# duiceman



## POWER PLUS Compact Juicer with Citrus Attachment

JM850



## THANK YOU FOR YOUR PURCHASE!





**%** You Tube **f (** 





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RATE & REVIEW YOUR PRODUCT www.juiceman.com

Should you have any questions or concerns with your new product, please call our Customer Service/Line at/1-800-231-9786 (US and Canada). Please do not return to the store.

Please Read and Save this Use and Care Book.

## **IMPORTANT SAFEGUARDS**

All Juiceman® products are designed with your safety in mind. When using electrical appliances, basic safety precautions should always be adhered to, including the following:

## Read all instructions and save for future reference:

- Remove any stickers before using the juicer.
- To protect ágainst risk of electrical shóck, do not put cord, plugs or appliance in water or other liquid.
- Fully unwind the power cord before use.
- Always make sure the juicer is properly assembled before plugging in and using.
- Close supervision is necessary when any appliance is used by or near children.
- Unplug from outlet when not in use, before putting on or taking off parts, or before cleaning.
- Avoid confacting moving parts.
- Do not operate any appliance with a damaged cord or plug or after the appliance malfunctions, or is dropped or damaged in any manner. Contact the consumer service number listed in this manual.
- The use of attachments not recommended by Juiceman may cause fire, electric shock or injury.
- Do not use outdoors.
- Do not let cord hang over edge of table or counter.
- Do not let cord touch hot surfaces or become knotted.
- Always make sure juicer cover is clamped securely in place before motor is turned on. Do not unfasten clamps while juicer is in operation.

- Be sure to turn switch to OFF position after each use. Make sure the motor stops completely before disassembling.
- Do not leave the appliance unattended when in use.
- Use caution when operating the appliance do not place hands or fingers near moving or rotating parts.
- Do not put your fingers or other objects into the juicer opening while it is in operation. If food becomes lodged in opening, use food pusher or another piece of fruit or vegetable to push it down. When this method is not possible, turn the motor off, unplug the appliance and disassemble juicer to remove remaining food.
- Do not use the appliance if the rotating sieve is damaged.
- Do not use this appliance for other than intended use.
  Keep the appliance clean; refer to care and
- Keep the appliance clean; refer to care and cleaning section of this manual.

  This appliance is not intended for use by personal contents.

  This appliance is not intended for use by personal contents.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.
- Children should be supervised to ensure that they do not play with the appliance.

### **SAVE THESE INSTRUCTIONS**

Safety Features

This product is for household use only.

#### POLARIZED PLUG (120V MODELS ONLY)

This appliance has a polarized plug (one blade is wider than the other). To reduce the risk of electric shock, this plug is intended to fit into a polarized outlet only one way. If the plug does not fit fully into the outlet, reverse the plug. If it still does not fit, contact a qualified electrician. Do not attempt to modify the plug in any way.

#### TAMPER-RESISTANT SCREW

Warning: This appliance is equipped with a tamper-resistant screw to prevent removal of the outer cover. To reduce the risk of fire or electric shock, do not attempt to remove the outer cover. There are no user-serviceable parts inside. Repair should be done only by authorized service personnel.

#### ELECTRICAL CORD

- A short power-supply cord is provided to reduce the risk resulting from becoming entangled in or tripping over a longer cord.
- 2) If a long detachable power-supply cord or extension cord is used,
  - a) The marked electrical rating of the extension cord should be at least as great as the electrical rating of the appliance,
  - b) If the appliance is of the grounded type, the extension cord should be a grounding-type 3-wire cord, and
  - c) The longer cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or tripped over unintentionally.

**Note:** If the power cord is damaged, please contact the warranty department listed in these instructions.

## Meet POWER PLUS

Compact Juicer with Citrus Attachment

Make deliciously simple citrus juices or extract a fruit and vegetable blend with this easy to use and easy to clean multifunctional juicer.

#### Product may vary slightly from what is illustrated.

- 1. Small food pusher (Part# 770278)
- 2. Large food pusher (Part# 770280) (also used as small feed chute)
- 3. Feed chute
- 4. Lid (Part# 770279)
- 5. Stainless steel filter basket (Part# 770271)
- 6. Integrated pulp container (3.5 cups) (Part# 770290)

- 13. Citrus juicer drive shaft (Part# 770282)
- 14. Citrus juicer attachment (Part# 081249-1MZ169)
- 15. Small juicing cone (Part# 04178MZ169)
- 16. Large juicing cone (Part# 04177MZ169)
- 17. Cleaning brush (Part# 04186B)
- 18. Non-skid suction feet (Part# 09183-1)



## PERFECT FOR: Small and large citrus fruits, a variety of fruits and vegetables, leafy greens and berries.



## **HOW TO JUICE**

This product is for household use only.

### **GETTING STARTED**

- Remove all packing material, any stickers, and the plastic band around the power plug.
- Go to www.prodprotect.com/applica to register your product and visit www.juiceman.com for more recipes, tips and tricks.
- Wash all removable parts as instructed in CARE AND CLEANING.

**IMPORTANT:** Do not rinse or immerse base in water or any other liquid.

Place base on a dry, level counter, assemble, and get ready to juice.

## PREPARATION

Juicing is one of the easiest ways for your body to get nutrients it needs. Follow these tips to ensure the juice you're fueling yourself with is as fresh as it can be!

### **PURCHASING AND STORING INGREDIENTS:**

- Always use fresh, fully ripened fruits and vegetables.
- Select fruits and vegetables that are in season for freshness and flavor.
- Choose fruits that are plump, tender and have a bright color. Fruits should be heavy for their size without bruises, cuts or blemishes.
- To ripen fruit, place in a small clean paper bag. Close the bag loosely and let stand at room temperatures. To speed ripening, add a ripe apple or banana to the bag. Once ripened, store in the refrigerator for a day or two until ready to use.
- Store perishable vegetables in the refrigerator until ready to use.

## PREPARING FRUITS AND VEGETABLES FOR JUICING



Wash fruits and vegetables thoroughly before juicing.

TIP: Use a natural bristle brush and biodegradable cleaner to help remove pesticide residue.



Trim any bruised or discolored sections of fruits and vegetables. Remove and discard outer leaves.



If desired, remove the skin. The skin may be left on all produce with the exception of citrus fruits, including oranges, grapefruit, lemons, limes and tangerines. This is because the skin contains oil that tastes bitter and is difficult to digest.

TIP: Although the skin may be left on melons and pineapple, you may choose to remove them to maximize the fruit flavor in the finished drink.



Remove pits and large seeds from fruits, including apricots, cherries, nectarines, mangoes, peaches, plums and melons.



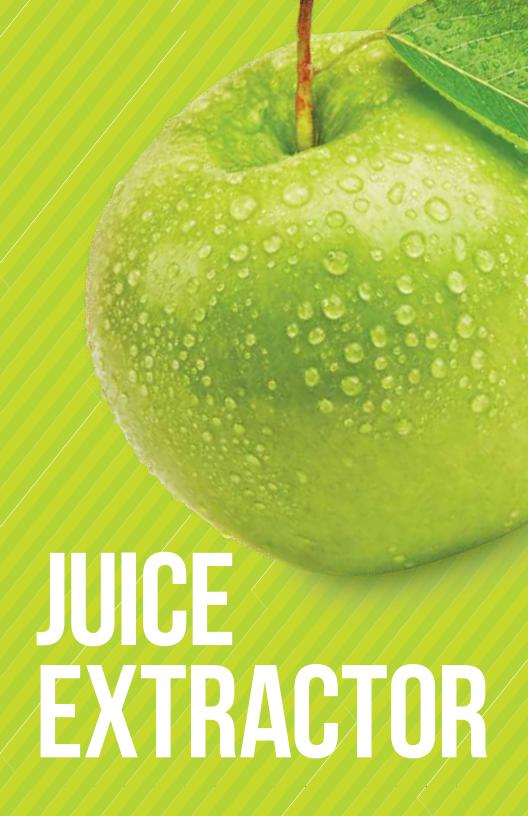
Pack leafy greens, parsley, wheat grass and sprouts into small, tight bunches.



The large feed chute is designed to fit larger produce such as whole apples, beets, and oranges. If necessary, cut into pieces to fit in the feed chute.



Be sure all parts of the juice extractor are clean and dry. See the CARE AND CLEANING section of this manual.



## **ASSEMBLING YOUR JUICE EXTRACTOR**



**STEP 1:** Place pulp container on the base with spout facing left.



**STEP 2:** Place juice spout cover onto juice spout.



**STEP 3:** Insert the stainless steel filter basket in the center of the pulp container and press down until it snaps into place.

**NOTE:** Cutting teeth are very sharp, handle carefully.



**STEP 4:** Place the lid on top of the pulp container with tabs on lid facing the sides.



**STEP 5**: Lock the latches by holding down the cover fitting the top of the latches into the tabs on each side of the lid. Press the bottom of each latch inward until they click into place.

**NOTE:** The appliance will not operate until the locking latches are locked.



**STEP 6:** Insert the large food pusher into the feed chute, matching the indentations on the food pusher to the projections on the feed chute.

## **MAKING JUICE IN YOUR JUICE EXTRACTOR:**



**STEP 1:** Prepare fruits and vegetables for juicing. Turn the spout counterclockwise to open and turn the dial to speed 1 or 2.



**STEP 2**: Place the food in the feed chute and press lightly with the food pusher to guide produce through the feed chute.

TIP: The juicer comes with two sized food pushers, large and small, to accommodate all your juicing needs. Use the small pusher for smaller foods like carrots and berries and the large pusher for whole fruits and areens.

**NOTE:** The large food pusher acts as small feed chute when using the small pusher. Leave large food pusher in feed chute when using small pusher.



**STEP 3:** To remove the small food pusher, hold the large pusher with one hand and turn counterclockwise until the inner section lock disengages. Lift the small pusher straight up.



**STEP 4:** To re-assemble the two pushers, insert the small pusher into the large one, matching the notches to the opening. Turn clockwise to lock the small pusher in place.

**TIP:** To get the most juice from fruits and vegetables, do not force or rush the food through the appliance.



**STEP 5:** When the pulp container or juice pitcher is almost full, turn off the juicer. Allow the motor to come to a complete stop before emptying either part.

NOTE: Do not let the juice or pulp container overfill while using the machine. Turn the appliance off, wait for the motor to stop running and any juice to stop flowing. Empty the juice/pulp container. Reassemble to resume juicing.



**STEP 6:** When juicing is complete, turn the spout clockwise to prevent dripping. Turn off the appliance and unplug when not in use.

### SPEED SELECTION

This juicer has two speed options: LOW (1) and HI (2). Speeds are selected simply by turning the speed control dial to the desired setting.



Best for hard produce



Best for soft produce



Turns juicer off

## JUICE EXTRACTOR TIPS & TRICKS:

- Do not put food into the extractor before turning the appliance on.
- Let the appliance run for at least ten seconds before placing any food into the feed chute.
- Do not process bananas, avocados or coconut they do not have juice and can clog the juicer.

  \*Juice fresh juice then add to a blender with bananas or avocados for a creamy, fresh smoothie!
- Be sure to remove all pits and large seeds from truits.
- For maximum nutritional benefits, drink your juice right away.
- Avoid excessive buildup of pulp on the underside of the lid.
- Remove rinds of melons because they are thick and water down drinks.
- Refrigerate washed ripe fruits and vegetables until ready to use.
- Use the pulp! The pulp is high in nutritional value for you and your garden. Make sure to use the pulp the same day you extract your juice:
  - Add fiber and flavor to baked goods
  - Thicken/soups, casseroles and sauces
  - Add putrition and flavor to desserts like puddings and cakes
  - Use/it as compost for your garden

## DISASSEMBLING YOUR JUICE EXTRACTOR:



**STEP 1:** Pull the bottom of each locking latch outward from cover tab. The locking latches will rise upward so you can release them from the lid.



**STEP 2:** To remove the lid, take out the food pusher, grasp the feed chute and lift.



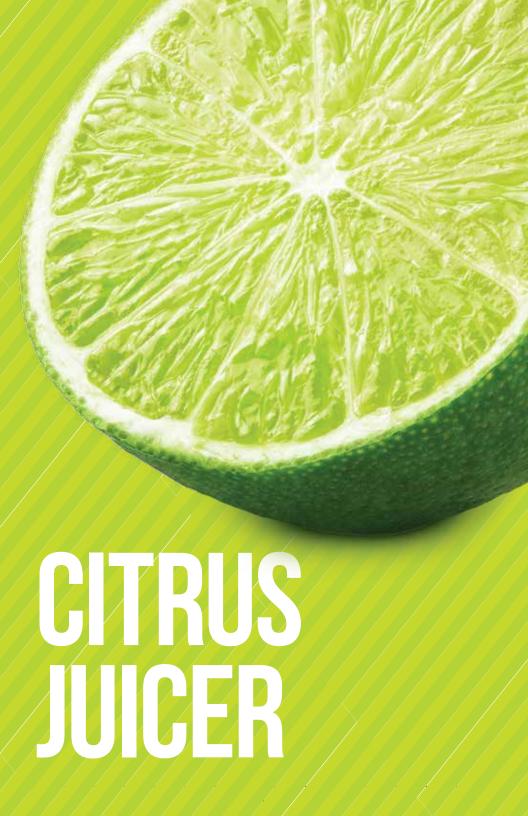
**STEP 3**: Remove the stainless steel filter by grasping the filter basket by the rim and pull up.



**STEP 4:** Remove the integrated pulp container by gripping the side edges and pull up.



**STEP 5**: Remove spout by pulling away from the base.



## **ASSEMBLING YOUR CITRUS JUICER**



STEP 1: Place the pulp container on the base.



**STEP 2:** Insert removable spout onto pulp container.



**STEP 3:** Place the citrus juicer drive shaft into the center of the pulp container and press down to make sure it is seated securely on the base.



**STEP 4:** Place the citrus juicer attachment on top of the pulp container so that the two small lock tabs are to the right and left of the spout.



STEP 5: Lock the latches by holding down the cover, fitting the locking mechanism at the top of each latch over the tab on each side of the attachment. Press the bottom of each latch inward until they click into place.

**NOTE:** The juicer will not operate until the locking latches are locked.



STEP 6: Place the juice pitcher under the juice spout.



STEP 7: Turn the spout counterclockwise to open.



**STEP 8:** Place your desired citrus cone on the drive shaft.

**NOTE:** small citrus cone must be inserted in large citrus cone to use the large citrus cone.

## **USING THE JUICING CONES:**



The small juicing cone is perfect for small fruits such as lemons and limes. Place small juicer cone on top of the citrus drive shaft and you are ready to juice!



The large juicing cone is perfect for large fruits such as oranges and grapefruits. Using the two tabs on the outside of the small cone, insert the small cone into the large cone until it snaps into place. Place the assembly on the drive shaft to begin juicing.



To remove the small juicing cone from the large cone, hold the tabs of the small cone in one hand and pull the large cone up and off of it.

## **USING YOUR CITRUS JUICER**

- 1. Plug in the juicer.
- 2. Cut citrus fruit in half, leaving the peel on.
- 3. Place the cut-side fruit down on top of the selected cone.
- 4. Turn the speed dial to low (1) speed.
- 5. Press down on the fruit to start the juicing action.

IIP: Use firm-to-moderate pressure to get the most juice from the fruit!

- 6. When done juicing, turn the speed dial counterclockwise to OFF to stop rotation of the juicer and remove the fruit from the cone.
- 7. Turn the drip spout clockwise to prevent dripping and unplug the appliance.

## **CITRUS JUICER TIPS:**

- Before juicing a citrus fruit, roll the fruit under your hands on the countertop exerting slight pressure to help release the juice.
- Drop rind into disposal in your sink for a quick clean and to freshen any lingering odors.
- Add the zest of a lemon, lime or orange to simple syrup to add a fresh taste to iced or hot teas.
- Process 1 cup sugar with the zest of 1 lime or lemon and store in a closed container in your refrigerator. Use to decorate cookies, muffins or doughnuts.
- Enjoy your juice as is or add it to smoothies for a fresh and flavorful addition!

## CARING FOR YOUR JUICE EXTRACTOR AND CITRUS JUICER

This product contains no user serviceable parts. Refer service to qualified service personnel.

IMPORTANT: Always unplug your juicer from the outlet before cleaning

### **CLEANING:**

- 1. Disassemble juicer following the instructions for disassembly.
- 2. Using a sponge or damp cloth, clean the base, feet and underside of the juicer. If necessary, use the cleaning brush or damp cloth to clean juice from inside the motor shaft (on top of motor base).

**IMPORTANT:** Do not immerse the base in water or spray with water. Clean only by wiping with a damp sponge, cloth or paper towel.

3. All parts - except the base - are dishwasher safe (top rack only) or you may wash in warm, soapy water using any mild liquid dishwashing detergent. Do not use any products containing ammonia or scouring powders as these can dull, scratch or mar the surface. Use the cleaning brush provided to remove pulp left on any of the removable parts. Do not use metal brushes or pads.

- 4. To clean the food pusher, twist to unlock and remove the small food pusher from the large food pusher. Clean with other removable parts and once dry, reassemble.
- 5. To clean the filter basket, use the provided cleaning brush to make sure tiny holes are not clogged. This can be accomplished by holding filter basket under a running faucet while brushing the mesh screen from both the inside and outside with the cleaning brush.
- After soaking overnight, lightly scrub with soft bristle brush and liquid detergent.

## **REMOVING TOUGH STAINS:**

Due to powerful staining properties of carotenoids found in many vegetables, particularly carrots, we suggest soaking any stained parts overnight in one of the following solutions:

- a. Biodegradable soap in enough warm water to cover juice extractor parts
- b. Cup bleach added to a sink full of warm water
- c. 1 part warm water to 1 part cider vinegar
- d. Small box of baking soda in enough warm water to cover juicer parts

**IMPORTANT:** Never use ammonia or abrasive cleaners!

## STORAGE:

Store your juicer in a clean, dry place. Never wrap cord tightly around the appliance.

## FRUIT & VEGETABLE HEALTH

Fruits and vegetables are an **excellent** source of key vitamins and nutrients. You can easily get more of these nutrients by consuming a variety of juices. Below is a list of some of the benefits of fruits and vegetables, in addition to the taste!

## FOOD

## **NUTRIENTS & BENEFITS**



#### Vitamin C, Folate, Antioxidants

Immune support, collagen and serotonin production, nervous cell function, cardiovascular support, production of red blood cells.



#### Vitamin C

Immune support, collagen and serotonin production, nervous cell function, cardiovascular support, production of red blood cells.



#### Vitamin C, Folate, Vitamin B1

Promotes hearth health, anti-inflammatory, promotes digestive health and energy production.



## Vitamin C, Carotenoids, Potassium, anthocyanins, calcium, Vitamin A

Metabolic function, repairs tissues, supports heart health, collagen production, development of skeletal tissue, healthy skin and eyes.



#### Flavonoids, Vitamin C, Potassium

Supports heart health, maintains health and growth of new cells, aids in function of kidneys, muscles, nerves and digestive system. Vitamin A aids in immune function, vision, reproductive health.



Vitamin C, Bioflavornoids, Lycopene, Dietary Fiber Immune support, fights free radicals that damage

healthy cells, and promotes digestive health.



#### Vitamins C, A, and Antioxidants

The high content of natural sugar in apples makes them great for sweetening and balancing the flavor of bitter vegetables but use in moderation!



#### Vitamins A, C, and Beta-Carotene

With a sweet and creamy consistency, carrots pair well with citrus fruit and cut the bitterness of leafy greens!



**Beta-Carotene, Vitamins K, C, and Calcium**Get the most out of your kale by running it through the juicer before high water content produce items.

## TROUBLESHOOTING

**Overheat protection system:** This juicer contains a PTC overheat protection system. When the appliance is being operated for too long or with too much load, the PTC protector will shut down the power of the appliance to protect the unit. If the power shuts down, unplug for 15 minutes and plug back in for normal operation.

PROBLEM	POSSIBLE CAUSE	SOLUTION
Appliance will not start when speed dial is turned on	The juicer may not be assembled correctly.	Turn the juicer off and unplug. Make sure everything is properly attached and parts are clean and free of food remnants.
The motor of the appliance seems to be struggling	Pulp container may be full.	Turn the appliance off and empty the pulp container. Remember, the pulp container holds about 3.5 cups of pulp, do not allow to get too full.
	Pulp may have collected under the cover.	Turn off and unplug. Remove the lid and wash thoroughly. Return lid to appliance.
	The speed selected may not be correct for the type of produce you are juicing.	Hard fruits and vegetables require speed 2 and softer fruits and vegetables use speed 1.
The juice extractor has stopped producing juice	The juice spout may be closed.	Check to see if the spout is closed or open.
	The integrated pulp container or the stainless steel filter may be blocked.	Turn appliance off and unplug. Disassemble the juicer, wash all parts thoroughly and re-assemble.
The juice extractor is not producing as much juice as expected	High fiber fruits and vegetables may be clogging the stainless steel filter.	Turn off and unplug the juicer. Disassemble, wash all parts and re-assemble.
Appliance stops running	Motor may be overheating.	Unplug appliance and let it cool for approximately 5 minutes before continuing use.

## JUICE RECIPES



### MANGO LEMON COOLER | SERVINGS: 1

#### **INGREDIENTS:**

1 ripe mango, seed removed ½ lemon, peel removed Sparkling mineral water Ice

#### **DIRECTIONS:**

Juice the mango and lemon into a large glass; stir to blend flavors and top with mineral water and ice.



### **CARROT BEET JUICE | SERVINGS: 1**

#### **INGREDIENTS:**

6 carrots

½ beet

3 sprigs parsley

#### **INGREDIENTS:**

Juice all vegetables into a large glass and stir to blend flavors. Serve over ice, if desired.

## WARRANTY & CUSTOMER SERVICE INFORMATION

For support or any questions regarding your appliance, call the appropriate 800 number listed within this section. Please **DO NOT** return the product to the place of purchase. Also, please **DO NOT** mail product back to manufacturer, nor bring it to a service center. You may also want to consult our Product Protection Center at www.prodprotect.com/applica.

#### TWO-YEAR LIMITED WARRANTY

(Applies only in the United States and Canada)

#### WHAT DOES MY WARRANTY COVER?

 Your warranty covers any defect in material or workmanship provided; however, the liability of Spectrum Brands Inc. will not exceed the purchase price of product.

#### HOW LONG IS THE WARRANTY PERIOD?

 Your warranty extends two years from the date of original purchase with proof of purchase.

#### WHAT SUPPORT DOES MY WARRANTY PROVIDE?

 Your warranty provides you with a reasonably similar replacement product that is either new or factory refurbished.

#### **HOW DO YOU GET SUPPORT?**

- Save your receipt as proof of date of sale.
- Visit the online service website at www.prodprotect.com/applica, or call toll-free
  - 1-800-231-9786, for general warranty service.
- If you need parts or accessories, please call 1-800-738-0245.

#### WHAT DOES MY WARRANTY NOT COVER?

- Damage from commercial use
- Damage from misuse, abuse or neglect
- Products that have been modified in any way
   Products used as serviced auticle the country.
- Products used or serviced outside the country of purchase

  Class parts and other reasons with the country of purchase.
- Glass parts and other accessory items that are packed with the unit
  Shipping and handling costs associated with the replacement of the unit
- Consequential or incidental damages (Please note, however, that some states do not allow the exclusion or limitation of consequential or incidental damages, so this limitation may not apply to you.)

#### HOW DOES STATE LAW AFFECT MY WARRANTY?

 This warranty gives you specific legal rights. You may also have other rights that vary from state to state or province to province.







I'm Sarah Mattison Berndt, Juiceman's primary nutritional guru. It's my mission to make healthy living easy for everyone. Holding a Master's Degree in Nutritional Science from Boston University plus two Bachelor's Degrees from the University of Wisconsin in Dietetics and Zoology, I am happy to be Juiceman's go-to on how-to healthy living!

I am a Registered Dietitian, a certified personal trainer, hold advanced certifications in Adult Weight Management and have received a number of awards for my work in healthy living. I have extensive experience helping others improve their health through my business, and it is my goal to help everyone live their healthiest life with expert nutrition and fitness advice.

Be sure to visit

## Uiceman.com

to find my latest nutritional inspirations, tips & tricks and new recipes for easy, healthy living!

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