



fitbit flex™

WRISTBAND SIZING TOOL

WRIST SIZES

Small	5.5"–6.5"	14.0 cm–17.5 cm
Large	6.5"–8.2"	17.5 cm–20.8 cm

INSTRUCTIONS

- 1 Print out this page at 100%.
Do not scale to fit.
- 2 Cut out the sample band and wrap it around your wrist, keeping the end with the arrow on top.
- 3 Make sure the band lays flat against your wrist.
- 4 Pick the size the arrow is pointing to, and you're done! If you are on the line between sizes, we recommend picking the larger size.

STILL UNSURE?

Contact us at [contact.fitbit.com](https://www.fitbit.com/contact)

