

OSEA
SIGNATURE
TREATMENT AND
BODYCARE

SOOTHING WAVES AT SEA
120 MINUTES

This completely balancing and rejuvenating spa experience will leave you drifting on waves of bliss. To begin, ocean minerals are combined with local Malibu Lavender for a blissful body polish. Rose Stones are then warmed for a head to toe balancing massage. Finally, nourish and relax inside a cocoon of moisture while a soothing Rosewood and Geranium facial massage & marine masque quenches the skin.

DEEP SEA COCOON
90 MINUTES

An invigorating full-body scrub featuring organic algae and sea salts harvested from around the world exfoliates and softens your skin while a blissful aroma of wild Malibu Lavender relaxes the senses. A body mask loaded with native skincare ingredients, vitamins, minerals and essential fatty acids supports your skin's natural regeneration process and stimulates cell renewal. Wrapped in a healing algae cocoon, this mineralizing mask softens skin on contact and enhances your outer glow. Melt away tension with a restorative cranial wave massage.



emerginC and SCIENTIFIC ORGANICS BODYCARE

GINGER-COCONUT ARGAN SUGAR GLOW 30/60 MINUTES

This dazzling natural treatment begins with a lively citrus-kombucha body wash followed by the vibrant aromas of our ginger-lime sugar scrub. Warm, nourishing coconut and argan oil infused with avocado oil, apricot oil, rose hip, and vitamin E is slowly drizzled on to the body for superior hydration, nourishment, and total body relaxation.

GRAPE STEM CELL AND WHITE TEA HYDRATION WRAP 60 MINUTES

Calm, alleviate and revitalize your skin with 100% natural, minimum 70% organic ingredients of grape stem cells, spirulina, aloe vera, white tea, pine bark extract, vitamins C and E. A dry brush exfoliation begins the treatment to remove dead skin cells while promoting lymphatic flow throughout the body. Next, grape stem cell, white tea and seaweed body butter is slowly painted on for ultimate hydration. A calming scalp massage is given while the body is enveloped for deeper relaxation- an excellent treatment for post-sun, dehydrated and aging skin.



CLASSIC MASSAGE
30/60/90 MINUTES

Our full-body Swedish, Therapeutic or Deep Tissue massage techniques are customized to suit your needs. A superior massage therapy to reduce tension, soothe sore muscles and increase circulation to promote total relaxation.

PRENATAL MASSAGE
60/90 MINUTES

Excellent for easing the mind and relieving stress and strain during pregnancy, this specialized massage focuses on reducing tension in the legs and back. Please note that this treatment can only be performed after the first trimester.

COUPLE'S MASSAGE
60/90 MINUTES

A luxurious massage for two with various therapeutic techniques. Your choice of Swedish, Therapeutic or Deep Tissue modalities are available.

Sea Wellness Spa
is a sanctuary where
one can relax and
renew through a
restorative and
healing experience.



HOT STONE MASSAGE 90 MINUTES

This unique treatment involves the application and movement of heated basalt stones. The contrast of temperature assists to induce deep relaxation and enhanced well-being, while reducing inflammation and restoring balance to the body.

MAGNESIUM WELLNESS MASSAGE 90 MINUTES

Magnesium is responsible for promoting healthy energy levels, sleep, muscle function and overall well-being. This ultimate wellness massage combines the benefits of dry brushing to promote lymphatic drainage, therapeutic massage and the power of magnesium to promote detoxification and replenish commonly deficient levels. After a stimulating dry brush, the body is soothed with mineral-infused warm compresses to relax and replenish. A soothing massage follows with Mineral Wellness Lotion to nourish the skin as muscles relax and tension dissipates.

NEXT LEVEL SWEDISH MASSAGE 60/90 MINUTES

The calming, soothing effects of CBD work in unison with massage techniques designed to quiet the mind and relax the body. Lavender essential oils aide in relaxation, taking you to a deeper level of peace.

DEEP INDULGENCE MASSAGE 60/90 MINUTES

CBD is widely known to ease muscular tension, reduce inflammation and relieve pain. Adding CBD Oil to your Deep Massage will help the muscles "give", allowing your therapist to work deeper without the pain. The CBD Oil will also help to relieve the after effects of a deep massage, preventing soreness post treatment

THE ULTIMATE BLISS EXPERIENCE 120 MINUTES

This scrub, mask, massage combination is designed to take you step by step into the ultimate state of bliss. Treatment includes a full body exfoliation with CBD Lavender and grey sea salt, a hot oil CBD scalp massage, a CBD Lavender body mask, and a full body massage with CBD infused massage oil.

MUSCLECARE



Designed to take
you step by step
into the ultimate
state of bliss...

CRANIOSACRAL UNWINDING 60/75 MINUTES ADD 30 MINUTE TO FACIAL ADD-ON WITHIN 60 MINUTE FACIAL

This form of energy work therapy optimizes the flow of cerebrospinal fluid, a vital fluid that nourishes and protects the nervous system and brain. This gentle, light touch therapy shifts the mind and body into a mode of rest and recovery – the antithesis of stress. In this treatment, the healing potential of quiet and stillness of body and mind is explored. Our collaboration with 21 Drops essential oils makes this treatment unique using the highest grade therapeutic oils. Blends of Equalize, De-Stress, and Calm help with the calming of the brain, equalizing specific brain rhythm, de-stressing the body and the mind. A selected blend for each individual to enhance the function of the immune system (Pain Relief, Detox and Immunity) can be selected at the beginning of the treatment.

STRETCH BEYOND THE MUSCLE 50/80 MINUTES

Stretch beyond the muscle. Introducing Fascial Stretch Therapy (FST), a unique method focusing solely on the connective tissue (fascia) covering the body's muscles, joints, and bones. Aiding in improved functionality and flexibility, stress reduction, pain management, preventative care and more, FST pairs nicely with relaxation services, physical activities (fitness, sports, etc..) - or simply as a stand-alone therapeutic service. Indulge in this emerging alternative release - your body will thank you for it.

Advanced booking is required for this service

CORRECTIVE EXERCISE 60 MINUTES

Corrective Exercise Therapy is a client driven therapy and aims to improve your posture and eliminate body misalignments. It is prescribed specifically for your body position at a given moment. When we come to a training session with a body that does not have an optimum posture, or that is limited in its range of motion, we simply cannot perform with all of our strength. Instead, we'll compensate. This makes our workout / training less effective at producing the results we want and it is likely to cause pain and weaken our physiology. The imbalances and misalignments increase our risk of injury. A proper alignment, function and balance are the key to preserving your health and optimizing what your body can naturally do. ***Advanced booking is required for this service***

MIND AND BODY TREATMENTS





Facet Heart Emerald



Cabochon Emerald



Raw Emerald



Special Raw Emerald

EMERALD FACIAL & BODY TREATMENT 60 MINUTES

Heart Chosen Emeralds are placed on special points on the face and body to rejuvenate and deeply cleanse the whole body. The healing energy connects you to the Earth, relieves your mind, body and heart of any stress or tension, leaving you feeling deeply relaxed, radiant and refreshed.

BENEFITS:

- ◇ Anti-aging
- ◇ Relieves Tired and Overworked Eyes
- ◇ Revitalizes Skin
- ◇ Reduces Wrinkles
- ◇ Improves Meridian Flow
- ◇ Releases Stress & Tension
- ◇ Calms the Mind
- ◇ Reduces Allergies
- ◇ Clears Emotions
- ◇ Improves Sleep Quality
- ◇ Clarity of Mind
- ◇ Opens the Spiritual Heart
- ◇ Enhances Spiritual Clarity

HEART CHOSEN EMERALD FACE & BODYCARE

For centuries, it has been known that the emerald is a very special gem with exceptional abilities including: reversing the signs of aging, enhancing beauty, rejuvenating the body, mind and spirit, as well as promoting health and healing.

VIBRATIONAL CRYSTAL FACIAL 60/90 MINUTES

The OSEA Ocean Crystal-infused Facial helps reverse the aging process and encourages a smooth flow of energy. Our ocean crystals have been soaked in seawater during a full moon. The cleanest, purest ingredients: mineral-rich seaweed, bioactive plant extracts, essential oils, and copper peptides blended with hyaluronic anti-aging serums deliver nutrients and visibly smooth away fine lines with high-vibrational warm and cool crystals. An aquamarine crystal is also placed on the diaphragm to help the guest connect with the healing energy of the ocean.

SEA OF LIFE FACIAL 60/90 MINUTES

Surrender yourself to this personalized treatment that combines custom cleansing and a restorative mask with biodynamic Cranial-Facial Therapy. While attuning your senses to the relaxing rhythms of the sea, all tension slips away and a feeling of peace and well-being flows in like the soothing tide.

SEA BRIGHTENING FACIAL 60/90 MINUTES

Restore and amplify your skin's natural glow with the ultimate recharging facial. This mineral-rich, marine facial is an aroma therapeutic journey that includes body balancing cranial wave holds with a skin-specific cleanse, steam, plant-based brightening extracts and treatment mask that combines white algae, white tea and mineral peptides. A healthy dose of hydration, along with a soothing massage, visibly smooths fine lines. Organic Patagonian Seaweed stimulates the collagen replenishment cycle while essential oils and botanicals boost antioxidants and maximize hydration levels.



K-LIFT SCULPT & SHINE FACIAL 60/90 MINUTES

Re-educate muscle tone for a more lifted appearance and trigger DNA regeneration as you energize, transform and deeply nourish your skin with this high performance treatment. Includes an exfoliating multi-acid peel for the face, neck and décolleté. Red LED Light and impulsed Microcurrent to help awaken cell functions to younger levels and accelerate cell repair. Treatment concludes with the infusion of essential nutrients into the skin with cutting edge Transdermal Delivery technology.

20 MINUTE ADD-ONS:

EXPRESS LIFT

A preventative treatment designed to maintain energy in the cells, strengthen muscle tone and delay the aging process.

EXPRESS EYES

Designed to help strengthen the muscles, brighten the eye area and assist in increased circulation. Ideal for targeting the signs of aging around the eye area to diminish the look of fine lines and wrinkles.

EXPRESS LIPS

Lip lines, lower cheeks and jaw areas are lifted, toned and smoothed with this treatment specifically designed for the lip and lower portion of the face. Fine, feathery lines around the lips are smoothed and jaw muscles are lifted to help achieve a more youthful-looking appearance.

EXPRESS CONGESTION

This treatment is designed for oily skin conditions to help eliminate excess sebum, increase lymphatic drainage and enhance circulation. Helps to reduce puffiness and inflammation

KERSTIN FLORIAN ADVANCED SKINCARE K-LIFT AND ENHANCEMENTS



KERSTIN
FLORIAN

**emergenC and
SCIENTIFIC ORGANICS
SKINCARE**

**SIGNATURE RADIANCE FACIAL
60 MINUTES**

Give your skin the ultimate wrinkle-fighting it deserves. Our signature radiance facial is a customized treatment that combines active vitamin C, natural fruit acids, and a wide variety of potent botanical extracts and coenzymes to brighten skin, noticeably improve tone and texture, and minimize the appearance of fine lines and wrinkles, leaving skin noticeably radiant, hydrated and glowing.

**HYDRATION BOOSTER FACIAL
60/90 MINUTES**

Help alleviate dryness and dehydration with our intensive hydration treatment. The hydration booster facial consists of a two-part exfoliation system to remove dead skin cells and instantly improve tone and texture, while minimizing the appearance of fine lines and wrinkles. Plant-based ceramides, hyaluronic acid and botanical extracts help restore natural moisture, leaving skin hydrated, toned and firmed.

**SWIFT LIFT PEPTIDE
FIRMING FACIAL
60 MINUTES**

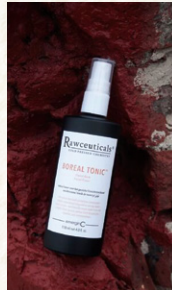
Actively firm, lift and address the visible signs of aging with the emergenC Swift Lift Peptide Firming Facial. The facial includes a thorough facial analysis, deep cleaning, and a natural fruit acid exfoliation peel to rapidly remove dead skin cells. Cutting-edge algae-based peptides, hyaluronic acid, and a variety of plant extracts help to noticeably firm and visibly diminish the appearance of fine lines and wrinkles, leaving skin younger-looking, toned, soothed and glowing.



“NATURES WALK AT SEA” FACIAL 60 MINUTES

Pure, active, cold pressed botanical extracts and cutting-edge natural cosmeceuticals combine in this revolutionary facial to help moisturize, soothe, nourish, improve skin tone and texture, and fight the appearance of fine lines and wrinkles. The facial begins with the “Walk in the Woods” signature opening relaxation ritual—a deep cleanser—and includes highly-mineralized Argentiere ice cap water, carrot seed oil, cocoa butter, black cummin seed oil, Kakadu plum extract and the unique raspberry seed, avocado, kaolin, and pumice dual mask/gommage treatment to gently exfoliate and nourish, leaving skin glowing.

Each Rawceuticals®
product is crafted
in small batches to
ensure freshness and
effectiveness.



REJUVENATE FACIAL 30/60 MINUTES

This skin-quenching infusion provides the ultimate in intense hydration. Perfect for all skin types, the Rejuvenate Serum contains vitamins and antioxidants that remarkably lift, tone and hydrate the skin.

OPULENCE FACIAL 30/60 MINUTES

Reveal a more radiant you! The Opulence Infusion combines botanical brighteners and highly concentrated vitamin C to brighten and balance dull uneven skin tone. Pigmentation is minimized, leaving your skin luminous, toned and more radiant.

ULTIMATE OXYGEN FACIAL 90 MINUTES

Emerge radiant with renewed luminosity and an immediate lift to your skin with the benefits of our Rejuvenate or Opulence Oxygen facial. This facial is enhanced with a pampering massage, customized exfoliation and the addition of Atoxelene. The Atoxelene Serum is the perfect, non-surgical alternative to a more invasive procedure. It significantly targets expression lines to refine the forehead, softens the eye contour and plumps your skin to dramatically reduce the appearance of fine lines and wrinkles.

ADD-ON LIP AND EYE MASKS 15 MINUTES

Helping to soothe and tighten tired, overworked skin.

Eye Mask - Specifically targets fine lines, dark circles, puffiness, and stressed skin. Power-bathe tired, lined and stressed eyes with hydrating forgiveness.

Lip Mask - Softens the lips and surrounds this ever-blurring area with actives. Forget the past by the time you look in the mirror.



BOOSTER FACIAL
90 MINUTES

Enhance your Rejuvenate Facial results with your personally prescribed Booster+ Treatment:

Collagen - State-of-the-art collagen building peptides to promote skin renewal and rejuvenation.

vitamin C+3 - Three forms of vitamin C work together to smooth, strengthen and promote healthy glowing skin.

vitamin A - Helps promote skin elasticity while clarifying and refining the appearance of skin.

Antioxidant - Revitalizes and balances dull, stressed skin with natural super fruits from the Australian Rainforest.

ATOXELENE ADD-ON
15 MINUTES

This targeted treatment is the perfect, non-surgical alternative to more invasive procedures. Atoxelene Serum includes natural amino acids that instantly firm, lift and plump your skin for a dramatically reduced appearance of fine lines and wrinkles. (Only add-on to treatments)



HYDRAFACIAL™ 30/60 MINUTES

The HydraFacial™ resurfacing procedure thoroughly cares for your skin by providing cleansing, exfoliation, extraction, and hydration while nourishing with antioxidants, peptides and Hyaluronic acid. The HydraFacial™ is a revolutionary non-invasive and non-surgical procedure that delivers instant results with no discomfort or downtime. It is an unparalleled therapy that immediately and effectively soothes and moisturizes the skin.

*Choice of Dermabuilder or Brightenol Booster with 60 minute Facial.
CTGF (Connective Tissue Growth Factor) Booster upgrade available upon request.*

CIRCADIA BOOSTERS

HydraFacial™ Chrono-Peptide Booster is designed to recharge, repair, and rebuild the skin from the inside out resulting in a reduction of the appearance of fine lines and wrinkles and a youthful glow.

HydraFacial™ ProTec Plus Booster delivers the ultimate in hydration, protection and instant plumping of fine lines and wrinkles.
Booster upgrade available upon request.

ULTIMATE PERFECTING DUO 60/90 MINUTES

This facial is the revolutionary Ultimate Age Reversal fusing two of the industries' most coveted technologies – HydraFacial™ and Intraceuticals – into one innovative treatment. It begins with exfoliation and infusion of HydraFacial™ serums and concludes with methodical infusion of anti-aging ingredients delivered through hyperbaric oxygen. Results are undeniable and immediate.

ULTIMATE PERFECTING TRIO 90 MINUTES

This facial gives anyone red carpet results; this is the ultimate anti-aging treatment. We incorporate three "state-of-the-art" pieces of equipment. The facial will start with diamond wet abrasions to get rid of the dead skin and pigmentation, followed by the firming and lifting Microcurrent technology, and finally, we finish with the oxygen system. This calms, infuses antioxidants, and binds deep hydration to the skin, instant Red Carpet results!

ADVANCED SKINCARE TREATMENTS



LIGHTSTIM®
ANTI AGING LED
THERAPY

LIGHTSTIM™ ANTI-AGING
EXPRESS 30 MINUTES
DELUXE 60 MINUTES
ULTIMATE 90 MINUTES
ADD ON 20 MINUTES

The LightStim® Anti-Aging combines amber, red and infrared lights to stimulate collagen and elastin, reduce inflammation, promote circulation and encourage deeper product absorption. A targeted combination of enzymatic exfoliation, extractions and advanced LED technology leaves skin firmer, tighter and smoother. This facial therapy is designed to help treat and combat the deeper signs of aging.



MOVE

We invite you to Live Well Again with one of our daily activities designed to stimulate your creativity, pique your curiosity, and infuse you with a contagious sense of optimism. Our Live Well Again activities will engage your senses and leave you feeling energized and inspired.

With the Pacific Ocean as your inspiration, exercise your body with our indoor and outdoor workouts.



PRIVATE SESSIONS

WORK OUT TO RELAX

Stimulate the mind and body with a rejuvenating full-body workout and massage. A skilled trainer will guide you through a personalized workout combining resistance, balance and functional training followed by an assisted stretch to prepare your body (and mind) for a therapeutic massage.

ONE ON ONE

A world-class personal trainer will take you through a challenging and energizing full-body workout, helping you to achieve your individual fitness goals.

FITNESS AL FRESCO

Become one with the ocean breeze! Let our trainer lead you through a personalized, fun and invigorating training session on the beautiful Santa Monica Beach, just outside your door.

PRIVATE YOGA SESSION

You will improve flexibility, balance and overall strength during a personalized yoga session with a highly qualified instructor that incorporates breathing exercises and poses.

YOGA ON THE BEACH

Take your private yoga session outdoors to stretch in the sun and gaze at the waves.

PRIVATE SESSION 50/80 MINUTES
COUPLE SESSION 50/80 MINUTES



PRICE LIST



wellness spa
SANTA MONICA, CALIFORNIA
www.hotelcasadelmar.com/spa

OSEA

SIGNATURE TREATMENT AND BODYCARE

120 Minute Soothing Waves at Sea	\$365
90 Minute Deep Sea Cocoon	\$315

emerginC and SCIENTIFIC ORGANICS BODYCARE

30 Minute Ginger Coconut Argan Sugar Glow	\$165
60 Minute Ginger Coconut Argan Sugar Glow	\$225
60 Minute Grape Stem Cell/White Tea Hydration Wrap	\$235

MUSCLECARE

30 Minute Classic Massage	\$130
60 Minute Classic Massage	\$190
90 Minute Classic Massage	\$280
60 Minute Prenatal Massage	\$200
90 Minute Prenatal Massage	\$300
60 Minute Couples Massage	(per person) \$220
90 Minute Couples Massage	(per person) \$300
90 Minute Hot Stone Massage	\$300
90 Minute Magnesium Wellness Massage	\$320
60 Minute CBD Massage	\$220
90 Minute CBD Massage	\$300
120 Minute Ultimate Bliss	\$385

OSEA

SKINCARE

60 Minute Vibrational Crystal Facial	\$220
90 Minute Vibrational Crystal Facial	\$330
60 Minute Sea Brightening Facial	\$190
90 Minute Sea Brightening Facial	\$285
60 Minute Sea of Life Facial	\$200
90 Minute Sea of Life Facial	\$300

KERSTIN FLORIAN

ADVANCED SKINCARE

60 Minute K-Lift Sculpt & Shine Facial	\$265
90 Minute K-Lift Sculpt & Shine Facial	\$395
20 Minute Add-ons	\$100

LIGHTSTIM® SKINCARE

30 Minute LightStim Express	\$195
60 Minute LightStim Deluxe	\$275
90 Minute LightStim Ultimate	\$385
20 Minute LightStim Add On	\$145

PRICE LIST



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emerginC and SCIENTIFIC ORGANICS SKINCARE

60 Minute Signature Radiance Facial	\$190
60 Minute Hydration Booster	\$200
90 Minute Hydration Booster	\$300
60 Minute Swift Lift Peptide Firming	\$205
60 Minute "Nature's Walk at Sea" Facial	\$205

INTRACEUTICALS SKINCARE

30 Minute Rejuvenate Facial	\$170
60 Minute Rejuvenate Facial	\$265
90 Minute Booster Facial	\$375
30 Minute Opulence Facial	\$170
60 Minute Opulence Facial	\$265
90 Minute Ultimate Oxygen Facial	\$375
15 Minute Atoxolene Add on	\$100
15 Minute Eye Mask Add on	\$50
15 Minute Lip Mask Add on	\$40

ADVANCED SKINCARE TREATMENTS

30 Minute Hydrafacial™	\$185
60 Minute Hydrafacial™	\$280
60 Minute Hydrafacial™ with CTGF Booster	\$305
60 Minute Ultimate Perfecting Duo	\$315
90 Minute Ultimate Perfecting Duo	\$395
90 Minute Ultimate Perfecting Trio	\$415

HEART CHOSEN EMERALD FACE AND BODYCARE

60 Minute Emerald Facial and Body Treatment	\$300
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MIND AND BODY TREATMENTS

60 Minute CranioSacral Unwinding	\$235
75 Minute CranioSacral Unwinding	\$295
30 Minute Add to Facial	\$135
Add-on Within 60 Minute Facial	\$100
50 Minute Stretch Beyond the Muscle	\$210
80 Minute Stretch Beyond the Muscle	\$290
60 Minute Corrective Exercise	\$180