					
	Any herbal or botanical supplement				_	
				_	- '	

				UPSETS MY STOMACH OR MAKES ME FEEL SICK	May harm <u>My baby</u>	TO PREVENT A FOOD ALLERGY IN <u>MY BABY</u>	Other <u>REASON</u>	
	Milk or other dairy foods							
	Eggs							
	Canned tuna							
	Swordfish, shark, tile fish, o Any other type of fish							
	Shellfish							
	Luncheon meats							
	Nuts, peanuts, or peanut bu Alcoholic drinks							
	Vitamin or mineral supplem							
	Any herbal or botanical sup	plement						
[		SECTIO	N B: EMPLO	YMENT				
16.	Did you work for pay at any time from the 3 mc Yes	-		int up to the pro		23)		
17.	Using 1 to mean "None" and 5 to mean "Very r	nuch," how much s	satisfaction do	you get from y	our paid wor	, k?		
	<u>None (1)</u> (2) □ □		<u>(3)</u> □		<u>(4)</u> □		VERY MUCH (5	<u>)</u>
18.	About how much of your family's income come working. If you have reduced your work hours Less than half	because of your p		swer for the tim	e before you		hours.)	ne you were
19.	Do you work for pay now?	, loodt fie						
	Yes, the same number of hours as							
	Yes, but with reduced hours Yes, but on leave until after the ba No	by's birth	🗆					
20.	How many hours per week do you usually work	< at this job now? (	(If you work at	two or more jo	bs, answer fo	or the total nu	mber of hours	ou work.)
	1 to 9 hours per week			rs per week				
	10 to 19 hours per week 20 to 29 hours per week			rs per week ) hours per we				
21.	Thinking of work leave that you can use for ma number of weeks of leave you are eligible for in 0 in all.)							
	WEEKS OF FULLY PAID		WEEKS OF F LEAVE	PARTIALLY PA	ID		VEEKS OF UN .EAVE	PAID
22.	In your opinion, how supportive of breastfeedir	ig is your place of	employment?					
	Not at all supportive Not too supportive			nat supportive oportive				
23.	Do you plan to work for pay during your baby's	2			· · · · · · · · · · · · · · · · · · ·			
24	Yes		No	Ц 🤊	GO TO SEC	TION C)		
24.	How many weeks after the baby is born do you	•				_		
	Fewer than 4 weeks 4 to 6 weeks			eeks eeks				
	7 to 9 weeks			eeks				
	10 to 12 weeks			30 weeks				
<u>.</u>		•						
25.	How many hours per week do you plan to work							
	1 to 9 hours per week			ours per week.				
	10 to 19 hours per week 20 to 29 hours per week			ours per week 40 hours per w				
26.	How many hours per week would you prefer to		eturn to work?					
	1 to 9 hours per week		30 to 34 hc	ours per week		П		
	10 to 19 hours per week			ours per week				
	20 to 29 hours per week		More than	40 hours per w	/eek			
			would pref	er not to work		Ц		
27.	What will you do with your baby while you are	working? (PLEASE	" <b>X</b> " ALL THAT	APPLY)				
	My baby will be cared for by a family membe My baby will be cared for by someone not in I will keep my baby with me while I work outs	my family	. 🗆 Ih	ill keep my bal ave not decide				
ſ		SECTION	I C: INFANT F	EEDING				
۲ 28.	What method do you plan to use to feed your r	new baby in the firs	st few weeks?					
	Breastfeed only (baby will not be g	ven formula)						
	Formula feed only			→(Go то qu	ESTION 34)			
	Both breast and formula feed Don't know yet		_	<ul> <li>→(Go to QU</li> <li>→(Go to QU</li> </ul>	ESTION 30)			

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29.	How old do you think your baby will be w	/hen you first feed	him or her forr	nula or any	other fo	od besides l	breast milk?		
	Less than one month	-		-					
	1 to 2 months								
	3 to 4 months	🗆							
00	De constituir de constituir de constituir de la constitui	()							
30.	Do you plan to continue breastfeeding at			_				_	
	Yes	No	. 🗆	Do not p	an to we	ork after the	baby's birth	Ц	
31.	How old do you think your baby will be w	hen you complete	ly stop breastf	eeding?					
		5	MONTHS	-					
32.	Using 1 to mean "Not at all Confident" an	nd 5 to mean "Very	y Confident," he	ow confider	nt are yo	u that you w	ill be able to bre	eastfeed until	the baby is
	the age you marked in Question 31?							<b>.</b>	
	<u>Not At All Confident</u> (1)	(2)	(3)		<u>(4</u>	N	<u>Very Co</u> (5		
		<u>(2)</u> □	<u>(3)</u> □						
22	Liging 1 to mean "Van Lingersfortable" a	and E to magan "V(or	. Comfortable	" how com	fortable	would you b	a in the followin	a aituationa?	
<b>33</b> .	Using 1 to mean "Very Uncomfortable" a	ind 5 to mean ver	y comonable		lonable	would you b		ig situations?	
			UNC	VERY COMFORTAB	IF			co	VERY MFORTABLE
			_	<u>(1)</u>		<u>(2)</u>	<u>(3)</u>	<u>(4)</u>	<u>(5)</u>
	Nursing your baby in the presence of close								
	Nursing your baby in the presence of mer close friends								
	Nursing your baby in the presence of mer								
	close friends								
34.	Which of the following statements is close	sest to your opinior	n? The best wa	av to feed a	baby is:				
21.	Breastfeeding	•		•	•		🗆		
	A mix of both breast an								
	Formula feeding								
	Breastfeeding and form	ula feeding are eq	ually good way	ys to feed a	baby		🗆		
35.	How strongly do you agree or disagree v	with the following s	tatements?						
				0		SOME-	NEITHER	0.000	<b>C</b> TRONOLY
				_	ONGLY	WHAT DISAGREE	AGREE NOR DISAGREE	Somewhat AGREE	STRONGLY AGREE
	Infant formula is as good as breast milk .								
	If a baby is breastfed, he or she will be le				_				
	If a baby is breastfed he or she will be less If a baby is breastfed he or she will be less		•						
	Babies should be exclusively breastfed (	, ,			_	_	_		_
	months								
	If a child was breastfed, he or she will be	less likely to beco	me obese	I					
36.	How do the following people think your b		in the first few	weeks? (/	Mark "No	o one in this	category" if the	re is no one in	the category,
	such as if you don't yet have a pediatrici	an for the baby.)				ONLY	BOTH BREAST		NO ONE IN
					NLY	FORMULA	AND	OR DON'T	THIS
	Baby's father				<u>\STFED</u> □	FED	FORMULA FED		CATEGORY
	Your mother								
	Your mother-in-law								
	Your obstetrician or other doctor								
	Baby's pediatrician or other doctor								
37.	How important are the following people's	s opinions in your o	decision about	how to feed	d vour ba	abv?			
••••	······································							NO ONE IN	
			NOT AT ALL	NOT VER	-	OMEWHAT	VERY	THIS	
	Baby's father		IMPORTANT	IMPORTAN		IPORTANT	IMPORTANT	CATEGORY	
	Your mother								
	Your mother-in-law								
	Your obstetrician or other doctor								
	Baby's pediatrician or other doctor								
38.	About how many of your friends and rela	atives have breastf	ed their babies	s?					
	One or two	🗆	None have	ve breastfeo	1t	🗆			
	Three to five						→(GO TO QUES)	STION 40)	
	More than five	🔟	Don't kno	ow		🗆			
39.	About how many of your friends and rela	atives have <u>never</u> b	preastfed their	infants at al	?				
	One or two		None – a	all with babie	es have	breastfed	🗆		
	Three to five		Don't kno	oww			🗆		
	More than five	🗆							
40	When you were babies, were you and th	e babv's father ev	er breastfed?						
.0.				Var		No	Don't Know		
	Yo	u, the baby's moth	er	□		<u>No</u> □	<u>Don't Know</u> □		
		by's father							
		-			o =				
41.	How many other babies have you had or	r adopted when yo	unger than 12	months old	? Do no	ot include the	e baby you are o	expecting.	
	OTHER BABI	ES HAD	BA	BIES ADO	PTED				
	OU HAVE NOT GIVEN BIRTH TO A	A BABY, GO TO	SECTION D	).					
		,							

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42.	Have you ever given birth by cesarean?
	Yes  No
43.	Did you breastfeed, for any time at all, any of your other babies?
	Yes □ No □ →(Go to section d)
44.	How old was your baby when you stopped breastfeeding? (If you have breastfed more than one baby, answer for the youngest one.)         Less than one month
	SECTION D: OTHER INFORMATION
45.	Have you heard about any problems in food related to: Yes No

Listeria	
Mercury	
Dioxins or PCB's	

## IF YOU HAVE NOT HEARD OF ANY OF THESE PROBLEMS, GO TO QUESTION 47.

46. For each problem in Question 45 that you have heard of, do you remember what kind of food was related to the problem? (PLEASE "X" ALL THAT APPLY)
SOME

	Some TYPES OF <u>FISH</u>	ALL TYPES OF <u>FISH</u>	Some types of <u>Shellfish</u>	Some types OF MEAT OR <u>CHICKEN</u>	ALL TYPES OF MEAT OR <u>CHICKEN</u>	Some TYPES OF <u>CHEESES</u>	TYPES OF LUNCHEON <u>MEATS</u>	ALL TYPES OF LUNCHEON <u>MEATS</u>	Don't <u>know</u>
Listeria									
Mercury									
Dioxins or PCB's									

47. Have you have obtained information about your diet or about feeding babies from any of the following sources for this pregnancy or a previous one? For information <u>about feeding babies</u>, please think of breastfeeding, formula feeding, feeding solid foods, or any other infant feeding information.

	INFORMATION ABOUT MY DIET WHILE PREGNANT	INFORMATION ABOUT FEEDING BABIES	NO INFORMATION FROM THIS SOURCE
Doctor, nurse, or other health professional			
WIC food program			
Relative or friend			
Books or videos			
Newspaper or magazine			
Television or radio			
The web site, <u>www.4woman.gov</u>			
The web site, www.breastfeeding.com			
Other government web site			
Other non-government web site			

## 48. Have you recently seen, heard, or read anything about breastfeeding or about infant formula from the following places?

	BREASTFEEDING		INFANT F	ORMULA
_	Yes	No	Yes	No
TV				
Magazine				
Newspaper				
Radio				
On the internet or web				
Billboards or outdoor posters				

## FOR QUESTION 49, PLEASE LOOK AT THE PICTURES ON THE AD INSERT INCLUDED WITH THIS QUESTIONNAIRE.

49. Have you recently seen the ads shown on the Ad Insert? Have you recently seen an ad...

		Yes	No	NOT SURE
	On TV that shows a pregnant woman riding a mechanical bull? See TV Ad 1			
	On TV that shows a pregnant woman drinking soda and eating greasy food? See TV Ad 2			
	On TV that shows pregnant women in a log rolling competition? See TV Ad 3			
	In a magazine or newspaper that shows two dandelions? See Print Ad 1			
	In a magazine or newspaper that shows two otoscopes, the medical tool used to examine the ear? See Print Ad 2			
	In a magazine or newspaper that shows two scoops of ice cream? See Print Ad 3			
	In a magazine or newspaper or on a billboard or the internet that has only words giving a message about breastfeeding? See Print Ad 4			
50.	Have you recently heard any ads on the radio that feature a man singing a song about breastfeeding? One a another ad is a song set to country western music. Have you recently heard either of these ads?	d is a soi	ng set to s	soul music and
	Yes, the soul music ad    Image: Constraint of the constraint			
51.	Date you completed this form: MONTH DAY YEAR			
52.	As mentioned in the brochure, we need your current telephone number in order to ensure that you are involve	ed at eve	ry step of	Project FIRST.
	My current telephone number is: Area code Telephone number			
53.	Are you the Synovate Consumer Opinion Panel Member?			
	Yes D No D			
	THANK YOU.			

PLEASE RETURN THIS QUESTIONNAIRE AND THE AD INSERT AS SOON AS POSSIBLE IN THE POSTAGE PAID ENVELOPE PROVIDED