



WOOD DALE PARK DISTRICT
Active Places. Friendly Faces.



WOOD DALE PARK DISTRICT
THE WOODLANDS
AT WHITE OAKS PARK

SEPTEMBER & OCTOBER 2020

PROGRAM GUIDE

COVID-19 UPDATES

The Recreation Complex

The Recreation Complex is not be open to the general public at this time. The Recreation Complex is only open for program participants, for registration, and for staff Monday-Friday between 8:00 am – 7:00 pm. Program drop-off and pick-up for minors or those needing assistance will take place in the parking lot. Individuals needing to get in touch with the front desk should leave a message at the front desk at 630-595-9333.

*** Hours are subject to change at which time online registration will remain available.**

*** In-person registration is not available on the weekends.**

Outdoor Play/Sports Fields

Fields are available for use by individuals and families without a permit. Group use of fields will be available for rental by reservation only. Affiliate groups should submit the COVID-19 guidelines of the governing organization to jhincapie@wdparks.org with their reservation request. Each group must provide the District with a Certificate of Insurance and must sign a document agreeing to adhere to COVID-19 guidelines.

Outdoor Basketball Courts

Outdoor basketball courts are available for individual or family use. Large group play is discouraged due to the inability to social distance.

Dog-Friendly Area

Dog friendly area is open. Passes cannot be renewed online. They have to email Ksromek@wdparks.org or come in person to register. All 2019 passes have expired. Documentation of via www.wdparks.org.

Playgrounds

Wood Dale Park District will reopen all playgrounds during Phase 4 of Restore Illinois!

After receiving playground safety guidelines from the State, Wood Dale Park District staff has begun removing tape and adding signage at playgrounds. Playgrounds are currently reopening in phases, all playgrounds are expected to reopen by Monday, July 6.

It's important to note that as recommended by the CDC

(<https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/parkadministrators.html>), the Park District does not disinfect outdoor equipment or

frequently touched outdoor surfaces, so please play at your own risk. Also, per the new order, gatherings will be limited to 50 people, social distancing is required of at least six feet, and people who are sick or symptomatic are asked not to play on the playgrounds. Masks are also encouraged while in the presence of others. Outdoor drinking fountains and restrooms will remain closed. Play smart and stay safe, Wood Dale!

Tennis

The tennis courts will be closed because they are in disrepair.

Dance

Fall dance classes are currently scheduled in-person and over Zoom at The Recreation Complex.

Rainbow Playschool

Rainbow Playschool is currently running and enforcing COVID-19 guidelines.



Please register by phone at 630-595-9333 or at wdparks.org

For those creating a new ActiveNet account, please allow 24 hours for account activation.

COVID-19 UPDATES

Salt Creek Golf Club

Golf

Salt Creek Golf Club is open for individual and group play. Tee times may be reserved by calling 630-773-0184. Pro Shop is open. Two players allowed per cart. Rental Clubs and Pull Carts are available for rent. Golf outings can be booked, with limitations.

Food and Beverage

The outdoor grill is open and beverage service is available. Hours vary. A limited menu is offered at this time. The Beverage Cart will be on the course during peak times. Inside dining will be available only in the case of severe weather. Call the Pro Shop for details.

Golf Instruction

Group and individual lessons are also available.
Contact rmichalak@saltcreekgolfclub.com.

Banquets and Events

Reservations are being taken for weddings, events, and outings, with limitations. For more information contact Renee Carrell at rcarrell@saltcreekgolfclub.com

Footgolf

Footgolf has been suspended until further notice.

Mini-Golf

The Salt Creek Mini Golf course is open daily from 9:00 am - 6:00 pm, weather permitting. Each player is \$5. Please visit the pro shop to get started on the mini-golf course.

RECREATE TODAY!

WOOD DALE PARK DISTRICT IS OFFERING
VIRTUAL, AT-HOME RECREATION FOR ALL!



Register at wdparks.org

WELCOME TO THE PROGRAM GUIDE



Dear Wood Dale Residents;

Park Districts were formed to bring people together and to create places to gather and play. This unfolded first when pieces of land became places to congregate in the center of towns, and events were planned that people could enjoy when their work was done. Over 100 years ago playgrounds were built in these places to allow kids to play and exercise while their families met their neighbors.

As far back as 1880, Community Centers were built to house meetings and programs. We owe the progression of this concept in part to Mary Parker Follett (1868-1933), who saw community centers as playing a major part in her concept of community development and democracy seen through individuals organizing themselves into neighborhood groups and attending to people's needs, desires, and aspiration. She also included parks in this category. In Wood Dale, some wise folks formed the Park District in 1967 and since then we continue the vision of those that came before us by providing places to play and congregate.

On March 16 the Park District suspended operations due to COVID-19. Since then the staff and board have made the safety and health of participants and staff their top priority. This precipitated the birth of virtual programming which allowed us to engage with our customers in a different way. Slowly, as guidelines became available and the State moves into new phases we have adapted, and we are gradually returning to our normal operation. The one thing we have learned is that this process isn't perfect. In fact, it's challenging.

We are balancing our desire to reconnect with our customers and open our doors with the necessity to keep all of you safe. Sometimes we try things that don't work, but we do assure you that our goal is to find the balance between providing programs and spaces and doing it safely. As we adapt to life in Phase 4 of the "Restore Illinois" plan, we ask for your patience. At the beginning of April, over 70 part-time and seasonal staff were furloughed. This means that our full-time and a few part-time staff are doing the work of many. We have a financial responsibility to manage your assets wisely, and that is what we are doing.

We won't call back staff until it is financially feasible. We are happy to present to you programs for the months of September and October. Since the future is so uncertain, we are breaking down our seasonal program guides into two-month increments. This allows us to continuously stay abreast of changes at the state and national level, and also eliminates the need for constant modification of programming which can end up being confusing and frustrating for you, our customers.

Virtual programs will remain a part of our programming, so stay tuned for things you can do from home. However, for those of you who are ready to get together in-person, we have opportunities for you too. So much has changed in our world, but one thing that hasn't changed is our passion for and enjoyment of creating quality activities and fun places to play.

Thank you to our Virtual Program Sponsor, Itasca Bank.

We can't wait to see you. Until then, stay safe!

- Matthew Ellmann, CPRP
Executive Director

FACILITY RENTALS

Host your next gathering with us!

At this time, The Woodlands facility has a capacity of 40 people and the Recreation Complex has a capacity of 50 people, or 50% of the room capacity, whichever is smaller. Please contact us today to learn more.

We offer banquet room rentals, gym rentals, birthday party packages, and field rentals.

Tours are available on weekdays or by special appointments. To schedule, please call Kristina Sromek at 630-948-0282 at the Recreation Complex or Reene Carrell at 630-361-0214 at Salt Creek Golf Club.

Salt Creek Golf Club

Salt Creek Golf Club has seamlessly delivered wonderful experiences to guests for over 20 years! Stop by our facility at 1051 N. Prospect Ave and see why Salt Creek is the place to host your next event. We specialize in weddings, golf outings, luncheons, bridal and baby showers, and much more. We accommodate your needs and understand the importance of details and special touches. *For pricing and more information, contact Renee at 630.361.0214 or visit us at saltcreekgolfclub.com*

The Woodlands at White Oaks Park

This facility will serve as a refreshing respite away from the busy urban environment in which we live. The natural surroundings will be a much-needed escape from the pressures of daily life. This is the perfect spot to host your next event for a serene and relaxed experience. We offer packages for birthday parties, wedding and baby showers, and special events. More information can be found at wdparks.org.

Recreation Complex Gym

Located at the Recreation Complex, the gymnasium houses many activities. It has six basketball hoops, two international-sized volleyball courts, two pickleball courts, and a full-sized basketball court. The gymnasium is extremely versatile making it the perfect spot to host your next birthday party or private rental. *Half-Gym Rentals start at \$50/hour and Full Gym Rentals start at \$70/hour.*

Conference Room

This modern and functional conference room is in the Recreation Complex facility. This room features floor to ceiling windows, updated office furniture, a mini-fridge, and coffee bar amenities. This is the perfect spot to host your next small party or meeting. Please visit wdparks.org for more information. *Conference room rentals start at \$30/hour.*

Program Room A/B

Located on the second floor of the Recreation Complex, this versatile tiled room provides privacy and ample space for your next birthday party or private rental.

Senior/Teen Room

Residing in the East Wing of the Recreation Complex is the Senior/Teen Room. This room is spacious and provides versatile uses for private rentals and parties. This room can include a kitchen. *Senior/Teen Room rentals start at \$50/hour for half of the room and \$70/hour for the entire room.*

Dance Room

Our newly renovated dance room, equipped with floor to ceiling length mirrors, barres, and a marley floor, is the perfect spot to host your next dance practice, dance-themed birthday party, or anything in between. *Dance room rentals start at \$30/hour.*

Community Park

Located in the heart of Wood Dale, this spacious park features five ballfields and a playground. There are also tennis courts on the grounds of Community Park which is located just north of Wood Dale Jr. High School. *Community Park rentals start at \$40/hour for residents with a \$10 additional fee for field lights.*

Soccer Field

Nestled near Community Park is the Wood Dale Park District Soccer Field. This full-length soccer field is perfect for your tournaments, pick-up games, and practices. *Soccer Field rentals start at \$30/hour for residents.*

Franzen Grove

One of Wood Dale's most serene parks is available for private rentals. Surrounded by trees, a gazebo and several picnic tables make this space the perfect spot to host your next outdoor event. Franzen Grove rentals start at \$35/hour for residents with an additional \$25 for Gazebo light usage.



Please register by phone at 630-595-9333 or at wdparks.org

For those creating a new ActiveNet account, please allow 24 hours for account activation.

EARLY CHILDHOOD PROGRAMS

2020-2021 Rainbow Playschool

Follow the rainbow to a quality, well-rounded early childhood program that will build your child's self-confidence in a fun and nurturing environment. The Rainbow Playschool has classes for terrific twos, energetic threes, and fabulous four-year-olds.

Classes are filled with wonderful stories, joyful music, age-appropriate art projects, exciting games in our full-sized gym, plus activities designed to expose your child to important concepts including letters, numbers, shapes, and colors.

The Rainbow Playschool strives to encourage the social, emotional, physical, and cognitive development of young children through play, to build a life-long love for learning.

REGISTRATION INFORMATION:

- Registration is done online on ActiveNet
- Original Birth certificate is required for new students. Front desk staff will make a copy.
- ePACT Network will be used to collect all medical and emergency contact information electronically. After you register, you will receive an email invitation within 24 hours to complete your account. If you have previously created an ePACT account, then you only need to verify that your information is correct.

A \$30 non-refundable registration fee and the first payment is due at the time of registration. The first payment will be applied to the month of May. All other payments are due on the first of each month starting in September.

To learn more, visit wdparks.org.

****Spots are limited****

If you have questions, please contact Brittany, the program supervisor, at blynam@wdparks.org or 630.948.0858.

Tot Rock – In-Person

1 year (with parent)

Wiggle and giggle to the Tot Rock beat! An introductory music and movement class with a large sensory component, tots will use hand-held rhythm instruments and play props to improve their motor skills and coordination and learn new songs and rhymes. While kick-starting your tot's imagination, each class will provide structured and unstructured time to explore. A different educational theme presented each session. Much more than a music class, join us to sing, dance, learn and play the Tot Rock way!
www.rockitkids.com

Session 1

Day: Mon

Date: Sep 14 – Oct 19

Time: 9:30 – 10:10 am

Code : 44015AA

Session 2

Day: Mon

Date: Oct 26 – Dec 7

Time: 9:30 – 10:10 am

Code: 44015AB

Fee: \$62 R / NR \$72

Instructor: Rock 'N' Kids

Location: Medinah Park District

Connolly Recreation Center

22W130 Thorndale Ave, Medinah

***NEW* Spooky Slime Lab**

4 – 6 years

Your child will have a blast in this exciting Halloween-themed class as they create orange or black slime, spider slime, and bubbling witch's brew slime. Children will bring home their spooky creations! All materials are provided.

Wed, Oct 28 5:00 – 6:00pm

44013AE

\$6 R / \$11 NR

Location: Recreation Complex



EARLY CHILDHOOD PROGRAMS

Kid Rock I – In-Person

Music fun that can't be "beat!" Each Kid Rock class includes creative, energetic activities based on a new educational theme in each session! Children learn new songs, rhymes, and gross motor skills while using rhythm instruments and movement props. Your child's listening skills will develop, while fine motor and coordination improve through imaginative play and sensory integration. Much more than a music class, join us to sing, dance, learn and play the Kid Rock way! www.rockitkids.com

2 years (with parent)

Session 1	Session 2
Day: Mon	Day: Mon
Date: Sep 14 – Oct 19	Date: Oct 26 – Dec 7
Time: 10:15 – 10:55 am	Time: 10:15 – 10:55 am
Code : 44019AA	Code: 44019AB

Fee: \$62 R / NR \$72
Instructor: Rock 'N' Kids
Location: Medinah Park District
Connolly Recreation Center
22W130 Thorndale Ave, Medinah

Kid Rock II – In-Person

Music fun that can't be "beat!" Each Kid Rock class includes creative, energetic activities based on a new educational theme in each session! Children learn new songs, rhymes, and gross motor skills while using rhythm instruments and movement props. Your child's listening skills will develop, while fine motor and coordination improve through imaginative play and sensory integration. Much more than a music class, join us to sing, dance, learn and play the Kid Rock way! www.rockitkids.com

3 – 5 years (without a parent)

Session 1	Session 2
Day: Mon	Day: Mon
Date: Sep 14 – Oct 19	Date: Oct 26 – Dec 7
Time: 11:00 – 11:40 am	Time: 11:00 – 11:40 am
Code : 44020AA	Code : 44020AA

Fee: \$62 R / NR \$72
Instructor: Rock 'N' Kids
Location: Medinah Park District
Connolly Recreation Center
22W130 Thorndale Ave, Medinah

Rockin' At Home – Virtual Offering

1 – 6 years, all ages, family class

Sing, dance, play, and learn YOUR way in this virtual music and movement class! Registered participants will receive an email from Rock 'n' Kids on Mondays at 8 a.m. with that week's pre-recorded, private, 30-minute virtual class, allowing families to participate in their own time. The session's musical activities will be based on the theme of "A Whole New World!"

Each week we will pretend to ride on our magic carpets to explore a new place! A pirate ship? The jungle? Outerspace? It will be a musical adventure!

Activities will include opening songs, weekly theme introduction, 5-6 additional music activities, and closing songs. Along with class content, supplemental activities will be included to enhance your child's learning.

Class activities will involve rhythm, fine and gross motor, imaginative play, sensory integration, and listening skills. Rock 'n' Kids has been enjoying children's wiggles and giggles for 25 years! You won't want to miss this chance for safe, musical fun and learning with your child!

Session 1:

Day: Mon
Date: Sep 14 – Oct 19
Time: Anytime (class is pre-recorded)
Code: 4419AAV

Session 2:

Day: Mon
Date: Oct 26 – Dec 7
Time: Anytime (class is pre-recorded)
Code: 4419ABV

Fee per session: \$47
Instructor: Rock 'N' Kids
Location: Virtual



**Please register by phone at 630-595-9333 or at wdparks.org
For those creating a new ActiveNet account, please allow 24 hours for account activation.**

YOUTH PROGRAMS

Kid Club Program

The Wood Dale Park District, in conjunction with School District #7, has developed the Kid Club program to support and assist families needing full-day care for their children both during, between, and after the times designated for remote-learning.

The program is designed for students in grades K – 5 attending Oakbrook and/or Westview schools.

Morning Care 7:00 – 8:15am - \$99/month

*Day Care 8:15 am – 3:15 pm - \$287/month

After Care 3:15 – 6:00 pm - \$113/month

Fees due at registration will vary depending on the date registered.

The program will be offered Monday-Friday.

*Day Care option required for registration.

For more information and to find out how to register, contact Dan at dlescher@wdparks.org or by calling 630-948-0843.

School Days Off

Kindergarten – 6th grade

We offer a program for half and full days off of school. Activities will include games, crafts, free play, and trips. Children should bring a sack lunch and a drink. Registration for School Days Off will begin in December. The School Days Off program is available to students in Kindergarten – 6th grades. Spots are limited, so it is suggested to register as early as possible for any days you may need throughout the year. There is no After School Bunch on half-day off days. Location: Recreation Complex The registration deadline is one week prior to the date of the program. Requests for enrollment past the registration deadline will be subject to a \$10 late fee.

Full Days: 7:00 am – 6:30 pm, \$49

Half Days: 12:30 pm – 6:30 pm, \$36

Dates:

Oct 12 - Full Day

Nov 23 - Full Day

Oct 13 - Full Day

Nov 24 - Full Day

Oct 30 - Half Day

Nov 25 - Full Day



YOUTH PROGRAMS

Magic Class

5 – 12 years

Children are guaranteed to have a great time as they learn fascinating tricks from a professional magician! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Additionally, you can sign up for this class again and again as brand-new tricks are always taught at each session.

Day: Wed

Date: Sep 23

Time: 5:15 pm – 6:15 pm

Code 44204AA

Day: Thur

Date: Nov 12

Time: 4:00 - 4:55pm

Code: 44304AB

Fee: \$21 R / \$25 NR

Location: Itasca Park District, 350 Irving Park Rd. Instructor: Gary Kantor

Virtual Magic Workshop

5 – 12 years ,family workshop

Professional Magician Gary Kantor now teaches his popular magic class ONLINE! This 45-minute virtual class teaches children how to perform a number of mind-boggling tricks using everyday household items. Gary will start by explaining the secrets to the tricks, and then both Gary and the children will practice everything in great detail. Participants will have a blast as they learn exactly what to say and do when performing in front of an audience. Since this class is online, it can be taken whenever it is convenient for your schedule. Videos can be watched again and again. Your entire family can even take this class together! Additionally, be sure to sign up for this class again since new tricks are taught each session. After you register, you will be emailed information on how to access the private class video and a list of a few household items that are needed for the class.

September Virtual Magic Workshop

44204AAV

October Virtual Magic Workshop

44204ABV

*Register anytime throughout the month.

Class videos are pre-recorded and can be completed whenever at your convenience.

\$13

After School Enrichment All Access Pass

Chess – Spanish – STEM – ART – Drama Grades K – 8

Chess Scholars/After school Enrichment presents exciting online enrichment programs!

The "All Access Pass" includes Chess, Spanish, STEM, Art, and Drama! Your child can jump into all five subject areas, or start with just one or two and add courses as you go! Online enrichment classes include: Live, interactive weekly sessions with expert instructors, Chess, and STEM live sessions are divided by grade level. Video lessons with step-by-step instructions to complete hands-on projects, project workbooks to reinforce learning concepts, access to online Chess tournament play with other Chess Scholars students.

Weekdays, Oct 19 – Nov 20 (5 weeks)

44204ACV

Live class times are held both in the morning and afternoon throughout the week to accommodate your schedules. Video lessons are available 24/7. A weekly schedule will be sent to enrolled participants the Friday prior to each week of the session.

Fee: \$110



Please register by phone at 630-595-9333 or at wdparks.org

For those creating a new ActiveNet account, please allow 24 hours for account activation.

YOUTH PROGRAMS

Digital Moviemaking & Storytelling Computer Explorers

4 – 7 years

Let's make a movie together! We'll sing songs, tell stories, and learn how to use a digital camera as we create our own masterpieces. We will do it all – from filming the movie and downloading it to a computer to storyboarding and adding special effects.

Watch out Hollywood, we are on our way!

Day: Thur

Dates: Sept 17 – Oct 8

Time: 5:30 – 6:30pm

Code: 44007AC

Fee: \$67 R / \$77 NR

Instructor: Computer Explorers

Location: Medinah Park District, Connolly Recreation Center, 22W130 Thorndale Ave

Programming Workshop Computer Explorers

8 – 12 years

Do you have a future game designer at home? Dive into the world of programming using block coding to explore the gaming world, working with Scratch. Let your imaginations run wild as we explore animation adventures, comics, games, and more.

Day: Thur

Dates: Oct 15 – Nov 5

Time: 5:30 – 6:45pm

Code: 44007AD

Fee: \$84 R / \$94 NR

Instructor: Computer Explorers

Location: Addison Park District, Centennial Rec Center, 1776 W. Centennial Place



YOUTH ATHLETICS

Taekwon-Do

6 years+ (including teenagers and adults!)

Taekwon-Do is another form of martial arts. The benefits of Taekwon-Do include character building, confidence, self-esteem, discipline, focus, perseverance, physical fitness, improved balance, coordination, strength, and flexibility.

The instructor for this program is Barry Weisberg, who has over 30 years of experience in Taekwon-Do. Classes will take place at the Medinah Park District on Mondays and Wednesdays.

Days: Mon/Wed

Dates: Sep 9 – Oct 28

Time: 5:00 – 6:00pm

Code: 44560AA

Fee: \$47 R / \$57 NR

\$10 for each additional family member

*Uniforms are required and can be purchased on the first day of class for \$45

*Adult uniforms are also required and can be purchased on the first day of class for \$65



NEW Kids Martial Arts

6 – 12 years

Instructed by Martial Arts USA of Wood Dale, this is a terrific program for kids to get physically fit, learn practical self-defense, and develop characteristics such as discipline, respect, and confidence.

Session 1:

Day: Wed

Date: Oct 7 – Nov 4

Time: 5:30 – 6:30pm

Code: 44245AB

Fee: \$60 R / \$70 NR

*Uniforms are not required but can be purchased through the instructor for an additional \$40.

Instructor: Martial Arts USA of Wood Dale

Location: Recreation Complex

DI BELLA DANCE

Di Bella Dance

— A Program of the —
WOOD DALE PARK DISTRICT

Dance with Me

15 months – 2 years

This new development class provides children ages 15 months to two-year-olds a fun and safe environment to grow their minds and bodies. Mom (or dad) and child will enjoy sing-alongs, dance, and the use of colorful props. Not only will you get a great workout, but you will be able to meet and mingle with other parents! A grandmother, grandfather, or caretaker is welcome to join! (Attire: Clothing that allows freedom of movement. No jeans. Socks or bare feet are allowed.)

Dates: Mon, Sept. 14 – Dec. 14

Time: 10:00 – 10:30am

Code: 44113D

Zoom Class Code: 44113DV

Instructor: Taryn Lomnicki

Pre-Ballet

4 – 6 years

This class is a supportive and fun introduction to ballet. Specific focus will be on class etiquette, ballet positions, and following directions. Students will begin ballet movement vocabulary in French.

(Attire: Leotard, tights, skirts or tutus, and pink ballet shoes. Hair should be pulled back and away from the face.)

No class: Nov 26

Dates: Thur, Sept. 17 – Dec. 17

Time: 4:45 – 5:15pm

Code: 44120D

Zoom Class Code: 44120DV

Instructor: Taryn Lomnicki

Pre Ballet/ Tiny Tap

4 – 6 years

Come enjoy learning two genres in our new hour-long class. We will be focusing on ballet technique and dance for one half of the class. Then switch to into our tap shoes to learn tap technique and dance. Leotard, tights, ballet shoes, & tap shoes are required.

No class Nov. 25

Dates: Wed, Sept. 16 – Dec. 16

Time: 4:30 – 5:30pm

Code: 44109D

Zoom Class Code: 44109DV

Instructor: Taryn Lomnicki

Baby Ballet

2 – 4 years

Baby Ballet

A creative movement class designed to prepare children for a structured dance experience. Your new independent dancer will learn basic dance movements, follow along with songs, and dance with props.

(Attire: Leotard, tights, skirts or tutus, and pink ballet shoes.)

Dates: Mon, Sept. 14 – Dec. 14

Time: 11:00 – 11:30am

Code: 44107D

Zoom Class Code: 44107DV

Instructor: Taryn Lomnicki

DI BELLA DANCE

Ballet I

7 – 9 years

The class will focus on basic ballet technique, proper body alignment, French terminology, and musicality. Students will be introduced to barre and center work.

Dates: Monday, Sept 14 - Dec 14

Time: 6:15 – 7:00pm

Code: 44108D

Zoom Class Code: 44108DV

Instructor: Tammy Zack

Pre Pointe/Beginner Pointe

10 + years

This class is designed for students who are new to pointe. They are taught the necessary muscle development to be or continue to be on en pointe. Additional Ballet class is required. (Attire: Leotard, tights, hair in a bun, and pink ballet shoes.)

No class Nov 25

Dates: Wed, Sept. 16 – Dec. 16

Time: 6:45 – 7:45pm

Code: 44104D

Zoom Class Code: 44104DV

Instructor: Tammy Zack

Ballet II

10+ years

To register for this class, the student must go through an evaluation at the first class, demonstrating a full understanding of the previous level. Participants will learn a more advanced level of the Ballet I technique and continue their French vocabulary. (Attire: Leotard, tights, hair in a bun, and pink ballet shoes. Ballet skirt is ok, no tutus.)

Dates: Tues, Sept. 15 – Dec. 15

Time: 5:15 – 6:15pm

Code: 44106D

Zoom Class Code: 44106DV

Instructor: Tammy Zack

Little Hip Hop

4 – 6 years

This class teaches students rhythm, coordination, and balance using fun creative techniques. Refocusing our energy has never been so much fun!

(Attire: Comfortable clothes for movement, clean gym shoes, and no jeans.)

No class Nov 25

Dates: Wed, Sept. 16 – Dec. 16

Time: 6:00 – 6:30pm

Code: 44117D

Zoom Class Code: 44117DV

Instructor: Taryn Lomnicki

Ballet III

10+ years

Students will continue to build upon the knowledge and skills learned in Ballet II, working towards mastery of all five ballet positions, consistency in maintaining their alignment, and turnout, memorization of French terminology, and working towards double pirouettes. No class: Nov 25

Dates: Wed, Sept. 16 – Dec. 16

Time: 5:15 – 6:15pm

Code: 44207D

Zoom Class Code: 44207DV

Instructor: Tammy Zack

Hip Hop I

7 – 9 years

Beginner hip hop students will learn floor work, musicality, and hand-and-foot coordination. Students will develop focus, strength, and style in this faster-paced class. (Attire: Comfortable clothes for movement, clean gym shoes, and no jeans.)

Dates: Tues, Sept. 15 – Dec. 15

Time: 5:00 – 5:45pm

Code: 44105D

Zoom Class Code: 44100DV

Instructor: Taryn Lomnicki

DI BELLA DANCE

Hip Hop II

10+ years

For our more advanced dancers, this hip-hop class focuses on performances as well as advancing in hip hop technique. (Attire: Comfortable clothes for movement, clean gym shoes, and no jeans.)

No class Nov 25

Dates: Mon, Sept 10 – Dec 3

Time: 7:15 – 8:15 pm

Code: 44100D

Instructor: Ashley Flando

Tap I

Beginning tap steps, developing rhythm and sound with our feet. Focusing on coordination and speed of movement. Black tap shoes required and fitted attire. No jeans.

Dates: Mon, Sept. 14 – Dec. 14

Time: 5:00 – 5:45pm

Code: 44221D

Instructor: Tammy Zack

Lyrical I

7+ years

This genre teaches students to tell stories through dance and movement. The student has the ability to express him/herself openly and without reservation. Our lyrical classes combined dance movements from ballet, jazz, and modern dance.

No class Nov 26

Ballet Class is strongly recommended as a prerequisite. (Attire: comfortable clothes for movement, nude lyrical shoes, and no jeans.)

Dates: Thur, Sept. 17 – Dec. 17

Time: 5:45 – 6:45pm

Code: 44114D

Zoom Class Code: 44114DV

Instructor: Taryn Lomnicki

Musical Theatre

7+ years

This class combines song, acting, and dance. Students will learn rhythm, expressive movements, gestures, and facial expressions. (Attire: Form-fitting clothes, nude character shoes, and hair up and out of the face.)

Dates: Tues, Sept. 15 – Dec. 15

Time: 6:45 – 7:45pm

Code: 44119D

Zoom Class Code: 44119DV

Instructor: Tammy Zack



DI BELLA DANCE



Mini Company Conditioning

5 – 7 years

Interested in joining our competition team? This class will prep you for our award-winning dance company. We will focus on jumps, turns, performance quality, and much more! Jazz attire & shoes are required.

Dates: Mon, Sept. 14 – Dec. 14

Time: 5:00 – 6:00pm

Code: 44110D

Instructor: Taryn Lomnicki

Junior Company Conditioning

8+ years

Interested in joining our competition team? This class will prep you for our award-winning dance company. We will focus on jumps, turns, performance quality, and much more! Jazz attire & shoes are required.

Dates: Tues, Sept. 15 – Dec. 15

Time: 6:15 - 7:15pm

Code: 4112D

Instructor: Taryn Lomnicki

YOUTH ATHLETICS

Little Hoops *Modified Format*

4-6 years

Does your little one love basketball? This instructional program is perfect for him or her! Participants will learn fundamental skills, basic techniques, and improvement of motor skills required for the game of basketball. Players will use junior-sized basketballs and eight-foot-tall hoops to build confidence. This program has been modified from its original format to comply with youth sports guidelines. Teams will NOT play games against other park district teams. Participants will practice and scrimmage within their team. The first three weeks will be practice only and the remaining weeks will include 30 minutes of practice and 30 minutes of intra-team scrimmage games. Volunteer coaches are needed for this program to run.

If you are interested in being a volunteer coach, please indicate on your registration or reach out to Brittany at blynam@wdparks.org.

Program and Registration Information:

- Registration Code: 44022AA
- Registration deadline: Oct 16
- This program takes place on Wednesdays, Oct 21 – Dec 16
- Reversible pinnies will be provided for use during practice
- One adult per child is allowed in the gym

Fee: \$50 R / \$60 NR

Location: Recreation Complex

WIBA Prep Camp

Ages 7 – 14 years

Dribbling, passing, shooting, defense, and ball handling will be taught in this week-long camp. The teamwork portion will include team offense, defense, and out-of-bounds plays. The individual skills portion will cover ball handling, dribbling, lay-ups, shooting, free throws, defensive slide, one-on-one, and three-on-three scrimmages.

Days: Mon-Fri

Dates: Oct 19 – 23

Time: 4:00 – 6:00pm

Code: 44312AA

Fee: \$65 R / \$75 N

Location: Itasca Park District

Instructor: Randy Okrzesik



The WIBA Season is postponed, more information to come

Due to the new COVID-19 policies and procedures within the Youth Sports Guidelines, the start of the WIBA season is postponed. The Wood Dale and Itasca Park Districts will continue to review guidelines and information from the CDC, Illinois Department of Public Health, and the Illinois High School Association. We will update you as information becomes available. Please visit wdparks.org for the latest news and updates.

YOUTH ATHLETICS

Team A Baton and Poms

6+ years

Baton and Poms skills will be reinforced, and new skills will be taught to challenge participants. Participants will be involved in competitions along with an annual recital held in April of 2021.

No class Nov 26.

Day: Thu

Dates: Oct 8 – Dec 17

Time: 6:00 – 7:30pm

Code: 44234AA

Fee: \$135 R / \$145 NR

Location: Recreation Complex

Private Baton Lessons

6-19 years

Fine-tune your twirling skills by attending a private lesson. Students participating in private lessons will have the opportunity to work on routines and enhance their skills through individual attention from the instructor.

Students should contact instructor Mary Hinchley to schedule 30-minute weekly lessons.

No lessons Nov 26.

Thu, Oct 8 – Dec 17

Privates are held between 5:00 – 6:00 pm and 8:00 – 8:30 pm
Advanced Private Lesson Fee: \$21 per lesson (\$210 for 10 lessons)

Beginner Private Lesson Fee: \$15 per lesson (\$150 for 10 lessons)

Location: Recreation Complex



Wood Dale Stars Baton and Pom Pon Team

6-19 years

Wood Dale Stars is a baton and pom pon team that promotes self-confidence and responsibility in its members. In addition to practice, the Stars participate in several competitions both locally and out-of-state, parades, and the annual recital. The instructor's approval is required to register. The Stars have won many awards including seven national titles.

No class Nov 26.

Day: Thu

Date: Oct 8 – July 15

Time: 6:00 – 8:00 pm

Code: 44056AC

Fee: \$582 R / \$592 NR total or

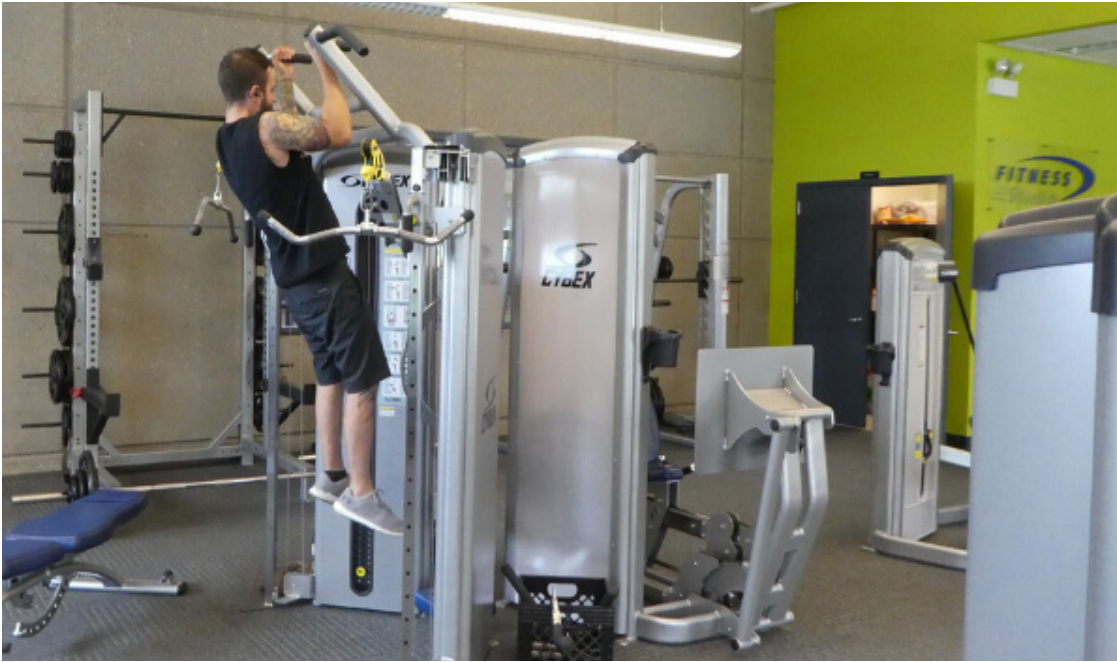
\$194 R / \$197 NR x three payments

First payment due at registration

Second payment due Jan 15

Third payment due April 15

FITNESS STUDIO



THE FITNESS STUDIO IS OPEN WITH MODIFIED GUIDELINES

The current Fitness Studio hours are Monday-Friday from 8:00 am-7:00 pm with no attendant on duty. Kindly, disinfect equipment after each use. We have added additional spray bottles and cleaning towels for you to use.

A maximum of 10 members will be allowed at a time and entry will be allowed on a first-come, first-served basis. Please keep in mind that a maximum stay of 90 minutes will be enforced.

Anyone wanting to enter the Fitness Studio when it is at maximum will be asked to wait outside the building until a space is available. To assess availability, members can call 630-595-9333.

All memberships are active and annual memberships are NOT being accepted at this time. Monthly memberships can be renewed and daily passes can be purchased at this time.

Masks will be required in the building and in the Fitness Studio when social distancing cannot be maintained. If you have any questions, please contact ksromek@wdparks.org.

Please note: The locker room, showers, and track are still closed at this time. Masks are required to enter the building and walk to the Fitness Studio. You can take your mask off while working out. Social distancing guidelines must be adhered to at all times.

Monthly Memberships	R	NR
Individual	\$20	\$23
Couple	\$32	\$33
Family (3)*	\$42	\$43
Senior	\$12	\$15
Student	\$14	\$16
Corporate Ind.	\$18	\$20
1-Month Membership	\$30	\$30
Daily Pass	\$6	\$8

FITNESS CLASSES

Outdoor Bootcamp

18+ years

Join us with some water bottles and gallons of water to challenge our bodies in new and fun ways. You will sweat, have fun, and make new friends.

Day: Tue

Dates: Sep. 1-29

Time: 7:00-7:45pm

Code: 44558AA

Fee: \$40R/\$44Corp/\$48NR

Day: Thu

Dates: Sep. 3-24

Time: 6:00-6:45pm

Code: 44558AB

Fee: \$32R/\$35Corp/\$38NR

Day: Tue

Dates: Oct. 6-27

Time: 7:00-7:45pm

Code: 44558AC

Fee: \$32R/\$35Corp/\$38NR

Day: Thu

Dates: Oct. 1-29

Time: 6:00-6:45pm

Code: 44558AD

Fee: \$40R/\$44Corp/\$48NR

Location: Woodlands at White Oaks

Outdoor Piyo

18+ years

Piyo is a unique blend of Pilates, Yoga, and more! This program is designed to build strength and gain flexibility. The moves fit perfectly together to form a class that is filled with choreography that's fun, challenging, and will make you sweat.

Day: Sat

Dates: Sep. 5-26

Time: 9:15-10:00am

Code: 44585AA

Day: Sat

Dates: Oct. 3-24

Time: 9:15-10:00am

Code: 44585AB

Fee: \$32R/\$35Corp/\$38NR

Location: Woodlands at White Oaks

T'ai Chi for Health

13+ years

T'ai Chi for Health is a gentle, beautiful, and flowing exercise routine that is a joy to do, energizing and deeply relaxing; it brings health and vitality to all who practice it.

The movements are all done naturally and gently.

The gentle rocking motions and stretching movements improve circulation and digestion; and reduce physical tension. The controlled breathing reduces stress and anxiety, helping calm the mind. It helps regulate heart rate and blood pressure, boosting energy. The exercises are very effective and easy to learn. Students may choose to sit or stand as needed; making this class suitable for all ages and abilities.

Day: Thu

Dates: Oct. 8- Nov. 5

Time: 11am-12pm

Code: 44571AB

Fee: \$55.00R/\$65.00 NR

Senior Rate \$48R/\$58NR

Location: Woodlands at White Oaks

Bike Fight Fit

18+ years

Spinning, Weight training, and cardio join forces to give you a kickin' workout. Bring your energy and a water bottle.

Day: Mon

Date: Sep 7-28

Time: 5:15-6:00 pm

Code: 44577AA

Fee: \$32R/\$35Corp/\$38NR

Day: Mon

Dates: Oct 5-26

Time: 5:15-6:00 pm

Code: 44577AB

Fee: \$32R/\$35Corp/\$38NR

Location: Woodlands at White Oaks

FITNESS CLASSES

Spin

18+ years

Dim the lights and turn up the mood-boosting music. Let adrenaline-infused motivation lead you up hills, along with sprints, and through stationary jogs.

Day: Tue

Dates: Sept 8-29

Time: 6:00-6:45 pm

Code: 44558AS

Fee: \$32R/\$35Corp/\$38NR

Day: Tue

Dates: Oct 6-27

Time: 6:00-6:45 pm

Code: 44558AT

Fee: \$32R/\$35Corp/\$38NR

Day: Fri

Dates: Sep 4-25

Time: 9:15-10:00 am

Code: 4558AW

Fee: \$32R/\$35Corp/\$38NR

Day: Fri

Dates: Oct. 2-30

Time: 9:15-10:00 am

Code: 44558AX

Fee: \$40R/\$44Corp/\$48NR

Location: Woodlands at White Oaks



Chair PIYO

18+ years

Working with light weights and resistance bands for building strength and toning arms. Increase your balance with support from standing behind the chair and working on muscle tone. This class will make you feel stronger and feel refreshed.

Day: Mon

Dates: Sep 14-28

Time: 9:15-10:00 am

Code: 44550AA

Fee: \$24R/\$26 Corp/\$28NR

Day: Mon

Dates: Oct 5-26

Times: 9:15-10:00 am

Code: 44550AB

Fee: \$32R/\$35Corp/\$38NR

Location: Recreation Complex

Adult Taekwon-Do

18+ years

Have you ever thought about learning a martial art, but never did? Would you like to hear a skill at the same time you exercise? Do you like to stretch, kick, punch, relieve stress, and feel good? Anyone can learn, it is never too late. The benefits of Taekwon-Do include character building, confidence, self-esteem, discipline, focus, perseverance, physical fitness, improved balance, coordination, strength and flexibility. This is an Adult only class. Classes are held at the Roselle Park District.

Mon, Oct 26 – Dec 14 11:00am – 12:00pm 44562AD

\$25 R / \$35 NR

Location: Roselle Park District, 10 N. Roselle Road

ADULT & SENIOR PROGRAMS

Witches Hat

18+ years

Join us as we create a simple and beautiful witches hat door hanger. All supplies will be provided. Masks are provided

Day: Wed

Date: Sept 30

Time: 6:00-8:00pm

Code: 44802AB

Fee: \$20

Location: Woodlands at White Oaks



Strength and Balance

18+ years

If you feel unstable, this class is for you. Learn simple exercises that will help increase your stability and strength in your legs, back, and arms. The class can be done seated or standing. Classes will be 30 minutes in length and will be pre-recorded and sent to anyone enrolled.

Videos will be sent weekly via email.

Sept 8- Oct 27, 2020.

Each week you can enroll for a new video or sign up for all 8. \$5 per class or \$30 for all classes.

SB9120 (Sept 8)	SB9620 (Oct 13)
SB9220 (Sept 15)	SB9720 (Oct 20)
SB9320 (Sept 22)	SB9820 (Oct 27)
SB9420 (Sept 29)	SBALL8-All 8
SB9520 (Oct 6)	

Kristina Sromek, Instructor
\$5 per class





A Facility of the
WOOD DALE
PARK DISTRICT

2020 Golf Rates

Greens Fees

Weekday 9-Holes \$18
Replay \$ 6

Weekend 9-Holes \$18
Replay \$ 6

Equipment Rental

Motor Carts (9 holes per Person)
Picture I.D. Required... \$10

Replay Motor Carts (9 holes per Person)
Picture I.D. Required... \$6

Hand Carts (9 holes)... \$4.00

Club Rental (9 holes) Picture I.D. Required... \$10

For Tee Time information, please call 630.773.0184.

Off Season Rates Coming Soon!

Contact the Golf Shop for more details.

FootGolf

FootGolf is a combination of the popular sports of soccer and golf. The game is played with a soccer ball on a golf course with 21-inch diameter holes.

The rules largely correspond to the rules of golf.

For more information visit www.saltcreekgolfclub.com

or call 630.773.0184.

FootGolf Fees – 18 holes

FOOTGOLF HAS BEEN SUSPENDED FOR 2020

Loyalty Program

As a way to reward you, our “frequent” player, we are offering a loyalty program. Simply complete a registration form at the Golf Shop and start accumulating points right away. The points can then be used for free rounds of golf.

Golf Leagues

It is easy as 1-2-3 to reserve your group the same tee time(s) for the 2020 or 2021 golf season. Please call 630.773.0184 and ask for the Manager on Duty.

Golf Specials & Tee Time Online

Check and book daily golf specials at www.saltcreekgolfclub.com.

To stay updated with upcoming special events, find us on Facebook and Twitter.

Youth Programs

The First Tee – Greater Chicago

For more information and program dates/times, please visit TheFirstTeeGreaterChicago.org.

Youth on Course

Salt Creek is also participating in Youth on Course. For more information, please visit YouthOnCourse.org.

Golf Club Regripping Now Available!

Call or stop by the Golf shop for details.

Golf Center Update

Wood Dale Park District assumed management and operations of the Golf Center, formerly TopGolf, on July 1, 2020, and anticipates opening in 2021.

The Golf Center is the placeholder name for the facility until a name is established. The latest Wood Dale Park District venue will be part of Salt Creek Golf Club and will offer patrons increased golf and social opportunities with exciting amenities. These two venues will work together to provide golf instruction, practice opportunities, and space for community meetings, social and corporate events, and private rentals. Stay tuned and check back for more information and updates!

GOLF PROGRAMMING

**JOIN US FOR MINI GOLF
AT SALT CREEK!**



Salt Creek
Golf Club

**9:00 AM - 6:00 PM
OPEN DAILY
\$5.00 PER PLAYER**

New!
*Micro Wedding
Package*
(50 guests or less)

Contact Renee Carrell at
rcarrell@saltcreekgolfclub.com to learn more.

