

A photograph of a modern office breakroom. In the foreground, there are bright green armchairs. In the middle ground, a high-top table with a light-colored top and metal legs is surrounded by black mesh bar stools with green seats. On the table are decorative items: a small potted plant, a silver globe, and a silver vase. The room has large windows and glass doors that offer a view of a city skyline with modern buildings. The interior walls are made of raw concrete, and there are string lights hanging from the ceiling.

Get inspired by these real-life ultimate breakrooms.

EMPLOYEES NEED TO TAKE BREAKS.
WHEN THEY DO, YOU WANT THEM
TO BE ENERGIZED — NOT BORED.



Breakrooms can be... **FUN.**

At **Keap**, a small-business software company headquartered in Chandler, Arizona, employees gather on an indoor turf “football field” — 85 feet long and 40 feet wide — populated with couches, armchairs, a pingpong table and foosball.

“It’s very much a place to meet and to connect,” says Allison Burke, manager of internal communications and experience.

Breakrooms can be... **COLLABORATIVE.**

Chatting with co-workers can help you naturally land on new ideas and solutions. At **Truss**, a Chicago startup that helps small businesses find office space, employees are encouraged to take advantage of areas with plush seating and low tables, perfect for conversation.

“You brainstorm and find different ways to solve things while you’re actually socializing,” says Lynette Grinter, vice president of marketing.





Breakrooms can be... **SCENIC.**

Truss shares a rooftop deck with the other tenants of its building; everyone meets there for Friday happy hours overlooking a bustling part of Chicago.

“You get to kick off the weekend and feel the energy of the city,” Grinter says, a perk that has helped **Truss** grow rapidly since the site went live in 2017.

Breakrooms can be... **CULTURE-BUILDING.**

When **Keap** started out, it stocked a few boxes of cereal as a modest perk for employees who might want a snack during the workday. Today, its headquarters is home to about 400 employees, and the kitchen cereal bar has grown to offer about 50 varieties at any given time, plus four kinds of milk.

The cereal “takes us back to our roots,” Burke says.



Photo: Keap



Breakrooms can be... **REFLECTIVE.**

Away from the bustle of the football field and cereal bar and up a flight of stairs, **Keap** has what's called "The Dream Room." In this quiet, naturally lit room, employees sit in armchairs or cushioned window seats to work, think or even catch a quick snooze. One wall is reserved for employees and clients to write their hopes and dreams in chalk.

"It's a space you can go for a little bit of calm," Burke says.

Photo: Keap

Breakrooms can be... **INSPIRING.**

When **Truss** employees want to get away from their desks, they can head to the building basement to relax on a pair of lime green couches. The breakroom has an industrial-chic feel, the concrete walls decorated with street-style art including replicas of Banksy's work.

“You feel like you belong here. You feel the energy in here,” Grinter says. “It’s just a cool place to hang out.”



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