



T R A C K & F I E L D

IOWA



Paulauga Tausaga

2020 Indoor All-American

2020 Big Ten Women's Field Athlete of the Year



Wayne Lawrence Jr.

2020 Indoor All-American

2020 Big Ten Men's Track Athlete of the Year



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UI Intercollegiate Athletics Department Mission Statement

The mission of the Department of Intercollegiate Athletics is to provide the administrative and coaching support, facilities, resources, and equipment necessary for student-athletes to graduate from The University of Iowa while competing successfully in broad-based championship caliber intercollegiate athletics. The overall well-being of the participant and integrity of the program are paramount in all that we do.

UI Nondiscrimination Statement

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, creed, color, religion, national origin, age, sex, pregnancy, disability, genetic information, status as a U.S. veteran, service in the U.S. military, sexual orientation, gender identity, associational preferences, or any other classification that deprives the person of consideration as an individual. The university also affirms its commitment to providing equal opportunities and equal access to university facilities. For additional information on nondiscrimination policies, contact the Director, Office of Equal Opportunity and Diversity, the University of Iowa, 202 Jessup Hall, Iowa City, IA 52242-1316, 319-335-0705 (voice), 319-335-0697 (TDD),diversity@uiowa.edu.

2021 Cross Country Schedule

1/30 Big Ten Championships (Shelbyville, Indiana)

2020-21 Indoor Track & Field Schedule

1/9 Border Battle (vs. Minnesota)
 1/16 Nebraska Open
 1/22-23 Wiecezorek Invitational
 1/30 Big Ten Multi Invite
 2/6 Frank Sevigne Husker Invite
 2/12-13 Hawkeye B1G Invitational
 2/12-13 Spire Big Ten Prep
 2/25-27 Big Ten Championships (Gevena, Ohio)
 3/11-13 NCAA Championships (Fayetteville, Arkansas)

2021 Outdoor Track & Field Schedule

3/26-27 B1G Invite #1
 4/2-3 North Florida B1G Invitational
 4/9-10 B1G Invite #2
 4/16-17 B1G Invite #3
 4/16-17 B1G Texas Invitaitaional
 4/23-24 B1G Preview
 5/1 Billy Hayes Invitational
 5/8 B1G Invite #4
 5/14-16 Big Ten Championships
 5/27-29 NCAA Regional (College Station, Texas)
 6/9-12 NCAA Championships (Eugene, Oregon)

UI Accessibility Statement

Individuals with disabilities are encouraged to attend all University of Iowa- sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the UI Athletics Ticket office (319-335-9309) or UI Athletics Event Management (319-335-9247).

Credits

The University of Iowa men’s track and field and cross country media guide was written, designed and edited by Athletic Communications Assistant Maggie Wesley, and Assistant Athletic Communication Directors Traci Wagner and Chris Brewer. Photographs provided by Brian Ray, Stephen Malley, Darren Miller and University of Iowa CMP Photo Services. Cover artwork designed by Mindy Gardner.



NAME	YEAR	EVENT	HOMETOWN (LAST SCHOOL)
Josh Andrews	Jr.	Mid Distance	Urbandale, Iowa (Waukee)
Elijah Barnes	Jr.	Throws	Fort Madison, Iowa (Iowa Central CC)
Alex Birkett	So.	Mid Distance	Cumbria, England (Kendal TC)
Josh Braverman	Sr.	Hurdles	Lacey, Wash. (River Ridge High)
Jamal Britt	Sr.	Hurdles	Las Vegas, Nev. (College of Sequoias)
Armando Bryson	So.	Mid Distance	Long Beach, Calif. (Long Beach Wilson)
James Carter	Jr.	Jumps	Oak Creek, Wis. (Oak Creek)
Raymund Clarke	RS Sr.	Hurdles	Roselle, N.J. (Clark Abraham)
Grant Conway	So.	Hurdles	St. James, Mo. (St. James)
Will Daniels	RS Sr.	Multi Events	Geneseo, Ill. (Central College)
Raymonte Dow	Jr.	Hurdles	High Point, N.C. (Central)
Josh Duval	Fr.	Sprints	Midlothian, Va. (Manchester)
Dawson Ellingson	So.	Throws	Hudson, Iowa (Hudson)
Nathan Farrell	Fr.	Hurdles	Port Orange, Fla. (Flagler Palm Coast)
DeJuan Frye	RS Sr.	Sprints	Lacey, Wash. (River Ridge)
Ian Geisler	Fr.	Distance	Lake in the Hills, Ill. (Huntley)
Julien Gillum	So.	Hurdles	Biloxi, Miss. (Goose Creek Memorial)
Seth Groom	So.	Multi Events	Aurora, Ill. (Marmion Academy)
Spencer Gudgel	So.	Mid Distance	Carmel, Ind. (Carmel)
Peyton Haack	Jr.	Multi Events	Westfield, Ind. (Westfield)
Jordan Hawkins	So.	Throws	Roxana, Ill. (Roxana)
Noah Healy	Sr.	Distance	Frankfort, Ill. (Lincoln-Way East)
Jason Hoffman	Fr.	Mid Distance	Shorewood, Ill. (Minooka)
Jay Hunt	Sr.	Jumps	Batavia, Ill. (Batavia)
Tanner Iske	So.	Sprints	West Liberty, Iowa (West Liberty)
Khullen Jefferson	Fr.	Sprints	Lynwood, Ill. (Thronton Fractional South)
Jordan Johnson	So.	Throws	Quincy, Ill. (Quincy)
Keith Keahna	So.	Jumps	Tama, Iowa (South Tama HS)
Nolan Kembel	Jr.	Hurdles	Loveland, Co. (Mountain View)
Aidan King	Fr.	Distance	St. Charles, Ill. (East)
Daniel Klysh	Fr.	Distance	Elmhurst, Ill. (York)
Austin Kresley	Fr.	Sprints	Oakley, Calif. (IMG Academy)
Wayne Lawrence Jr.	Jr.	Sprints	Dayton, Ohio (Meadowdale)
Kal Lewis	Fr.	Distance	Shelter Island, N.Y. (Shelter Island)
Tyler Lienau	Jr.	Throws	Jesup, Iowa (Jesup)
Austin Lietz	RS Sr.	Hurdles	Sherman Oaks, Calif. (Notre Dame Academy)
Quintin Lyons	Fr.	Throws	Van Nuys, Calif. (Notre Dame)
Jaylan McConico	RS Sr.	Hurdles	Bolingbrook, Ill. (Bolingbrook)
Jenoah Mckiver	Fr.	Sprints	High Point, N.C. (T.W. Andrews)
Cole Moeller	Sr.	Jumps	Wheatland, Iowa (Calamus Wheatland)
Max Murphy	Fr.	Distance	Bettendorf, Iowa (Pleasant Valley)
Nathan Mylenek	RS Sr.	Distance	Clarkston, Mich. (Pontiac Notre Dame)
Tyler Olson	Jr.	Mid Distance	Muscatine, Iowa (Muscatine)
Jack Pendergast	Fr.	Distance	Cedar Rapids, Iowa (Cedar Rapids Prairie)
Zack Pluff	So.	Jumps	Freeburg, Ill. (Freeburg)
Gratt Reed	So.	Hurdles	Atlantic, Iowa (Atlantic)
Jeff Roberts	Jr.	Distance	River Vale, N.J. (Pascack Valley)
Nolan Roethler	So.	Hurdles	Urbandale, Iowa (Waukee)
Evan Schuster	Fr.	Sprints	Racine, Wis. (St. Catherine's)
Spencer Smith	So.	Distance	Bettendorf, Iowa (Alleman)
Konnor Sommer	So.	Distance	Bettendorf, Iowa (Pleasant Valley)
Daniel Soto	RS Sr.	Distance	West Des Moines, Iowa (Valley)
Deandre Stapleton Jr.	So.	Jumps	Mansfield, Texas (Mansfield Lake Ridge)
Everett Steward	Fr.	Mid Distance	Carson, Calif. (Long Beach Poly)
Alec Still	Jr.	Mid Distance	Moville, Iowa (Woodbury Central)
Martin Strong	Fr.	Mid Distance	Kirkwood, Mo. (Kirkwood)
Nick Trattner	So.	Distance	Naperville, Ill. (Naperville North)
Tysen Vandraska	RS Sr.	Mid Distance	Swisher, Iowa (Cedar Rapids Prairie)
Eli Ward	Fr.	Distance	Waterloo, Ill. (Waterloo)
Austin West	So.	Multi Events	Iowa City, Iowa (West)
Antonio Woodard	Sr.	Sprints	Rancho Cucamonga, Calif. (Upland High)
Drake Woody	Fr.	Hurdles	North Liberty, Iowa (Liberty)

Pronunciation Guide

Name	Pronunciation
Elijah Barnes	ill-LIE-juh
Ian Geisler	GUY-slur
Spencer Gudgel	GUD-gell
Peyton Haack	HOCK
Tanner Iske	iss-KEY
Khullen Jefferson	CULLEN
Keith Keahna	kee-AH-nuh
Daniel Klysh	KLISH
Tyler Lienau	LEE-now
Austin Lietz	LEETZ
Jenoah Mckiver	jeh-NOAH muh-KEE-ver
Cole Moeller	MOLE-er
Nathan Mylenek	MY-len-ek
Nolan Roethler	RAWTH-ler



2021 Women's Track & Field Roster

Name	Yr.	Event	Hometown (Last School)
Amber Aesoph	Fr.	Distance	Sioux City, Iowa (Bishop Heelan Catholic)
Logan Akason	Jr.	Distance	Waukee, Iowa (Waukee)
Mary Arch	Sr.	Distance	Iowa City, Iowa (City High)
Alivia Bauer	Fr.	Throws	Indianola, Iowa (Indianola)
Alli Bookin-Nosbisch	Fr.	Mid Distance	Ottumwa, Iowa (Ottumwa)
Grace Bookin-Nosbisch	Fr.	Distance	Ottumwa, Iowa (Ottumwa)
Nia Britt	RS Sr.	Throws	Sherman Oaks, Calif. (Notre Dame High)
Serena Brown	Sr.	Throws	New Providence, Bahamas (St. Augustine's)
Traci Brown	Sr.	Sprints	Hilton Head, S.C. (Hilton Head Island)
Mariel Bruxvoort	Jr.	Hurdles	Grand Rapids, Mich. (South Christian)
Ashley Bryja	Jr.	Distance	Chicago, Ill. (Tennessee-Martin)
Gabbi Bullard	Fr.	Multi Events	Solon, Iowa (Solon)
Dimia Burrell	Fr.	Jump	Marion, Iowa (Linn-Mar)
Taylor Cannon	Fr.	Hurdles	Coralville, Iowa (Liberty)
Antonise Christian	Sr.	Sprints	Gary, Ind. (West Side Leadership)
Mika Cox	Sr.	Sprints	Reynoldsburg, Ohio (Reynoldsburg)
Erin Dowd	G.S.	Hurdles	Brighton, Mich. (Western Michigan University)
Claire Edmondson	Fr.	Distance	Dubuque, Iowa (Dubuque Senior)
Bryce Gidel	Fr.	Distance	Humboldt, Iowa (Humboldt)
Emma Gordon	Jr.	Distance	Ankeny, Iowa (Ankeny Centennial)
Maria Gorham	Jr.	Jumps	Alleman, Iowa (North Polk)
Maggie Gutwein	So.	Distance	Monticello, Ind. (Twin Lakes)
Erika Hammond	RS Sr.	Throws	Clinton, Iowa (Clinton)
LaSarah Hargrove	So.	Sprints	Tampa, Fla. (Gaither)
Amanda Howe	Jr.	Throws	Southington, Conn. (Southington)
Dallyssa Huggins	Sr.	Multi Events	Markham, Ontario (Bill Crothers)
Karina Joiner	G.S.	Hurdles	Woodbury, Minnesota (Harvard University)
Jenny Kimbro	RS Sr.	Multi Events	Catlin, Ill. (Salt Fork)
Mallory King	RS Sr.	Mid Distance	Davenport, Iowa (Assumption)
Jamie Kofron	So.	Throws	Tipton, Iowa (Tipton)
Leah Kralovetz	So.	Distance	Denmark, Wis. (Denmark)
Kylie Latham	Jr.	Distance	Ottumwa, Iowa (Ottumwa)
Paige Magee	Fr.	Hurdles	Columbia, Mo. (Battle)
Grace McCabe	Jr.	Distance	Clarendon, Ill. (Hinsdale Central)
Brooke McKee	Fr.	Distance	Johnston, Iowa (Johnston)
Jessica McKee	Jr.	Distance	Johnston, Iowa (Johnston)
Kat Moody	So.	Throws	Clive, Iowa (Waukee)
Katie Moore	Fr.	Mid Distance	Olathe, Kan. (St. James Academy)
Marissa Mueller	Sr.	Throws	Ontario, Canada (Lambton Central)
Nylah Perry	Fr.	Hurdles	Atco, N.J. (Winslow Township)
Katie Peterson	Fr.	Hurdles	Ankeny, Iowa (Ankeny Centennial)
Clare Pitcher	Fr.	Mid Distance	Franklin, Wis. (Franklin)
Elyse Prescott	Sr.	Distance	Urbandale, Iowa (Urbandale)
Wren Renquist	Sr.	Distance	Okinawa City, Japan (Kadena)
Eavion Richardson	G.S.	Jumps	Luton, Great Britain (Shaftesbury Barnet/East London University)
Ianna Roach	So.	Throws	Port of Spain, Trinidad & Tabago (Bishops Anstey)
Tesa Roberts	Fr.	Sprints	Chicago, Ill. (Brooks College Prep)
Abby Ryon	Fr.	Distance	Mount Pleasant, Iowa (Mount Pleasant)
Tia Saunders	RS Sr.	Mid Distance	Iowa City, Iowa (West High)
Gabby Skopec	Sr.	Distance	Coralville, Iowa (Northern Iowa)
Cortney Strohman	G.S.	Sprints	Pierre, S.D. (Liberty University)
Addie Swanson	Sr.	Hurdles	Bettendorf, Iowa (Pleasant Valley)
Laulauga Tausaga	RS Sr.	Throws	Spring Valley, Calif. (Mount Miguel)
Patty Teggatz	Jr.	Distance	Hampton, Iowa (Hampton-Dumont)
Tionna Tobias	So.	Jumps	Sicklerville, N.J. (Winslow Township)
Kelli Tosic	Fr.	Distance	Grayslake, Ill. (Grayslake North)
Ellie Twedt	Fr.	Distance	Elkhart, Iowa (Ballard)
Allison Wahrman	RS Sr.	Throws	Carol Stream, Ill. (Glenbard North)
Kylie Welch	Sr.	Sprints	Bloomington, Ill. (Bloomington)
Lindsay Welker	Sr.	Mid Distance	Terre Haute, Ind. (North)
Payton Wensel	Jr.	Hurdles	Marion, Iowa (Linn-Mar)
Aly Weum	Sr.	Mid Distance	Stoughton, Wis. ((Stoughton)
Sydney Winger	Jr.	Hurdles	Waukee, Iowa (Waukee)

Pronunciation Guide

Name	Pronunciation
Amber Aesoph	A-soph
Alivia Bauer	ah-LIV-ee-uh
Alli/Grace Bookin-Nosbisch	nos-BISH
Mariel Bruxvoort	BROOKS-vort
Ashley Bryja	Bree-UH
Dimia Burrell	Dih-ME-uh
Mika Cox	MY-cuh
Bryce Gidel	gih-DELL
Maggie Gutwein	GUT-win
Kylie Latham	LAY-thum
Eavion Richardson	a-VEE-on
Tesa Roberts	TAY-suh
Laulauga Tausaga	LAU-log-a Tuh-saga
Kelli Tosic	tah-SICK
Ellie Twedt	TWEET
Aly Weum	WEE-um



General Information

Location:Iowa City, Iowa
 Founded:1847
 Enrollment:30,448
 Conference: Big Ten
 School Colors: Black and Gold
 President: Bruce Harrelld
 Director of Athletics: Gary Barta
 Nickname/Mascot: Hawkeyes/Herky the Hawk
 Cross Country Facility: Bill and Jim Ashton Cross Country Course
 Indoor Track & Field Facility: UI Recreation Building
 Outdoor Track & Field Facility: Francis X. Cretzmeyer Track

Coaching & Staff Information

Director of Track & Field (Yr. at Iowa):Joey Woody (15th)
 Events: Men’s Sprints, Hurdles & Relays; Women’s Long Sprints & Hurdles
 Alma Mater, Yr.: Northern Iowa, 1997
 E-Mail Address:joey-woody@uiowa.edu
 Cross Country/Associate Head Track & Field Coach
 (Yr. at Iowa): Randy Hasenbank (5th)
 Events: Cross Country, Distance
 Alma Mater: Wichita State, 1990
 E-Mail Address:randy-hasenbank@uiowa.edu
 Associate Head Coach (Yr. at Iowa): Clive Roberts (12th)
 Events: . Horizontal Jumps; Women’s Short Sprints, Hurdles & Relays
 Alma Mater, Yr.: Central Michigan, 2003
 E-Mail Address: clive-roberts@uiowa.edu
 Assistant Coach (Yr. at Iowa): Jason Wakenight (7th)
 Events: Middle Distance, Sprints & Relays
 Alma Mater, Yr.: University of Iowa, 2006
 E-Mail Address: jason-wakenight@uiowa.edu
 Assistant Coach (Yr. at Iowa) Paige Knodle (5th)
 Events: Multi-Events, Vertical Jumps, Hurdles
 Alma Mater, Yr.: Northern Iowa, 2016
 Email Address paige-knodle@hawkeyesports.com
 Assistant Coach (Yr. at Iowa): Eric Werskey (4rd)
 Events: Throws
 Alma Mater, Yr.: Auburn, 2011
 E-Mail Address: eric-werskey@uiowa.edu
 Cross Country/Track Administrator: Matt Henderson
 Cross Country/Track Secretary: Kendra Wieditz
 Office Phone: (319) 335-9259
 Office Address: Carver-Hawkeye Arena, Iowa City, IA 52242

Media Information

Cross Country/Track and Field SID: xxxxx
 E-Mail Address: xxxx
 Sports Information Phone: (319) 335-9411
 Sports Information Fax: (319) 335-9417
 Office Address: Carver-Hawkeye Arena, Iowa City, IA 52242
 Web Site: www.hawkeyesports.com

Men’s Track & Field Team Information

2020 Big Ten Indoor Championships Place (Points):2nd (107)
 2020 Big Ten Indoor Champions Returning/Lost:5/0
 2020 Indoor All-Big Ten Competitors Returning/Lost:9/0
 2020 NCAA Indoor Championships Qualifiers Returning/Lost:4/2
 2020 Indoor All-Americans Returning/Lost:4/2
 2020 Big Ten Outdoor Championships Place (Points):n/a
 2020 Big Ten Outdoor Champions Returning/Lost:n/a
 2020 Outdoor All-Big Ten Competitors Returning/Lost:n/a
 2020 NCAA Outdoor Championships Qualifiers Returning/Lost:n/a
 2020 Outdoor All-Americans Returning/Lost:n/a
 2020 Letterwinners Returning/Lost:26/7

Men’s Track & Field Historical Information

Highest Big Ten Indoor Team Place (Yrs.): 1st (1926, 1929, 1963)
 Highest NCAA Indoor Champ’s Team Place (Yrs.):8th (2011)
 Highest Big Ten Outdoor Champ’s Team Place (Yrs.):
 1st (1963, 1967, 2011, 2019)
 Highest NCAA Regional Team Finish (Pts., Yr.):12th (25, 2008)
 Highest NCAA Outdoor Champ’s Team Place (Yr.):7th (1967)
 NCAA Champions: 10 champions, 12 titles
 All-Americans: 74 student-athletes, 139 honors
 Big Ten Indoor Champions: 79 individual events, 14 relays
 Big Ten Outdoor Champions: 114 individual events, 23 relays
 All-Big Ten Honors: 163
 Academic All-Big Ten Honors: 238

Women’s Track & Field Team Information

2020 Big Ten Indoor Championships Place (Points):8th (51)
 2020 Big Ten Indoor Champions Returning/Lost:1/0
 2020 Indoor All-Big Ten Competitors Returning/Lost:2/0
 2020 NCAA Indoor Championships Qualifiers Returning/Lost:2/2
 2020 Indoor All-Americans Returning/Lost:2/2
 2020 Big Ten Outdoor Championships Place (Points):n/a
 2020 Big Ten Outdoor Champions Returning/Lost:n/a
 2020 Outdoor All-Big Ten Competitors Returning/Lost:n/a
 2020 NCAA Outdoor Championships Qualifiers Returning/Lost:n/a
 2020 Outdoor All-Americans Returning/Lost:n/a
 2020 Letterwinners Returning/Lost:28/6

Women’s Track & Field Historical Information

Highest Big Ten Indoor Team Place
 (Pts., Yr.):3rd (65, 1981; 89, 2004; 80, 2019)
 Highest NCAA Indoor Champ’s Team Place (Pts., Yr.): ..14th (10, 1993)
 Highest AIAW Indoor Champ’s Team Place (Pts., Yr.):10th (15, 1982)
 Highest Big Ten Outdoor Champ’s Team Place (Pts., Yr):
 3rd (75, 1981; 96, 2018; 93)
 Highest NCAA Regional Team Finish (Pts., Yr.):8th (34.5, 2007)
 Highest NCAA Outdoor Champ’s Team Place (Pts., Yr.): 19th (12, 1992)
 Highest AIAW Outdoor Champ’s Team Place (Pts., Yr.): .10th (21, 1982)
 NCAA Champions: 4 champions, 5 titles
 All-Americans:71 student-athletes, 120 total honors
 Big Ten Indoor Champions: 39 individual events, 3 relays
 Big Ten Outdoor Champions: 32 individual events, 6 relays
 All-Big Ten Honors: 134 honors
 Academic All-Big Ten Honors: 310 honors



Hawkeye Coaching & Support Staff



Joey Woody
Director of
Track & Field



Clive Roberts
Associate Head Coach



Randy Hasenbank
Associate Head Coach



Paige Bohannon
Assistant Coach



Eric Wersky
Assistant Coach



Jason Wakenight
Assistant Coach
Recruiting Coordinator



Kate Wakenight
Director of Operations



Matt Henderson
Administration



Kendra Wieditz
Secretary



Andy Winkelmann
Academic Advisor



Doug West
Athletic Trainer



Samantha Wagner
Athletic Trainer



Bill Maxwell
Head Strength Coach



Landon Evans
Assistant
Strength Coach



Cody Roberts
Assistant
Strength Coach



Ryan Clevenger
Communications



Shawn Koenigsberg
Event Management



Randy Jensen
Facilities



Noah Larrison
Volunteer
Assistant Coach



Andrew Hatch
Volunteer
Assistant Coach



Jim Warren
Volunteer
Assistant Coach



Maddie Carver
Manager



Ryleigh Collum
Manager



Justin Zellinger
Manager



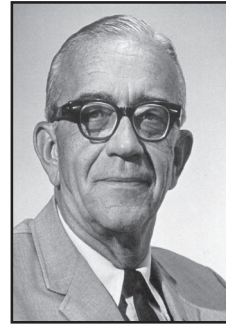
Joey Woody
2015-Present



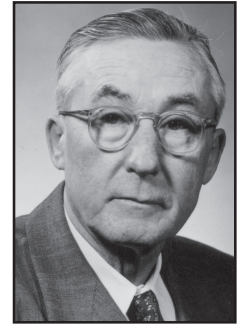
Larry Wiczorek
1998-2014



Ted Wheeler
1978-1997



Francis Cretzmeyer
1949-1977



George Bresnahan
1921-1948

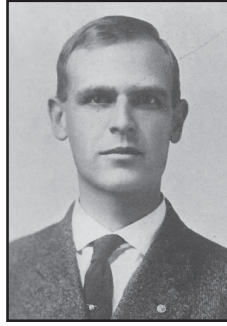
YEAR	COACH	B1G FINISH		ALL-AMERICA HONORS	YEAR	COACH	B1G FINISH		ALL-AMERICA HONORS
		INDOOR/OUTDOOR	CHAMPIONS				INDOOR/OUTDOOR	CHAMPIONS	
2020	Woody	2nd/--	5/--	--/--	1976	Cretzmeyer	8th/5th	1	0
2019	Woody	4th/1st	2/3	6/10	1975	Cretzmeyer	6th/T6th	4	1/0
2018	Woody	7th/6th	1/2	0/2	1974	Cretzmeyer	9th/6th	1	0
2017	Woody	6th/5th	1	8/13	1973	Cretzmeyer	8th/8th	0	1/0
2016	Woody	8th/4th	3	2/11	1972	Cretzmeyer	9th/8th	2	0
2015	Woody	T7/3rd	3	3/7	1971	Cretzmeyer	10th/9th	1	0
2014	Wiczorek	10th/7th	3	0/6	1970	Cretzmeyer	9th/9th	0	0
2013	Wiczorek	7th/5th	7	0/12	1969	Cretzmeyer	7th/8th	0	0
2012	Wiczorek	8th/ 5th	4	2/7	1968	Cretzmeyer	8th/6th	5	0/1
2011	Wiczorek	4th/1st	6	10/8	1967	Cretzmeyer	3rd/1st	6	4/4
2010	Wiczorek	5th/4th	3	0/5	1966	Cretzmeyer	3rd/2nd	6	0
2009	Wiczorek	9th/7th	0	1/1	1965	Cretzmeyer	8th/4th	3	0/1
2008	Wiczorek	8th/8th	2	1/0	1964	Cretzmeyer	10th/6th	0	0
2007	Wiczorek	7th/7th	3	0/1	1963	Cretzmeyer	1st/1st	9	0
2006	Wiczorek	7th/4th	2	0/1	1962	Cretzmeyer	4th/4th	3	0/1
2005	Wiczorek	10th/8th	2	0	1961	Cretzmeyer	3rd/4th	1	0
2004	Wiczorek	10th/10th	0	0	1960	Cretzmeyer	6th/6th	1	0/1
2003	Wiczorek	9th/9th	1	0/1	1959	Cretzmeyer	9th/4th	1	0
2002	Wiczorek	N.A/6th	2	1/1	1958	Cretzmeyer	6th/6th	3	0/1
2001	Wiczorek	10th/5th	3	1/1	1957	Cretzmeyer	6th/T7th	5	0/2
2000	Wiczorek	8th/6th	0	0/1	1956	Cretzmeyer	2nd/2nd	7	1/1
1999	Wiczorek	7th/2nd	7	0/4	1955	Cretzmeyer	7th/3rd	0	0
1998	Wiczorek	5th/3rd	5	6/1	1954	Cretzmeyer	6th/5th	3	0
1997	Wheeler	4th/9th	2	1/0	1953	Cretzmeyer	6th/4th	2	0/1
1996	Wheeler	8th/10th	2	0/4	1952	Cretzmeyer	3rd/3rd	2	0
1995	Wheeler	9th/6th	4	0/5	1951	Cretzmeyer	8th/5th	0	0
1994	Wheeler	10th/7th	1	1/0	1950	Cretzmeyer	8th/7th	3	0
1993	Wheeler	9th/9th	2	1/2	1949	Cretzmeyer	9th/9th	0	0
1992	Wheeler	7th/9th	1	1/1	1948	Bresnahan	9th/9th	0	0
1991	Wheeler	8th/7th	1	0	1947	Bresnahan	9th/9th	0	0
1990	Wheeler	6th/8th	3	0	1946	Bresnahan	9th/9th	0	0
1989	Wheeler	7th/7th	2	0/2	1945	Bresnahan	7th/8th	0	0
1988	Wheeler	9th/7th	1	0/1	1944	Bresnahan	5th/9th	0	0
1987	Wheeler	10th/6th	1	0	1943	Bresnahan	8th/10th	1	0
1986	Wheeler	7th/3rd	4	0	1942	Bresnahan	6th/7th	2	0
1985	Wheeler	8th/5th	0	0/1	1941	Bresnahan	10th/10th	0	0
1984	Wheeler	6th/4th	3	4/0	1940	Bresnahan	10th/10th	0	0
1983	Wheeler	8th/5th	1	0/2	1939	Bresnahan	8th/10th	0	0
1982	Wheeler	9th/8th	0	0	1938	Bresnahan	3rd/5th	1	0
1981	Wheeler	8th/8th	0	0	1937	Bresnahan	T5th/6th	0	0
1980	Wheeler	9th/9th	1	0	1936	Bresnahan	5th/6th	0	0
1979	Wheeler	9th/8th	0	4/0	1935	Bresnahan	4th/6th	1	0
1978	Wheeler	8th/9th	1	0/1	1934	Bresnahan	10th/T5th	0	0
1977	Cretzmeyer	T6th/9th	1	0					



All-Time Coaching Records - Men's & Women's



Jack Watson
1920



Nelson Kellogg
1911-1913



Layne Anderson
2007-2012



James Grant
1996-2006



Jerry Hassard
1982-1996

All-Time Coaching Records - Men's - Continued

YEAR	COACH	B1G FINISH	B1G CHAMPIONS	ALL-AMERICA HONORS
		INDOOR/OUTDOOR		
1933	Bresnahan	T6th/7th	0	0
1932	Bresnahan	6th/6th	2	0/1
1931	Bresnahan	9th/6th	1	0/1
1930	Bresnahan	7th/5th	1	0/1
1929	Bresnahan	1st/4th	8	0/1
1928	Bresnahan	2nd/2nd	5	0
1927	Bresnahan	3rd/4th	5	0
1926	Bresnahan	1st/3rd	4	0
1925	Bresnahan	6th/4th	2	0
1924	Bresnahan	3rd/2nd	4	0
1923	Bresnahan	3rd/4th	3	0/1
1922	Bresnahan	4th/2nd	3	0/3
1921	Bresnahan	6th/5th	1	0/3
1920	Watson	9th/N.A.	1	N.A.
1917	Watson	N.A.	0	N.A.
1916	Watson	N.A.	0	N.A.
1915	Watson	N.A.	0	N.A.
1914	Watson	N.A.	0	N.A.
1913	Kellogg	N.A.	1	N.A.
1912	Kellogg	N.A.	0	N.A.
1911	Kellogg	N.A.	0	N.A.
1910	Delaney	N.A.	1	N.A.
1909	Delaney	N.A.	0	N.A.
1908	Catlin	N.A.	0	N.A.
1907	Catlin	N.A.	0	N.A.
1906	Catlin	N.A.	0	N.A.
1905	Delaney	N.A.	1	N.A.
1904	No Coach	N.A.	0	N.A.
1903	No Coach	N.A.	1	N.A.
1902	A.A Knipe	N.A.	1	N.A.
1901	A.A Knipe	N.A.	0	N.A.
1900	A.A Knipe	N.A.	0	N.A.

All-Time Coaching Records - Women's

YEAR	COACH	B1G FINISH	B1G CHAMPIONS	ALL-AMERICA HONORS
		INDOOR/OUTDOOR		
2020	Woody	8th/N.A.	1/N.A.	N.A.
2019	Woody	3rd/3rd	3/1	5/4
2018	Woody	5th/3rd	4/5	2/4
2017	Woody	10th/7th	1/1	2/3
2016	Woody	5th/6th	2/2	5
2015	Woody	13th/8th	0/1	2

All-Time Coaching Records - Women's - Continued

YEAR	COACH	B1G FINISH	B1G CHAMPIONS	ALL-AMERICA HONORS
		INDOOR/OUTDOOR		
2014	Wieczorek	8th/4th	0/3	8
2013	Wieczorek	11th/11th	0	1
2012	Wieczorek	10th/8th	0/1	0
2011	Wieczorek	T8th/8th	1/2	8
2010	Wieczorek	9th/10th	0	0
2009	Wieczorek	10th/10th	0/1	0
2008	Wieczorek	5th/6th	1/1	5
2007	Anderson	5th/5th	3/1	5
2006	Grant	7th/9th	2/0	5
2005	Grant	9th/9th	1/0	3
2004	Grant	3rd/10th	1/2	1
2003	Grant	9th/6th	0/3	0
2002	Grant	9th/10th	0	0
2001	Grant	10th/9th	0	0
2000	Grant	10th/9th	0	0
1999	Grant	9th/9th	0	0
1998	Grant	9th/9th	1/1	0
1997	Grant	T9th/10th	0/1	1
1996	Grant	8th/10th	0	0
1995	Hassard	T7th/9th	1/0	2
1994	Hassard	5th/T4th	0/1	6
1993	Hassard	7th/8th	2/1	1
1992	Hassard	5th/7th	1/2	4
1991	Hassard	6th/8th	0	0
1990	Hassard	8th/7th	1/0	1
1989	Hassard	5th/5th	1/0	1
1988	Hassard	7th/7th	1/0	1
1987	Hassard	6th/9th	1/0	4
1986	Hassard	7th/8th	0	0
1985	Hassard	4th/4th	4/1	2
1984	Hassard	5th/5th	2/1	0
1983	Hassard	7th/3rd	1/1	3
1982	Hassard	6th/5th	1/0	12
1981	Hassard	N.A.	N.A.	N.A.
1980	Hassard	N.A.	N.A.	N.A.
1979	Hassard	N.A.	N.A.	N.A.
1978	Hassard	N.A.	N.A.	N.A.
1977	Hassard	N.A.	N.A.	N.A.
1976	Finnegan	N.A.	N.A.	N.A.
1975	Finnegan	N.A.	N.A.	N.A.
1974	Finnegan	N.A.	N.A.	N.A.



University of Iowa **(team photo)**



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Ashton Cross Country Course

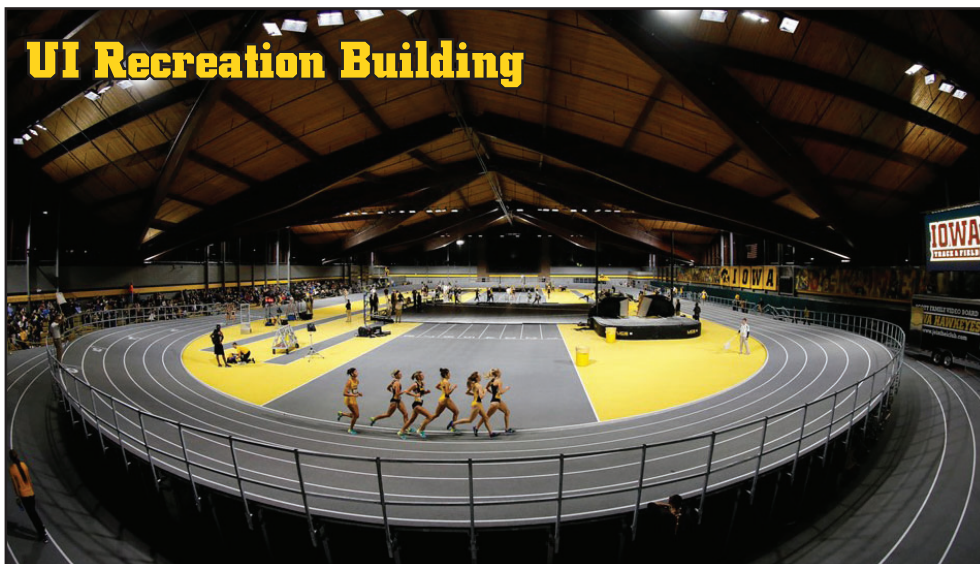
The Bill and Jim Ashton Cross Country Course is located west of Finkbine Golf Course and adjacent to the University's West Campus project, which includes the Athletic Hall of Fame and soccer fields. It is able to accommodate races of 5,000, 6,000, 8,000 and 10,000 meters. The course will host the 2016 NCAA Regional.

The course boasts a rolling terrain with an outstanding rhythm for running. The Hawkeye cross country squads have the advantage of a large grass area for training and racing. Some features include a 2,000-meter perimeter and a layout that will enable spectators to view the entire race, from start to finish, from one vantage point. The first event held on the course was the Iowa Invitational on August 29, 2003. The course was dedicated on October 31, 2004, in conjunction with Iowa hosting the Big Ten Championships. The Hawkeyes also hosted the 2009 and the 2014 Big Ten Championships and the NCAA Midwest Regional in 2005 and in 2016.

The leadership gift for the course was made by former Hawkeyes Bill and Jim Ashton. Bill, of Davenport, Iowa, graduated from the University's College of Engineering in 1962, and earned his master's degree in 1963. Jim, a 1964 University of Iowa College of Engineering graduate, currently resides in Dallas, Texas. The Ashton brothers lettered in cross country under former Hawkeye men's coach, the late Francis X. Cretzmeyer, and made the lead gift for the course in his honor.



Ashton Cross Country Course



UI Recreation Building

UI Recreation Building

Iowa's indoor practice and competition facility reopened in 2016 with a multi-million dollar makeover. Called by some as the 'fastest track in the world', the new raised track sits up to five feet off the ground and is a one-of-a-kind competition surface previously used for the 2016 World Championships in Eugene, Ore.

The recreation building also includes eight training and athletic training spaces for the Iowa track and field, and cross country teams.

The Hawkeyes hosted the Big Ten Indoor Men's Championships in 1989, 1997 and 2006, and the Big Ten Indoor Women's Championships in 1991 and 2004 at the facility.



Training Facility



Francis X. Cretzmeyer Track

The University of Iowa track and field team practices and competes at the Francis X. Cretzmeyer Track during the outdoor season. Located within walking distance of Carver-Hawkeye Arena and Pearl Field, the track was completed in 1986. The facility was named after the late Francis X. Cretzmeyer, who coached the men's cross country and track teams from 1948-78 and led the Hawkeyes to five Big Ten team titles.

In June 2008, floodwaters and debris damaged the entire track complex, which was completely reconstructed and refinished in 2010. The track features an IAAF certified, BSS 1000 track and field surface designed by Benyon Sports Surfaces. The state of the art full-pour polyurethane surface provides the resiliency and return of energy necessary for NCAA athletes to compete at the highest level.

Iowa hosted the 1987, 2000, 2011, and 2019 Big Ten Championships at Cretzmeyer Track. The Hawkeyes won the conference title on their home track in 2011 (men) and 2019 (men).

Hawkeye Lockerrooms



Francis X. Cretzmeyer Track





2020 Men's Season Review

2020 Indoor Results

Date	Meet	Result
12/14/19	Jimmy Grant Invite	4 champs
1/10-11	Hawkeye Invite	5 champ
1/17-18	Larry Wiczorek Invite	2 champs
1/24-25	at Rod McCravy Memorial	4 champs
1/31-2/1	Black and Gold Premier	4 champs
2/1	at UW Invite	0 champs
2/7-8	at Frank Sevigne Invite	2 champs
	at Meyo Invite	2 champs
2/14-15	at Tyson Invite	1 champ
	at Texas Tech Shootout	0 champs
	at Iowa State Classic	2 champs
2/21-22	at Alex Wilson Invite	0 champs
2/28-29	at B1G Championship	2nd/107
3/13-14	at NCAA Championships	N.A

Big Ten Indoor Team Results

	Team	Points
1.	Indiana	120.5
2.	IOWA	107
3.	Minnesota	88.5
4.	Nebraska	76
5.	Ohio State	57
6.	Purdue	54
7.	Wisconsin	51
8.	Michigan	42
9.	Penn State	37
10.	Illinois	28
11.	Michigan State	26
12.	Rutgers	15

Postseason Qualifiers

NCAA Indoor Championships (6)

Raymund Clarke	4x4
Will Daniels	Heptathlon
DeJuan Frye	4x4
Wayne Lawrence Jr.	400m, 4x4
Jaylan McConico	60mH
Antonio Woodard	4x4

Big Ten Awards

Athlete of the Week

Jaylan McConico- 12/12, 1/19, 2/19 (Track)

Athlete of the Indoor Championships

Wayne Lawrence Jr. (Track)

Indoor Track Athlete of the Year

Wayne Lawrence Jr.

Sportsmanship Award

Alec Still (Indoor)

USTFCCCA All-Academic

Grant Conway
 Will Daniels
 Peyton Haack
 Tyler Lienau
 Matt Manternach
 Gratt Reed
 Tysen VanDraska
 Austin West

Indoor Season Bests

Event	Athlete	Mark
60 Meters	Will Daniels	6.84
60-Meter Hurdles	Jaylan McConico	7.60 *
200 Meters	Wayne Lawrence Jr.	20.85
400 Meters	Wayne Lawrence Jr.	45.56 *
600 Meters	Wayne Lawrence Jr.	1:16.55 *
800 Meters	Matt Manternach	1:49.35
1,000 Meters	Tysen VanDraska	2:25.35
Mile	Nathan Mylenek	4:05.82
3,000 Meters	Nathan Mylenek	7:58.37
5,000 Meters	Daniel Soto	13:58.97
1,600-Meter Relay	Frye, Clarke, Woodard, Lawrence Jr.	3:04.91
Distance Medley Relay	Birkett, Clarke, Still, Murphy	9:46.39
High Jump	Will Daniels	6-10 3/4 (2.10m)
Pole Vault	Peyton Haack	15-11 (4.85m)
Long Jump	Jamal Britt	24-8 1/2 (7.53m)
Triple Jump	James Carter	50-0 1/2 (15.25m)
Shot Put	Jordan Johnson	52-11 1/2 (16.14m)
Weight Throw	Tyler Lienau	70-0 1/2 (21.35m) *
Heptathlon	Will Daniels	5,689 points *

Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
60-Meter Hurdles	Jaylan McConico	7.61	1st \$
200 Meters	Wayne Lawrence, Jr.	20.85	1st \$
400 Meters	Wayne Lawrence, Jr.	45.56	1st \$!
1,600-Meter Relay	Frye, Clarke, Woodard, Lawrence, Jr.	3:04.91	1st \$
600 Meters	Austin Lietz	1:17.03	2nd ^
Heptathlon	Will Daniels	5,639 points	2nd ^
60-Meter Hurdles	Josh Braverman	7.83	4th
600 Meters	Matt Manternach	1:17.83	4th
Long Jump	Jamal Britt	23-10 1/4 (7.27m)	4th
Triple Jump	James Carter	49-7 (15.11m)	4th
Heptathlon	Peyton Haack	5,613 points	4th
3,000 Meters	Nathan Mylenek	8:16.19	5th
Long Jump	James Carter	23-10 (7.26m)	5th
Heptathlon	Austin West	5,549 points	5th
800 Meters	Tysen VanDraska	1:50.00	6th
5,000 Meters	Daniel Soto	13:58.97	6th
Distance Medley Relay	Birkett, Clarke, Still, Murphy	9:46.39	6th
200 Meters	Antonio Woodard	21.16	7th
400 Meters	DeJuan Frye	46.93	7th
High Jump	Jay Hunt	6-9 3/4 (2.08m)	8th

* school record; \$ first-team all-Big Ten; ^ second-team all-Big Ten

Academic All-Big Ten

Raymund Clarke	Austin Lietz	Jeff Roberts *	Daniel Soto
Daniel Gaynes *	Matt Manternach	Nolan Roethler *	Nolan Teubel
Spencer Gudgel	Cole Moeller *	Luke Sampson	Chris Thompson
Peyton Haack	Daniel Murphy	Spencer Smith	Tysen VanDraska *
Jordan Hawkins	Tyler Olsen	Karson Sommer	Austin West
Noah Healy	Gratt Reed *	Konnor Sommer	

* B1G Distinguished Scholar

UI Dean's List

Armando Bryson (S)	Cole Moeller (S)	Nolan Roethler (F/S) ^	Konnor Sommer (F)
Daniel Gaynes (F/S)	Zach Pluff (S)	Luke Sampson (F/S)	Deandre Stapleton (S)
Jordan Johnson (S)	Gratt Reed (F/S)	Reece Smith (F)	Alec Still (S)
Nolan Kembel (S)	Jeff Roberts (F/S)	Karson Sommer (F)^	Anthony Williams (F/S)
Austin Lietz (S)			

F-Fall, S-Spring, ^UI President's List



2020 Indoor Results

Date	Meet	Result
12/14/19	Jimmy Grant Invite	8 champs
1/10-11	Hawkeye Invite	7 champs
1/17-18	Larry Wieczorek Invite	1 champ
1/24-25	at Rod McCravy Memorial	1 champ
1/31-2/1	Black & Gold Premier	2 champs
2/7-8	at Frank Sevigne Invite	2 champs
	at Meyo Invite	2 champs
2/14-15	at Iowa State Classic	0 champs
	at Tyson Invite	0 champs
	at Texas Tech Shootout	1 champ
2/21-22	at Alex Wilson Invite	0 champs
2/28-29	at B1G Championships	8th/51pts.
3/13-14	at NCAA Champ's	N.A.

2020 Big Ten Indoor Team Results

Rank	Team	Points
1.	Ohio State	104
2.	Minnesota	99
3.	Penn State	87.5
4.	Indiana	74
5.	Michigan	70
6.	Michigan State	57
7.	Purdue	53
8.	IOWA	51
9.	Wisconsin	37
10.	Nebraska	35.5
11.	Illinois	21
12.	Maryland	7
13.	Rutgers	6

Postseason Qualifiers

NCAA Indoor Championships (5)

Jenny Kimbro	Pentathlon
Mallory King	800M
Laulauga Tausaga	Shot Put, Weight Throw

Big Ten Awards

Indoor Field Athlete of the Year

Laulauga Tausaga

Field Event Athlete of the Indoor Championships

Laulauga Tausaga

Athlete of the Week

Laulauga Tausaga - 2/12, 2/19 (Field)

Sportsmanship Award

Elyse Prescott (Indoor)

USTFCCCA AWARDS

USTFCCCA Midwest Field Athlete of the Year

Laulauga Tausaga

Bowerman Preseason Watchlist

Laulauga Tausaga

All-Academic

Jenny Kimbro
Mallory King
Tia Saunders

Indoor Season Bests

Event	Athlete	Mark
60 Meters	Antonise Christian	7.45
60-Meter Hurdles	Jenny Kimbro	8.22
200 Meters	Antonise Christian	23.89
300 Meters	Kylie Morken	40.47
400 Meters	Anaya Alexander	55.10
600 Meters	Mallory King	1:29.10
800 Meters	Mallory King	2:05.12
1,000 Meters	Taylor Arco	2:51.52
Mile	Elyse Prescott	4:55.01
3,000 Meters	Elyse Prescott	9:51.76
5,000 Meters	Elyse Prescott	17:49.36
1,600-Meter Relay	Alexander, Kimbro, Wensel, Christian	3:39.17
High Jump	Dallyssa Huggins	5-10 (1.78m)
Long Jump	Jenny Kimbro	19-4 (5.89m)
Triple Jump	Hannah Schlib	40-1 1/4 (12.22m)
Shot Put	Laulauga Tausaga	58-11 1/4 (17.96m)
Weight Throw	Laulauga Tausaga	72-10 (22.21m)
Pentathlon	Jenny Kimbro	4,269 points *

Top Eight Placers at Big Ten Indoor Championships

Event	Athlete	Mark	Place
Weight Throw	Laulauga Tausaga	72-10 (22.21m)	1st \$
60-Meter Hurdles	Jenny Kimbro	8.22	2nd ^
Shot Put	Laulauga Tausaga	57-0 (17.37m)	2nd ^
600 Meters	Mallory King	1:29.84	4th
1,600-Meter Relay	Alexander, Kimbro, Wensel, Christian	3:39.17	4th
600 Meters	Payton Wensel	1:29.87	5th
Triple Jump	Hannah Schlib	40-1 1/4 (12.22m)	5th
Pentathlon	Jenny Kimbro	4,092 points	5th
High Jump	Dallyssa Huggins	5-8 (1.73m)	7th
600 Meters	Tia Saunders	1:30.82	8th

* school record; \$ first-team all-Big Ten; ^ second-team all-Big Ten

Academic All-Big Ten

Logan Akason *	Maria Gorham *	Jessica McKee	Patty Teggatz
Mary Arch	Amanda Howe	Kylie Morken *	Macie Weber
Mariel Bruxvoort *	Dallyssa Huggins	Marissa Mueller *	Lindsay Welker *
Ashley Bryja	Jenny Kimbro *	Wren Renquist	Peyton Wensel
Mika Cox	Mallory King *	Tia Saunders	Aly Weum *
Kelli DeGeorge	Aubrianna Lantrip	Konstadina Spanoudakis *	Sydney Winger *
Carly Donahue *	Kylie Latham	Addie Swanson *	
Emma Gordon	Grace McCabe	Laulauga Tausaga	

*Big Ten Distinguished Scholar

UI Dean's List

Logan Akason (F/S)	Maria Gorham^ (F/S)	Jessica McKee (F)	Tionna Tobias (S)
Mary Arch (F/S)	LaSarah Hargrove (S)	Kylie Morken (F/S)	Allison Wahrman (S)
Ashlyn Albrecht (S)	Anna Hostetler (F)	Marissa Mueller^ (F/S)	Macie Weber (F/S)
Serena Brown (S)	Dallyssa Huggins (S)	Davicia Patterson (S)	Kylie Welch (S)
Mariel Bruxvoort^ (F/S)	Jenny Kimbro^ (F/S)	Wren Renquist (F/S)	Lindsay Welker (F)
Mika Cox (F)	Mallory King (F/S)	Gabby Skopec (F)	Payton Wensel (S)
Kelli DeGeorge (F/S)	Jamie Kofron^ (F/S)	Konstadina Spanoudakis (F/S)	Aly Weum (F/S)
Carly Donahue (S)	Leah Kralovetz (F/S)	Addie Swanson^ (F/S)	Sydney Winger (F/S)
Emma Gordon (F/S)	Grace McCabe (S)	Laulauga Tausaga (S)	

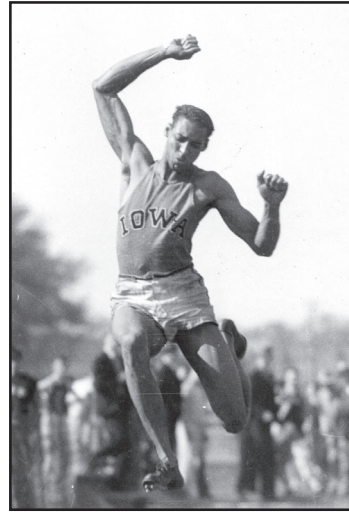
F-Fall, S-Spring, ^President's List student



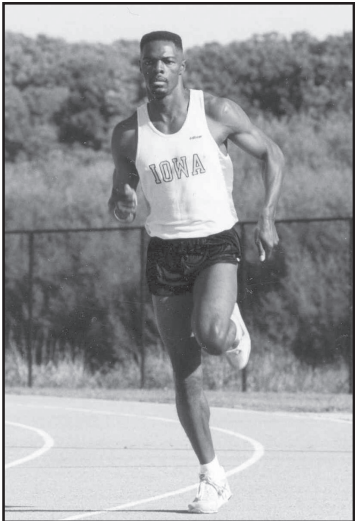
Kineke Alexander



Frank Cuhel



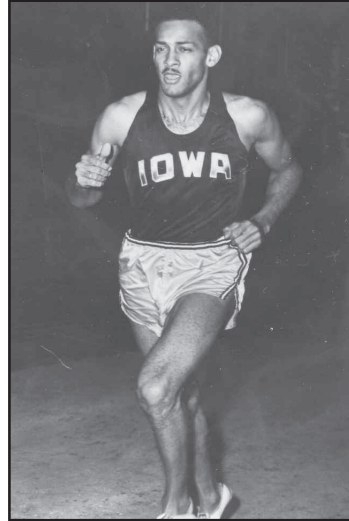
Ed Gordon



Anthuan Maybank



George Saling



Ted Wheeler



1904 Games

St. Louis, Missouri
Jerry Barker, High Jump

1924 Games

Paris, France
Charles Brookins, 400-Meter Hurdles
Chan Coulter, 400-Meter Hurdles
Harold Phelps, 5,000 Meters
Eric Wilson, 400 Meters

1928 Games

Amsterdam, Holland
George Baird, 1,600-Meter Relay (G)
Frank Cuhel, 400-Meter Hurdles (S)
Ed Gordon, Long Jump

1932 Games

Los Angeles, California
Ed Gordon, Long Jump (G)
George Saling, 110-Meter Hurdles (G)

1952 Games

Helsinki, Finland
Rich Ferguson, 5,000 Meters

1956 Games

Melbourne, Australia
Deacon Jones, 3,000 Meters
Ira Murchison, 100 Meters
Ira Murchison, 400-M Relay (G)
Ted Wheeler, 1,500 Meters

1960 Games

Rome, Italy
Deacon Jones,
3,000-Meter Steeplechase

1996 Games

Atlanta, Georgia
Anthuan Maybank, 1,600-M Relay (G)
Jenny Spangler, Marathon

2000 Games

Sydney, Australia
Diane Nukuri-Johnson, 5,000 Meters

2008 Games

Beijing, China
Kineke Alexander, 400 Meters

2012 Games

London, England
Kineke Alexander, 400 Meters
Diane Nukuri-Johnson, Marathon

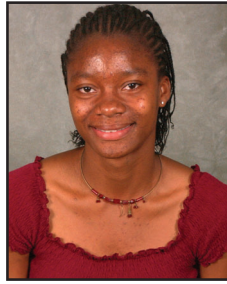
2016 Games

Rio de Janeiro, Brazil
Diane Nukuri-Johnson, 10,000 Meters
Kineke Alexander, 400 Meters
Troy Doris, Triple Jump

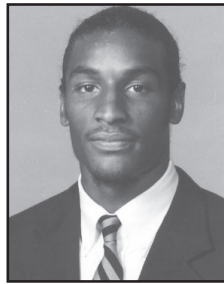
G = Gold Medalist; S = Silver Medalist



Laulauga Tausaga
2019 - Discus (O)



Kineke Alexander
2006 - 400 Meters (I)



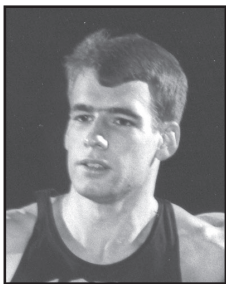
Bashir Yamini
1998 - Long Jump (I)



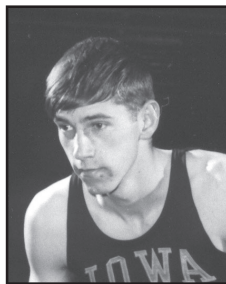
Tracy Dahl
1992 - 5,000 Meters (I)
1993 - 5,000 Meters (I)



Nan Doak
1985 - 10,000 Meters (O)



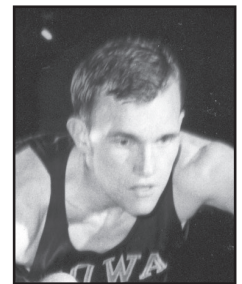
Fred Ferree
1967 - Mile Relay (O)



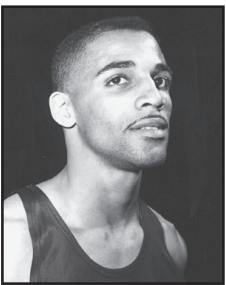
Carl Frazier
1967 - Mile Relay (O)



Mike Mondane
1967 - Mile Relay (O)



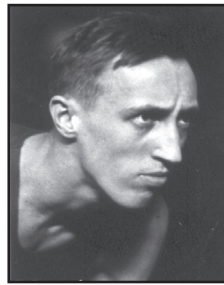
Jon Reimer
1964 - Mile Relay (O)



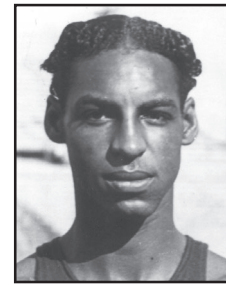
**Charles "Deacon"
Jones**
1957 - Two Miles (O)



Rich Ferguson
1953 - Two Miles (O)



George Sailing
1932 - 120 Hurdles (O)



Ed Gordon
1929 - Long Jump (O)
1930 - Long Jump (O)
1931 - Long Jump (O)



Eric Wilson
1921 - 220 Hurdles (O)
1923 - 220 Hurdles (O)



IOWA ALL-AMERICANS - BY THE NUMBERS

Table with 2 columns: Category and Total (M/W). Rows include # of Cross Country All-America Honors (8/16), # of Indoor All-America Honors (70/53), # of Outdoor All-America Honors (153/78), Total All-Americans (231/147), # of different Cross Country All-Americans (6/10), # of different Indoor All-Americans (52/30), # of different Outdoor All-Americans (75/43), # of Indoor All-America honors in Field Events (12/13), # of Outdoor All-America honors in Field Events (30/14), # of Indoor All-America honors in Track Events (21/28), # of Outdoor All-America honors in Track Events (56/36), # of Indoor All-America honors in a Relay (28/12), # of Outdoor All-America honors in a Relay (52/24).

MEN'S ALL-AMERICANS

Indoor (61)

Table with 2 columns: Year and Athlete, Event. Lists indoor all-American athletes from 1956 to 2011, including Jack Mathews, Larry Wiczorek, Fred Ferree, Carl Frazier, Mike Mondane, Jon Reimer, Dick Eisenlauer, Bill Knoedel, Joe Paul, Tom Slack, James Docherty, Joel Moeller, Terrance Duckett, Victor Greer, Caesar Smith, Kenny Williams, Anthuan Maybank, Kevin Herd, Bashir Yamini, Dion Trowers, Tony Branch, Bashir Yamini, Chris Davis, Ed Rozell, Jeremy Allen, Jim Costello, John Hickey, Troy Doris, Erik Sowinski, Erik Sowinski, Chris Barton, Patrick Richards, Steven Willey, Ethan Holmes, Justin Austin, and Jeff Thode.

Table with 2 columns: Year and Athlete, Event. Lists indoor all-American athletes from 2012 to 2020, including Jordan Mullen, Troy Doris, Erik Sowinski, Babatunde Amosu, Kevin Lewis, Aaron Mallett, Will Teubel, Emmanuel Ogwo, Collin Hofacker, DeJuan Frye, Mar'yea Harris, Carter Lilly, Mar'yea Harris, O'Shea Wilson, Chris Douglas, Mar'yea Harris, DeJuan Frye, Mar'yea Harris, Antonio Woodard, Bradford Garron, Chris Douglas, Karayme Bartley, Collin Hofacker, Karayme Bartley, Wayne Lawrence Jr., Mar'yea Harris, Mar'yea Harris, Jaylan McConico, Wayne Lawrence Jr., Raymond Clarke, Antonio Woodard, DeJuan Frye, Wayne Lawrence, Jaylan McConico, Will Daniels, and Wayne Lawrence.

^second-team, *honorable-mention (added in 2011)

Outdoor (137)

Table with 2 columns: Year and Athlete, Event. Lists outdoor all-American athletes from 1921 to 1995, including Charles Brookins, Harold Crawford, Eric Wilson, Charles Brookins, Eric Wilson, Eric Wilson, Ed Gordon, Ed Gordon, Ed Gordon, George Salings, Rick Ferguson, Ted Wheeler, Deacon Jones, Jack Mathews, Deacon Jones, Jerry Williams, Bill Frazier, Jon Reimer, Mike Mondane, Jon Reimer, Rollie Kitt, Larry Wiczorek, Mike Mondane, Bill Hansen, Ronnie McCoy, Jeff Patrick, Ronnie McCoy, Pat McGhee, Pat McGhee, Pat McGhee, Anthuan Maybank, Anthuan Maybank, Andre Morris, Andre Morris, Chris Davis, George Page, and Ed Rozell.



Men's Outdoor All-Americans

Year	Athlete, Event
1996	Andre Morris, 1,600-Meter Relay Chris Davis, 1,600-Meter Relay Ed Rozell, 1,600-Meter Relay Bashir Yamini, 1,600-Meter Relay
1998	Jeremy Allen, Discus
1999	Tony Branch, 1,600-Meter Relay Tim Dodge, 1,600-Meter Relay Tim Dwight, 1,600-Meter Relay Bashir Yamini, 1,600-Meter Relay
2000	Steele Stetson, 10,000 Meters
2001	Jeremy Allen, Discus
2002	Bill Neumann, Javelin
2003	Bill Neumann, Javelin
2006	Eric MacTaggart, 10,000 Meters
2007	Adam Hamilton, Hammer throw
2009	John Hickey, Shot Put
2010	Patrick Richards, 1,600-Meter Relay Steven Willey, 1,600-Meter Relay Erik Sowinski, 1,600-Meter Relay Chris Barton, 1,600-Meter Relay Steven Willey, 400 Meters
2011	Troy Doris, Triple Jump Erik Sowinski, 1,600-Meter Relay ^ Chris Barton, 1,600-Meter Relay ^ Patrick Richards, 1,600-Meter Relay ^ Steven Willey, 1,600-Meter Relay ^ Jeffery Herron, High Jump ^ Ethan Holmes, 400-Meter Hurdles ^ Justin Austin, 200 Meters *
2012	Troy Doris, Triple Jump Erik Sowinski, 800 Meters Matt Byers, Javelin ^ Justin Austin, 200 Meters ^ Ethan Holmes, 400-Meter Hurdles * Ethan Holmes, 110-Meter Hurdles * Matt Banse, Hammer *
2013	Justin Austin, 200 Meters Justin Ausin, 400-Meter Relay Tevin-Cee Mincy, 400-Meter Relay Ethan Holmes, 400-Meter Relay Josh Larney, 400-Meter Relay Klyvens Delaunay, Triple Jump Ethan Holmes, 400-Meter Hurdles ^ Matt Byers, Javelin ^ Gabe Hull, Discus ^ Justin Austin, 100 Meters * Jordan Mullen, 100-Meter Hurdles * Josh Larney, 100 Meters *
2014	Babatunde Amosu, Triple Jump ^ Keith Brown, 400-Meter Relay James Harrington, 400-Meter Relay Gabe Hull, Discus ^ Tevin-Cee Mincy, 400-Meter Relay O'Shea Wilson, 400-Meter Relay
2015	Babatunde Amosu, Triple Jump * Keith Brown, 400-Meter Relay ^ James Harrington, 400-Meter Relay ^ Aaron Mallett, 110-Meter Hurdles Aaron Mallett, 400-Meter Relay ^ Vinnie Saucer Jr., 400-Meter Relay ^ Mitch Wolff, 400-Meter Hurdles ^

Year	Athlete, Event
2016	Christian Brissett, 400-Meter Relay ^ William Dougherty, Decathlon * James Harrington, 400-Meter Relay ^ James Harrington, 200-Meters * Mar'yea Harris, 400-Meters * Carter Lilly, 800-Meters * Aaron Mallett, 400-Meter Relay ^ Aaron Mallett, 110-Meter Hurdles ^ Vinnie Saucer Jr., 400-Meter Relay ^ Reno Tuufuli, Discus * Mitch Wolff, 400-Meter Hurdles ^
2017	Christian Brissett, 400-Meter Relay ^ O'Shea Wilson, 400-Meter Relay ^ Brendan Thompson, 400-Meter Relay ^ Aaron Mallett, 400-Meter Relay ^ O'Shea Wilson, Long Jump * Aaron Mallett, 110-Meter Hurdles Reno Tuufuli, Discus Mar'yea Harris, 400 Meters ^ DeJuan Frye, 1,600-Meter Relay Collin Hofacker, 1,600-Meter Relay Mar'yea Harris, 1,600-Meter Relay Emmanuel Ogwo, 1,600-Meter Relay
2018	Mar'yea Harris, 400 Meters Reno Tuufuli, Discus Chris Douglas, 110-Meter Hurdles Will Dougherty, Decathlon DeJuan Frye, 1,600-Meter Relay ^ Mar'yea Harris, 1,600-Meter Relay ^ Antonio Woodard, 1,600-Meter Relay ^ Collin Hofacker, 1,600-Meter Relay ^ Chris Douglas, 400-Meter Hurdles * Matt Manternach, 800 Meters * Reno Tuufuli, Shot Put * Mar'yea Harris, 400-Meter Relay ^ Collin Hofacker, 400-Meter Relay ^ O'Shea Wilson, 400-Meter Relay ^ Antonio Woodard, 400-Meter Relay ^
2019	Wayne Lawrence Jr., 1,600-Meter Relay Antonio Woodard, 1,600-Meter Relay Karayme Bartley, 1,600-Meter Relay Mar'yea Harris, 1,600-Meter Relay Nathan Mylenek, Steeplechase ^ Collin Hofacker, 400-Meter Relay ^ Antonio Woodard, 400-Meter Relay ^ Wayne Lawrence, 400-Meter Relay ^ Karayme Bartley, 400-Meter Relay ^ Mar'yea Harris, 400 Meters ^ Jaylan McConico, 110-Meter Hurdles ^ Wayne Lawrence Jr., 400 Meters ^ Karayme Bartley, 200-Meters ^ Antonio Woodard, 200 Meters * Jay Hunt, High Jump * Chris Douglas, 400-Meters Hurdles *

^ second-team, * honorable-mention
(added in 2011)

Women's All-Americans

Indoor (48)

Year	Athlete, Event
1983	Mary Mol, High Jump
1987	Jeanne Kruckeberg, 3,200-Meter Relay Kim Schneckloth, 3,200-Meter Relay Sherri Suppelsa, 3,200-Meter Relay Janet Wodek, 3,200-Meter Relay
1988	Jeanne Kruckeberg, Mile
1989	Jeanne Kruckeberg, 800 Meters
1990	Rachelle Roberts, Mile
1992	Lisa Van Steenwyk, Shot Put
1993	Tracy Dahl, 5,000 Meters
1994	Tina Stec, Mile Tina Stec, 3,000 Meters
1995	Yolanda Hobbs, 55 Meters Yolanda Hobbs, 200 Meters
2005	Peaches Roach, High Jump Kineke Alexander, 400 Meters
2006	Kineke Alexander, 400 Meters Peaches Roach, High Jump Meghan Armstrong, Mile Kineke Alexander, 400 Meters Peaches Roach, High Jump
2007	Kineke Alexander, 400 Meters Meghan Armstrong, Mile Kineke Alexander, 400 Meters Peaches Roach, High Jump Diane Nukuri, 10,000 Meters
2008	Kineke Alexander, 400 Meters Meghan Armstrong, 10,000 Meters Tammilee Kerr, Heptathlon Racheal Marchand, 10,000 Meters
2009	Karessa Farley, 60-Meter Hurdles Racheal Marchand, 5,000 Meters
2011	Bethany Praska, 800 Meters McKenzie Melander, Mile ^
2016	Briana Guillory, 1,600-Meter Relay ^ Elexis Guster, 1,600-Meter Relay ^ Elexis Guster, 400 Meters ^ Alexis Hernandez, 1,600-Meter Relay ^ MonTayla Holder, 1,600-Meter Relay ^
2017	Brittany Brown, 200 Meters Jahisha Thomas, Long Jump ^
2018	Jahisha Thomas, Long Jump Briana Guillory, 400 Meters Brittany Brown, 200 Meters ^ Brittany Brown, 1,600-Meter Relay ^ Sheridan Champe, 1,600-Meter Relay ^ Briana Guillory, 1,600-Meter Relay ^
2019	Laulauga Tausaga, Weight Throw Briana Guillory, 400 Meters Tria Simmons, Pentathlon Jenny Kimbro, Pentathlon Laulauga Tausaga, Shot Put
2020	Laulauga Tausaga, Weight Throw Mallory King, 800 Meters Jenny Kimbro, Pentathlon Laulauga Tausaga, Shot Put

^ second-team, * honorable-mention
(added in 2011)

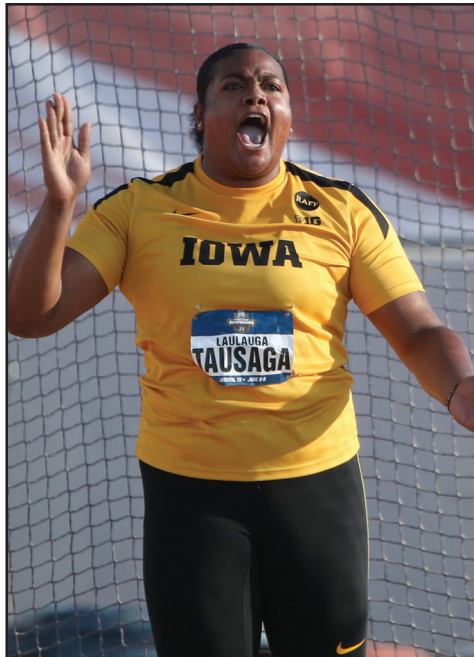


Women's Outdoor All-Americans - Continued

Table with 2 columns: Year, Athlete, Event. Lists various athletes and events from 1982 to 2015.

Table with 2 columns: Year, Athlete, Event. Lists various athletes and events from 2016 to 2019.

^ second-team, * honorable-mention (added in 2011)



Laulauga Tausaga cheering after a 63.26-meter school-record throw that ultimately led to the 2019 NCAA discus title.

National & School Honors

Honda Sports Award

2008 Diane Nukuri (finalist)

NCAA Woman of the Year

1992 Jennifer Brower (state winner)

1994 Tina Stec (national finalist)

Wilma Rudolph Award

2008 Diane Nukuri

Iowa Female Athlete of the Year

1983 Nan Doak

1989 Jeanne Kruckeberg

1992 Tracy Dahl

1993 Tracy Dahl

2006 Kineke Alexander

2007 Kineke Alexander

2008 Diane Nukuri

2009 Racheal Marchand

USATF Champions

Junior Champions

2006 John Hickey (Shot Put)

2017 Laulauga Tausaga (Discus)

Pan American Games

Junior Champions

2017 Laulauga Tausaga (Discus)

Senior Champions

2018 Briana Guillory (1,600 meter relay)



In 2010, the NCAA altered the format for athletes to qualify and advance to the NCAA Championships, therefore there is no longer a regional-based qualifying competition.

NCAA Prelim Qualifiers (2010-19)

YEAR	QUALIFIERS	INDIVIDUAL EVENTS	RELAYS
2010	20 (M)/14 (W)	20 (M)/10 (W)	2/2 (W)
2011	17 (M)/12 (W)	18 (M)/11 (W)	1 (M)/1 (W)
2012	20 (M)/(14) (W)	20 (M)/13 (W)	2 (M)/1 (W)
2013	14 (M)/9 (W)	15 (M)/9 (W)	1 (M)/0 (W)
2014	13 (M)/15 (W)	14 (M)/15 (W)	1 (M)/2 (W)
2015	15 (M)/10 (W)	13 (M)/11 (W)	2 (M)/1 (W)
2016	15 (M)/10 (W)	17 (M)/11 (W)	2 (M)/2 (W)
2017	17 (M)/7 (W)	17 (M)/8 (W)	2 (M)/0 (W)
2018	14 (M)/19 (W)	17 (M)/19 (W)	2 (M)/2 (W)
2019	21 (M)/17 (W)	10 (M)/20 (W)	2 (M)/0 (W)

NCAA Finals Qualifiers (2010-19)

YEAR	QUALIFIERS	INDIVIDUAL EVENTS	RELAYS
2010	7 (M)/2 (W)	4 (M)/2 (W)	1 (M)/0 (W)
2011	8 (M)/6 (W)	6 (M)/2 (W)	1 (M)/1 (W)
2012	6 (M)/2 (W)	7 (M)/2 (W)	0 (M)/0 (W)
2013	8 (M)/1 (W)	8 (M)/1 (W)	1 (M)/0 (W)
2014	6 (M)/5 (W)	2 (M)/4 (W)	1 (M)/1 (W)
2015	6 (M)/2 (W)	3 (M)/2 (W)	1 (M)/0 (W)
2016	9 (M)/6 (W)	7 (M)/4 (W)	1 (M)/2 (W)
2017	12 (M)/3 (W)	7 (M)/3 (W)	2 (M)/0 (W)
2018	8 (M)/4 (W)	6 (M)/7 (W)	2 (M)/0 (W)
2019	17 (M)/9 (W)	8 (M)/7 (W)	3 (M)/0 (W)

M - men's team, W - women's team

Regional Awards

Midwest Regional Female Athlete of the Year

Kineke Alexander, 2007
Laulauga Tausaga, 2019
Laulauga Tausaga, 2020

Men's All-Region Honorees

Year	Athlete	Event - Mark	Place
2003	Bill Neumann	Javelin - 227-0 (69.20 m)	1st
	Tony Leick	400-Meter Hurdles - 53.16	7th
	Chris Voller	Hammer - 192-2 (58/58)	8th
2004	Ken Kemeny	Shot Put - 61-4 1/4 (18.70 m)	4th
	Brad Daufelt	Hammer - 205-4 (62.59 m)	4th
	Russell Peterson	400-Meter Hurdles - 51.18	6th
2005	Chris Voller	Hammer - 196-7 (59.91 m)	7th
	Ken Kemeny	Shot Put - 62-3 (18.97 m)	2nd
	Tim Brodersen	Discus - 179-1 (54.59 m)	3rd
2006	Chris Voller	Hammer - 195-4 (59.55 m)	8th
	Adam Hamilton	Hammer - 217-11 (66.42 m)	2nd
	Shane Maier	Shot Put - 61-0 1/4 (18.60 m)	5th
2007	Shane Maier	Shot Put - 58-6 1/2 (17.84 m)	2nd
	Adam Hamilton	Hammer - 215-7 (65.70 m)	2nd
	Ray Varner	400-Meter Hurdles - 52.93	8th
2008	Micah VanDenend	5,000 Meters - 14:14.62	8th
	Max Milder	400-Meter Relay - 42.53	8th
	Paul Chaney, Jr.	400-Meter Relay - 42.53	8th
2009	Aaron Reed	400-Meter Relay - 42.53	8th
	Lee Elbert	400-Meter Relay - 42.53	8th

Year	Athlete	Event - Mark	Place
2008	John Hickey	Shot Put - 61-4 1/4 (18.70 m)	2nd
	A.J. Curtis	Shot Put - 59-5 1/2 (18.12 m)	3rd
	A.J. Curtis	Discus - 176-8 (53.85 m)	3rd
	Andy Napier	3,000 Steeplechase - 8:57.54	7th
	Shane Maier	Shot Put - 56-11 1/2 (17.36 m)	7th
2009	Ray Varner	400 Hurdles - 51.07	8th
	Adam Hairston	800 Meters - 1:48.87	5th
	D'Juan Richardson	400-Meter Relay - 40.33	5th
	Zeke Sayon	400-Meter Relay - 40.33	5th
	Stephen Bee	400-Meter Relay - 40.33	5th
	Paul Chaney, Jr.	400-Meter Relay - 40.33	5th
	Ray Varner	400 Hurdles - 51.21	6th
	John Hickey	Shot Put - 58-11 1/4 (17.96 m)	6th

Women's All-Region Honorees

Year	Athlete	Event - Mark	Place	
2003	Alana Redfern	Javelin - 159-8 (48.68 m)	3rd	
	Jessie Strand	Pole Vault - 12-10 1/4 (3.92 m)	3rd	
	Sarah Arens	3,000 Steeplechase - 10:42.42	5th	
	Nicole Charles	1,600-Meter Relay - 3:36.26	5th	
	Aisha Hume	1,600-Meter Relay - 3:36.26	5th	
	Sarah Steffen	1,600-Meter Relay - 3:36.26	5th	
	Shellene Williams	1,600-Meter Relay - 3:36.26	5th	
	Shellene Williams	400 Meters - 53.09	6th	
	Sarah Steffen	400-Meter Hurdles - 1:00.10	8th	
	2004	Sarah Arens	3,000 Steeplechase - 10:39.31	2nd
Shellene Williams		400 Meters - 52.41	4th	
Peaches Roach		High Jump - 5-10 1/2 (1.79 m)	5th	
Michelle Lahann		800 Meters - 2:09.34	6th	
Kineke Alexander		400 Meters - 52.34	2nd	
2005	Peaches Roach	High Jump - 5-11 1/4 (1.81 m)	2nd	
	Kineke Alexander	1,600-Meter Relay - 3:39.67	8th	
	Aisha Hume	1,600-Meter Relay - 3:39.67	8th	
	Lindsey McCalla	1,600-Meter Relay - 3:39.67	8th	
	Erin Sheeley	1,600-Meter Relay - 3:39.67	8th	
	2006	Kineke Alexander	400 Meters - 51.75	1st
		Meghan Armstrong	1,500 Meters - 4:23.33	2nd
		Peaches Roach	High Jump - 6-0 1/2 (18.4 m)	3rd
		Racheal Marchand	5,000 Meters - 17:17.01	7th
		Tiffany Johnson	100-Meter Hurdles - 13.53	8th
2007	Shannon Stanley	1,500 Meters - 4:30.98	8th	
	Kineke Alexander	400 Meters - 52.34	1st	
	Tiffany Johnson	100-Meter Hurdles - 13.22	1st	
	Meghan Armstrong	1,500 Meters - 4:21.56	5th	
	Diane Nukuri	1,500 Meters - 4:24.30	6th	
2008	Becca Franklin	Hammer - 192-2 (58.58 m)	6th	
	Racheal Marchand	5,000 Meters - 16:27.72	6th	
	Peaches Roach	High Jump - 5-9 1/4 (1.76 m)	7th	
	Kineke Alexander	400 Meters - 52.24	2nd	
	Renee White	Triple Jump - 43-10 (13.36 m)	6th	
2009	Renee White	Long Jump - 20-3 3/4 (6.19 m)	8th	
	Karessa Farley	100-Meter Hurdles - 13.34	3rd	
	Betsy Flood	1,500 Meters - 4:25.98	4th	
Mckenzie Melander	1,500 Meters - 4:30.83	7th		



50 Yards	
Charles Brookins, 1922.....	5.4
55-Meter Hurdles	
Dion Trowers, 1998.....	7.27
60 Yards	
Lee Farmer, 1942.....	6.3
60 Meters	
Vinnie Saucer, Jr., 2016.....	6.7
60-Meter Hurdles	
Jordan Mullen, 2013.....	7.7
Aaron Mallett, 2016.....	7.69
Aaron Mallett, 2017.....	7.63
Jaylan McConico, 2019.....	7.79
Jaylan McConico, 2020.....	7.61
70-Yard High Hurdles	
Frank Cuhel, 1928.....	8.8
George Saling, 1932.....	8.7
Russell Merkel, 1950.....	8.8
70-Yard Low Hurdles	
Russell Merkel, 1950.....	8.1
200 Meters	
George Page, 1997.....	21.63
Justin Austin, 2011.....	21.23
Wayne Lawrence, Jr., 2020.....	20.85
440 Yards	
George Baird, 1928.....	50.1
Vaughn Stevenson, 1929.....	51.2
Bernard Page, 1935.....	51.5
Carl Teufel, 1938.....	49.8
John Brown, 1960.....	48.6
Gary Hollingsworth, 1963.....	48.5
Mike Mondane, 1967.....	47.9
Mike Mondane, 1968.....	47.6
Dick Eisenlauer, 1972.....	47.8
400 Meters	
Anthuan Maybank, 1990.....	47.55
Wayne Lawrence, Jr., 2020.....	45.56
600 Yards	
Leroy Ebert, 1954.....	1:11.4
Caesar Smith, 1956.....	1:14.0
Tom Ecker, 1957.....	1:13.7
Bill Frazier, 1962.....	1:12.2
Roger Kerr, 1963.....	1:10.0
Mike Mondane, 1966.....	1:11.2
600 Meters	
D’Juan Strozier, 1990.....	1:20.26
880 Yards	
Ted Wheeler, 1956.....	1:55.1
Bill Frazier, 1963.....	1:51.8
D’Juan Strozier, 1992.....	1:51.54
800 Meters	
Erik Sowinski, 2012.....	1:47.90

1,000 Yards	
Gary Fischer, 1961.....	2:16.8
Joel Moeller, 1978.....	2:12.4
1,500 Meters	
Ed DeLashmutt, 1980.....	3:49.90
Mile	
Ted Wheeler, 1956.....	4:12.5
Charles Jones, 1957.....	4:13.8
Charles Jones, 1958.....	4:10.5
Gary Fischer, 1963.....	4:13.7
Larry Wiecezorek, 1966.....	4:09.7
Larry Wiecezorek, 1967.....	4:05.3
Two Miles	
Harold Phelps, 1925.....	9:32.6
Leonard Hunn, 1927.....	9:44.2
Charles Jones, 1957.....	9:23.3
Charles Jones, 1958.....	9:09.6
Larry Wiecezorek, 1968.....	8:54.3
Long Jump	
Lee Farmer, 1942.....	23-9 1/4
Earl Smith, 1954.....	24-0 3/4
Quinn Early, 1986.....	24-7 1/4
Anthuan Maybank, 1992..	26-5 1/2
Anthuan Maybank, 1993.....	26-5
Bashir Yamini, 1997.....	25-9 1/4
Bashir Yamini, 1998.....	24-11 1/4
Bashir Yamini, 1999.....	25-6 1/2
Matty Gorman, 2005.....	24-8 1/2
High Jump	
*Ed Schrader, 1913.....	5-11 1/2
*Edgar Hoffman, 1920.....	6-0
*Donald Craig, 1929.....	5-9 5/8
*H. Workhoven, 1929.....	5-9 5/8
Les Stevens, 1956.....	6-6 3/8
Bill Knoedel, 1975.....	7-1
Triple Jump	
Troy Doris, 2011.....	54-0
Troy Doris, 2012.....	52-1 3/4
Babatunde Amosu, 2014..	51-7 3/4
Babatunde Amosu, 2015.....	52-8.75
Pole Vault	
*Xavier Boyles, 1926.....	12-6
*Henry Canby, 1929.....	13-7 1/2
Ken Steinbeck, 1943.....	13-3
Dave Nielsen, 1975.....	16-10
Shot Put	
Ray Danber, 1926.....	46-2 1/2
Jeremy Allen, 2000.....	61-4 1/4
Shane Maier, 2007.....	60-11 1/4
John Hickey, 2008.....	61-9 3/4

1,600-Meter Relay	
Morrow, Noll, Brookins, Wilson, 1923.....	3:29.6
Morrow, Kohn, Roberts, Coulter, 1924.....	3:33.2
Beatty, Phelps, Baird, Cuhel, 1927.....	3:29.5
Stevenson, Stamats, Baird, Cuhel, 1928.....	3:24.2
Thomas, Ferguson, Depping, Stevenson, 1929.....	3:25.6
Boylan, Wheeler, Ebert, Scott, 1952.....	3:18.3
Richards, Rocker, Hollingsworth, Kerr, 1963.....	3:14.7
Ferree, Frazier, Mondane, Reimer, 1967.....	3:13.1
Greer, Williams, Smith, Duckett, 1984.....	3:09.24
Richards, Holmes, Sowinski, Willey, 2011.....	3:12.13
Hofacker, Woodard, Thompson, Harris, 2019.....	3:07.46
Frye, Clarke, Woodard, Lawrence, Jr., 2020.....	3:04.91
Two Mile Relay	
English, Blackman, Strozier, Chambers, 1989.....	7:36.20
Distance Medley Relay	
Mylenek, Thompson, Lilly, Melchert, 2018.....	9:45.10



Wayne Lawrence, Jr., was named Big Ten Men's Indoor Track Athlete of the Year and Big Ten Men's Track Athlete of the Indoor Championships in 2020. He led the Hawkeyes to a runner-up team finish with individual titles in the 200 and 400 meters, and anchored the champion 1,600-meter relay.



55 Meters

Vivien McKenzie, 19856.92
Yolanda Hobbs, 1995.....6.83

60 Yards

Elaine Jones, 19836.92
Elaine Jones, 19846.91

60 Meters

Lake Kwaza, 2016.....7.33

60-Meter Hurdles

Jenny Kimbro, 20198.29

200 Meters

Erica Broomfield, 199823.88
Kineke Alexander, 200623.49
Kineke Alexander, 200723.67
Brittany Brown, 2017.....22.83
Brittany Brown, 2018.....23.20

300 Yards

Elaine Jones, 198434.59

400 Meters

Senta Hawkins, 198855.66
Ellen Grant, 199754.39
Shellene Williams, 200454.17
Kineke Alexander, 200652.01
Kineke Alexander, 200752.23
Elexis Guster, 201652.36
Briana Guillory, 201852.08

600 Meters

Kay Stormo, 19791:33
Karen Layne, 19901:31.45
Bethany Praska, 20111:28.99

800 Yards

Kay Stormo, 19822:09.35

880 Yards

Jeanne Kruckeberg, 1987 ...2:11.71

3,000 Meters

Nan Doak, 19859:38.5
Meghan Armstrong, 2008 ..9:18.30

Three Miles

Nan Doak, 198215:27.53

5,000 Meters

Tracy Dahl, 199216:36.13

High Jump

Peaches Roach, 2004..... 5-11 1/4
Peaches Roach, 2005..... 5-10 3/4
Peaches Roach, 2007.....5-10

Long Jump

Jahisha Thomas, 2018 21-0 3/4

Triple Jump

Renee White, 200842-4
Jahisha Thomas, 2018 43-4 1/2

Shot Put

Gail Smith, 198551-0
Lisa Van Steenwyk, 1993 .. 50-5 1/4

Weight Throw

Laulauga Tausaga, 2020..... 72-10

Pentathlon

Kathy Gillespie, 1983 4,079 pts.
Tria Simmons, 2019 4,135 pts.

1,600-Meter Relay

Kimbro, Simmons, Weum, Guillory, 2019.....3:37.58

3,200-Meter Relay

Schlader, Mitchell, Drapcho, Stormo, 19799:10.0
Hoskins, Kruckeberg, Roberts, Schneckloth, 19898:53.01



Laulauga Tausaga was named Big Ten Women's Indoor Field Athlete of the Year and Big Ten Women's Field Athlete of the Indoor Championships in 2020. She won the first Big Ten weight throw title in school history at the conference meet, and placed second in the shot put.



100 Yards

Dennis Kohl, 1966.....9.6

120-Yard High Hurdles

Russell Merkel, 195014.4

Les Stevens, 195614.2

100 Meters

George Page, 199510.50

George Page, 199610.08

Tim Dwight, 199910.51

Justin Ausin, 2013.....10.27

110-Meter High Hurdles

Pat McGhee, 198913.74

Aaron Mallett, 201513.43

Aaron Mallett, 201613.48

Aaron Mallett, 201713.24

220 Yards

Eric Wilson, 1921.....22.0

Eric Wilson, 1923.....21.2

John Everingham, 192722.0

Dennis Kohl, 1966.....20.6

220-Yard Low Hurdles

Charles Brookins, 1922.....23.8

Charles Brookins, 1923.....23.2

Charles Brookins, 1924.....23.8

Frank Cuhel, 1926.....23.9

Frank Cuhel, 1927.....24.2

Frank Cuhel, 1928.....23.6

George Saling, 1932.....23.0

200 Meters

Andre Morris, 199520.64

Bashir Yamini, 199821.10

Bashir Yamini, 199921.39

Justin Austin, 201120.46

Justin Austin, 201320.86

330-Yard Int. Hurdles

Donald Gardner, 196337.7

Jon Reimer, 196536.1

440 Yards

Chan Coulter, 192450.4

George Baird, 192749.1

John Brown, 1959.....48.1

Mike Mondane, 196746.4

Mike Mondane, 196847.5

Dick Eisenlauer, 1975.....47.1

440-Yard Int. Hurdles

Jon Reimer, 196550.8

400 Meters

Anthuan Maybank, 199145.76

Anthuan Maybank, 199345.91

Andre Morris, 199545.39

Andre Morris, 199646.38

Steven Willey, 201046.12

Mar'yea Harris, 2018.....44.98

Mar'yea Harris, 2019.....45.67

400-Meter Hurdles

Pat McGhee, 198650.94

Pat McGhee, 198850.01

Pat McGhee, 198949.63

Ray Varner, 2010.....50.61

Ethan Holmes, 201350.78

Chris Douglas, 2019.....50.31

660 Yards

Roger Kerr, 19631:17.4

Mike Mondane, 19661:17.7

880 Yards

Harry Morrow, 19241:57.0

Ted Wheeler, 1956.....1:51.7

Bill Frazier, 19621:50.1

Bill Frazier, 19631:50.6

800 Meters

D'Juan Strozier, 19901:47.17

Mile

Ted Wheeler, 1956.....4:12.7

Charles Jones, 19574:17.0

Charles Jones, 1958.....4:09.2

3,000-Meter Steeplechase

Rollie Kitt, 19679:02.9

Steve Pershing, 19779:00.1

Two Miles

Richard Ferguson, 19529:19.0

Richard Ferguson, 19539:26.6

Charles Jones, 19579:14.0

Three Miles

Larry Wiecezorek, 1968.....13:58.0

10,000 Meters

Kevin Herd, 199430:05.21

Micah VanDenend, 2007 ..30:28.50

Long Jump

Edward Gordon, 1929.....24-1 3/4

Edward Gordon, 1930.....24-8 1/4

Edward Gordon, 1931.....24-1 1/2

Earl Smith, 195423-1

Quinn Early, 198624-11

Anthuan Maybank, 1993 ..25-9 1/2

Bashir Yamini, 199726-8 1/4

High Jump

E.J. Baker, 1905.....5-10 1/4

*Edward Gordon, 1929.....6-0

Bill Knoedel, 1975.....7-3

Bill Hansen, 1976.....7-2

Ryan Kelly, 2008.....6-10 3/4

Kevin Spejcher, 20167-1 3/4

Triple Jump

Troy Doris, 2011.....53-8 1/2

Troy Doris, 2012.....54-8

Babatunde Amosu, 201553-0

Pole Vault

*Xavier Boyles, 192612-9 1/2

Bill Burnette, 1966.....15-3

Phil Wertman, 1971.....16-1 1/2

John Tefer, 1972.....16-0

Todd Wigginton, 198417-0

Discus

C.H. Swift, 1902118-9

C.H. Swift, 1903117-7 1/2

Merle Alderman, 1910 ...129-8 1/2

John Hancock, 1925.....138-2

Jeremy Allen, 1998185-9

Jeremy Allen, 2001194-5

Tim Brodersen, 2005187-0

Tim Brodersen, 2006181-2

Shot Put

Chris Gambol, 198760-0 1/2

Jeremy Allen, 200162-2 1/4

John Hickey, 200758-4 1/2

Hammer

A. van der Westhuizen, 1999.202-3

A. van der Westhuizen, 2000.218-5

Jim Costello, 2002.....217-7

Adam Hamilton, 2006208-1

Javelin

L.D. Weldon, 1930184-5 1/2

L.D. Weldon, 1931191-4 1/2

Mark Panther, 1934208-2

Mark Panther, 1935219-7 3/8

Bushnell Lamb, 1936194-4 1/2

Bushnell Lamb, 1938202-8

Bill Neumann, 2002231-8

Bill Neumann, 2003238-2

Matt Byers, 2010220-6

Matt Byers, 2011235-4

Matt Byers, 2012222-10

400-Meter Relay

Beecham, Duckett, Greer, Patrick, 198339.99

McCoy, Duckett, Greer, Smith, 1984.....40.11

Davis, Morris, Rozell, Page, 1995.....40.03

Dwight, Branch, Davis, Yamini, 199840.27

Branch, Dwight, Dodge, Yamini, 199940.66

Coleman, Kunkel, Peterson, Dodge, 200140.15

Mullen, Austin, E. Holmes, Larney, 201340.20

Brown, Harrington, Mincy, Wilson, 2014.....39.35

Saucer, Brissett, Harrington, Mallett, 2016.....39.44

400-Yard Relay

Johnson, Lake, Eisenlauer, Wellington, 1974.....41.2

Mile Relay

Beck, Noll, Keppler, Wilson, 1922.....3:20.0

Stevenson, Stamats, Baird, Cuhel, 1928.....3:20.2

Stevenson, Ferguson, Depping, Baird, 1929.....3:20.7

Levinson, Boylan, Ebert, Scott, 19533:16.4

Richards, Hollingsworth, Frazier, Kerr, 19623:12.3

Richards, Hollingsworth, Frazier, Kerr, 19633:11.2

Thompson, Feree, Randolph, Reimer, 19653:12.1

Ferree, Frazier, Mondane, Reimer, 19673:08.7

Teberg, Stevens, Frazier, Mondane, 1968.....3:13.3

1,600-Meter Relay

Chung, Williams, McGhee, Leonard, 19863:07.05

Branch, Dwight, Dodge, Yamini, 19993:09.09

Frye, Woodard, Hofacker, Harris, 2018.....3:06.32

Lawerence, Thompson, Lilly, Harris, 20193:07.36



100 Meters

Vivien McKenzie, 1983 11.90
 Vivien McKenzie, 1984 11.50
 Vivien McKenzie, 1985 11.63

200 Meters

Briana Guillory, 2016 22.95
 Brittany Brown, 2017 22.30
 Brittany Brown, 2018 22.93

400 Meters

Ellen Grant, 1997 52.82
 Shellene Williams, 2003 53.58
 Shellene Williams, 2004 52.97
 Kineke Alexander, 2007 52.15
 Elexis Guster, 2014 52.77
 Elexis Guster, 2015 52.19

400-Meter Hurdles

Wynsome Cole, 1998 56.67

800 Meters

Bethany Praska, 2011 2:05.63

5,000 Meters

Nan Doak, 1982 16:26.63
 Tracy Dahl, 1992 16:22.01
 Diane Nukuri, 2008 16:24.21
 McKenzie Melander, 2012 16:14.03

10,000 Meters

Jennifer Brower, 1992 34:29.61
 Meghan Armstrong, 2008 33:49.03

High Jump

Peaches Roach, 2004 5-11 1/4
 Peaches Roach, 2007 6-0
 Khanishah Williams, 2014 .. 5-9 1/4

Shot Put

Lisa Van Steenwyk, 1993 .. 47-4 1/2
 Laulauga Tausga, 2018 55-1 1/2

Discus

Laulauga Tausga, 2017 180-5
 Laulauga Tausga, 2018 191-7
 Laulauga Tausga, 2019 197-9

Long Jump

Aisha James, 2003 21-4
 Jahisha Thomas, 2018 21-6

Triple Jump

Renee White, 2009 43-10 3/4
 Jahisha Thomas, 2018 43-3 1/4

400-Meter Relay

Floyd, Hobbs, Poole, Reid, 1994 44.80
 Underwood, Cole, Grant, Wynter, 1997 46.53
 Kwaza, Guster, Holder, Brown, 2014 44.62

1,600-Meter Relay

Hume, Charles, Steffen, Williams, 2003 3:38.95
 Praska, Hendricks, Erickson, Liverpool, 2011 3:36.51
 Hernandez, Guillory, Holder, Guster, 2016 3:31.22



The Hawkeyes hold up their team trophy after winning the 2019 Men's B1G Outdoor Track and Field Championships on May 12, 2019.

Big Ten Championship Honors

Coach of the Year

2011 Larry Wieczorek (O)
 2019 Joey Woody, (O)

Men's Athlete of the Year

1989 Pat McGhee (O)
 1993 Anthuan Maybank (O)
 2011 Justin Austin (O)
 2013 Justin Austin (O)

Men's Track Athlete of the Meet

1989 Pat McGhee (O)
 1999 Tim Dwight (O)
 2011 Justin Austin (O)
 2013 Justin Austin (O)

Men's Freshman of the Year

1996 Bashir Yamini (I)
 1998 Jeremy Allen (I, O)

Women's Track Athlete of the Year

2007 Kineke Alexander (I)

Women's Field Athlete of the Year

2018 Jahisha Thomas (O)
 2019 Laulauga Tausaga (O)

Women's Freshman of the Year

1998 Erica Broomfield (I)
 2004 Peaches Roach (O)
 2016 Briana Guillory (O)

I - Indoor, O - Outdoor

Big Ten Medal of Honor

Men's Honorees

1922 Aubrey Devine
 1925 John Hancock
 1932 Stuart Skowbo
 1934 Tom Moore
 1936 Francis Cretzmeyer
 1947 John Hunter
 1948 Herbert Wilkinson
 1949 Evan Hultman
 1952 Charles Darling
 1955 LeRoy Ebert
 1959 James Van Young
 1963 Ralph Trimble
 1987 Andy Wiese
 1991 David Brown
 1994 Kevin Herd
 2000 Stetson Steele
 2009 Eric MacTaggart
 2012 Erik Sowinski
 2015 Kevin Lewis
 2018 Kevin Docherty

Women's Honorees

1992 Jennifer Brower
 1994 Tina Stec
 2008 Meghan Armstrong
 2011 Bethany Praska
 2012 McKenzie Melander

First-Team All-Big Ten Honorees

Men's Honorees

Jeremy Allen1998, 2000-01
 Babatunde Amosu 2013, 2015
 Justin Austin 2011, 2013
 Chris Barton2010-11
 St. Clair Blackman1989
 Tony Branch1998-99
 Christian Brissett 2016
 Tim Brodersen2005-06
 Keith Brown 2014, 2015
 Matt Byers2010-12
 Rodney Chambers 1989
 Raymund Clarke 2020
 Jim Costello 2002
 Curtis Chung 1986, 1989
 Juan Coleman 2001
 A.J. Curtis 2007, 2009
 Chris Davis 1995, 1998
 Klyvens Delaunay2014
 Tim Dodge 1999, 2001
 Troy Doris 2011-12
 Terrence Duckett 1984
 Tim Dwight 1998-99
 Quinn Early 1986
 Louis English 1989
 DeJuan Frye 2018, 2020
 Chris Gambol 1987
 Matty Gorman 2006
 Victor Greer 1984
 Adam Hairston2008-09
 Adam Hamilton 2006-07
 James Harrington2014-16
 Mar'yea Harris2018-19
 Kevin Herd 1994
 Jeffery Herron 2010
 John Hickey2007-09
 Collin Hofacker2018-19
 Ethan Holmes2011-13
 Gabe Hull 2014, 2015
 Sam Joens 2014
 Ryan Kelly 2008
 Gary Kostrubala 1986
 Adam Kunkel 2001
 Josh Larney 2013
 Wayne Lawrence Jr.2019-2020
 Harold Leonard 1986
 Carter Lilly 2018-19
 Shane Maier 2006-08
 Aaron Mallett 2015-17
 Anthuan Maybank1990-94
 Jaylan McConico2019-2020
 Ronnie McCoy 1984
 Pat McGhee1986, 1988-89
 Michael Melchert 2018
 Tevin-Cee Mincy 2014
 Andre Morris1995-96
 Jordan Mullen2013

Nathan Mylenek2018
 Andy Napier2008
 Bill Neumann2002-03
 George Page1995-97
 Russell Peterson 2001
 Patrick Richards 2010
 Ed Rozell 1995
 Vinnie Saucer, Jr. 2015, 2016
 Zeke Sayon 2010
 Caesar Smith 1984
 Robert Smith 1984
 Erik Sowinski2010-12
 Kevin Spejcher 2014, 2016
 D'Juan Strozier 1989-90, 1992
 Chris Thompson2018-19
 Dion Trowers 1998
 Reno Tuufuli 2016
 Micah VanDenend 2007
 Ray Varner 2010
 Arno van der Westhuizen2000
 Todd Wigginton 1984
 Steven Willey2010-11
 Kenny Williams 1984, 1986
 O'Shea Wilson 2014
 Antonio Woodard2018-2020
 Chris Voller 2005
 Bashir Yamini1997-99

Women's Honorees

Kineke Alexander2006-08
 Krista Anderson 2006
 Meghan Armstrong 2006, 2008
 Erica Broomfield1998
 Jennifer Brower 1992
 Brittany Brown2014, 2017-18
 Nicole Charles2003
 Wynsome Cole 1997-98
 Tracy Dahl1992-93
 Nan Doak 1985
 Nicole Erickson 2011
 Betsy Flood2011-12
 Tina Floyd 1994
 Ashley Granger 2006
 Ellen Grant 1997
 Briana Guillory2016, 2018-19
 Elexis Guster 2014, 2016
 Senta Hawkins 1988
 Tiffany Hendricks 2011
 Alexis Hernandez 2016
 Yolanda Hobbs 1994-95
 MonTayla Holder 2014, 2016
 Tami Hoskins 1989
 Aisha Hume 2003
 Aisha James 2003
 Tiffany Johnson2005-06
 Elaine Jones 1984
 Jenny Kimbro 2019
 Jeanne Kruckeberg1987-89
 Lake Kwaza 2014
 Karen Layne 1990

Ashley Liverpool2011-12
 Racheal Marchand2009
 Lindsey McCalla 2006
 Vivien McKenzie1984-86
 McKenzie Melander 2012
 Zinnia Miller 2014
 Diane Nukuri2007-08
 Marlene Poole 1994
 Bethany Praska 2011
 Alana Redfern 2003
 Tanja Reid 1994
 Peaches Roach2004-07
 Rachelle Roberts1989-90
 Kim Schneckloth 1989
 Marieke Schrulle2013
 Tria Simmons 2019
 Gail Smith 1985
 Shannon Stanley 2006
 Sarah Steffen 2003
 Jessie Strand 2003
 Laulauga Tausga2017-2020
 Jahisha Thomas 2018
 Majesty Tutson 2011, 2013
 Tara Underwood 1997
 Lisa Van Steenwyk 1993
 Aly Weum 2019
 Renee White2007-09
 Khanishah Williams 2014
 Shellene Williams2003-04
 Kaydene Wynter1997



The Men's Track and Field team celebrate with Coach Joey Woody (Big Ten Coach of the Year) after winning the 2019 Big Ten Outdoor Championship. Championships on May 12, 2019.



Big Ten Athletes of the Week

Women's Honorees

Mandy Beck	Mar. 22, 1999
Aisha James	Apr. 28, 2003
Alana Redfern	May 5, 2003
Peaches Roach (F)	Feb. 20, 2007
Meghan Armstrong (T)	Mar. 25, 2008
Diane Nukuri (T)	Apr. 8, 2008
Betsy Flood (T)	May 5, 2010
MonTayla Holder (T)	Jan. 12, 2015
Madison Rouw (F)	Mar. 23, 2016
Elaxis Guster (T)	Apr. 13, 2016
Brittany Brown (T)	Apr. 12, 2017
Briana Guillory (T)	Jan. 24, 2018
Briana Guillory (T)	Feb. 7, 2018
Brittany Brown (T)	March 21, 2018
Laulauga Tausaga (F)	April 10, 2018
Jenny Kimbro (T)	Dec. 12, 2018
Laulaga Tausaga (F)	Feb. 6, 2019
Konstadina Spanoudakis (F)	March 20, 2019
Laulaga Tausaga (F)	April 10, 2019
Laulaga Tausaga (F)	April 17, 2019
Laulaga Tausaga (F)	April 24, 2019
Laulauga Tausaga (F)	Feb. 12, 2020
Laulauga Tausaga (F)	Feb. 19, 2020

T - track athlete, F - field athlete

Men's Honorees

Jeremy Allen	Jan. 19, 1999
Tony Branch	Jan. 26, 1999
Arno van der Westhuizen	Apr. 12, 1999
Jeremy Allen	Jan. 24, 2001
Jim Costello	Jan. 31, 2001
Bill Neumann	Apr. 8, 2003
Shane Maier (F)	Jan. 16, 2007
Micah VanDenend (T)	Apr. 3, 2007
A.J. Curtis (F)	Apr. 10, 2007
Adam Hamilton (F)	May 1, 2007
John Hickey (F)	Jan. 22, 2008
Andy Napier (T)	Apr. 8, 2008
John Hickey (F)	Feb. 16, 2009
Ray Varner (T)	Apr. 8, 2009
Erik Sowinski (T)	Apr. 13, 2011
Troy Doris (F)	Jan. 30, 2012
Justin Austin (T)	Apr. 10, 2013
Babatunde Amosu (F)	Apr. 23, 2014
Aaron Mallett (T)	Mar. 25, 2015
Aaron Mallett (T)	Feb. 17, 2016
Christian Brissett (T)	Mar. 23, 2016
Aaron Mallett (T)	Apr. 27, 2016
Reno Tuufuli (F)	March 22, 2017
Reno Tuufuli (F)	April 12, 2017
Aaron Mallett (T)	May 3, 2017
Reno Tuufuli (F)	March 21, 2018
Antonio Woodard (T)	March 21, 2018
May'yea Harrins (T)	Feb. 6, 2019
Jay Hung (F)	March 20, 2019
Reno Tuufuli (F)	April 17, 2019
Jaylan McConico (T)	Dec. 18, 2019
Jaylan McConico (T)	Jan. 29, 2020
Jaylan McConico (T)	Feb. 19, 2020

Big Ten Athlete of the Month

Men's Honorees

Anthuan Maybank	Apr. 1993
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Women's Honorees

Tracy Dahl	Mar. 1992
Tracy Dahl	Feb. 1993
Yolanda Hobbs	Mar. 1995



CoSIDA Academic Teams

Academic All-America

1986 Danny Waters
 1989 Kim Schneckloth
 1990 Lisa Skidmore
 1997 Chad Schwitters
 1998 Chad Schwitters
 2000 Stetson Steele
 2012 Erik Sowinski

Academic All-District

1986 Danny Waters
 1989 Kim Schneckloth
 1990 Lisa Skidmore
 1997 Chad Schwitters
 1998 Chad Schwitters
 2000 Stetson Steele
 2006 Tim Brodersen
 Adam Hamilton
 2008 Jolly Burke
 2012 McKenzie Melander
 Erik Sowinski

USTFCCCA All-Academic

2006 Meghan Armstrong
 Krista Anderson
 2009 Hannah Roeder
 McKenzie Melander
 2010 Kevin Dibbern
 Amanda Hardesty
 McKenzie Melander
 Tiffany Medenhaldt
 Bethany Praska
 Eric Sowinski
 2011 Brooke Eilers
 Bethany Praska
 2012 Brooke Eilers
 Betsy Flood
 Jackie Laesch
 Kevin Lewis
 McKenzie Melander
 Megan Ranegar
 Keaton Rickels
 Victoria Sack
 Marieke Schrulle
 Hannah Simonson
 Annemie Smith
 Eric Sowinski
 Ben Stancombe

2013 Marieke Schrulle
 Jasmine Simpson
 Annemie Smith
 Kyle Reid
 Keaton Rickels
 Ben Stancombe
 2014 Kevin Lewis
 Jasmine Simpson
 Annemie Smith
 2015 Carter Lilly
 Marta Bote Gonzalez
 Cassidy Ellis
 Annemie Smith
 2016 Carter Lilly
 Christopher Douglas
 Briana Guillory
 2017 Talia Buss
 Heaven Chandler
 Chris Douglas
 Marta Bote Gonzalez
 Austin Lietz
 Carter Lilly
 Andrea Shine
 Brendan Thompson
 2018 Talia Buss
 Chris Douglas
 Andy Jatis
 Jenny Kimbro
 Mallory King
 Aubrianna Lantrip
 Carter Lilly
 Marissa Mueller
 Sarah Plock
 Sommer Sharpe
 Andrea Shine
 Matt Manternach
 Tysen VanDraska
 2019 Amanda Carty
 Chris Douglas
 Jenny Kimbro
 Mallory King
 Carter Lilly
 Matt Manternach
 Marissa Mueller
 Tysen VanDraska
 2020 Grant Conway
 Will Daniels
 Peyton Haack
 Jenny Kimbro
 Mallory King
 Tyler Lienau
 Matt Manternach
 Gratt Reed
 Tysen VanDraska
 Tia Saunders
 Austin West

Big Ten Distinguished Scholars

Recipients of the Big Ten Distinguished Scholar award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.7 or higher for the previous academic year. The inaugural award was presented in 2008-09.

2009	Jolly Burke A.J. Curtis Jennie Docherty Rachel Hawks Andy Napier Hannah Roeder Brice Wilson	2018	Talia Buss Gage Eller Marta Gonzalez Andy Jatis Jenny Kimbro Carter Lilly Kara Misel Karson Sommer Elizabeth Niedert Lauren Opatrny Andrea Shine Amy Smith Madison Waymire Lindsay Welker
2010	Sam Bailin Connor Elmitt Amanda Hardesty Mark Mankivsky	2019	Talia Buss Carly Donahue Ashley Espinosa Jenny Kimbro Marissa Mueller Andrea Shine
2011	Brooke Eilers Kelsey Hart McKenzie Melander Amanda Hardesty Keaton Rickels Hannah Roeder	2020	Logan Akason Mariel Bruxvoort Kelli DeGeorge Carly Donahue Daniel Gaynes Maria Gorham Jenny Kimbro Mallory King Cole Moeller Kylie Morken Marissa Mueller Gratt Reed Jeff Roberts Nolan Roethler Konstandina Spanoudakis Addie Swanson Tysen VanDraska Lindsay Welker Alyson Weum Sydney Winger
2012	Kyle Reid Keaton Rickels Ben Stancombe Kirsten Weismantle		
2013	Courtney Fritz Keaton Rickels Sarah Ryan Jasmine Simpson Ben Stancombe Kirsten Weismantle		
2014	Andrew Carman Courtney Fritz Michaela Haight Kevin Lewis Sarah Ryan Jasmine Simpson Amanda Stahle Jocelyn Todd		
2015	Cassidy Ellis Allison Gattone Lindsay Herra		
2016	Heaven Chandler Allison Gattone Lindsay Herra Lake Kwaza		
2017	Heaven Chandler Gage Eller Daniel Gardarsson Lauren Opatrny Brendan Thompson Andrea Shine Amy Smith		



Academic All-Big Ten Honorees

Recipients of the Academic All-Big Ten award must be letterwinners in their second academic year at their institution and achieve a minimum grade-point average of 3.0 or higher for their academic career. The inaugural award was presented in 1986-87.

Men's Honorees

L. J. Albrecht1989-92	Carter Lilly2016-19	Josh Tweedy2004-05	Molly Esche 2006-08
Alex Balke 2015	Ben Lloyd2003	Graham Valdes2009	Ashley Espinosa 2018-19
Rajeev Balkrishnan 1993	Marco Loureiro.....1995-96	Tysen VanDraska.....2018-2020	Fionna Fallon 2010
Andy Banse.....2003-05	Jesse Luciano2008-10	Austin West2020	Shawn Fleck..... 1996
Jake Berns.....2006	Eric MacTaggart.....2006, 2008-09	David White.....1991-92	Betsy Flood 2010-12
Ravi B'Have.....1995, 1998	Shane Maier2005-06	Andy Wiese 1987	Becca Franklin 2007
Tim Brodersen2003-06	Mark Mankivsky 2010	Brice Wilson2008	Melissa Fraser 1997
David Brown1988-91	Matt Manternach2018-2020	Bobby Windauer.....2007-08	Jill Freed 1989
Brendan Camplin.....2008-09	Steve Marshall..... 1991, 1994	Ben Witt 2013, 2015	Courtney Fritz..... 2012-14
Andrew Carman2012-14	Brad McCorkle.....1990	Mitch Wolff2014-17	Sheila Galbraith 1992
Chris Cassata1999-00	Pete McDowell 1994		Allison Gattone 2014-16
Raymund Clarke.....2019-2020	Pat Meade 1987, 1989		Marta Gonzalez 2017-18
Brandon Cooley 2018	Michael Melchert 2016		Emma Gordon 2020
Trent Corey.....1999-02	Cole Moeller2019-2020		Maria Gorham 2020
Jim Costello2001-02	Sean Moeller1999-02		Keelin Gorman..... 2012
Mike Cunningham ...1999, 2001-02	Andy Morris.....1998-00		Ashley Granger 2006
A.J. Curtis.....2007-09	Steve Morrissey..... 1991		Briana Guillory..... 2017
Kevin Docherty2016-18	Daniel Murphy..... 2020		Micaela Haight 2014
Cannon Dolan2007-09	Andy Napier.....2007-09		Maggie Hall..... 1999
Jim Donovan.....1997-99	Ryan Niver 2008		Amanda Hardesty..... 2010-11
Christopher Douglas2017-19	Jason Nolting2004-06		Kelsey Hart 2011-13
Jack Eckert2012-15	Chad Ohly1993-95		Rachel Hawks 2008-09
Peter Eischeid.....1996-98	Matt O'Hollearn.....2004-06		Tiffany Hendricks.....2010
Ian Eklin2017-19	Tyler Olson.....2020		Sarah Henize..... 2009
Lee Elbert2007-08	James Paul.....2009-11		Lindsay Herra..... 2015-16
Gage Eller2017-18	Chris Peters 1997		Katie Herrmann 2004
Connor Elmitt2009-10	Tim Pleskac.....2000		Julie Hollensbe 2018
Joe Estes1994-96	Justin Poots2001		Amanda Howe 2020
Scott Faber 1999, 2002	Nathan Prom2012-14		Dallyssa Huggins..... 2020
Andy Flaherty 1988	Gratt Reed 2020		Aisha Hume 2002-05
Daniel Gardarsson2016-17	Kyle Reid.....2011-13		Janelle Jaspers..... 1988-89
Daniel Gaynes.....2018-2020	Jay Renaud 2008		Jennifer Johnson..... 1992-93
Matt Gerard.....1992-94	Thomas Reynolds 2010		Tiffany Johnson 2005-07
Mike Gorsline1989-91	Keaton Rickels2011-13		Aditya Jones 2006-07
Anthony Gregorio.....2015	Cameron Rieger2012-13		Amy Kasparbauer 2000
Spencer Gudgel 2020	Jeff Roberts 2020		Rebecca Kaza 1997-99
Peyton Haack 2020	Nolan Roethler 2020		Tammilee Kerr 2006-07
Adam Hairston.....2010	Marc Roehl1993-95		Jennifer Kiciak..... 1997-98
Adam Hamilton2004-07	Luke Sampson.....2018-2020		Jenny Kimbro 2018-2020
Michael Hart..... 2015	Paul Sarris..... 1998		Mallory King 2018-2020
Dan Haut2004-06	Mark Schaapveld2008-09		Tricia Kiraly 1988-89
Jordan Hawkins 2020	Zachary Schimp2009-10		Natalie Kleinfelter 1994
Noah Healy2019-2020	Chad Schwitters.....1996-99		Christine Kotarba..... 2005
Kevin Herd1991-93	Spencer Smith 2020		Jeanne Kruckeberg .1988, 1990-91
Mark Holtkamp 1996	Karson Sommer2018-2020		Kimberly Kruk 1994
Andy Jatis.....2017-18	Konnor Sommer 2020		Christine Kubitz 1999
Nick Jensen..... 2017	Daniel Soto2018-2020		Jackie Laesch 2010-12
Jason Joens.....1993	Eric Sowinski2010-12		Michelle Lahann 2001-04
Scott Joens.....1987	Ben Stancombe2011-13		Jordan Laney 2005
Richard Johnson 2007	Stetson Steele.....1997, 1999-00		Aubrianna Lantrip..... 2018-2020
Chase Kadlec 2010, 2012	Brendan Thompson2014-17		Kylie Latham 2020
Ryan Lamparek.....2009-12	Dion Trowers 1997		Shannon Maser 2015
Kevin Lewis 2013, 2015	Nolan Teubel.....2017-2020		Meg Maurer 1997
Austin Lietz2018-2020	Chris Thompson.....2018-2020		Christina MacNab 2018
	Jonathan Tullett..... 1994		Amy McRell 1990-93

Women's Honorees

Logan Akason 2020
Adrienne Alexia 2012-15
Krista Anderson 2007-08
Lindsay Anderson 2010
Mary Arch..... 2019-2020
Sarah Arens 2001-04
Meghan Armstrong 2006-08
Caleigh Bacchus..... 2009
Atalie Barber 2002, 2004
Holly Barnes 1994
Briana Benning 1995-97
Danielle Berndt 2010-12
Allison Billhardt 2005
Kerri Blackstone 1997-99
Becky Borg..... 1988-89
Jennifer Brower 1991-92
Nicole Brown 1997
Kelly Breen..... 2017
Mariel Bruxvoort 2020
Ashley Bryja..... 2020
Sarah Burgett..... 2005-07
Jolly Burke 2008-09
Talia Buss 2018-19
Katie Butler 2001
Jenni Capista..... 2004-05
Heaven Chandler 2016-17
Nicole Charles..... 2001-03
Kacey Childs..... 2000-01
Leah Colbert 2017-18
Mika Cox..... 2020
Traci Claussen..... 1988-89
Megan Daniel 1994
Sarah Dankoff 2002
Kelli DeGeorge 2018-2020
Brittany Dlh 2011
Jennie Docherty..... 2009
Carly Donahue 2018-2020
Katie Donlon 2005
Claire Dupuis 2018
Brooke Eilers (Gambrell) .. 2012-13
Jenni Elbert..... 2006
Kassidy Ellis..... 2014-15
Katie Ellis 2008-09



Academic All-Big Ten Honorees - Continued

McKenzie Melander 2010-12	Sarah Plock 2018	Mareike Schrulle..... 2013	Patty Teggatz..... 2020
Grace McCabe 2020	Sophia Ponce 2010	Gina Shannon 1999-2001	Jocelyn Todd..... 2013
Jessican McKee 2020	Beverly Powell 1991	Anna Shearer 2000-01	Katharina Trost 2015
Georgia Millward 2002-04	Bethany Praska 2009-11	Erin Sheeley 2005	Rhonda-Kaye Trusty 2008-09
Kelsey Mims 2009-12	Rachel Price 2013	Andrea Shine 2017-19	Tara Underwood 1998
Monica Mims..... 2005-07	Kelsey (Labs) Quinn 2011-12	Hannah Simonson 2011-12	Sheri Van Der Hart..... 1991-93
Kara Misel 2018	Ruqauua Raheem 1998	Jasmine Simpson 2011-14	Kim Vinton..... 1992
Jennifer Moore 1988-89	Megan Ranegar 2011-12	Jordyn Sindt 2016-17	Jamie Voss 1992-93
Raven Moore 2013	Alana Redfern 2003	Annemie Smith 2014-15	Allison Wahrman 2018
Kylie Morken..... 2018-2020	Wren Renquist..... 2019-2020	Amy Smith 2017-18	Madison Waymire 2017-18
Marissa Mueller 2019-2020	Peaches Roach..... 2005-07	Michelle Sokol 2004-05	Macie Weber 2018-2020
Amy Murphy..... 2000-01	Ericka Roberts 2001-02	K. Spanoudakis 2020	Kirsten Weismantle 2011-13
Sara Murray..... 1994	Hannah Roeder 2009-11	Amanda Stahle 2012-14	Lindsay Welker 2018-2020
Kara Neustrom..... 2018	Sarah Ryan..... 2013-14	Shannon Stanley..... 2007	Peyton Wensel..... 2020
Elizabeth Niedert..... 2018	Janeth Salazar..... 1988	Tina Stec 1992-94	Aly Weum 2019-2020
Erin O'Hern..... 2005-06	Christine Salsberry.. 1991, 1993-94	Sarah Steffen 2001-03	Renee White..... 2007
Tayo Oladele-Ajose..... 2014	Tia Saunders 2018-2020	Jessie Strand 2001-04	Tess Wilberding 2015-17
Valerie Oltman 2000	Kristi Schmidt 2000	Kelsey Stueland 2010	Beth Wilson 1989
Lauren Opatrny..... 2018	Jessica Schmidt..... 2007	Sherri Suppelsa..... 1987	Sydney Winger..... 2020
Kiersten Pauling..... 1995-97	Kim Schneckloth 1987-90	Addie Swanson 2019-2020	Jordan Winke..... 2019
Lena Placzek 2012	Jennifer Schoonover..... 1995	Laulauga Tausaga..... 2020	



The Hawkeye women's team won the Hy-Vee Cup at the 2019 Drake Relays.



Men's Champions

Event.....	Athlete, Year - Performance
100 Meters	1942 - Leicester Farmer - 10.1 1996 - George Page - 10.42
200 Meters (SI)	1983 - Jeff Patrick - 20.47 1994 - Anthuan Maybank - 20.82
400 Meters (SI)	1993 - Anthuan Maybank - 44.99
Mile	1957 - Deacon Jones - 4:10.7
Two Miles	1957 - Deacon Jones - N/A
5,000 Meters	2000 - Stetson Steele - 14:02.76
110-Meter Hurdles	1988 - Pat McGhee - 14.15 2017 - Aaron Mallett - 13.57
400-Meter Relay.....	1927 - 41.8; 1928 - 42.2; 1935 - 41.7; 1952 - 41.5 1998 - Trowers, Branch, Davis, Yamini - 40.24 2009 - Richardson, Sayon, Richards, Chaney Jr. - 40.71
800-Meter Relay.....	1929 - 1:28.23
1,600-Meter Relay.....	1923 - 3:16.9; 1924 - 3:21.5; 1926 - 3:27.1; 1927 - 3:20.5; 1928 - 3:22.2; 1929 - 3:25.4; 1938 - 3:15.4; 1963 - 3:13.5; 1967 - 3:07.4; 2017 - Ogwo, Hofacker, Frye, Harris - 3:07.35 2018 - Frye, Hofacker, Thompson, Hofacker - 3:05.05
3,200-Meter Relay.....	1929 - 7:57.3 2017 - Manternach, VanDraska, Teubel, Lilly - 7:24.77
Dist. Medley Relay.....	1956 - 10:14.3
Shuttle Hurdle Relay.....	1932 - 1:01.6; 1955 - 59.3; 1984 - 58.77
Sprint Medley Relay	1952 - 3:23.5; 1956 - 3:23.4; 1992 - 3:21.02; 2011 - Sayon, Austin, Willey, Sowinski - 3:16.18 2016 - Saucer, Jr., Brissett, Harris, Lilly - 3:18.53 2017 - Brissett, Ogwo, Harris, Lilly - 3: 20.40
High Jump.....	1942 - Milton Kuhl (5-way tie) - 6-4 (1.93m) 1976 - Bill Knoedel - 7-1 3/4 (2.18m) 1978 - Bill Hansen - 7-1 3/4 (2.18m)
Long Jump	1929 - Ed Gordon - 24-0 3/4 (7.33m) 1930 - Ed Gordon - 24-0 (7.31m) 1931 - Ed Gordon - 23-10 1/2 (7.28m) 1993 - Anthuan Maybank (w) - 27-6 3/4 (8.40m) 1996 - Bashir Yamini - 25-1 1/4 (7.65m) 2019 - James Carter - 24-1 (7.34m)
Triple Jump.....	2012 - Troy Doris - 53-10 1/4 (16.41m)
Pole Vault	1927 - Xavier Boyles - 12-9 (3.89m)
Shot Put.....	1987 - Chris Gambol - 59-3 (18.06m) 2004 - Ken Kemeny - 59-11 1/4 (18.27m) 2018 - Reno Tuufuli - 60-8 1/2 (18.50m)
Discus	1928 - Robert Mitchell - 141-9 (43.22m) 2014 - Gabe Hull - 197-00 (60.05m) 2017 - Reno Tuufuli - 194-08 (59.34m) 2019 - Reno Tuufuli - 193-2 (58.88m)
Javelin.....	1930 - L.D. Weldon - 202-5 (61.70m) 1935 - Mark Panther - 210-7 (64.18m) 1945 - Paul Fagerlind - 205-2 (62.54m) 2003 - Bill Neumann - 238-11 (72.83m)

Women's Champions

Event.....	Athlete, Year - Performance
100-Meter Hurdles	1998 - Paula Ruen - 13.96 2006 - Tiffany Johnson - 13.58 2007 - Tiffany Johnson - 13.27
400 Meters (SI)	2006 - Kineke Alexander - 52.05
400-Meter Hurdles	1998 - Wynsome Cole, 1998 - 57.44 2018 - Sommer Sharpe, 59.73
800 Meters	2016 - Mahnee Watts - 2:07.93
1,500-Meters.....	1989 - Jeanne Kruckeberg - N/A
5,000 Meters	2007 - Diane Nukuri - 16:15.28
10,000 Meters	1992 - Jennifer Brower - 34:11.58
Shuttle Hurdle Relay.....	1998 - Cole, Prendergast, Raheem, Ruen - 56.54
400-Meter Relay.....	2014 - Kwaza, Guster, Hernandez, Brown - 44.51 2017 - Chapman, Guillory, Hernandez, Brown - 45.17
3,200-Meter Relay.....	1990 - 8:54.49
Sprint Medley Relay	2011 - Jones, Hendricks, Liverpool, Praska - 3:48.63 2016 - Kwaza, Guster, Holder, Watts - 3:52.62 2019 - Christian, Buss, Guillory, Arco - 3:54.18
Dist. Medley Relay.....	1989 - 11:22.18; 1990 - 11:24.12
6,400-Meter Relay.....	2012 - Flood, Laesch, Ranegar, Melander - 19:16.73
Javelin.....	2003 - Alana Redfern - 157-9
Long Jump	2003 - Aisha James - 22-3
Discus	2013 - Majesty Tutson - 181-1 (55.19m) 2019 - Laulauga Tausaga - 187-6 (57.13m)
Shot Put	2018 - Laulauga Tausaga - 54-11 1/4 (16.74m)

SI -- Special Invitation Race, w -- wind-aided



Running Events

60 Meters

School: 6.69 Justin Austin, 2011
Facility: 6.52 Andre Ewers, Florida State, 2018

60-Meter Hurdles

School: 7.60 **Jaylan McConico, 2020**
Facility: 7.54 Aries Merritt, Nike, 2018

200 Meters

School: 20.67 Karayme Bartley, 2019
Facility: 20.60 David Neville, Indiana, 2006

400 Meters

School: 45.56 Wayne Lawrence, Jr., 2020
Facility: 46.25 Fred Kerley, Nike, 2018

600 Meters

School: 1:16.55 Wayne Lawrence, Jr., 2020
Facility: 1:16.40 Erik Sowinski, Nike, 2018

800 Meters

School: 1:47.33 Carter Lilly, 2017
Facility: 1:50.87 Joseph Loner, Penn State, 1997

1,000 Meters

Facility: 2:26.21 Joe McAsey, Notre Dame, 2015

Mile

School: 3:58.72 Jeff Thode, 2011
Facility: 3:58.06 Jonathan Davis, Illinois, 2019

3,000 Meters

School: 7:57.06 Kevin Lewis, 2015
Facility: 7:54.13 Chris Solinsky, Wisconsin, 2006

5,000 Meters

School: 13:43.70 Kevin Lewis, 2015
Facility: 13:51.34 Chris Solinsky, Wisconsin, 2006

Relays

1,600-Meter

School: 3:04.94 Bartley, **Woodard, Lawrence, Jr.**, Harris, 2019
Facility: 3:07.54 Hofacker, Frye, Garron, Harris - 2018

3,200-Meter

School: 7:13.02 Cooke, Nie, Monsey, Chambers - 1990
Facility: 7:32.25 Brown, Koning, Blumke, Gledhill,
Michigan State - 1992

Distance Medley

School: 9:33.90 **Mylenek**, Hofacker, Lilly, Melchert - 2018
Facility: 9:47.78 Candella, Griffin, Gourley, See,
Ohio State - 2006

* - distance conversion

Big Ten Championships Retired Records

1,500 Meters

Meet 3:49.90 Ed DeLashmutt, 1981

Mile Relay

Meet 3:09.24 Greer, Williams, Smith, Duckett - 1984

Field Events

Discus

Facility: 191-4 (58.33m) Chase Madison, Unattached, 2015

High Jump

School: 7-3 (2.21m) Bill Knoedel, 1976
7-3 (2.21m) Bill Hansen, 1978
Facility: 7-4 1/2 (2.25m) Staffan Strand, Minnesota, 1997

Long Jump

School: 26-5 1/2 (8.06m) Anthuan Maybank, 1992
Facility: 26-1 3/4 (7.97m) Anthuan Maybank, Iowa, 1992

Triple Jump

School: 54-0 (16.46m) Troy Doris, 2011
Facility: 53-8 (16.35m) Troy Doris, Guyana, 2018

Pole Vault

School: 17-1 (5.21m) Todd Wigginton, 1984
Facility: 15-5 (4.70m) William Dougherty, Iowa, 2018

Shot Put

School: 63-3 1/4 (19.28m) Reno Tuufuli, 2018
Facility: 63-7 3/4 (19.40m) Karl Erickson, Minnesota, 2006

Weight Throw

School: 70-0 1/2 (21.35) Tyler Lienau, 2020
Facility: 71-1 1/4 (21.66m) Vlad Pavlenko, Iowa State, 2019

Pentathlon

School: 3,460 points Scott Faber, 2000

Heptathlon

School: 5,689 points Will Daniels, 2020
Facility: 5,648 points Benjamin Jensen, Minnesota, 1997

Iowa Retired Records

55 Meters

School: 6.23 Robert Smith, 1984
Facility: 6.27 Cory Pryor, Michigan State, 1989

55-Meter Hurdles

School: 7.14 Pat McGhee, 1989
Facility: 7.07 Reggie Torian, Wisconsin, 1997

300 Yards

School: 30.08 Victor Greer, 1984
Facility: 30.54 Terrence Duckett, Iowa, 1984

300 Meters

School: 36.02 Rajeev Balkrishnan, Iowa, 1992
Facility: 34.41 Ron Brown, Purdue, 1992

600 Yards

School: 1:09.60 Terrence Duckett, 1984
Facility: 1:09.54 Ray Armstead, NE Missouri State, 1984

1,000 Yards

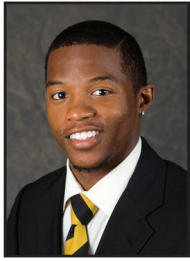
School: 2:10.0 Joel Moeller, 1977
Facility: 2:10.0 Joel Moeller, Iowa, 1977

1,000 Meters

School: 2:24.53 Bill Theisen, 1986
Facility: 2:27.69 Brian Peppard, Notre Dame, 1992

Two Miles

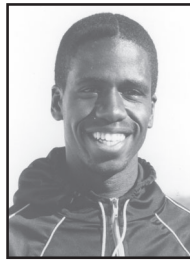
School: 8:53.91 Jeff Thode, 2012
Facility: 8:47.5 Dave Johnson, Minnesota, 1977



Justin Austin



Karayme Bartley



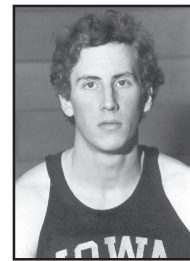
Rodney Chambers



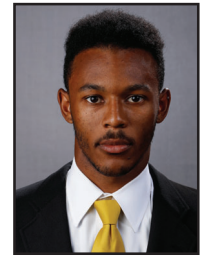
Will Daniels



Troy Doris



Bill Hansen



Mar'yea Harris

60 Meters

- Justin Austin, 2011 6.69
- Vinnie Saucer, Jr., 2016..... 6.70
- Kurt Felix, 1999..... 6.73
- Tevin-Cee Mincy, 2014 6.73
- Josh Larney, 2013 6.74
- Christian Brissett, 2017 6.74
- Troy Doris, 2012 6.75
- O'Shea Wilson, 2017 6.75
- Jacob Gourley, 2017 6.77
- Tony Branch, 1999..... 6.78

60-Meter Hurdles

- Jaylan McConico, 2020..... 7.60
- Aaron Mallett, 2017 7.64
- Jordan Mullen, 2013..... 7.70
- Chris Douglas, 2019..... 7.75
- Jamal Britt, 2020..... 7.81
- Ethan Holmes, 2013 7.82
- Josh Braverman, 2020..... 7.83
- Grant Conway, 2020..... 7.86
- Dion Trowers, 1997 7.87
- Anthony Williams, 2019 7.88

200 Meters

- Karayme Bartley, 2019 20.67
- Justin Austin, 2011 20.80
- Wayne Lawrence, Jr. 2020..... 20.85
- Antonio Woodard, 2018..... 20.89
- Anthuan Maybank, 1993..... 21.11
- Bashir Yamini, 1999..... 21.19
- James Harrington, 2014 21.21
- Ethan Holmes, 2013 21.23
- Tim Dodge, 2000 21.26
- Christian Brissett, 2017 21.27
- Mar'yea Harris, 2019..... 21.27

400 Meters

- Wayne Lawrence, 2020 45.56
- Mar'yea Harris, 2017 45.75
- Karayme Bartley, 2019..... 46.25
- Emmanuel Ogwo, 2017 46.45
- Steven Willey, 2010 46.75
- Terrence Duckett, 1984 46.81
- Collin Hofacker, 2017..... 46.82
- DeJuan Frye, 2020 46.91
- Andre Morris, 1995 47.15
- Monte Raymond, 1998..... 47.18

600 Meters

- Wayne Lawrence Jr., 2020 1:16.55
- Mar'yea Harris, 2019..... 1:16.60
- Erik Sowinski, 2012..... 1:16.91
- Austin Lietz, 2020 1:17.03
- Carter Lilly, 2017..... 1:17.20
- Matt Manternach, 2020 1:17.43
- Will Teubel, 2016..... 1:17.55
- Steven Willey, 2011 1:17.94
- Keaton Rickels, 2012 1:18.19
- Pat McGhee, 1988..... 1:18.30

800 Meters

- Carter Lilly, 2017..... 1:47.33
- Erik Sowinski, 2012..... 1:47.62
- Will Teubel, 2016..... 1:47.74
- Pavlo Hutsalyuk, 2016 1:48.97
- Ryan Weir, 2013 1:49.11
- Adam Hairston, 2010..... 1:49.26
- Nathan Prom, 2013 1:49.29
- Matt Manternach, 2020 1:49.35
- Alex Birkett, 2020 1:49.47
- Tysen VanDraska, 2020 1:49.49

Mile

- Jeff Thode, 2011 3:58.72
- Ed DeLashmutt, 1981 4:04.01
- Adam Jones, 2017 4:04.28
- Michael Melchert, 2018 4:04.32
- Larry Wiecezorek, 1968..... 4:04.40
- Nathan Mylenek, 2019 4:04.88
- John Clark, 1972 4:05.94
- Ben Witt, 2014 4:07.08
- Adam Thomas, 2002 4:07.13
- Kevin Herd, 1992 4:07.26

3,000 Meters

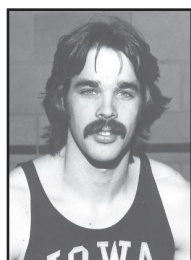
- Kevin Lewis, 2015 7:57.06
- Nathan Mylenek, 2020 7:58.37
- Jeff Thode, 2011 8:00.38
- Micah VanDenend, 2006 8:00.81
- Daniel Soto, 2020 8:06.04
- Michael Melchert, 2018 8:08.30
- Eric MacTaggart, 2006..... 8:08.79
- Stetson Steele, 2000..... 8:09.54
- Ben Witt, 2015 8:10.97
- Dan Haut, 2005 8:11.36

5,000 Meters

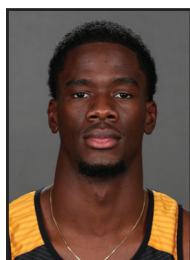
- Kevin Lewis, 2015 13:43.70
- Micah VanDenend, 2007 13:56.46
- Daniel Soto, 2020 13:58.97
- Stetson Steele, 2000..... 14:00.52
- Dan Haut, 2006 14:06.16
- Eric MacTaggart, 2006..... 14:13.41
- Jeff Thode, 2011 14:16.00
- Noah Healy, 2020..... 14:17.84
- Matt Esche, 2004..... 14:18.43
- Jeff Kent, 2007..... 14:18.86



Collin Hofacker



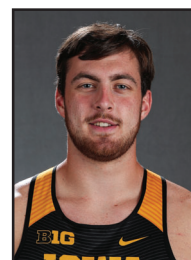
Bill Knoedel



Wayne Lawrence Jr.



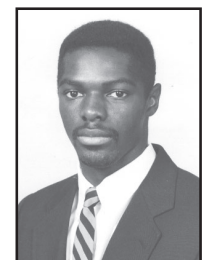
Kevin Lewis



Tyler Lienau



Carter Lilly



Anthuan Maybank



Men's Indoor All-Time Top 10 Performers



Jaylan McConico

Michael Melchert

Nathan Mylenek

Jeff Thode

Reno Tufuuli

Todd Wigginton

Antonio Woodard

Heptathlon

1. Will Daniels, 2020..... 5,689 points
2. Peyton Haack, 2020 5,613 points
3. William Dougherty, 2018.. 5,606 points
4. Austin West, 2020..... 5,549 points
5. Kyle Reid, 2013..... 5,354 points
6. Dan Rolling, 2010 5,205 points
7. Jack Eckert, 2015 5,188 points
8. Daniel Gaynes, 2020..... 5,162 points
9. Ryan Niver, 2008..... 5,149 points
10. Frank Prill, 2010..... 5,015 points

High Jump

1. Bill Knoedel, 1976..... 7-3 (2.21)
Bill Hansen, 1978..... 7-3 (2.21)
3. Scott Hudek, 1993 7-0 1/2 (2.15)
Kevin Spejcher, 2015 7-0 1/2 (2.15)
5. Pat Meade, 1987 7-0 1/4 (2.14)
6. Mike Lacy, 1984 7-0 (2.13)
7. M. Cunningham, 1984.. 6-11 1/4 (2.11)
8. Jeffery Herron, 2010..... 6-11 (2.11)
Peter Hlavin, 1980 6-11 (2.11)
Brandon Oest, 2010 6-11 (2.11)
Dan Rolling, 2008 6-11 (2.11)
Graham Valdes, 2010 6-11 (2.11)
Peter Andreano, 2016 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-1 (5.21)
2. Dave Nielsen, 1975..... 16-10 (5.13)
3. Kyle Reid, 2013 16-6 3/4 (5.05)
Andy Jatis, 2018 16-6 3/4 (5.05)
5. Curt Brock, 1979..... 16-6 (5.03)
6. Alex Zona, 2010..... 16-4 3/4 (5.00)
7. Phil Wertman, 1971 16-4 (4.98)
8. Jeff Raymond, 2008..... 16-2 (4.93)
9. John Teffer, 1972 16-1 (4.90)
10. Josh Pelock, 2017 16-0 3/4 (4.90)

Long Jump

1. Anthuan Maybank, 199226-5 1/2 (8.06)
2. Bashir Yamini, 1998..... 26-0 1/4 (7.93)
3. O'Shea Wilson, 2017 25-9 1/2 (7.86)
4. Darren Smith, 1991 25-2 (7.67)
5. Paul Jones, 1990..... 24-11 1/4 (7.60)
6. Josh Larney, 2013 24-10 (7.57)
7. Ronnie McCoy, 1984..... 24-9 (7.54)
8. Matty Gorman, 2006 24-8 1/2 (7.53)
Jamal Britt, 2020..... 24-8 1/2 (7.53)
10. Charles Jones, 1980..... 24-8 1/4 (7.52)

Triple Jump

1. Troy Doris, 2011 54-0 (16.46)
2. Babatunde Amosu, 201552-8 3/4 (16.07)
3. Paul Jones, 1990..... 52-1 1/4 (15.88)
Klyvens Delaunay, 201452-1 1/4 (15.88)
5. James Carter, 2019.... 50-3 1/2 (15.33)
6. Mike Lacy, 1983 49-0 (14.93)
7. Owen Gill, 1982 48-10 3/4 (14.90)
8. Josh Bean, 2009 48-10 (14.88)
9. David Nsabua, 2013 48-9 (14.86)
10. Kerry Dean, Jr., 2016... 48-8 1/4 (14.84)

Shot Put

1. Reno Tuufuuli, 2018 63-3 1/4 (19.28)
2. John Hickey, 2009..... 63-0 (19.20)
3. Jeremy Allen, 2001... 62-10 1/2 (19.16)
4. Avery Meyers, 2017.... 61-4 1/4 (18.70)
5. Shane Maier, 2006..... 61-2 (18.64)
6. Gary Kostrubala, 198660-10 3/4 (18.55)
7. Andy Banse, 2005..... 60-9 1/4 (18.52)
8. Ken Kemeny, 2004 60-0 1/2 (18.30)
9. Gabe Hull, 2014..... 59-3 (18.06)
10. Chris Gambol, 1987..... 59-0 (17.98)

Weight Throw

1. Tyler Lienau, 2020..... 70-0 1/2 (21.35)
2. Jim Costello, 2002 69-4 3/4 (21.15)
3. Matt Banse, 2012 67-8 (20.62)
4. Arno van der Westhuizen,
2001 67-7 1/2 (20.61)
5. Adam Hamilton, 2007 66-9 1/4 (20.35)
6. Jeremy Allen, 2001... 65-10 1/4 (20.07)
7. Chris Voller, 2005..... 63-4 (19.30)
8. Ryan Lamparek, 2012 61-2(18.62)
9. Brad Daufeldt, 2004 ... 60-4 1/2 (18.40)
10. Jordan Hawkins, 2020 59-9 1/2 (18.22)

1,600-Meter Relay

1. Bartley, Woodard, Lawrence, Jr., Harris,
2019 3:04.76
2. Frye, Clarke, Woodard, Lawrence,
2020 3:04.91
3. Ogwo, Hofacker, Frye, Harris, 2017 3:04.94
4. Hofacker, Frye, Garron, Harris, 2018 3:05.33
5. Thompson, Frye, Garron, Harris, 2018..... 3:06.06
6. Richards, E. Holmes, Sowinski, Willey,
2011 3:06.66
7. Frye, Woodard, Lawrence, Jr., Britt, 2020. 3:06.76
8. Rozell, Davis, Raymond, Yamini, 1998 3:06.80
9. Ogwo, Mallett, Frye, Harris, 2017 3:07.08
10. Wolff, Ganschow, Lilly, Harris, 2016 3:07.24

3,200-Meter Relay

1. Cooke, Nie, Monsey, Chambers, 1990..... 7:13.02
2. Corrigan, Blackman, Strozier, Chambers,
1989 7:29.00
3. English, Blackman, Strozier, Chambers,
1989 7:36.20
4. 1977 7:39.40
5. 1986 7:40.90
6. Bouske, Herd, Chambers, Koon, 1992 7:43.94
7. Bouska, Cook, White, Herd, 1992..... 7:48.63
8. 1992 7:49.86
9. 1986 7:50.10
10. Roseman, Rerko, Novotny, Branigan, 19937:51.36

Distance Medley Relay

1. Mylenek, Hofacker, Lilly, Melchert, 2019.. 9:33.90
2. Lilly, Frye, Manternach, Jones, 2017 9:44.07
3. Mylenek, Thompson, Lilly, Melchert,
2018 9:45.10
4. Prom, Rickels, Sowinski, Thode, 2012 9:45.41
5. 1999 9:46.83
6. 1977 9:48.80
7. 1978 9:49.70
8. Kuczwarra, Barton, Kuhlman, N. Holmes,
2010 9:51.05
9. Marchese, Varner, Hairston, Luciano,
2009 9:52.52
10. Paul, Varner, Hairston, Thode, 2010 9:52.71



Running Events

60 Meters

School: 7.33 Lake Kwaza, 2016
 Facility: 7.14 Aleia Hobbs, LSU, 2018

60-Meter Hurdles

School: 8.21 Karessa Farley, 2009
 Facility: 8.01 Jasmin Stowers, Nike, 2018

200 Meters

School: 22.79 Brittany Brown, 2017
 Facility: 23.44 Consuella Moore, Penn State, 2004

400 Meters

School: 51.48 Kineke Alexander, 2007
 Facility: 52.35 Georgeanne Moline, Nike, 2018

600 Yards

School: 1:21.06 Senta Hawkins, 1987

600 Meters

School: 1:27.45 Kineke Alexander, 2008
 Facility: 1:27.45 Kineke Alexander, 2008

800 Meters

School: 2:05.01 Bethany Praska, 2011
 Facility: 2:03.48 Carly Muscaro, Unattached, 2018

1,000 Meters

School: 2:38.44 Jenny Hayden, 1982

Mile

School: 4:39.78 McKenzie Melander, 2011
 Facility: 4:39.74 Claire Green, Arizona

3,000 Meters

School: 9:15.57 Tracy Dahl, 1993
 Facility: 9:25.22 Militsa Mircheva, Florida State, 2018

5,000 Meters

School: 15:49.52 Tracy Dahl, 1993
 Facility: 16:47.41 Amy Legacki, Indiana, 1991

Relays

1,600-Meter

School: 3:32.93 Holder, Guillory, Hernandez, Guster - 2016
 Facility: 3:33.80 Thomas, Moline, Hill, Barrie, Unattached, 2019

3,200-Meter

School: 8:41.38* Schneckloth, Roberts, Hoskins, Kruckeberg - 1989
 Facility: 8:57.61 Nortz, Kluge, Yates, Bannister, Michigan - 1991

Distance Medley

School: 11:20.11 Armstrong, Alexander, L. Hardesty, Nukuri - 2008
 Facility: 11:33.76 Parker, Simms, Hirtle, Erdman, Michigan - 2004

* - distance conversion

Field Events

Discus

Facility: 157-4 (47.97m) Dakotah Goodell, 2015

High Jump

School: 6-0 3/4 (1.85m) Peaches Roach, 2005
 Facility: 6-0 (1.83m) Carri Long, Unattached, 2002
 6-0 (1.83m) Peaches Roach, Iowa, 2007

Long Jump

School: 43-0 3/4 (6.42m) Jahisha Thomas, 2018
 Facility: 21-3 (6.50m) Jahisha Thomas, Great Britain, 2019

Triple Jump

School: 43-4 1/2 (13.22m) Jahisha Thomas, 2018
 Facility: 44-6 1/2 (13.57m) Jhoanmy Lugque, 2017, Iowa State

Pole Vault

School: 12-5 1/2 (3.80m) Jessie Strand, 2004
 Facility: 14-5 1/4 (4.40m) Emily Grove, Unattached, 2017

Shot Put

School: **58-11 1/4 (17.96m) .. Laulauga Tausaga, 2020**
 Facility: 56-2 (17.13m) Kiley Sabin, Minnesota, 2019

Weight Throw

School: **76-3 3/4 (23.26m) Laulauga Tausaga, 2019**
 Facility: 66-3 (20.22m) Banke Oginni, Wisconsin, 2017

Pentathlon

School: **4,269 points Jenny Kimbro, 2020**
 Facility: 4,104 points Georgia Ellenwood, Wisconsin, 2017

Iowa Retired Records

55 Meters

School: 6.80 Elaine Jones, 1983
 Facility: 6.94 Regina Frye, Indiana, 1991

55-Meter Hurdles

School: 7.91 Davera Taylor, 1985
 Facility: 7.75 Tonja Buford, Illinois, 1991

300 Meters

School: 37.82 Elaine Jones, 1984

Pentathlon

School: 4,079 points Kathy Gillespie, 1982



Women's Indoor All-Time Top 10 Performers



Kineke Alexander Meghan Armstrong Brittany Brown Tracy Dahl Karessa Farley Elexis Guster Briana Guillory

60 Meters

- Lake Kwaza, 2016 7.33
- Brittany Brown, 2017..... 7.39
- Elaine Jones, 1983..... 7.43
- Kyara Avant, 2018..... 7.44
- Peaches Roach, 2005..... 7.45
- Antonise Christian, 2020 7.45**
- Shellene Williams, 2004 7.50
- Briana Guillory, 2017 7.51
- LaSarah Hargrove, 2020 7.51**
- Jiselle Providence, 2002 7.52

60-Meter Hurdles

- Karessa Farley, 2009 8.21
- Jenny Kimbro, 2020 8.22**
- Tiffany Johnson, 2006..... 8.33
- Jahisha Thomas, 2017 8.35
- Paula Ruen, 1998..... 8.39
- Tria Simmons, 2019 8.40
- Heaven Chandler, 2017 8.44
- Sarah Steffen, 2002 8.45
- Renee White, 2008..... 8.45
- 10.Tionna Tobias, 2020 8.56**

200 Meters

- Brittany Brown, 2017..... 22.79
- Briana Guillory, 2018..... 23.22
- Kineke Alexander, 2006 23.49
- Lake Kwaza, 2016 23.54
- Shellene Williams, 2004 23.62
- Marlene Poole, 1994 23.66
- Yolanda Hobbs, 1995..... 23.66
- Erica Broomfield, 1998 23.81
- 9. Antonise Christian, 2020 23.89**
- Raven Moore, 2013 24.00

400 Meters

- Kineke Alexander, 2007 51.48
- Briana Guillory, 2018 51.68
- Elexis Guster, 2016 52.36
- Ellen Grant, 1996..... 52.65
- Shellene Williams, 2004 52.83
- Alexis Hernandez, 2017 53.42
- Ashley Liverpool, 2011 54.09
- MonTayla Holder, 2015 54.32
- Sheridan Champe, 2018 54.70
- Tiffany Hendricks, 2011 55.06

600 Yards

- Senta Hawkins, 1987 1:21.06
- Aisha Hume, 2004 1:21.74
- Kay Stormo, 1982 1:22.49
- Nicole Erickson, 2012 1:22.61
- Mahnee Watts, 2016..... 1:22.72
- Bethany Praska, 2009..... 1:23.12
- Hannah Simonson, 2012 1:23.18
- Chris Davenport, 1982..... 1:24.14
- Kaitlyn Nelson, 2015..... 1:24.52
- Sophia Poncè, 2007 1:24.55

600 Meters

- Kineke Alexander, 2008 1:27.45
- Bethany Praska, 2011 1:28.14
- 3. Mallory King, 2020..... 1:29.10**
- MonTayla Holder, 2016 1:29.35
- 5. Tia Saunders, 2020 1:29.83**
- 6. Payton Wensel, 2020 1:29.87**
- Mahnee Watts, 2016..... 1:30.41
- Senta Hawkins, 1987 1:30.77
- 9. Aly Weum, 2020 1:30.86**
- Briana Guillory, 2019 1:30.92

800 Meters

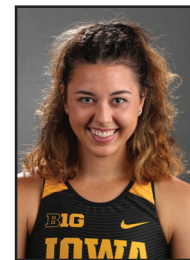
- Bethany Praska, 2011 2:05.01
- 2. Mallory King, 2020..... 2:05.12**
- Jeanne Kruckeberg, 1989 2:06.38
- Michelle Lahann, 2004 2:06.83
- Katharina Trost, 2014 2:07.38
- Mahnee Watts, 2014 2:08.79
- 7. Tia Saunders, 2020 2:08.83**
- Taylor Arco, 2020..... 2:08.94
- Adrienne Alexia, 2013 2:08.95
- Briana Benning, 1996 2:09.22

Mile

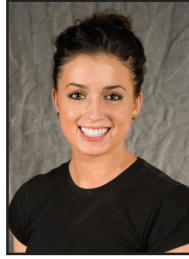
- McKenzie Melander, 2011..... 4:39.78
- Jeanne Kruckeberg, 1989 4:40.19
- Meghan Armstrong, 2006 4:40.59
- Lauren Hardesty, 2011 4:41.01
- Tina Stec, 1994 4:42.63
- Betsy Flood, 2010..... 4:42.70
- Penny O'Brien, 1981..... 4:43.72
- Diane Nukuri, 2007..... 4:46.25
- Michelle Lahann, 2004 4:47.23
- Amanda Hardesty, 2010 4:48.69

3,000 Meters

- Tracy Dahl, 1993 9:15.57
- Meghan Armstrong, 2008 9:17.50
- Diane Nukuri, 2008..... 9:20.07
- Betsy Flood, 2011 9:20.09
- Nan Doak, 1982..... 9:21.60
- Jenny Spangler, 1986..... 9:22.41
- Mareike Schrulle, 2012..... 9:23.97
- Brooke Eilers, 2012..... 9:27.92
- McKenzie Melander, 2012..... 9:29.71
- Krista Anderson, 2006 9:29.75



Lauren Hardesty Senta Hawkins Alexis Hernandez MonTayla Holder Lake Kwaza Jenny Kimbro



McKenzie Melander

Diane Nukuri

Bethany Praska

Peaches Roach

Jessie Strand

Laulauga Tausaga

Jahisha Thomas

5,000 Meters

1. Tracy Dahl, 1993..... 15:49.52
2. Nan Doak, 1985..... 15:55.45
3. Racheal Marchand, 2009..... 15:55.70
4. Diane Nukuri, 2008..... 16:01.36
5. Jenny Spangler, 1982..... 16:08.74
6. Judy Parker, 1981..... 16:16.63
7. Betsy Flood, 2011..... 16:20.67
8. Andrea Shine, 2018..... 16:21.53
9. Jennifer Brower, 1992..... 16:22.19
10. Nikki Chapple, 2004..... 16:27.04

High Jump

1. Peaches Roach, 2005..... 6-0 3/4 (1.85)
2. Mary Mol, 1983..... 6-0 (1.83)
3. Khanishah Williams, 2013 . 5-11 1/4 (1.81)
4. **Dallyssa Huggins, 20205-10 (1.78)**
5. Becky Kaza, 1995..... 5-9 3/4 (1.77)
6. Caleigh Bacchus, 2010..... 5-9 1/4 (1.76)
- Aubrianna Lantrip, 2019..... 5-9 1/4 (1.76)
8. Gillian Urycki, 2018..... 5-8 3/4 (1.75)
9. Kristi Dinkla, 1985..... 5-8 1/2 (1.74)
- Kacey Childs, 2001..... 5-8 1/2 (1.74)

Pole Vault

1. Jessie Strand, 2004..... 12-5 1/2 (3.80)
2. Amy Smith, 2017..... 11-11 3/4 (3.65)
3. Sarah Burgett, 2007..... 11-10 (3.61)
4. Kirsten Weismantle, 2011 . 11-5 3/4 (3.50)
5. Brittany Holst, 2013..... 11-3 3/4 (3.45)
6. Katie Truedson, 2010..... 10-11 3/4 (3.35)
7. Gina Shannon, 2001..... 10-6 (3.20)
8. Kacey Childs, 2001..... 9-0 (2.75)
9. Amy Kasparbauer, 2000..... 8-0 (2.44)

Distance Medley Relay

1. Armstrong, Alexander, L. Hardesty, Nukuri, 2008..... 11:20.11
2. Melander, Hendricks, L. Hardesty, Eilers, 2011..... 11:22.44
3. Stormo, Davenport, Williams, O'Brien, 1981..... 11:23.02
4. Melander, Praska, Hendricks, Flood, 2011..... 11:24.47
5. Flood, Hendricks, L. Hardesty, Melander, 2010..... 11:25.01
6. Melander, Hendricks, Flood, Marchand, 2009..... 11:27.34
7. Benning, Poole, Salsberry, Stec, 1994..... 11:28.03
8. Stormo, Davenport, Hayden, Doak, 1982..... 11:29.54
- Armstrong, Granger, Stanley, K. Anderson, 2006..... 11:29.54
10. Lahann, Williams, Stanley, Arens, 2004..... 11:30.36

Long Jump

1. Jahisha Thomas, 2018..... 21-0 3/4 (6.42)
2. Zinnia Miller, 2014..... 20-4 1/4 (6.20)
3. Carisa Leacock, 2014..... 19-9 1/2 (6.03)
4. Lisa Moats, 1986..... 19-6 (5.95)
5. Cassidy Ellis, 2015..... 19-5 1/2 (5.93)
6. **Jenny Kimbro, 202019-4 (5.80)**
7. Tria Simmons, 2018..... 19-2 (5.84)
8. Renee White, 2006..... 19-3 1/4 (5.87)
9. Tiffany Johnson, 2007..... 19-2 1/2 (5.85)
10. Davera Taylor, 1984..... 19-1 1/2 (5.83)
- Tionna Tobias, 2020 19-1 1/2 (5.83)**

Triple Jump

1. Jahisha Thomas, 2018..... 43-4 1/2 (13.22)
2. Renee White, 2008..... 42-4 (12.90)
3. Amanda Carty, 2019..... 42-1 1/2 (12.84)
4. Tria Simmons, 2017..... 42-1 1/4 (12.83)
5. Tiffany Johnson, 2007..... 41-3 3/4 (12.59)
6. Zinnia Miller, 2014..... 41-2 1/2 (12.56)
7. Carisa Leacock, 2012..... 40-5 1/2 (12.33)
8. Hannah Schlib, 2019..... 40-7 (12.37)
9. **Allison Wahrman, 2017..... 39-10 (12.14)**
10. Becki Borg, 1987..... 39-6 (12.04)

Pentathlon

1. **Jenny Kimbro, 2020 4,269 points**
2. Tria Simmons, 2019..... 4,200 points
3. Tammilee Kerr, 2008..... 3,974 points
4. Chris Davenport, 1983..... 3,798 points
5. **Dallyssa Huggins, 2020 3,785 points**
6. Kamesha Marshall, 2005..... 3,701 points
7. Tiff Pedersen, 2004..... 3,511 points
8. Sarah Ryan, 2013..... 3,472 points
9. Maureen Abel, 1979..... 3,427 points
10. **Allison Wahrman, 2017..... 3,421 points**

Shot Put

1. **Laulauga Tausaga, 2020 58-11 1/4 (17.96)**
2. **Nia Britt, 201954-11 1/2 (16.75)**
3. **Erika Hammond, 201951-3 1/2 (15.63)**
4. Gail Smith, 1985..... 51-0 (15.54)
5. Lisa Van Steenwyk, 1993 . 50-5 1/4 (15.37)
6. Kamesha Marshall, 2005 . 49-2 1/4 (14.99)
7. **Kat Moody, 2020 48-11 (14.91)**
8. Denise Taylor, 1992..... 48-9 (14.86)
9. Rachel Curry, 2013..... 48-2 1/2 (14.69)
10. Megan Maurer, 1995..... 47-5 3/4 (14.47)

Weight Throw

1. **Laulauga Tausaga, 2019 ..76-3 3/4 (23.26)**
2. Ashlyn Gulvas, 2013..... 63-6 (19.35)
3. **Amanda Howe, 202062-4 1/2 (19.01)**
4. Jasmine Simpson, 2013... 62-6 1/2 (19.06)
5. **Nia Britt, 201961-4 3/4 (18.71)**
6. Annemie Smith, 2014..... 61-4 (18.69)
7. Kelsey Taylor, 2011..... 60-4 1/2 (18.40)
8. **Allison Wahrman, 2020 59-1 1/2**
9. Majesty Tutson, 2011..... 58-4 (17.78)
10. Becca Franklin, 2007..... 58-3 1/4 (17.76)

1,600-Meter Relay

1. Holder, Guillory, Hernandez, Guster, 2016..... 3:32.93
2. Champe, Guillory, Brown, Plock, 2018..... 3:33.19
3. Sharpe, Guillory, Brown, Champe, 2018..... 3:34.34
4. Holder, Guster, Hernandez, Guillory, 2016..... 3:36.47
5. Liverpool, Hendricks, Praska, Erickson, 2011..... 3:36.97
6. Holder, Hernandez, Guster, Guillory, 2016..... 3:36.99
7. Hernandez, Holder, Guster, Watts, 2014..... 3:37.16
8. Liverpool, Hendricks, Erickson, Praska, 2011..... 3:37.58
- Kimbro, Simmons, Weum, Guillory, 2019..... 3:37.58**
10. Kwaza, Guster, Holder, Watts, 2015..... 3:37.84



Running Events

100 Meters

School: 10.21 Justin Austin, 2011
Facility: 10.18 Shane Crawford, Purdue, 2011

110-Meter Hurdles

School: 13.24 Aaron Mallett, 2017
Facility: 13.49 Andrew Riley, Illinois, 2011

200 Meters

School: 20.31 Justin Austin, 2011
Facility: 20.46 Justin Austin, 2011

400 Meters

School: 44.94 Mar'yea Harris, 2018
Facility: 44.87 Andrew Pierce, Ohio State, 2000

400-Meter Hurdles

School: 48.83 Pat McGhee, 1989
Facility: 48.94 Joey Woody, Unattached, 2004

800 Meters

School: 1:45.90 Erik Sowinski, 2012
Facility: 1:47.59 Edward Kemboi, Unattached, 2012

1,500 Meters

School: 3:43.02 Jeff Thode, 2010
Facility: 3:44.51 Jeff Thode, Iowa, 2011

3,000-Meter Steeplechase

School: **8:38.53..... Nathan Mylenek, 2019**
Facility: 8:38.07 Charles Marsala, Indiana, 1987

5,000 Meters

School: 13:49.31 Micah VanDenend, 2007
Facility: 13:47.39 Scott Fry, Wisconsin, 1987

10,000 Meters

School: 28:44.47 Stetson Steele, 2000
Facility: 29:04.79 Hassan Mead, Minnesota, 2011

Relays

400-Meter

School: 39.11 Brissett, Wilson, Thompson, Mallett- 2017
Facility: 39.64 Herring, Bennett, Nelson, Tucker,
Wisconsin - 2000

800-Meter

School: 1:23.36 Thompson, Brissett, Harrington,
Ganschow-2016

1,600-Meter

School: **3:00.14..... Lawrence Jr., Woodard, Bartley, Harris, 2019**
Facility: 3:05.56 Olson, Homewood, Rock, Woody,
Unattached - 2007

Sprint Medley

School: 3:15.64 McCorkle, Jones, Chung, Strozier - 1990

3,200-Meter

School: 7:18.60 Schum, Christensen, Steffen, Criswell - 1971

Distance Medley

School: 9:39.94 Pershing, Moeller, Slack, Docherty - 1978

6,400-Meter

School: 16:27.70 Pershing, Fuller, Moeller, Docherty - 1978

Field Events

High Jump

School: 7-4 1/4 (2.24 m) Jeffery Herron, 2012
Facility: 7-3 3/4 (2.23 m) Jon Baer, Wisconsin, 1987

Long Jump

School: 27-1 (8.25 m) Anthuan Maybank, 1993
27-6 3/4 (8.40 m)^ Anthuan Maybank, 1993
Facility: 26-2 1/4 (7.98 m) Bashir Yamini, Iowa, 1997

Triple Jump

School: 54-8 (16.66 m) Troy Doris, 2012
Facility: 55-2 (16.81 m) Greg Yeldell, Indiana, 2000

Pole Vault

School: 17-0 (5.18 m) Todd Wigginton, 1984
Facility: 17-7 (5.41 m) Jeff Coover, 2016

Shot Put

School: 63-2 3/4 (19.27 m) Jeremy Allen, 2001
Facility: 70-4 1/2 (21.45 m) Christian Cantwell, Missouri, 2002

Discus

School: 207-1 (63.11 m) Gabe Hull, 2014
Facility: 207-1 (63.11 m) Gabe Hull, Iowa, 2014

Hammer

School: 222-11 (67.94 m) Arno van der Westhuizen, 2001
Facility: 224-44 (68.41m) Davis Fraker, 2015

Javelin

School: 245-8 (74.89 m) Matt Byers, 2011
Facility: 238-3 (72.62 m) Bill Neumann, Iowa, 2003

Decathlon

School: 7,471 points William Dougherty, 2017
Facility: 7,208 points Heath Nickles, Ohio State, 2011

^ -- wind-aided

Big Ten Conference Men's Records

Long Jump

All-Time Best: 27-0 3/4 (8.25 m).. Anthuan Maybank, 1993
Meet: 26-8 1/4 (8.13 m).. Bashir Yamini, 1997*

330-yard Hurdles (Retired)

Meet: 36.1 Jon Reimer, 1965

Iowa Men's Retired Records

Mile

School 4:01.11 John Clark, 1973

Javelin

School: 219 7 3/8 Mark Panther, 1934

Decathlon

School: 6,860 points Mike Lacy, 1984



Jeremy Allen



Justin Austin



Matt Byers



Troy Doris



William Dougherty



Mar'yea Harris



Jeffery Herron

100 Meters

1. Justin Austin, 2011 10.21
2. O'Shea Wilson, 2017 10.22
3. George Page, 1996 10.25
4. James Harrington, 2015..... 10.26
5. Anthuan Maybank, 1994 10.31
- Tim Dwight, 1997 10.31
- Josh Larney, 2013 10.31
- Vinnie Saucer, Jr., 2015 10.31
9. **Antonio Woodard, 2018..... 10.34**
10. Bob Lawson, 1976 10.36

110-Meter High Hurdles

1. Aaron Mallett, 2017..... 13.24
2. Pat McGhee, 1989 13.50
3. Dion Trowers, 1996..... 13.62
- Jaylan McConico, 2019..... 13.62**
5. Ronnie McCoy, 1985 13.66
6. Ethan Holmes, 2011 13.73
7. Jordan Mullen, 2013..... 13.76
- Chris Douglas, 2018 13.76
9. Anthony Williams, 2019 13.81
10. James Armstrong, 1991..... 13.89

200 Meters

1. Justin Austin, 2011 20.31
2. Jeff Patrick, 1983 20.47
3. James Harrington, 2015..... 20.50
4. Karayme Bartley, 2019..... 20.51
5. Anthuan Maybank, 1994 20.55
6. Victor Green, 1984 20.60
7. Antonio Woodard, 2018 20.61
8. Andre Morris, 1995 20.64
9. George Page, 1996 20.67
10. Collin Hofacker, 2017 20.71

400 Meters

1. Mar'yea Harris, 2018 44.94
2. Anthuan Maybank, 1993 44.99
3. Andre Morris, 1995 45.15
4. Mike Mondane, 1967 45.20
5. **Wayne Lawrence, Jr., 2019 45.33**
6. Steven Willey, 2010 45.78
7. Karayme Bartley, 2019..... 45.80
8. DeJuan Frye, 2018 46.17
9. Gary Hollingsworth, 1963..... 46.30
10. Harold Leonard, 1986 46.45

400-Meter Hurdles

1. Pat McGhee, 1988 48.83
2. Monte Raymond, 1998..... 50.09
3. Ray Varner, 2010..... 50.24
4. Chris Douglas, 2019..... 50.32
5. Paul Steele, 1989 50.45
6. Russell Peterson, 2001 50.50
7. Ethan Holmes, 2013 50.51
8. Adam Kunkel, 2001..... 50.73
9. Jon Reimer, 1967 50.94
- Noah Larrison, 2016 50.94

800 Meters

1. Erik Sowinski, 2012..... 1:45.90
2. Matt Manternach, 2019 1:46.93
3. Carter Lilly, 2016..... 1:46.95
4. Bill Frazier, 1962 1:47.64
5. D'Juan Strozier, 1990 1:47.82
6. Adam Hairston, 2011..... 1:48.10
7. **Tysen VanDraska, 2019 1:48.52**
8. Will Teubel, 2015 1:48.60
9. Nolan Teubel, 2019..... 1:48.75
10. Michael Layne, 1999..... 1:49.61

1,500 Meters

1. Jeff Thode, 2010 3:43.02
2. Joel Moeller, 1978 3:44.01
3. Jim Docherty, 1978 3:44.30
4. **Nathan Mylenek, 2019..... 3:44.49**
5. Sam Fourman, 2015 3:44.50
6. Michael Melchert, 2018 3:44.59
7. Adam Jones, 2017 3:45.48
8. Dan Waters, 1986 3:46.35
9. Kevin Herd, 1994 3:46.64
10. John Clark, 1977 3:46.84

3,000-Meter Steeplechase

1. **Nathan Mylenek, 2019..... 8:38.53**
2. Deacon Jones, 1956..... 8:47.40
3. Steve Pershing, 1978 8:54.59
4. Andy Morris, 2000..... 8:56.21
5. Matt Gerard, 1994 8:57.01
6. Andy Napier, 2008 8:57.54
7. Rollie Kitt, 1967 9:02.90
8. Al Greene, 1985 9:02.96
9. Tony Rakaric, 2005..... 9:03.29
10. Mark Battista, 2010 9:04.60

5,000 Meters

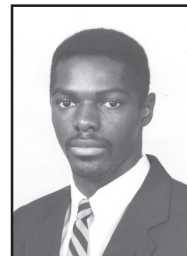
1. Micah VanDenend, 2007 13:49.31
2. Larry Wiczorek, 1968..... 13:56.00
3. Kevin Herd, 1993 13:59.00
4. Stetson Steele, 2000..... 14:02.76
5. Kevin Lewis, 2014 14:02.78
6. Eric MacTaggart, 2005 14:04.79
7. Dan Haut, 2006..... 14:07.30
8. Jesse Luciano, 2010 14:08.71
9. **Nathan Mylenek, 2018..... 14:09.43**
10. Adam Jones, 2017 14:11.52



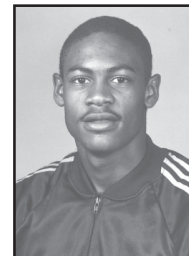
Gabe Hull



Aaron Mallett



Anthuan Maybank



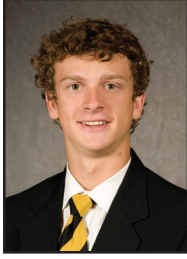
Pat McGhee



Men's Outdoor All-Time Top 10 Performers



Nathan Mylenek



Erik Sowinski



Stetson Steele



Jeff Thode



Micah VanDenend



Todd Wigginton



Arno
van der Westhuizen

10,000 Meters

1. Stetson Steele, 2000..... 28:44.47
2. Eric MacTaggart, 2006..... 28:50.23
3. Kevin Lewis, 2015..... 28:59.62
4. **Daniel Soto, 2019 29:31.88**
5. Nick Nordheim, 2002 29:44.71
6. Trent Corey, 2002 29:45.25
7. Ian Eklin, 2017 29:47.06
8. Chad Schwitters, 1999..... 29:56.00
9. Luke Sampson, 2018..... 29:58.47
10. Nick Holmes, 2010 30:02.31

Decathlon

1. William Dougherty, 2018..... 7,673 pts
2. Kyle Reid, 2013..... 7,203 pts
3. **Peyton Haack, 2019 7,129 pts**
4. Jack Eckert, 2015 7,087 pts
5. Dan Rolling, 2010 6,957 pts
6. Scott Faber, 2000..... 6,839 pts
7. Ryan Niver, 2008..... 6,837 pts
8. Chad Ohly, 1994 6,641 pts
9. Gary Kostrubala, 1984..... 6,498 pts
10. Frank Prill, 2008..... 6,381 pts

High Jump

1. Jeffery Herron, 2012..... 7-4 1/4 (2.24)
2. Bill Hansen, 1978..... 7-4 (2.23)
- Bill Knoedel, 1975..... 7-4 (2.23)
4. Kevin Spejcher, 2014 7-2 1/2 (2.20)
5. M. Cunningham, 1986..... 7-1 (2.16)
- Kenneth Lansing, 1988..... 7-1 (2.16)
- Jay Hunt, 2019 7-1 (2.16)**
8. Pat Meade, 1987 7-0 1/4 (2.14)
9. Graham Valdes, 2012 6-11 3/4 (2.12)
10. Peter Hlavin, 1979 6-11 (2.11)
- Scott Hudek, 1993..... 6-11 (2.11)
- Jeremy Petsche, 2008..... 6-11 (2.11)
- Brandon Oest, 2012 6-11 (2.11)

Pole Vault

1. Todd Wigginton, 1984 17-0 (5.18)
2. Chad Ohly, 1994 16-8 3/4 (5.10)
- Kyle Reid, 2013 16-8 3/4 (5.10)
4. Curt Broek, 1978 16-8 (5.08)
5. Andy Jatis, 2018 16-7 1/2 (5.07)
6. Phil Wertman, 1971 16-7 (5.05)
- Kelly Scott, 1988 16-7 (5.05)
8. **Peyton Haack, 2019 16-4 3/4 (5.00)**
9. John Teffer, 1972 16-2 (4.93)
10. Alex Zona, 2009..... 16-0 3/4 (4.90)

Long Jump

1. Anthuan Maybank, 1993..... 27-1 (8.25)
2. Bashir Yamini, 1997 26-8 1/4 (8.13)
3. Paul Jones, 1989..... 25-10 1/4 (7.88)
4. Darren Smith, 1991 25-9 3/4 (7.86)
5. Quinn Early, 1986 25-7 1/4 (7.80)
6. O'Shea Wilson, 2017 25-5 1/4 (7.75)
7. Ed Gordon, 1931 25-4 3/8 (7.68)
8. Matty Gorman, 2006..... 25-1 1/4 (7.65)
9. Ronnie McCoy, 1985..... 25-0 (7.62)
10. Antwon James, 2017 24-11 (7.59)

Triple Jump

1. Troy Doris, 2012 54-8 (16.66)
2. Babatunde Amosu, 2015..... 53-10 (16.15)
3. Paul Jones, 1990..... 53-9 (16.38)
4. Antwon James, 2017 52-4 1/2 (15.96)
5. Klyvens Delaunay, 2013... 52-2 1/2 (15.91)
6. Gordon Finch, 1988..... 50-9 1/4 (15.47)
7. Mike Lacy, 1984..... 50-5 (15.36)
8. **James Carter, 2019..... 50-1 3/4 (15.28)**
9. Pat Miller, 1985 49-8 1/2 (15.25)
10. Matty Gorman, 2008..... 49-2 1/2 (15.00)

Shot Put

1. Jeremy Allen, 2001 63-2 3/4 (19.27)
2. Reno Tuufuli, 2018 62-10 3/4 (19.17)
3. Ken Kemeny, 2005..... 62-3 (18.97)
4. Shane Maier, 2006..... 62-2 1/4 (18.95)
5. Andy Banse, 2005..... 61-11 1/2 (18.88)
6. John Hickey, 2008..... 61-9 1/2 (18.83)
7. Avery Meyers, 2017..... 60-4 (18.39)
8. Chris Gambol, 1987 60-0 1/2 (18.30)
9. A.J. Curtis, 2008..... 59-8 1/4 (18.19)
10. Gabe Hull, 2014..... 59-4 1/4 (18.09)

Discus

1. Gabe Hull, 2014..... 207-1 (63.11)
2. Reno Tuufuli, 2019 205-2 (62.54)
3. A.J. Curtis, 2007..... 202-11 (61.84)
4. Gary Kostrubala, 1986..... 202-4 (61.68)
5. Jeremy Allen, 2001..... 195-4 (59.54)
6. Tim Brodersen, 2005..... 193-6 (58.98)
7. Avery Meyers, 2017..... 185-8 (56.61m)
8. Brad Daufeldt, 2004 185-0 (56.40)
9. Nick Brayton, 2009 180-11 (55.15)
10. Andy Banse, 2005..... 180-0 (54.86)

Hammer

1. A. van der Westhuizen, 2001 222-11 (67.94)
2. Adam Hamilton, 2007 222-2 (67.73)
3. Jim Costello, 2002 217-7 (66.32)
4. Brad Daufeldt, 2004 207-10 (63.34)
5. Chris Voller, 2005..... 206-0 (62.80)
6. Matt Banse, 2012 201-11 (61.55)
7. Jeremy Allen, 2001 199-0 (60.66)
8. Ben Stancombe, 2011 197-6 (60.20)
9. Ryan Jordan, 2007 184-6 (56.23)
- Mark Shapveld, 2009..... 184-6 (56.23)

Javelin

1. Matt Byers, 2011 245-8 (74.89)
2. Bill Neumann, 2002 244-8 (74.58)
3. Dan Ralph, 2000 227-10 (69.44)
4. Sam Joens, 2015..... 211-5 3/4 (64.45)
5. Zach Schimp, 2010 211-0 (64.32)
6. Alex Balke, 2016 205-11 (62.77)
7. Kale Katt, 2007 204-0 (62.17)
8. Joel Storm, 2004..... 203-5 (62.01)
9. Matt Stank, 2001..... 199-0 (60.66)
10. Jack Eckert, 2015 188-9 (57.53)

**400-Meter Relay**

1. Brissett, Wilson, Thompson, Mallett, 2017	39.12
2. Hofacker, Woodard, Lawrence Jr. , Bartley, 2019	39.17
3. Mincy, Wilson, Harrington, Brown, 2014.....	39.19
4. Mincy, Austin, E. Holmes, Larney, 2013	39.31
5. Saucer, Jr., Brissett, Harrington, Mallett, 2016	39.44
6. Brissett, Wilson, Woodard , Mallett, 2017	39.46
7. Beecham, Duckett, Greer, R. Smith, 1984	39.48
8. Mallett, Wilson, Ogwo, Harris, 2017	39.49
9. Woodard , Wilson, Hofacker, Harris, 2018	39.51
10. Brissett, Harris, Harrington, Mallett, 2016	39.53

Shuttle Hurdle Relay

1. McGhee, Armstrong, Falls, Stelle, 1989	57.80
2. Wigginton, Jones, Lacey, McCoy, 1985	59.77
3. Williams, Haack, Braverman, McConico , 2019.....	1:01.14
4. 1975	1:05.20

800-Meter Relay

1. James, Mallett, Harris, B. Thompson, 2017	1:23.02
2. B. Thompson, Brissett, Harrington, Ganschow, 2016	1:23.36
3. B. Thompson, Ganschow, Frye , Hofacker, 2017	1:23.73
4. Richardson, Sayon, Richards, Chaney, Jr., 2009	1:24.85
5. Harrington, VanCleave, Wilson, Mallett, 2014	1:24.86
6. Austin, Brown, Larney, VanCleave, 2013	1:25.60
7. Wilson, Sorrells, Douglas, Williams, 2018	1:25.87
8. Barclay, McCalister, Jensen, Elliott, 1979.....	1:26.39
9. Sorrells, Braverman , Douglas, Haack, 2019	1:28.29
10. Thomas, Balkrishnan, Patterson, Freidrich 1991	1:28.38

1,600-Meter Relay

1. Lawrence Jr., Woodard , Bartley, Harris, 2019	3:00.14
2. Frye , Harris, Hofacker, Ogwo, 2017	3:01.91
3. Frye , Ogwo, Hofacker, Harris, 2017	3:02.57
4. Lawrence Jr., Woodard , Hofacker, Harris, 2019.....	3:03.10
5. Morris, Davis, Page, Rozell, 1995.....	3:03.11
6. Branch, Dwight, Dodge, Yamini, 1999	3:03.29
7. Frye, Woodard , Hofacker, Harris, 2018	3:03.69
8. Ogwo, Harris, Hofacker, Lilly, 2017	3:03.78
9. Ferree, Frazier, Mondane, Reimer, 1967	3:04.10
10. Hofacker, Woodard, Frye , Harris, 2018	3:04.38

Sprint Medley Relay

1. McCorkle, Jones, Chung, Strozier, 1990	3:15.64
2. Sayon, Austin, Willey, Sowinski, 2011	3:16.18
3. Richards, Larney, Davey, Sowinski, 2012	3:17.25
4. Richardson, Richards, Willey, Sowinski, 2010.....	3:17.74
5. Hofacker, Woodard , Harris, VanDraska , 2018.....	3:18.11
6. Saucer, Jr., Brissett, Harris, Lilly, 2016	3:18.53
7. Hofacker, Woodard , Harris, Lilly, 2017	3:18.73
8. Armstrong, Thomas, Maybank, Strozier, 1991	3:18.93
9. Yamini, Davis, Dodge, Donovan, 1999	3:19.87
10. Richards, Chaney, Jr., Barton, Hairston, 2009	3:20.05

3,200-Meter Relay

1. Schum, Christensen, Steffen, Criswell, 1971	7:18.60
2. VanDraska, Still , N. Teubel, Lilly, 2019	7:22.50
3. Hairston, Prom, Thode, Sowinski, 2011.....	7:23.77
4. Manternach, VanDraska , W. Teubel, Lilly, 2017	7:24.77
5. Melchert, Manternach, N. Teubel, Lilly, 2018	7:28.37
6. Corrigan, Blackman, Strozier, Chambers, 1989	7:29.00
7. Melchert, Dorman, Lilly, Larrison, 2016	7:30.32
8. N. Teubel, Manternach, Chaidez, W. Teubel, 2017	7:30.74
9. Lilly, Dorman, W. Teubel, Davey, 2015.....	7:31.48
10. Willey, Braff, Sowinski, Hairston, 2009	7:33.08

Distance Medley Relay

1. Pershing, Moeller, Slack, Docherty, 1978	9:39.94
2. Kuczwarra, Barton, Hairston, Thode, 2011	9:41.37
3. N. Holmes, VanCleave, Sowinski, Thode, 2012.....	9:41.59
4. Young, Barton, Kuczwarra, Luciano, 2010.....	9:42.97
5. Mylenek , Thompson, Manternach, Melchert, 2018	9:50.70
6. VanDraska, Lawrence Jr. , N. Teubel, Mylenek , 2019	9:53.14
7. Prom, Davey, Weir, Witt, 2013.....	9:53.83
8. Theisen, Williams, Wiesa, Waters, 1985	9:54.04
9. Wilfong, Slaymaker, W. Teubel, Witt, 2013.....	9:54.05
10. Luciano, Pierre, Hairston, VanDenend, 2007	9:54.07

6,400-Meter Relay

1. Pershing, Fuller, Moeller, Docherty, 1978.....	16:27.70
2. Rakaric, Webster, MacTaggart, VanDenend, 2006.....	16:55.43
3. Lewis, Witt, Hart, Fourman, 2015.....	16:58.44
4. Price, Eklin, Gardarsson, Docherty, 2016.....	17:00.30
5. Paul, Kadlec, Thode, Luciano, 2010	17:01.46
6. Witt, Lewis, Hart, Butler, 2014.....	17:01.65
7. N. Holmes, Witt, Thode, Lewis, 2012	17:02.26
8. Thomas, Allen, Rakaric, Lloyd, 2003	17:06.27
9. Pittman, Novotny, Feeldy, Marquardt, 1995	17:12.49
10. Bakker, Feeldy, Peters, Pittman, 1996	17:13.10



Running Events

100 Meters

School: 11.28 Brittany Brown, 2018
Facility: 11.29 Christina Manning, Ohio State, 2011

100-Meter Hurdles

School: 13.20 Tiffany Johnson, 2007
Facility: 12.86 Christina Manning, Ohio State, 2011

200 Meters

School: 22.30 Brittany Brown, 2017
Facility: 23.22 Madison McNary, Ohio State, 2011

400 Meters

School: 51.35 Kineke Alexander, 2006
Facility: 52.73 Adriane Diamond, Indiana, 1987

400-Meter Hurdles

School: 56.16 Mary Knoblauch, 1981
Facility: 57.35 Megan Duncan, Penn State, 2011

800 Meters

School: 2:03.78 Bethany Praska, 2011
Facility: 2:05.19 Bethany Praska, Unattached, 2015

1,500 Meters

School: 4:17.41 Meghan Armstrong, 2006
Facility: 4:10.93 Suzy Favor, Wisconsin, 1987

3,000 Meters

School: 9:18.82 Diane Nukuri, 2008
Facility: 9:15.83 Colette Gudreau, Indiana, 1987

3,000-Meter Steeplechase

School: 10:23.15 Marta Bote Gonzalez, 2015
Facility: 10:15.05 Sarah Pease, 2011

5,000 Meters

School: 15:45.84 Nan Doak, 1985
Facility: 16:09.10 Emily MacLeod, Michigan State, 2011

10,000 Meters

School: 33:17.01 Diane Nukuri, 2008
Facility: 35:02.33 Kara Millhouse, Penn State, 2011

Marathon

School: 2:33:51 Jenny Spangler, 1983

Relays

400-Meter

School: 44.04 Kwaza, Guster, Guillory, Hernandez, 2016
Facility: 43.94 Wright, McNary, Sykes, Manning, 2011

Shuttle Hurdle

School: 56.44 Prendergast, Cole, Raheem, Ruen, 1998

800-Meter

School: 1:35.36 Chapman, Guillory, Hernandez, Brown, 2017

800-Meter Medley

School: 1:42.70 Taylor, Vesely, Powell, Hawkins, 1998

1,600-Meter

School: 3:30.97 Hernandez, Guillory, Holder, Guster, 2016
Facility: 3:36.51 Praska, Hendricks, Erickson, Liverpool, 2011

Sprint Medley

School: 3:48.63 Jones, Hendricks, Liverpool, Praska, 2011

3,200 Meter

School: 8:31.84 **McCabe, Arco, Saunders, King, 2019**

Distance Medley

School: 11:22.18 Hoskins, Powell, Schneckloth, Kruckeberg, 1989

6,400-Meter

School: 19:05.63 Flood, Melander, A. Hardesty, L. Hardesty, 2010

Field Events

High Jump

School: 6-1 1/4 (1.86 m) Peaches Roach, 2006
Facility: 6-0 1/2 (1.84 m) Peaches Roach, 2010

Long Jump

School: 22-3 (6.78 m) Aisha James, 2003
Facility: 20-5 (6.26m) Jhoanmy Luque, 2017

Triple Jump

School: 44-2 (13.46 m) Jahisha Thomas, 2018
Facility: 43-9 3/4 (13.35 m) C. Gulbrandsen, Minnesota, 2000

Pole Vault

School: 12-10 1/4 (3.92 m) Jessie Strand, 2003
Facility: 14-3 1/4 (4.36 m) Vera Neuenswander, Indiana, 2011

Shot Put

School: **59-1 1/2 (18.02 m) ... Laulauga Tausaga, 2019**
Facility: 54-1 3/4 (16.50 m) Kearsten Peoples, Missouri, 2013

Discus

School: **209-9 (63.94m)..... Laulauga Tausaga, 2019**
Facility: 197-6 (60.23 m) Gina Smallwood, Unattached, 2001

Hammer

School: **201-3 (61.34m)..... Laulauga Tausaga, 2019**
Facility: 203-5 (62.04m) Sarah Pate, Northern Iowa, 2017

Javelin

School: 181-5 (55.31 m) Alana Redfern, 2003
Facility: 181-5 (55.31 m) Alana Redfern, Iowa, 2003

Heptathlon

School: 5,633 points Tammilee Kerr, 2008
Facility: 5,922 points Cathey Tyree, Purdue, 1987

Big Ten Conference Women's Records

Triple Jump

Meet: 43-10 3/4 (13.38 m) Renee White, 2010

Iowa Women's Retired Records

Heptathlon

School: 5,448 points Kathy Gillespie, 1983



Meghan Armstrong



Brittany Brown



Nan Doak



Marta Bote Gonzalez



Briana Guillory



Aisha James

100 Meters

1. Brittany Brown, 2018.....	11.28
2. Briana Guillory, 2016	11.35
3. Lake Kwaza, 2015	11.40
4. Vivien McKenzie, 1985	11.45
5. Davera Taylor, 1984	11.51
6. Erica Broomfield, 1998.....	11.53
7. Jiselle Providence, 2001	11.57
8. Tanja Reid, 1994.....	11.60
Peaches Roach, 2005	11.60
10. Yolanda Hobbs, 1995	11.62

100-Meter Hurdles

1. Tiffany Johnson, 2007	13.20
2. Jenny Kimbro, 2018	13.22
3. Jahisha Thomas, 2017	13.46
4. Tria Simmons, 2019.....	13.49
5. Karessa Farley, 2009.....	13.53
6. C. Prendergast, 1999	13.60
Paula Ruen, 2000.....	13.60
8. Sarah Steffen, 2002	13.65
9. Ruqayya Raheem, 1998.....	13.90
10. Heaven Chandler, 2016	13.91

200 Meters

1. Brittany Brown, 2017	22.30
2. Briana Guillory, 2016.....	22.89
3. Elexis Guster, 2016	23.03
4. Lake Kwaza, 2016	23.17
5. Shellene Williams, 2004	23.50
6. Kineke Alexander, 2006	23.58
7. Davera Taylor, 1984	23.59
8. Vivien McKenzie, 1985	23.61
9. Yolanda Hobbs, 1995	23.65
10. Alexis Hernandez, 2017	23.69

400 Meters

1. Briana Guillory, 2018.....	51.30
2. Kineke Alexander, 2006	51.35
3. Elexis Guster, 2016	51.85
4. Shellene Williams, 2004	51.94
5. Ashley Liverpool, 2012	52.47
6. Ellen Grant, 1996.....	52.65
7. Alexis Hernandez, 2017.....	53.27
8. Senta Hawkins, 1988.....	54.01
Bethany Praska, 2011.....	54.01
10. Marlene Poole, 1994.....	54.03

400-Meter Hurdles

1. Mary Knoblauch, 1981	56.16
2. Wynsome Cole, 1998	56.67
3. MonTayla Holder, 2014.....	56.70
4. Jenny Kimbro, 2019	58.27
5. Chris Davenport, 1981	59.18
6. Sommer Sharpe, 2018.....	59.20
7. Sarah Plock, 2018	59.49
8. Hannah Simonson, 2012	59.54
9. Sarah Steffen, 2002	59.59
10. Tiffany Hendricks, 2011.....	59.63

800 Meters

1. Bethany Praska, 2011.....	2:03.78
2. Kay Stormo, 1982.....	2:05.67
3. Taylor Arco, 2019.....	2:06.06
4. Michelle Lahann, 2004.....	2:06.79
5. Katharina Trost, 2015	2:07.09
6. Mallory King, 2019	2:07.08
7. Mahnee Watts, 2016.....	2:07.41
8. Mallory King, 2018.....	2:08.45
9. Aisha Hume, 2005	2:08.50
10. Adrienne Alexia, 2013	2:08.61

1,500 Meters

1. Meghan Armstrong, 2006	4:17.41
2. Betsy Flood, 2010.....	4:17.75
3. Jeanne Kruckeberg 1989	4:19.71
4. McKenzie Melander, 2012	4:20.22
5. Lauren Hardesty, 2009	4:20.40
6. Diane Nukuri, 2007	4:20.95
7. Penny O'Brien, 1985	4:21.43
8. Kay Stormo, 1982.....	4:22.24
9. Michelle Lahann, 2004	4:24.00
10. Shannon Stanley, 2006.....	4:25.08

3,000 Meters

1. Diane Nukuri, 2008	9:18.82
2. Penny O'Brien, 1985	9:20.61
3. McKenzie Melander, 2012	9:21.59
4. Betsy Flood, 2010.....	9:22.63
5. Nan Doak, 1985.....	9:23.04
6. Tracy Dahl, 1992.....	9:23.53
7. Meghan Armstrong, 2006	9:28.03
8. Brooke Eilers, 2011	9:30.08
9. Jeanne Kruckeberg, 1989	9:30.69
10. Jennifer Brower, 1992	9:34.59

3,000-Meter Steeplechase

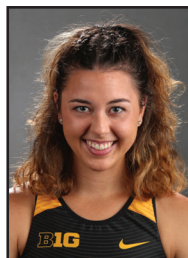
1. Marta Bote Gonzalez, 2015	10:23.15
2. Danielle Berndt, 2011	10:26.54
3. Jessica Schmidt, 2008.....	10:27.18
4. Sarah Arens, 2004	10:34.50
5. Hannah Roeder, 2011	10:35.22
6. Madison Waymire, 2017	10:41.91
7. Kelsey Hart, 2011	10:47.56
8. Anna Hostetler, 2019.....	10:57.25
9. Kelly Breen, 2017.....	10:59.99
10. Katie Ellis, 2010	11:02.62

5,000 Meters

1. Nan Doak, 1985.....	15:45.84
2. McKenzie Melander, 2012	15:57.13
3. Diane Nukuri, 2008	15:59.39
4. Betsy Flood, 2011.....	16:04.46
5. Meghan Armstrong, 2008	16:08.83
6. Brooke Eilers, 2011	16:11.86
7. Mareike Schulle, 2013	16:12.66
8. Jenny Spangler, 1983	16:17.21
9. Tracy Dahl, 1992.....	16:18.77
10. Racheal Marchand, 2008.....	16:27.02



Tiffany Johnson



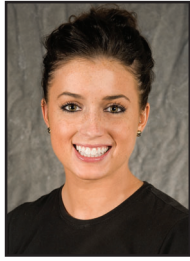
Jenny Kimbro



Diane Nukuri



Women's Outdoor All-Time Top 10 Performers



Bethany Praska



Alana Redfern



Peaches Roach



Jessie Strand



Laulauga Tausaga



Jahisha Thomas

10,000 Meters

1. Diane Nukuri, 2008 33:17.01
2. Jennifer Brower, 1991..... 33:23.38
3. Meghan Armstrong, 2008 33:28.00
4. Nan Doak, 1985..... 33:33.03
5. Jenny Spangler, 1983 33:39.24
6. Andrea Shine, 2018..... 33:50.25
7. Racheal Marchand, 2008..... 34:05.87
8. McKenzie Melander, 2012 34:29.83
9. Tracy Dahl, 1992..... 34:30.09
10. Betsy Flood, 2011..... 35:05.10

Heptathlon

1. **Jenny Kimbro, 2019 5,679 pts**
2. Tammilee Kerr, 2008..... 5,633 pts
3. Tria Simmons, 2019..... 5,557 pts
4. Kathy Gillespie, 1983..... 5,262 pts
5. Tiff Pedersen, 2004 4,976 pts
6. Janet Adams, 1981 4,855 pts
7. Sarah Ryan, 2012..... 4,819 pts
8. Ruqayya Raheem, 1997..... 4,665 pts
9. Angela Chadwick, 1993 4,493 pts
10. **Allison Wahrman, 2017 4,315 pts**

High Jump

1. Peaches Roach, 2006 6-1 1/4 (1.86)
2. **Jenny Kimbro, 2019 6-0 3/4 (1.85)**
3. Mary Mol, 1983..... 6-0 (1.83)
4. Khanishah Williams, 2013 . 5-11 1/4 (1.81)
5. Caleigh Bacchus, 2010..... 5-10 (1.78)
6. Lynn McMillan, 1988..... 5-9 1/4 (1.76)
Aubrianna Lantrip, 2018..... 5-9 1/4 (1.76)
Tria Simmons, 2019..... 5-9 1/4 (1.76)
9. Madison Rouw, 2016 5-8 3/4 (1.75)
Tria Simmons, 2018..... 5-8 3/4 (1.75)

Pole Vault

1. Jessie Strand, 2003..... 12-10 1/4 (3.92)
2. Sarah Burgett, 2006..... 12-1 3/4 (3.70)
3. Kirsten Weismantle, 2011 12-0 (3.66)
4. Amy Smith, 2018 11-11 3/4 (3.65)
5. Katie Truedson, 2010 11-5 1/4 (3.49)
6. Gina Shannon, 2001 11-2 1/4 (3.41)
7. Brittany Holst, 2013..... 11-1 (3.38)
8. Elyssa Tracy, 2015 10-6 (3.20)
9. Kacey Childs, 2000..... 8-0 1/2 (2.45)

Long Jump

1. Aisha James, 2003 22-3 (6.78)
2. Jahisha Thomas, 2018 21-6 (6.55)
3. Zinnia Miller, 2014 20-6 1/2 (6.26)
4. Renee White, 2008..... 20-3 3/4 (6.19)
5. Carisa Leacock, 2014 19-11 3/4 (6.09)
6. Amanda Carty, 2019..... 19-11 1/2 (6.08)
7. Becki Borg, 1988..... 19-7 1/4 (5.97)
8. **Jenny Kimbro, 2018 19-7 (5.97)**
9. Cassidy Ellis, 2015..... 19-6 1/4 (5.95)
10. Lisa Moats, 1986 19-6 (5.95)

Triple Jump

1. Jahisha Thomas, 2018 44-2 (13.46)
2. Renee White, 2008..... 43-10 3/4 (13.36)
3. Zinnia Miller, 2014 42-0 1/2 (12.81)
4. Tiffany Johnson, 2007 41-8 3/4 (12.72)
5. Carisa Leacock, 2012 40-10 1/2 (12.46)
6. Amanda Carty, 2019..... 40-11 (12.47)
7. Becki Borg, 1988..... 40-7 1/2 (12.38)
8. Tria Simmons, 2016..... 40-7 1/2 (12.38)
9. Hannah Schlib, 2017..... 40-6 (12.34)
10. Lynn McMillan, 1988..... 39-6 1/2 (12.05)

Shot Put

1. **Laulauga Tausaga, 2019. 59-1 1/2 (18.02)**
2. **Nia Britt, 2019 55-7 3/4 (16.96)**
3. Lisa Van Steenwyk, 1992..... 50-8 (15.44)
4. Gail Smith, 1984..... 50-3 1/4 (15.32)
5. Denise Taylor, 1992..... 50-1 3/4 (15.28)
6. **Erika Hammond, 2019 ... 49-9 1/4 (15.17)**
7. Kamesha Marshall, 2005. 48-6 3/4 (14.80)
8. Laura Kriener, 1990 48-2 1/2 (14.69)
9. Jennifer Gilson, 2002..... 47-10 (14.58)
10. Rachel Curry, 2013 47-9 1/4 (14.56)

Discus

1. **Laulauga Tausaga, 2019 209-9 (63.94)**
2. K. Spanoudakis, 2019 190-1 (57.95)
3. Majesty Tutson, 2013..... 181-1 (55.19)
4. Dakotah Goodell, 2014..... 169-4 (51.62)
5. Kara Misel, 2018..... 162-1 (49.40)
6. Tiffany Medenwaldt, 2010 .. 161-3 (49.16)
7. Denise Taylor, 1992..... 160-5 (48.90)
8. Amanda Stahle, 2014 159-3 (48.54)
9. Lisa Van Steenwyk, 1991..... 159-1 (48.50)
10. Gail Smith, 1983 158-2 (48.22)

Javelin

1. Alana Redfern, 2003..... 181-5 (55.30)
2. Tammilee Kerr, 2008..... 163-5 (49.81)
3. **Marrissa Mueller, 2019..... 154-3 (47.02)**
4. Mandy Beck, 1999..... 153-4 (46.74)
5. Dakotah Goodell, 2015.. 153-3 1/4 (46.71)
6. Terri Soldan, 1983 152-6 1/4 (46.48)
7. Shani Renning, 1990..... 152-3 (46.40)
8. Kayla Hochhalter, 2015 152-6 (46.48)
9. Clara Simon, 1981 149-9 (45.64)
10. Janet Adams, 1984 148-7 (45.28)

Hammer Throw

1. **Laulauga Tausaga, 2019..... 201-3 (61.34)**
2. Annemie Smith, 2015.... 200-1 1/2 (60.99)
Nia Britt, 2019 200-1 (60.99)
4. Jasmine Simpson, 2013 197-7 (60.23)
5. Becca Franklin, 2007 195-0 (59.45)
6. Ashlyn Gulvas, 2014 192-9 (58.75)
7. **Amanda Howe, 2019 191-3 (58.30)**
8. Leah Colbert, 2018 189-3 (57.69)
9. **Allison Wahrman, 2019..... 185-6 (56.55)**
10. Kelsey Taylor, 2011 177-0 (53.95)



400-Meter Relay

1. Kwaza, Guster, Guillory, Hernandez, 2016..... 44.04
2. Chapman, Guillory, Hernandez, Brown, 2017 44.34
3. Kwaza, Guster, Chapman, Guillory, 2016..... 44.41
4. Thomas, Avant, Guillory, Brown, 2018 44.44
5. Kwaza, Guster, Hernandez, Brown, 2014..... 44.51
6. Thomas, Guillory, Hernandez, Brown, 2017 44.53
7. Kwaza, Guster, Holder, Brown, 2014 44.62
8. Poole, Reid, Floyd, Hobbs, 1994..... 44.63
9. Charles, Williams, Providence, James, 2003 44.71
10. Brown, Kwaza, Ellis, Holder, 2015..... 44.71

Shuttle Hurdle Relay

1. Prendergast, Cole, Raheem, Ruen, 1998 56.44
2. Cole, Prendergast, Raheen, Ruen, 1998 56.54
3. Raheen, Prendergast, Cole, Ruen, 1998 57.53

800-Meter Relay

1. Chapman, Guillory, Hernandez, Brown, 2017 1:35.36
2. Hobbs, Reid, Floyd, Poole, 1994 1:35.69
3. Roach, McCalla, Alexander, Johnson, 2006 1:36.19
4. Chapman, Roberts-Lewis, Champe, Brown, 2016..... 1:36.98
5. Williams, Charles, Fouchè, Providence, 2003..... 1:37.49
6. Herrmann, McCalla, Raymond, Roach, 2004..... 1:37.66
7. Charles, Dixon, Knight, Prendergast, 2002 1:38.15
8. **Christian, Buss, Swanson, Morken, 2019..... 1:38.52**
9. Prendergast, Dixon, Knight, Providence, 2001 1:38.73
10. Trusty, Hendricks, Graham, Erickson, 2009 1:38.79

1,600-Meter Relay

1. Hernandez, Guillory, Holder, Guster, 2016 3:30.97
2. Guillory, Brown, Hernandez, Champe, 2017 3:32.37
3. Guster, Hernandez, Holder, Kwaza, 2014 3:34.83
4. Praska, Hendricks, Liverpool, Erickson, 2011 3:35.93
5. Champe, Guillory, Plock, Sharpe, 2018 3:35.94
6. Guster, Watts, Hernandez, Kwaza, 2014..... 3:36.09
7. Hume, Charles, Steffen, Williams, 2003 3:36.26
8. **Kimbro, Weum, Simmons, Wensel, 2019 3:36.32**
9. Simsonson, Liverpool, Erickson, Sack, 2012 3:37.57
10. Guster, Watts, Holder, Kwaza, 2014..... 3:37.73

Sprint Medley Relay

1. Jones, Hendricks, Liverpool, Praska, 2011..... 3:48.63
2. Brown, Kwaza, Guster, Watts, 2014..... 3:51.18
3. Kwaza, Guster, Holder, Watts, 2016..... 3:52.62
4. **Swanson, Morken, King, Arco, 2019 3:52.85**
5. Kwaza, Brown, Guster, Trost, 2015 3:53.29
6. **Christian, Buss, Guillory, Arco, 2019 3:54.18**
7. Kwaza, R. Moore, Holder, Alexia, 2013..... 3:54.51
8. Trusty, R. Moore, Hendricks, Praska, 2010..... 3:56.53
9. Reid, Philip, Hobbs, Benning, 1995..... 3:56.54
10. Roach, Alexander, McCalla, Stanley, 2005..... 3:56.99

3,200-Meter Relay

1. **McCabe, Arco, Saunders, King, 2019..... 8:31.84**
2. Suppelsa, Wodek, Kruckeberg, Schneckloth, 1987..... 8:46.45
3. Lahann, Stanley, Hume, Barber, 2004 8:48.87
4. Schneckloth, Roberts, Hawkins, Kruckeberg, 1989 8:49.38
5. Trost, Maser, Alexia, Nelson, 2014 8:49.95
6. Nelson, Watts, Wilberding, Sindt, 2016..... 8:51.90
7. Flood, Dlh, L. Hardesty, Docherty, 2009..... 8:53.91
8. Armstrong, Stanley, Laney, Hume, 2005..... 8:54.27
9. O'Brien, Camarigg, Williams, Stormo, 1981 8:54.36
10. Flood, Melander, Praska, Hardesty, 2010 8:54.45

Distance Medley Relay

1. Hoskins, Powell, Schneckloth, Kruckeberg, 1989 11:22.18
2. Armstrong, Alexander, Poncé, Stanley, 2007..... 11:25.05
3. Stanley, McCalla, Hume, Armstrong, 2005 11:34.04
4. Barber, Williams, Hume, Arens, 2004..... 11:34.56
5. Thompson, Williams, Hume, Arens, 2003 11:39.02
6. 2000 11:39.83
7. Schrulle, Erickson, Placzek, Eilers, 2012 11:40.57
8. Davenport, xx, xx, xx, 1981..... 11:41.44
9. Pare, Grant, Benning, Gilchrist, 1997 11:41.92
10. Dlh, Erickson, Docherty, Anderson, 2010..... 11:43.06

6,400-Meter Relay

1. Flood, Melander, A. Hardesty, L. Hardesty, 2010..... 19:05.63
2. Nukuri, Marchand, Henize, Armstrong, 2008..... 19:15.42
3. Flood, Laesch, Ranegar, Melander, 2012 19:16.73
4. Flood, Eilers, Melander, L. Hardesty, 2011 19:17.52
5. Flood, Melander, A. Hardesty, Eilers, 2009..... 19:36.43
6. Scott, Gordon, Schrulle, Gambrell, 2013 19:41.15
7. Jones, Bote Gonzalez, Wilberding, Reischmann, 2015..... 19:59.72
8. Maser, Price, Wilberding, Montuclard, 2014 20:23.27
9. Chapple, Laney, Donlon, Sokol, 2005 20:39.12
10. Arens, Barber, Butler, Roberts, 2001 20:40.89



Hawkeye Women's Elite Competitors



Kineke Alexander



Meghan Armstrong



Jennifer Brower



Brittany Brown



Wynsome Cole



Tracy Dahl



Chris Davenport

The University of Iowa women's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on some Hawkeyes who have left their marks in the Iowa record books.

Laulauga Tausaga, 2017-Present

- 2017 Junior Pan Am Discus Champion
- Five-time All-American
- Four-time Big Ten Champion
- 2020 Big Ten Indoor Athlete of the Year
- 2019, 2020 Midwest Regional Athlete of the Year
- 2019 NCAA Champion
- IAAF World Championship Finalist

Jahisha Thomas, 2015-2018

- Six-time All-American
- Four-time Big Ten Champion

Brittany Brown 2014-2018

- Five-time Big Ten Champion
- 11-time All-American
- IAAF World Championship silver medalist

Bethany Praska, 2008-2011

- Two-time All-American
- Three-time Big Ten Champion
- Set five school records

Racheal Marchand, 2005-2008

- Four-time All-American
- Three-time All-region
- 2009 Midwest Region Cross Country Female of the Year
- 2009 Iowa Female Athlete of the Year
- 2010 Puerto Rico 5K National Champion

Diane Nukuri, 2006-2008

- 2012 Burundi Olympic Team Member
- Three-time All-American
- Two-time NCAA Midwest Region Cross Country Champion (2006, 2007)
- Two-time NCAA Midwest Region Cross Country Female Athlete of the Year (2006, 2007)
- 2007 Drake Relays Champion, 5,000 Meters
- Two-time All-Region
- Set eight school records
- 2008 Iowa Female Athlete of the Year
- 2008 Wilma Rudolph Award winner
- 2007 Honda Sports Award finalist

Kineke Alexander, 2005-2008

- 2008 & 2016 St. Vincent & The Grenadines Olympic Team Member
- 2006 NCAA Indoor 400-Meter Champion
- Eight-time All-American
- Five-time Big Ten Champion
- Two-time NCAA Regional 400-Meter Champ
- Drake Relays Champion, 400 Meters
- Five-time All-Region
- Two-time NACAC Games bronze medalist
- Iowa's nominee for Big Ten Female Athlete of the Year twice (2006, 2007)
- 2007 Big Ten Indoor Athlete of the Year
- 2007 Big Ten Indoor Athlete of the Meet
- 2007 Midwest Regional Athlete of the Year
- Set six school records
- 2018 Iowa Athletic Hall of Fame inductee

Shellene Williams, 2004

- Jamaican National Team member
- Four-time Big Ten Champion
- All-American, 400 Meters

Meghan Armstrong, 2004-2008

- Four-time All-American
- NCAA Academic All-American
- Four-time All-Region
- Two-time Big Ten Champion
- Two-time second-team All-Big Ten
- Six-time academic All-Big Ten
- Set school records in 1,500 meters (track) and 6,000 meters (cross country)
- Big Ten Medal of Honor winner (2008)

Peaches Roach, 2004-2007

- Four-time All-American
- Five-time Big Ten Champion, High Jump
- 2004 Big Ten Outdoor Freshman of the Year
- Four-time All-Region
- Ten-time regional qualifier

Tiffany Johnson, 2004-2007

- First Hawkeye to win consecutive Drake Relays titles (100-m hurdles in 2006, 2007)
- 2007 NCAA Regional Champion, 100 Hurdles
- Two-time All-Region
- Ten-time regional qualifier

Ellen Grant, 1994-1997

- Two-time Big Ten Champion
- World Junior representative



Racheal Marchand



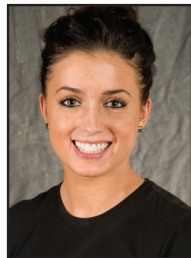
Vivien McKenzie



Mary Mol



Diane Nukuri



Bethany Praska



Peaches Roach



Gail Smith



Nan Doak



Kathy Gillespie



Ellen Grant



Yolanda Hobbs



Tiffany Johnson



Elaine Jones



Jeanne Kruckeberg

Wynsome Cole, 1994-1998

- Three-time NCAA & NAIA qualifier
- Two-time Big Ten Champion
- All-American, 400-Meter Hurdles
- Drake Relays Champion

Yolanda Hobbs, 1991-1995

- Three-time All-American
- Big Ten 55-meter Champion
- Iowa Female Athlete of the Year
- Daily Iowan Female Athlete of the Year

Tina Stec, 1990-1994

- Two-time All-American
- Big Ten runner-up, 3,000 Meters
- NCAA Academic All-American
- Iowa Academic Athlete of the Year
- Iowa Female Athlete of the Year
- NCAA Woman of the Year finalist

Tracy Dahl, 1989-1994

- Two-time NCAA 5,000-Meters Champion
- Five-time All-American
- Four-time Big Ten Champion
- U.S. Olympic Trials participant
- Kansas Relays Champion
- Big Ten Cross Country and Two-time Iowa Female Athlete of the Year

Lisa Van Steenwyk, 1989-1993

- All-American, Shot Put
- Two-time Big Ten Champion
- U.S. Olympic Trials participant

Jennifer Brower, 1988-1992

- Three-time All-American
- NCAA Academic All-American
- Big 10 & Drake Relays Champion
- Kansas Relays 5,000-Meters Champion
- Big Ten runner-up, Cross Country
- U.S. Olympic Trials participant
- Track Academic Athlete of the Decade
- NCAA Woman of the Year nominee

Jeanne Kruckeberg, 1987-1990

- NCAA 800-meter runner-up
- Three-time All-American
- Big Ten Champion
- Drake Relays Female Athlete of the Meet
- Two-time Drake Relays Champion
- Three-time Kansas Relays Champion
- Iowa Female Athlete of the Year

Vivien McKenzie, 1983-1986

- Four-time Big Ten Champion
- TAC Champion 400-Meters relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection

Jenny Spangler, 1982-1986

- Three-time All-American
- U.S. Olympic Trials participant
- Iowa Female Athlete of the Year
- Set 19-and-under world marathon record (2:33)
- 1996 USA Olympic team, Marathon

Mary Mol, 1982-1985

- NCAA runner-up
- Big Ten runner-up
- Mason-Dixon Games Champion
- Runner-up at Drake & Kansas Relays

Gail Smith, 1982-1985

- Big Ten Champion
- Olympic Sports Festival selection

Kathy Gillespie, 1982-1985

- NCAA runner-up, Heptathlon
- Big Ten champion/former recordholder
- Member of U.S. Pentathlon team

Elaine Jones, 1982-1985

- Five-time Big Ten Champion
- TAC Champion 400-Meter relay member
- U.S. Olympic Trials participant
- Olympic Sports Festival selection
- Mason-Dixon Games Champion

Nan Doak, 1980-1985

- NCAA Champion, 10,000-Meters
- NCAA runner-up, Cross Country
- Nine-time All-American
- World recordholder, Indoor 3-miles
- Three-time Big Ten Champion
- U.S. Olympic Trials participant
- World sixth place, Cross Country
- TAC 5,000 and 10,000-Meters Champion
- Iowa Female Athlete of the Decade
- National Iowa Varsity Club Hall of Fame inductee

Chris Davenport, 1980-1983

- U.S. Olympic Trials participant
- All-American
- Runner-up at Kansas & Drake Relays

Kay Stormo, 1979-1982

- 800-meter NCAA runner-up
- Three-time All-American
- Three-time Big Ten Champion
- Iowa Female Athlete of the Year
- National Iowa Varsity Club Hall of Fame inductee



Jenny Spangler



Tina Stec



Kay Stormo



Lisa Van Steenwyk



Laulauga Tausaga



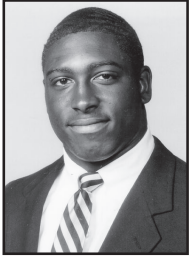
Shellene Williams



Jahisha Thomas



Hawkeye Men's Elite Competitors



Jeremy Allen



Babtunde Amosu



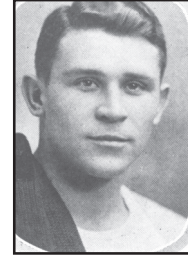
Justin Austin



George Baird



Matt Byers



Frank Cuhel



Bill Frazier

The University of Iowa men's track and field program is rich in honor and tradition. Iowa athletes compete annually at national and international events, representing the UI with pride. Here are brief bios on Hawkeyes that have left their marks in the Iowa record books.

Aaron Mallett, 2013-2017

- Set school records in 110-meter hurdles, 60-meter hurdles and 400-meter relay
- Six-time All-American
- 5-time Big Ten Champion

Babatunde Amosu, 2012-2015

- Three-time Big Ten Champion
- Three-time All-American

Matt Byers, 2010-2013

- Two-time All-American
- Three-time Big Ten Champion (2010-13)

Justin Austin, 2010-2013

- Five-time Big Ten Champion
- Five-time All-American
- Graduated with five school records

Ethan Holmes, 2009-2013

- Three-time Big Ten Champion

Erik Sowinski, 2009-2012

- Six-time All-American (2010-12)
- Two-time Big Ten Champion
- 2012 & 2016 Olympic Trials participant

Troy Doris, 2009-2012

- Four-time Big Ten Champion
- Four-time All-American
- 2016 Olympian for Guyana

Steven Willey, 2008-2011

- Four-time All-American
- Two-time Big Ten Champion

Jeremy Allen, 1998-2001

- Big Ten Freshman of the Year (Indoor and Outdoor)
- Four-time Big Ten Champion
- Five-time All-American

Tim Dodge, 1998-2001

- 1999 All American
- Three-time Big Ten Champion

Tim Dwight, 1996-2000

- Four-time Big Ten Champion
- All-American on 4x100-meter relay in 1999
- Two-sport athlete (football, track and field)

Bashir Yamini, 1996-1999

- 1998 Long Jump National Champion
- Six-time All-American
- Nine-time Big Ten Champion
- Big Ten Freshmen of the Year in 1996
- Shares Big Ten Record in long jump

George Page, 1995-1997

- Four-time Big Ten Champion
- 1995 All-American (4x400-meter relay)

Andre Morris, 1992-1996

- Four-time Big Ten Champion
- Three-time All-American
- Participated in Olympic trials in 1996 and 2000
- Eight-time National Championship qualifier

Anthuan Maybank, 1990-1994

- Olympic Gold Medallist, 1,600 relay, 1996 (Atlanta)
- All-America, long jump, 1992, 1993
- All-America, 400 dash, 1992, 1993
- Six-time Big Ten Champion, 1990-93
- Big Ten Athlete of the Year, 1993 (outdoor)
- All-Big Ten, 1990, 1991, 1992, 1993, 1994

D'Juan Strozier, 1989-92

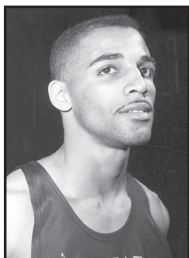
- Four-time Big Ten Champion

Patrick McGhee, 1988-1992

- Five-time Big Ten Champion
- Three-time All-American
- NCAA Runner-Up
- Big Ten Athlete of the Year in 1989

Victor Greer, 1981-1984

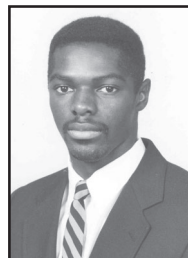
- Three-time Big Ten Champion
- 1984 All-American



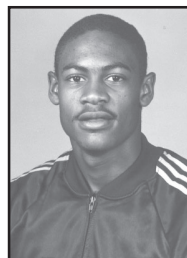
Deacon Jones



Aaron Mallett



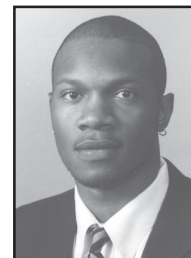
Anthuan Maybank



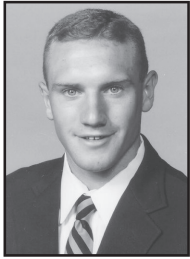
Patrick McGhee



Mike Mondane



Andre Morris



Tim Dodge



Troy Doris



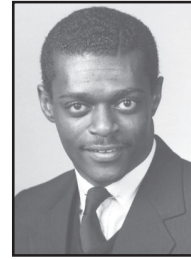
Tim Dwight



Rich Ferguson



Ed Gordon



Victor Greer



Ethan Holmes

Mike Mondane, 1966-1968

- Nine-time Big Ten Champion
- 1979 NCAA Champion
- Three-time All-American
- Ranks third in school history in 400-meters

Larry Wieczorek, 1964-1968

- Six-time Big Ten Champion
- Four-time All-American

Jonathan Reimer, 1965-1967

- Five-time Big Ten Champion
- 1965 NCAA Champion in two mile race

Bill Frazier 1962-1965

- 1962 All-American
- Eight-time Big Ten Champion
- Helped Iowa win 1963 indoor and outdoor Big Ten Championships
- Held outdoor 800-meter school record for 50 years (1962-2012)

Roger Kerr, 1960-1963

- Five-time Big Ten Champion
- Three-time 4x400-meter Relay Champion

Deacon Jones 1954-1958

- Two-time Olympian
- Two-time NCAA Champion
- Seven-time Big Ten Champion
- Set 3,000-meter steeplechase school record
- First African American Cross Country Champion

Ted Wheeler, 1952-1956

- Five-time Big Ten Champion
- Three-time All-American
- Competed in 1956 Summer Olympics

Rich Ferguson, 1952-1955

- Four-time Big Ten Champion
- 1953 All-American in the two mile race
- 1953 NCAA Champion in the two mile race

Frank Cuhel, 1926-1928

- 1928 NCAA Champion
- Won Silver in 400-meter hurdles at 1928 Olympics

Ed Gordon, 1929-1931

- Four-time Big Ten Champion
- Three-time NCAA Champion on long jump
- Most NCAA Championships in school history
- Three-time All-American (1929-31)

Vaughn Stevenson, 1928-1929

- Five-time Big Ten Champion

George Baird, 1927-1929

- 1928 Olympic Gold Medalist in 4x400-meter relay
- Six-time Big Ten Champion

Charles Brookins, 1921-1924

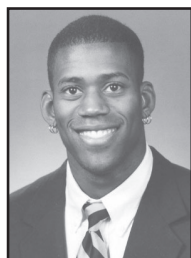
- 1924 Olympian
- Five-time Big Ten Champion
- Two-time NCAA Champion

Eric Wilson, 1920-1923

- Four-time All-American
- Four-time Big Ten Champion
- Two-time NCAA Champion in 220 yard-dash
- Competed in the 1924 Summer Olympics in Paris

George Page, 1995-1997

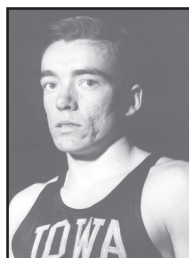
- Four-time Big Ten Champion
- 1995 All-American (4x400-meter relay)



George Page



Erik Sowinski



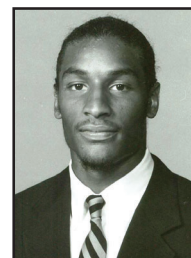
Larry Wieczorek



Steven Willey



Eric Wilson



Bashir Yamini



National Iowa Varsity Club Hall of Fame

Inductees are selected by a vote of all dues-paying members of the National Iowa Varsity Club. All former Hawkeye athletes who have won at least one major letter and completed their eligibility at least 10 years prior to selection are eligible for the Hall of Fame. A coach or administrator must have retired or left the university at least five years prior to selection. A maximum of seven inductees may be selected to the Hall of Fame each year. Pictured are the 29 inductees from the University of Iowa track and field program. Listed below each name is the individual's years of participation at Iowa and the year they were inducted into the Hall of Fame.



Kineke Alexander
Athlete 2005-08
Inducted 2018



Jeremy Allen
Athlete 1998-2001
Inducted 2019



George Baird
Athlete 1926-29
Inducted 1994



George Bresnahan
Coach 1921-48
Inducted 1991



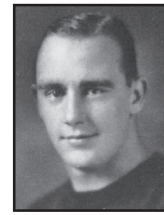
Lester Belding
Athlete 1921-24
Inducted 1991



Charles Brookins
Athlete 1921-24
Inducted 1990



Jennifer Brower
Athlete 1988-92
Inducted 2013



Dick Crayne
Athlete 1934
Inducted 1992



Francis X. Cretzmeyer
Coach 1948-78
Inducted 1993



Frank Cuhel
Athlete 1925-28
Inducted 1993



Tracy Dahl
Athlete 1989-93
Inducted 2010



Aubrey Devine
Athlete 1920-22
Inducted 1989



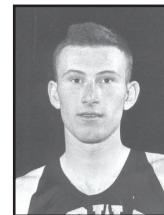
Nan Doak
Athlete 1981-85
Inducted 1999



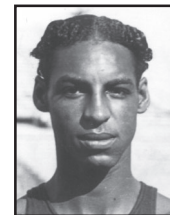
Tim Dwight
Athlete 1996-99
Inducted 2011



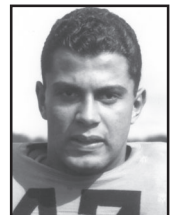
Rich Ferguson
Athlete 1952-55
Inducted 2004



Bill Frazier
Athlete 1962-65
Inducted 2012



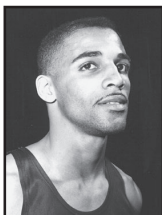
Ed Gordon
Athlete 1929-31
Inducted 1989



Homer E. Harris
Athlete 1936-37
Inducted 2002



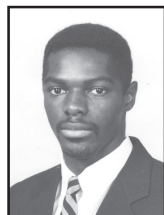
Jerry Hassard
Coach 1976-96
Inducted 2014



Deacon Jones
Athlete 1955-58
Inducted 1989



Jeanne Kruckeberg
Athlete 1987-90
Inducted 2014



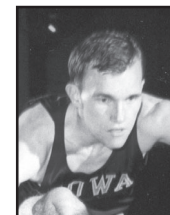
Anthuan Maybank
Athlete 1966-68
Inducted 2010



Michael Mondane
Athlete 1966-68
Inducted 2002



Emerson "Spike" Nelson
Athlete 1925-28
Inducted 1995



Jon Reimer
Athlete 1965-67
Inducted 2014



George Sailing
Athlete 1929-32
Inducted 1989



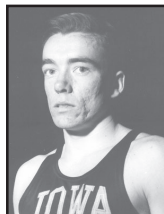
Fred "Duke" Slater
Athlete 1919-22
Inducted 1989



Kay Stormo
Athlete 1979-82
Inducted 2008



Ted Wheeler
Athlete 1952-53, 56
Inducted 2000



Larry Wiczorek
Athlete 1965-68
Inducted 1998



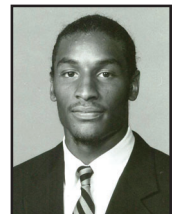
Herbert Wilkinson
Athlete 1945-46
Inducted 1999



Samuel "Clyde" Williams
Athlete 1900-02
Inducted 1993



Eric Wilson
Athlete 1921-24
SID 1924-68
Inducted 1989



Bashir Yamini
Athlete 1996-99
Inducted 2012

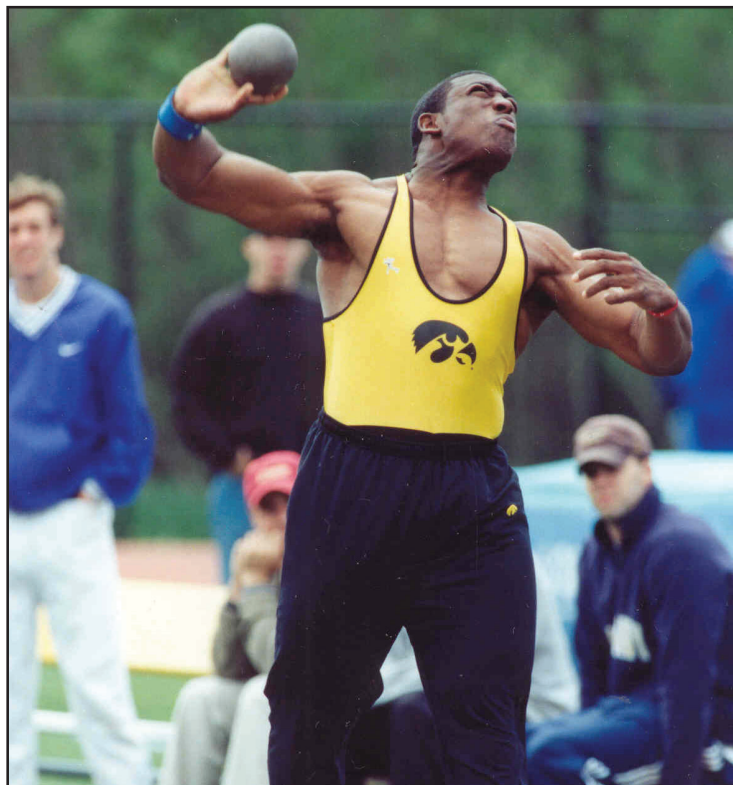


Adams, Don1973-76
 Adamson, Robert.....1931-32
 Albrecht, L.J.1989-91
 Albright, Justin.....1930
 Alderman, Merle1910
 Alexander, Jack S.1938
 Allen, Jeremy1998-01
 Allen, Shaun.....1999, 2001-03
 Allison, William.....1895-96
 Aly, Nicholas2015
 Amosu, Babatunde2013-15
 Anderson, Ben2015
 Anderson, Carl J.1959
 Anderson, Kent J.1975-76
 Anderson, R.M.....1900-03
 Andreano, Peter2016-17
 Appleman, Cameron.....1997
 Armstrong, James....1988-89, 1991
 Ashton, George C.....1922-23
 Atkins, Bobby.....2000
 Austin, Justin2011-13
 Bailey, F.S.1900
 Bailey, Merrill M1919-21
 Bailin, Sam2010
 Baird, George H.1927-29
 Bakker, Michael .. 1994, 1996, 1998
 Balke, Alex2015-18
 Balke, Norm.....1983-86

Balkrishnan, Rajeev 1991, 1993
 Banse, Andy.....2002-05
 Banse, Matt2009-12
 Barber, Nathan B.1896-99
 Barclay, Tom.....1979
 Barclay, Brelyn2017
 Barker, Dale1932-33
 Barker, E.E.....1905
 Barker, Ervin J.1902-05
 Barnes, Howard M.....1921
 Barnett, Robert1973
 Bartley, Karayme.....2019
 Barton, Chris.....2008-11
 Bateman, Howard.....1903
 Battista, Mark2010-11
 Beach, Robert2003, 2005
 Bean, Josh.....2008-10
 Beatty, Ernest J.1926-27
 Beck, Lester R.1922
 Becker, Edward C.1934
 Beckner, John O.1930
 Bee, Stephen2009-11
 Beebe, Robert E.1936
 Beecham, Gordon.....1983-85
 Beecham, Todd1982
 Beelman, Jeff1981-82
 Belding, Lester1920-22
 Berger, Charles1977

Berne, Clarence1924
 Berns, Jake2005-06
 Berrien, Clifford R.1918
 Betz, Jon A.1982-83
 Bevan, Sargant.....1896
 Bever, William H.1971
 Beyer, Robbie.....2004
 Bhave, Ravi1998
 Billig, Milton1937-39
 Blackman, St. Cl.1986
 Blasier, Herbert E.....1878, 1882
 Boardman, Benjamin.....1900-01
 Boston, Marcellu1950
 Bott, Richard E.1933
 Bouska, Paul1990
 Bowers, John1981
 Bowles, Robert S.1943
 Boyd, William1959
 Boyer, John1979-82
 Boylan, Charles.....1952-53
 Boyles, Xavier P.....1924, 1926-27
 Brackett, M.1899, 1901-03
 Brackett, O.T.1901
 Braff, Zack2009
 Branch, Tony1997-00
 Brandmill, Potte.....1921-23
 Brandt, Barry1975
 Brandt, Jon Michael.....2012-14
 Braverman, Josh2018-19
 Brayton, Nick2009-12
 Bream, Alan1968-69
 Brewer, Steve.....1981-83
 Brewton, Cecil H.1944
 Briggs, Charles1903
 Briggs, Clyde1935-36
 Briggs, Wilbur1918
 Brigham, Leon H.1918-20
 Brisset, Christian.....2016-17
 Brodersen, Tim2003-06
 Broek, Curt1976-79
 Brookins, Charles.....1922-24
 Brown, Brad.....1980
 Brown, C.A.1901
 Brown, David 1987-88, 1990-91
 Brown, Earl1905
 Brown, Jeff A.1980
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 Burks, Derrick2003, 2005
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 Canby, Henry F.1929-31
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 Corrigan, Sean1986-89
 Costello, Jim.....2000-02



Jeremy Allen was the first thrower in conference history to win Big Ten Freshman of the Year honors during the indoor and outdoor seasons. Allen was a four-time Big Ten champion and five-time All-American at Iowa from 1998-2001. Allen was inducted into the University of Iowa Varsity Club Hall of Fame in 2019.



Men's All-Time Letterwinners

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 Davis, Elmer, R.....1904-05
 Davis, Severt.....1950
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 Drewry, Jacob.....1994
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 Farroh, Mike Alb.....1929
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 Ferguson, Richard.....1952-55
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 Ferren, William.....1891
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 Friedlander, J.M.....1920-21
 Friedrich, Kurt.....1991
 Frohwein, George.....1961
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 Furst, Don.....1976
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 Goldston, Stephen.....1964-65
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 Gorman, Matty.....2005-06, 2008
 Gorsline, Mike.....1989-91
 Gourley, Jake.....2017
 Gotthardt, Keith.....1945-46
 Graves, John.....1937-39
 Green, Al.....1985-86
 Greenlee, Donald.....1960-61
 Greenwood, Glenn.....1918-19
 Greer, Victor.....1981-84
 Gregorio, Anthony.....2015
 Grelck, Henry.....1921
 Griffith, Ronald.....1966-68
 Grosser, Ernest.....1938
 Grubb, Frank.....1916



Iowa City native Tim Dwight was named Outstanding Male Athlete of the 1999 Big Ten Outdoor meet after leading the team to a runner-up finish. Earlier that year, he scored a touchdown in the Super Bowl for the Atlanta Falcons. He was an All-American and three-time Big Ten Champion in track from 1996-99, and a two-time first team All-American for the Hawkeye football team from 1994-97.

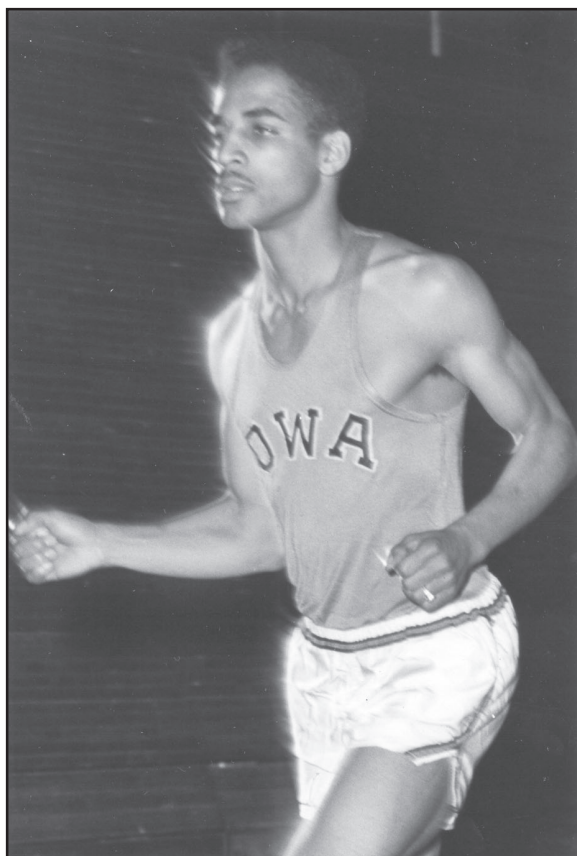


Gunderson, Eric 1932
 Gunn, Joseph 1928-29
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 Hansell, WW 1912
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 Harris, Homer E. 1936-37
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 Hart, James O. 1930
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 Haut, Dan 2004-06
 Hawkins, Reggie 1997
 Hazard, A.M. 1906-08
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 Hempel, Stephen 1970-71
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 Hendricks, John 1968
 Henry, Armando 1975
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 Hobbs, Samuel 1897-98
 Hoerner, Lester 1943, 1947
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 Hoffman, Edgar 1920-22
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 Holbrook, Frank 1896-97
 Holliday, Herman 1918
 Hollingsworth, Gary 1962-64
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 Holmes, Barry 1987-88
 Holmes, Ethan 2010-13
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 Holtkamp, Mark 1995-96

Hoskinson, Calvin 1932-33
 Hotz, William 1908
 Howell, Lloyd 1899-1900
 Hoyt, Lyman 1923-24
 Hubbard, Clarence 1930
 Hudek, Scott 1993, 1996
 Huff, Daniel 2015
 Hull, Elmer C. 1900-01
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 Hunt, Jay 2018-19
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Isaacs, Omar 2003-05
 Jackson III, Harvey 1982
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 Jeffers, Clyde 1904
 Jennett, Clair 1948-50
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 Katt, Kale 2005-07
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 Kitt, Roland 1967-69
 Klewin, Harold 1932
 Klindt, Fred 1923-25
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 Knoedel, William 1973-76
 Knutson, Thomas 1965-67
 Koenig, Cooper 2018-19



Deacon Jones was a two-time NCAA champion, two-time All-American and seven-time Big Ten champion for the Hawkeyes (1954-58). He won Iowa's first and only individual cross country national title in 1955, becoming the first African-American and sophomore national cross country champion in history. The seven-time Big Ten champion also won the national two-mile track title in 1957. During the 1957 track season, Jones was unbeaten in the college mile and two mile. He set Big Ten indoor and outdoor records in the one and two mile races. He was a two-time Olympian, running the 3,000-meter steeplechase at the 1956 games in Melbourne, Australia, and the 1960 games in Rome. Jones was inducted into the University of Iowa Varsity Club Hall of Fame as a member of the charter class in 1989.



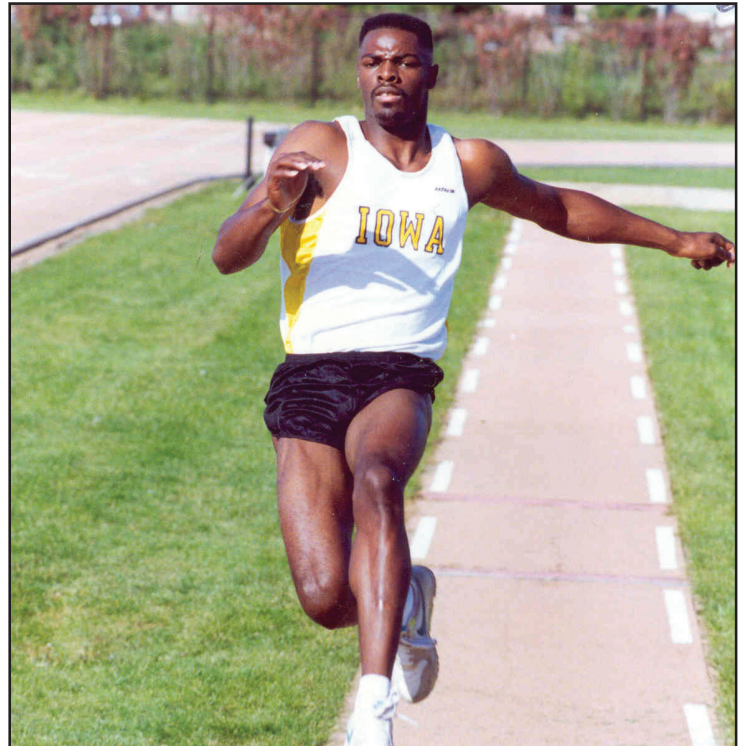
Men's All-Time Letterwinners

Kohl, Alvin.....1909
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 McCalister, William.....1977-80
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 McDowell, Bruce E.....1918
 McDowell, Mike.....1977-78
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 McElhiney, Sam.....2015
 McElhinney, William.....1936
 McGhee, Patrick.....1986, 1988-89
 McGilmer, Ben.....1966
 McIntire, G.S.....1921

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 Merkel, John E.....1950
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 Meyer, Mark C.....1968-69
 Meyering, Albert.....1951
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 Meyers, Harry C.....1908
 Meyers, Joseph H.....1898
 Milani, James G.....1952
 Milder, Max.....2005-08
 Miller, D.G.....1903-04
 Miller, Henry G.....1930
 Miller, Pat.....1983-86
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Mincy, Tevin-Cee.....2011-14
 Mitchell, Robert.....1928
 Mockmore, Charles.....1918-20
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 Moeller, Joel D.....1976-78
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 Mohr, David.....1990-91
 Mondane, Michael.....1966-68
 Moore, Edward M.....1951
 Moore, George J.....1945
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 Morch, Herbert O.....1953
 Morford, J.....1908
 Morris, Andre.....1995-96
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 Morrissey, Steve.....1990-92
 Morrow, Harry.....1922-24
 Mortimore, M.E.....1914
 Mortimore, Roy H.....1916
 Morton, Raymond A.....1900
 Moschella, Mike.....1991
 Mosley, Dennis E.....1980
 Moulton, Graham.....1934
 Moulton, Jack A.....1928-30
 Mullen, James C.....1926
 Mullen, Jordan.....2010-13



Anthuan Maybank is Iowa's most recent Olympic gold medalist, running on the winning 1,600-meter relay at the 1996 Games in Atlanta. He was a four-time All-American and seven-time Big Ten Champion for the Hawkeyes from 1990-93. Maybank was named Big Ten Athlete of the Year in 1993, and holds school records in the indoor and outdoor long jump.



Munson, Harry C. 1923	Panther, Mark A. 1934-36	Reed, F.C. 1910-11	Scarr, F.M. 1903
Murchison, Ira J. 1952	Pape, Oran 1929	Rehder, Dennis 1959-60	Schaapveld, Mark 2006-09
Murphy, Daniel 2018-19	Park, William H. 1891	Reichelt, W.L. 1912	Schimp, Zachary 2009-10
Myers, F.M. 1910	Parker, Guerdon D. 1920-21	Reid, Kyle 2010, 2012-14	Schlaser, Verne 1935
Mylenek, Nathan 2017-19	Parker, Louis F. 1916	Reid, Morrison 1972-74	Schlauder, Arthur 1940-42
Myler, Melvin W. 1904-05	Parker, Mark 1977	Reif, William E. 1961-62	Schlotzhauer, Blake 2006
Napier, Andy 2007-09	Parsons, Charles L. 1913-15	Reimer, Jonathan 1965-67	Schmidt, Christi 1934
Neal, Fred W. 1891-93	Parsons, Harry C. 1903-05	Remley, Robert G. 1907-08	Schmidt, John W. 1937-38
Nelson, Carl 1935	Patrick, Jeff 1983	Renshaw, Fred E. 1906-07	Schnoor, Carl F. 1940
Nelson, Donald F. 1935	Patterson, Audwin ... 1991, 1993-94	Reiko, Rodney 1994-96	Schoof, Steve 1996
Nelson, Emerson 1926-28	Paul, James 2008-11	Reyes, William 1965	Schum, Robert L. 1970-72
Nelson, Murray 1980	Paul, Joe 1977, 1980	Reynolds, Thomas 2010	Schwengel, Franklin 1953
Nelson, Oscar E. 1930-32	Pedelty, Jay 1969-70	Rice, Harry H. 1925, 1927	Scwitters, Chad 1996-99
Nelson, Paul H. 1935-36	Pelock, Josh 2017	Rich, Edward G. 1921	Scott, Gary 1951-53
Nelson, Robert 1936-37	Pennino, Doug 1983-85	Richards, Gary L. 1962-64	Scott, Kelly 1987-88
Nelson, Robert E. 1948	Peoples, Daniel 2006-07, 2009	Richards, Patrick 2009-12	Seiling, Fred O. 1921
Nessa, Luke 2001, 2003	Perry, Lawrence 1955-57	Richardson, D'Juan 2009-12	Sewell, Pat 1979
Neuman, Scott 1990	Pershing, Steve 1976-78	Rickels, Keaton 2010-12	Seymour, Michael 1994
Neumann, Bill 2001-03, 2005	Peterman, Lester 1920-22	Rieger, Cameron 2012-13	Shakoor, Damini 1994-96
Newell, Greg 1973	Peters, Chris 1993-97	Riemcke, CA. 1903, 1906-07	Shaver, Leroy G. 1945
Newman, Matt 2010	Peterson, Donald 1955-56	Riley, Prince 2006-07	Sheedy, CC 1919
Nichols, E.C. 1886-88	Peterson, Joseph 1949	Riley, Steve 1979	Sheehan, Daniel 1946
Nie, Bruce 1990	Peterson, Russell 2000-02, 2004	Riley, William F. 1905-07	Sheldon, Jay A. 1973-76
Nielsen, David W. 1973-75	Petsche, Jeremy 2006-08	Ringena, E.J. 1906	Sherman, Robert 1962
Niver, Ryan 2006-08	Phelps, Garry L. 1968-69	Ristine, Leonard 1920, 1922	Shope, Richard E. 1920, 1922-23
Noff, Bruce O. 1954	Phelps, Harold R. 1923-25	Roberts, Dale A. 1938-39	Shrader, E.G. 1913-15
Noll, Gerhard B. 1921-23	Phelps, Lowell D. 1925-27	Roberts, Fred 1928-30	Sidney, Earl W. 1961, 1963
Nolting, Jason 2004-06	Phillips, Van L. 1935-36	Roberts, Jeff 2019	Simons, James D. 1908
Nordheim, Nick 1998-02	Pierre, David 2006-07	Roberts, Orthel 1924-26	Simpson, Jack S. 1947-50
Novotny, David 1993-96	Pinsker, William A. 1929	Robinson, Joseph 1973-76	Skinner, Eugene 1935-37
Nugent, Leo C. 1917-18	Piper, James P. 1964	Robinson, Leonard 1894-95	Skowbo, Stuart W. 1930-31
Nugnis, Walter G. 1932	Piper, Nick J. 1954-56	Roche, Adam 2004-06	Slack, Thomas 1976-79
Oakley, John B. 1956	Pirkel, Jeff 1984-86	Rock, J.J. 1914	Slater, Albert L. 1945
O'Brien, Willis J. 1910	Pittman, Jared 1995-96, 1998	Rocker, Sidney 1963-64	Slater, Frederick 1919-21
O'Conner, Pat 1980-82	Pleskac, Tim 1998-00	Roehl, Marc 1994	Slaymaker, Kyle 2012-13
Ogwo, Emmanuel 2017	Ploen, Rex H. 1946, 48	Rolling, Dan 2007-10	Slingsby, Tim 1989
O'Hollearn, Matt 2003-06	Poots, Justin 1999, 2001-02	Rorick, E.E. 1908	Smith, Alex. 1998-99
Oehlert, Lewis 1923-24	Porter, James 1994	Rose, Winston 1993	Smith Jr, Ambrose 1945-46
Oest, Brandon 2010-13	Powers Jr, John L. 1916	Rosebaugh, Arthur 1919	Smith, Andrew 2011
Oestenstad, Kevin 1997-98	Prall, Jonathan 1898	Roseman, Garry 1990-93	Smith, Caesar 1983-85
Ohly, Chad 1991, 1993-95	Presley, Bruce 1969-71	Rosen, Melvin 1950	Smith, C.W. 1905
Okerlin, John 1932	Prill, Frank 2007-10	Ross, Charles W. 1902-04	Smith, Charles E. 1921-23
Oliver, Ronald 1975-78	Pristine, Leonard 1920-22	Rothwell, Eric 2000-01, 2003-04	Smith, Darrin 1991, 1993
Olson, Dustin 2000	Price, Brad 1981	Rowe, Dewitt 1915	Smith Jr, Earl H. 1954
Olson, Tyler 2019	Price, Brook 2015-16	Rozell, Edward 1995-98	Smith, Floyd 1910
Olson, Harry 1959	Price, John 1965	Russell, Fred 2001	Smith, J. Ty 1920
Olson, Marvin L. 1973, 1976	Prom, Nathan 2011-14	Rybarczyk, Matt 1990	Smith, L.L. 1919
O'Neil, Kevin B. 1975, 1977	Prudhon, Wayne M. 1918	Ryerson, Karl E. 1940	Smith, Lamar F. 1935
Orris, William C. 1958-60	Pullman, Norman 1942	Safley, Thomas E. 1968	Smith, Lowell E. 1918-20
Otte, F. Lowell 1924	Purnell, Mark 1975-77	Saling, George J. 1929-30, 1932	Smith, Bob L. 1984-85
Oveson, Lynn 1970-72	Quarles, Brian 1980	Salter, Robert 1974-75, 1977	Smith, Wardell 1956
Owen III, Eugene 1960	Rae, Brian 2003-06	Sametz, Rob 1980	Smith, William L. 1966
Owen, James C. 1935	Rakaric, Tony 2003-06	Sampson, Linwood 1967	Snook, William H. 1950
Oxley, John R. 1948	Ralph, Dan 1998-01	Sampson, Luke 2018	Soltys, Taylor 2015
Page, Bernard A. 1933-35	Randolph, Alvin 1964-66	Sangster, Tom 1948-50	Sommer, Karson 2018-19
Page, Floyd 1919	Rauker, James L. 1961	Sansen, Oliver M. 1931-32	Sorenson, Alfred 1925
Page, George 1995-97	Raymond, Jeff 2006-08	Santino, William 1976-78	Sorenson, Einer 1925-26
Paige, Ralph 1918	Raymond, Monte 1996-98	Sarris, Paul 1997-98, 2001-01	Sorrells, Tyree 2018-19
Palmer, George B. 1953	Read, Harold 1923	Saucer, Jr., Vinnie 2015-16	Soto, Daniel 2016, 2018-19
Palumbo, Richard 1988-91	Reed, Aaron 2005-08	Sayon, Zeke 2009-11	Sowinski, Erik 2009-12



Men's All-Time Letterwinners

Spejcher, Kevin2013-16
 Spencer, William 1942
 Splan, Zach2007-10
 Stamats, Ralph I.....1928-29
 Stancombe, Ben2010-13
 Stanfield, S.E.....1905
 Stank, Matt 2001
 Stanley, Arthur..... 1930
 Stanowski, Craig 1980
 Steele, Paul.....1986-89
 Steele, Stetson... 1996-97, 1999-00
 Steffen, Mark.....1970-72
 Stein, Robert A.1979
 Steinbeck, Kenneth.....1942-43
 Steinberg, Albert1911-12
 Steussy, William.....1970, 1972-73
 Stevens, Jerry L..... 1968
 Stevens, Lester1954-56
 Stevens, Stephen 1974
 Stevenson, W.V.1928-29
 Still, Alec2019
 Stoner, Harold E.....1918-19
 Storm, Joel.....2002, 2004
 Story, Raymond E.....1932
 Strang, Ryan.....2003-05
 Streeter, Stanley1911-13
 Stross, Trey2007-08
 Strozier, D'Juan1988-89
 Stubbard, Ira D..... 1913
 Stutsman, Issac.....1908-09
 Sumner, M.L.1913
 Sundberg, Richard1969
 Swedberg, Rodger1954
 Swenson, William1923-24, 1926
 Swift, CH1902-04
 Swisher, Michael.....1973
 Sykes, Leonard L.1951-52
 Szabo, Steve.....1966-67
 Tabb, Charles L.....1933
 Tate, Tommy 2007, 2009
 Taylor, Charles 1917
 Teberg, Dale.....1967-68
 Tefer, John.....1970-72
 Teubel, Will.....2013-16
 Teubel, Nolan.....2017-19
 Teufel, John C.....1937-39
 Teufel, William.....1937-39
 Theisen, Bill1984-86
 Thode, Jeff2010-12
 Thomas, Adam.....1999-01, 2003
 Thomas, Arthur W.1929
 Thomas, Brian.....1991
 Thomas, David.....1925-27
 Thomas, John W.1961-62
 Thomas, Pat.....1973
 Thompson, Brendan2014-17
 Thompson, Dale C.1965-66
 Thompson, Chris.....2017-19
 Thorpe, Walter R.1945
 Thurston, Larue1930-32

Tiernan, Stephen 1965
 Todd, Walter C.1941
 Trainor, Dan2002, 2004
 Traphagen, Stephen.....2004
 Trimble, Ralph1961-63
 Triplett, Orle F.1916
 Trott, Emil G.1932
 Troughton, Edward1965
 Trowers, Dion1995-98
 Tucker, James.....1960-62
 Tullett, Jonathan.....1994-95
 Tupper, Richard.....1949
 Turner, Byron M.....1929
 Turner, Damion.....1998
 Tuufuli, Reno2016-19
 Tweedy, Josh.....2003-05
 Tyler, Samuel1913-14
 Ure, Samuel R.1892-93
 Utsinger, Donald A.....1967-69
 Valdes, Graham2008-12
 Valentine, Dennis.....1961
 Vana, Rudolph1928
 VanCleave, Kaleb2012-15
 VanDenend, Micah2006-08
 Van Der Westhuizen, Arno 1999-01
 Van Draska, Tysen.....2017-19
 Van Dyke, Gardner.....1955-57
 Van Ness, J. Everett.....1924
 Van Oosterhout, Peter.....1892
 Varner, Ray2007-10
 Ventura, Scott1986
 Ventura, Scott1987-88
 Vollenweider, Henry1940-42
 Voller, Chris.....2002-05
 Vonahsen, Virgil.....1951
 Waddelow, Dan1978
 Wahl, Ernest F.1918-19
 Wallace, Thomas1971
 Wallen, Allen1916, 1919-20
 Walter, Todd1941
 Wakenight, Jason.....2004, 2006
 Waples, Eliot O.1936-37
 Waples, Robert S.1938
 Warner, Joseph S.1898-1900
 Warren, John R.1958-60
 Warrington, John.....1931
 Washington, Richard1946, 1948
 Waters, Danny1983, 1985-86
 Waymire, Pat1991
 Webb, Cloyd W.1961-63
 Webster, Alex.....2006
 Weik, John1948, 1950-51
 Weiland, F.H.....1900, 1902
 Weinrich, AF1903
 Weir, Ryan.....2012-13
 Weldon, LD1930-31
 Wellington, Rodney1973-75
 Welter, Joe.....2000-03
 Wertman, Phil.....1969-71
 Wheeler, Ted.....1952-53, 1956

Weldon, L.D.1930-31
 Wellington, Rodney1973-75
 Wertman, Philip.....1969-71
 Wheeler, Kyle.....2012
 Wheeler, Ted S.....1952-53, 56
 White, David.....1990-91
 White, George H.....1956, 1958
 White, Roy A.1908
 Whitworth, Rex H.1944
 Wickey, Howard.....1931
 Wiczorek, Larry.....1966-68
 Wiese, Andy1984-87
 Wiggins, Edward1938-39
 Wigginton, Todd1984-86
 Wilcox, Francis.....1928, 1930
 Wilcox, Kenneth1934
 Woodard, Antonio2017
 Caleb Wilfong2013
 Wilkerson, Edward.....1942
 Wilkinson, Herbert1945-46
 Wilkinson, John1967
 Willer, James F.1930-31
 Willet, F.E.....1905
 Willey, Steven2008-11
 Williams, Anthony2018-19
 Williams, Chris1980-83
 Williams, Earl H.1926
 Williams, Fred A.1896, 1898-99
 Williams, Jerry1960-62
 Williams, John S.1972-73
 Williams, Joseph1894
 Williams, Kenny1983-86
 Williams, Samuel1900-02
 Williamson, Scott.....2000-02
 Wilmoth, Charles.....1928
 Wilson, Arlo1910-11

Wilson, Brice.....2008-09
 Wilson, Dennis B.....1973
 Wilson, Eric C.....1921-23
 Wilson Jr, Eric C.1946, 1948
 Wilson, James L.1939-40
 Wilson, James P.1955
 Wilson, L.A.....1899-1901
 Wilson, Lawrence1968-70
 Wilson, O'Shea2014, 2018
 Windauer, Bobby.....2007, 2009
 Wise, Kevin2001
 Wisgerhof, Max V.....1934-35
 Witt, Ben.....2012-15
 Wolf, Irvin1941-42
 Wolfe, Daniel A.....1965-67
 Wolff, Mitch2014-17
 Wood, David1990
 Wood, Richard R.1958
 Woodard, Antonio2018-19
 Workhoven, Harry1929
 Workman, Robert1942
 Wright, George E.1953
 Wright, John1986
 Wyatt, Bernard T.....1961
 Wyland, Guido.....1917
 Yamini, Bashir1996-99
 Yavorsky, G.W.....1902-03
 Young, D.R.1918
 Young, H.E.1903-05
 Young, James V.1956-58
 Young, Nick2010
 Young, Richard D.....1918
 Youngerman, Wesley.....1930-32
 Zell, Edward H.....1922-23
 Zittnan, David D.1975, 78
 Zona, Alex2007-10



Erik Sowinski is the most decorated 800-meter runner in school history. He is a six-time All-American, and the 2012 Big Ten Indoor 800-meter champion. He set the outdoor 800-meter school record.



Abel, Maureen.....1978-80	Burnham, Vicki 1978	Dickerson, Cristy1981-82	Fraser, Melissa 1995-97
Abel, Sara 1981	Burris, Anne..... 1979	Dinkla, Kristi.....1985-86	Freed, Jill1988-89
Adam, Carol..... 1984	Buss, Talia2017-19	Dixon, Pamela 1978	Freund, Kay.....1978-81
Adams, Janet1981-84	Butler, Katie1999-2001	Dixon, Tamara.....2001-02	Friedlander, Laura.....1985-86
Adams, Kristen.....1986-88	Buysse, Kathy..... 1986	Dlhy, Brittany2009-12	Fritz, Courtney..... 2011-14
Adams-Brown, Lacey 2001	Bynoe, Stacey-Leigh..... 1996-99	Doak, Nan1981-85	Galbraith, Sheila 1992-93
Albert, Janet1984-87	Calhoun, Brenda.....1984	Dobrowolski, Anne1982-86	Gallery, Julie 1998, 2000-02
Alexander, Kineke2005-08	Camarigg, Denise.....1981	Docherty, Beverly1977-80	Gantz, Ellen.....1997-99
Alexia, Adrienne2011-15	Campbell, Laura..... NA	Docherty, Jennie 2006, 2009	Garmanian, Debbie 1977
Almquist, Heidi NA	Capista, Jenni..... 2002, 2005	Donahue, Carly.....2018-19	Gattone, Allison 2013-16
Althoff, Martha..... NA	Carr, Lori 1986	Donlon, Katie.....2002-05	Gaupp, Colleen 1978-81
Ambrose, Suzanne.....1982-83	Carty, Amanda 2019	Doyle, Renee1986-89	Gay, Alexis.....2017-19
Amenda, Barbara..... 1979	Casey, Joyce NA	Drapcho, Rosemary1978-81	Giampapa, Michelle 1986
Anderson, Blair 2002	Cervin, Judith..... 1980	Dresselhaus, Ann.....1978-80	Gilbaugh, Laura 1983
Anderson, Debra..... NA	Chadwick, Angela1989-92	Drewry, Allison1995-96	Gilchrist, Alienor..... 1997
Anderson, Krista2006-08	Champe, Sheridan2015-18	Drulis, Julie1997-98	Gillespie, Kathy1982-85
Anderson, Lindsey2009	Chandler, Heaven2016-17	Dunlevy, Jane.....1977	Gilson, Jennifer 2002
Andrews, Amy 1983	Chandler, Mandy2006-07, 2009	Dunlop, Amy.....1977-79	Gnage, Lynn 1983
Andrews, Karen1978-80	Chapman, Carrie.....1977-78	Egan, Bridgette1991-93	Goettsch, Shelley..... 1988
Anton, Christen..... NA	Chapman, Taylor.....2016-17	Eilers, Brooke.....2009, 2011-13	Gooch, Susan 1977
Arco, Taylor..... 2017,2019	Chapple, Nikki.....2004-06	Elbert, Jenni.....2005-06	Goodell, Dakotah.....2013-16
Arens, Sarah2000-04	Charles, Nicole.....2001-03	Emmons, Diane1979-80	Gorham, Maria 2019
Armstrong, Meghan2005-08	Chatterson, Joyce 1979	Ellis, Cassidy.....2014-15	Gorman, Keelin.....2011-12
Avant, Kyara..... 2018	Cevalleau, Karen 1989	Ellis, Katie2008-09	Graber, Kim.....1976-78
Bacchus, Caleigh.....2007-10	Childs, Kacey.....1998-2001	Erickson, Nicole2009-12	Graham, Kara-Aretha.....2007-10
Bain, Robin 1985	Chow, Sophia2001-03	Esche, Molly2005-08	Granger, Ashley2005-06
Barber, Atalie2001-04	Choynecki, Gretchen 1983	Fabian, Cynthia.....1981-82	Grant, Ellen1994-97
Bare, Wendy 1987	Christensen, Mari 1983	Fallon, Fionna2009-10	Griffin, Maggie.....1997-00
Barnes, Holly1992-93	Christian, Antonise2018-19	Farley, Karessa2008-10	Griffin, Sara.....1986-89
Beck, Mandy.....1999-2002	Clapperton, Gaye.....1978-79	Feltes, Teresa1977-78	Gripp, Sue 1978
Bennett, Stephanie..... 1983, 1985	Clarke, Megan..... 2007	Fisher, Niki 1996	Gritters, Stephanie 1982-84
Benning, Briana1994-97	Clarke, Coretta..... 1995, 1999	Fishwald, Karen 1981	Guillory, Briana2016-19
Benson, Nicole.....2013	Claussen, Traci1986-89	Fleck, Shawn.....1995-96	Gulvas, Ashlyn2011-13
Bentler, Catherine.....1990-92	Colbert, Leah2015-18	Flood, Betsy2009-12	Guster, Elexis2014-16
Bergman, Julie 1985	Cole, Wynsome.....1994-98	Floyd, Ida "Tina"1991-95	Haefke, Kristen1997-98
Berndt, Danielle.....2009-12	Colegrove, Erica NA	Flynn, Anne.....1982-85	Haggerty, Laura.....1985-86
Betz, Anne NA	Coleman, Becky1994-97	Flynn, Erin.....1978-82	Haight, Micaela..... 2011
Betz, Michelle 1983	Collins, Sydney.....2017-18	Fouché, Jessica 2003	Hall, Maggie.....1998-99
Billman, Angela.....1992-93	Combs, Anne 1982	Franklin, Becca.....2005-07	Hall, Maggie.....1998-99
Blackstone, Kerri.....1996-99	Connelly, Michelle1978		Hammond, Erika.....2017-19
Blossfeld, Suzanne.....1978-79	Cook, Margaret..... NA		Hamilton, Jana.....1979-80
Blum, Virginia NA	Cooper, Susan1977-78		
Boatright, Lakeya1998-99	Corcoran, Kelly..... NA		
Boddicker, Bev1978-80	Costello, Beth 1980		
Boland, Erin1992-95	Crossett, Lisa1983-87		
Borg, Becki.....1987-89	Cullinan, Eve2001-03		
Bote Gonzalez, Marta .. 2015, 2017-18	Curry, Rachel2010-14		
Bouska, Any1989-92	Dahl, Tracy1990-94		
Bradley, Cheryl..... 1982	Damron, Leatha 1985		
Brandt, Jan..... NA	Daniel, Megan1993-94		
Bray, Emily NA	Dankof, Sarah..... 2002		
Breen, Kelly..... 2015, 2017	Darland, Sheila1994-95		
Brennen, Catherine 1981	Davenport, Chris.....1981-83		
Britt, Nia2017-19	Davis, Diane 1983		
Brooks, Marta1979-80	Davis, Eileen1978-79		
Broomfield, Erica 1998	Davis, Lynne.....1983-86		
Brower, Jennifer.....1989-92	Davis, Stephanie 1988		
Brown, Brittany..2014-15, 2017-18	Davis, Vickie.....1986		
Brown, Leslie 1989	Decker, Amber 2017		
Brown, Nicole1995-97	DeGeorge, Kelli.....2017-19		
Burgett, Sarah.....2004-07	Deldin, Patricia 1982		
Burke, Jolly2007-09	DeLuca, Sarah C. Abel.....1979-81		



Peaches Roach was a four-time All-American and five-time Big Ten Champion in the high jump (2004-07). She is the only Hawkeye to win five Big Ten titles in one event.



Women's All-Time Letterwinners

Hardesty, Amanda2008-11
 Hardesty, Lauren.....2008-11
 Hargrave, Tashee2017-18
 Harris, Susan..... NA
 Hart, Kelsey 2011, 2013
 Harold, Lydia..... 2016
 Hassin, Kathryn..... 1977
 Hawes, Michelle1984-86
 Hawks, Rachel 2009
 Hawkins, Senta1985-88
 Hayden, Jenny1982-83
 Healy, Patty..... 1982
 Heath, Maureen1977-80
 Hedlund, Laurie1977-78
 Hendricks, Tiffany2008-11
 Henize, Sarah.....2008
 Hensel, Angie.....2004-05
 Hentges, Leah.....1999-2000
 Heppner, Molly..... 1983
 Hernandez, Alexis....2014,2016-17
 Herra, Lindsay.....2014-16
 Herrmann, Katie2003-04
 Hershberger, Jodi....1981-83, 1985
 Hill, Shelley NA
 Hinz, Kara.....2000-01
 Hoback, Katie.....2002
 Hobbs, Yolanda.....1991-95
 Hochhalter, Kayla.....2015
 Hoehle, Zanetta1978-81

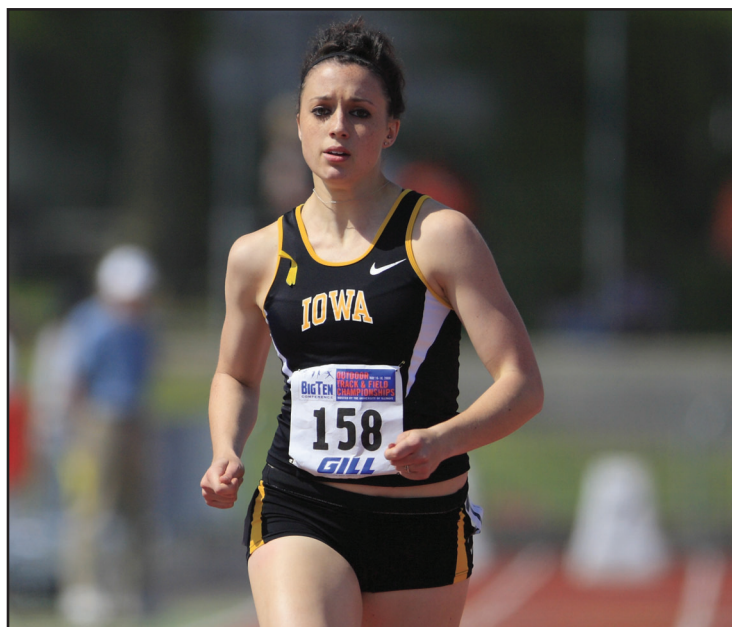
Hoeman, Cari.....1998-99
 Holder, MonTayla2013-16
 Hollensbe, Julie 2017
 Holly, Karen.....1981-83
 Holmes, Christa1990-92
 Holst, Brittany..... 2013
 Holst, Mindy1991-92
 Hornof, Debbie1981-82
 Hoskins, Tami.....1988-92
 Hosmer, Rachel.....1990-92
 Hostetler, Anna..... 2019
 Houmiel, Tami1988-91
 Houtz, Janna1983-84
 Hovorka, Julia NA
 Howe, Amanda..... 2019
 Huber, Keely2002-03
 Hull, Sherri.....1983, 1985-87
 Hume, Aisha2001-05
 Hunt, Alexa 2014
 Hyde, Leslie NA
 Hynes, Mary 1977
 Jackson, Jennifer.....1983
 Jackson, Kathy1982-83
 Jackson, Staci.....1989
 Jacobsen, Julie 1977
 James, Aisha2003
 Jaspers, Janelle1986-89
 Joens, Angela..... NA
 Joens, Sara.....1986-89

Johns, Jennifer NA
 Johnson, Jeanne 1979
 Johnson, Jennifer.....1991-94
 Johnson, Nichole1991-93
 Johnson, Tiffany.....2004-07
 Jones, Aditya2005-07
 Jones, Alana.....2015, 17
 Jones, Elaine1982-85
 Jones, Erin2011-12
 Jones, Patricia.....1989-91
 Jones, Peggy 1978
 Jordan, Mariah 2010
 Kasparbauer, Amy.....2001
 Kaufman, Dominique.....1995
 Kaza, Rebecca1995-99
 Kerr, Tammilee.....2005-08
 Kiciak, Jennifer.....1996-97
 Kilmer, Margaret..... NA
 Kintzel, Denise1977-78
 Kimbro, Jenny2017-19
 King, Mallory2017-19
 Kiraly, Tricia.....1986-89
 Kirgis, Lori..... 1980
 Kleinfelter, Natalie1993-94
 Knight, Kristin2001-03
 Knoblauch, Mary 1981
 Knox, Nancy..... 1977
 Koch, Suzanne1982-83
 Kotarba, Christine2004-05
 Krekeler, Rebecca Ann1978-79
 Kreiner, Laura.....1989-92
 Kruckenberger, Jeanne1987-90
 Kruck, Kim.....1993-95
 Kruse, Renee.....1986-89
 Kubitz, Christine1996-97, 1999
 Kull, Carolyn.....1978-79
 Kull, Marcia.....1977-78
 Kwaza, Lake2013-16
 Labs, Kelsey 2011
 Laesch, Jackie 2010, 2012
 Lahann, Michelle2000-04
 Lambrecht, Carol1977-78
 Laney, Jordan.....2004-05, 2007
 Lantrip, Aubrianna.....2017-19
 Larson, Erica 1978
 Laye, Jada 2019
 Layne, Karen1989-92
 Leacock, Carissa.....2011-14
 Lessard, Megan 2010
 Levang, Margo 1998
 Leydens, Connie 1980
 Linner, Michelle1979-80
 Lisy, Jennifer1992-93
 Liverpool, Ashley2011-12
 Lund, Yvonne Irene.....1979-80
 Lundquist, Lisa..... 1978
 Lynberg, Michele1977-78
 Maks, Stephanie1982-84
 Marchand, Racheal.....2005-09
 Marconi, Janelle1987-89
 Marks, Tricia1986-89
 Marshall, Kamesha2003-05
 Marshall, Sue..... 1978

Martin, Courtney.....2014-15
 Mashek, Lori.....1980-81
 Maser, Shannon.....2014-15
 Mason, Jacolyn 1984
 Matsunaga, Stephanie..... 1996
 Mattingly, Marianne1978-80
 Maurer, Megan1995-98
 McCabe, Grace2019
 McCalla, Lindsey.....2004-06
 McClure, Michaela 1998
 McDougall, Elizabeth..... 1989
 McDowell, Tina.....1991-94
 McGarrahan, Kimberly1987-88
 McGuire, Margaret..... 1989
 McGuire, Michelle 1983
 McKenzie, Vivien 1983-86
 McManus, Maureen 1980
 McMillan, Lynn 1986-88
 McRell, Amy.....1989-93
 Medenwaldt, Tiffany 2010
 Melander, McKenzie.....2009-12
 Menson, Angela..... 1982
 Merry, Ashley 2005
 Mettelmann, Perriann 1979
 Mikkelsen, Peggy 1980
 Millange, Michele1976-77
 Miller, Missy 2010
 Miller, Zinnia2011-14
 Millward, Georgia.....2001-05
 Mims, Kelsey2009-11
 Mims, Monica.....2005-08
 Mims, Susan1977-80
 Misel, Kara..... 2018
 Mitchell, Elizabeth 1978-79
 Moats, Lisa 1986-87
 Mol, Mary.....1982-85
 Molony, Terry..... NA
 Moon, Jennifer 2000
 Moore, Jackie 1984
 Moore, Jennifer1987-89
 Moore, Jennifer S.1991-93
 Moore, Raven 2010, 2012
 Moreno, Susan 1977-79
 Morken, Kylie.....2018-19
 Mueller, Marissa.....2018-19
 Muggge, Jill 1978
 Mumford, Suzanne1983-84
 Murphy, Amy1999-00
 Murray, Sara 1993
 Neighbors, Jill 1983
 Nelson, Kaitlyn.....2013-16
 Nelson, Major Sue1977-78
 Newbrough, Haley 1997
 Newhouse, Carolyn2014-16
 Newman, Ronda..... 1977
 Nukuri, Diane.....2007-08
 O'Brien, Penny.....1981, 1983-85
 O'Hern, Erin.....2005-06, 2008
 Oladele-Ajose, Tayo2013-14
 O'Leary, Jeann1976-79
 O'Neil, Erin1981-82
 Orr, Davera1984-87
 Otii, Helen..... 1993



Diane Nukuri (2006-07) was a three-time All-American, two-time NCAA Midwest Region Cross Country Champion and Female Athlete of the Year and the 2008 University of Iowa Female Athlete of the Year. She set school records in eight events, and holds the Ashton Course marks in the 3,000 and 4,000 meters. She won the 2007 Big Ten cross country title, earning Big Ten Women's Cross Country Athlete of the Year honors. She also won the 2007 Drake Relays 5,000 meters. A 2007 Honda Sports Award finalist, she received the 2008 Wilma Rudolph award.



Bethany Praska was a two-time All-American and three-time Big Ten champion in 2011. She was a three-time academic All-Big Ten honoree (2009-11) for the Hawkeyes.

Owens, Maria	1999	Reynolds, Roxanne	1988
Pare, Anne	1996	Richardson, Holly	1977
Parker, Judy	1981-82	Riedl, Carrie	1978
Parmiter, Catherine	2000	Rimpson, Michelle	1986
Parsons, Jodi	1991-94	Roach, Peaches	2004-07
Paterno, Janey	1977	Roberts, Ericka	2000-03
Pauling, Kiersten	1994-96	Roberts, Rachelle	1987-89
Pearson, Laura	2005	Roberts-Lewis, JayLnn	2016-18
Pedersen, Tiff	2002-05	Roeder, Hannah	2008-11
Perkins, Tiffany	2002	Roehl, Becky	1994-97
Perry, Sarah Spencer	2009	Romic, Kimberly	1987-88
Peterson, Jodi	1989-93	Rouw, Madison	2014-16
Peth, Maria	NA	Rozycki, Laurie	1996
Philip, Maria	1996	Ruden, Lindsey	1994
Pisha, Stephanie	1978	Ruen, Paula	1996-99
Placzek, Lena	2011	Ruffcorn, Ann	1999-2000
Plock, Sarah	2018	Russo, Diane	1979-82
Poncè, Sophia	2007-10	Ryan, Sarah	2012-14
Poole, Marlene	1991, 1993-95	Ryken, Karen	1977
Powell, Beverly	1988-89	Salazar, Nina	1986-88
Powers, Mary	1983	Salsberry, Christine	1991-93
Praska, Bethany	2008-11	Sas, Kathryn	1983
Prendergast, Colleen	1997-99, 2001	Sasseen, Dee	1986
Price, Rachel	2013-14	Sasseen, D'an	NA
Providence, Jiselle	2001-03	Sather, Mari	1983
Quigley, Kristina	1999-2000	Saunders, Tia	2017-19
Quinn, Kelsey	2012	Scheibel, Jill	1996-99
Radakovich, Bobby	1992-94	Schilb, Hannah	2017-19
Raheem, Ruqayya	1996-99	Schlueter, Janna	1983-84
Ranegar, Megan	2010-13	Schmidt, Jessica	2005-08
Redfern, Alana	2002-03	Schmidt, Kristi	2000
Redies, Shelly	1984-86	Schneckloth, Kim	1987-89
Reid, Tanja	1994-95	Schneider, Ann	1980
Rehn, Katherin	2011	Schoborg, Mickey	1984-86
Reischmann, Anne	2015	Schoonover, Jennifer	1994
Renning, Shani	1990, 1992-94	Schott, Megan	2019

Schulle, Mareike	2013	Todd, Jocelyn	2013, 2015
Scott, Lauren	2013	Todd, Stephanie	1977-80
Sears, Laura	1984-87	Tremmel, Laura	1983
See, Maribeth	1983-86	Tripp, Shawna	1990-92
Selsor, Kristin	1982-85	Trost, Katharina	2014-15
Shannon, Gina	1998-2001	Truedson, Katie	2010, 2013
Sharpe, Sommer	2018	Trusty, Rhonda-Kaye	2007-10
Shine, Anrea	2018-19	Tully, Penny	1981-84
Shearer, Anna	1999	Tutson, Majesty	2010-12
Sheeley, Erin	2005	Tweto, Marjorie	1996
Sheetz, Terri	1977	Tyson, Adrienne	1998
Simmons, Tria	2016-19	Underwood, Tara	1995-98
Simon, Clara	1981	Uryki, Gillian	2017-19
Simonson, Hannah	2011-12	Van Der Hart, Sheri	1990-93
Simpson, Alycia	1986-89	Vandersteen, Laura	1983
Simpson, Jasmine	2011-14	Vandervoort, Martha	1991-94
Sims, Sharon	1977-78	VanSteenwyk, Lisa	1989-93
Sindt, Jordyn	2014-17	Vaughan, Jennifer	1983
Slocum, Wendy	NA	Vesely, Trisha	1988-89
Smith, Annemie	2012-15	Villhauer, Holly	1976-78
Smith, Gail	1982-85	Vinton, Kimberly	1992-93
Smith, Amy	2017-18	Vitense, Mandi	1997-99
Snow, Kathy	1986-87	VonMuenster, Shannon	2002
Snow, Shari	1981	Voss, Jamie	1992-93
Sokol, Michelle	2002-03, 2005	Wahrman, Allison	2017-19
Soldan ,Terri	1981-83	Watters, Kristen	1986-89
Spangler, Jenni	1982, 1984-86	Watts, Mahnee	2014-17
Spanoudakis, Konstadina	2018-19	Waymire, Madison	2016-18
Sparks, Staci	1993-94	Weber, Zanette	1981
Spinks, Natalie	1983	Weiland, Melissa	1987-88
Sproles, Lakesha	1996-98	Weismantle, Kirsten	2010-13
Stahle, Amanda	2011-14	Welch, Kylie	2018
Stanford, Kimberly	2008	Welker, Lindsay	2019
Stanley, Shannon	2004-07	Wensel, Payton	2019
Stec, Tina	1991-94	West, Shelby	2018
Steelhammer, Jill	1977-78	Westhoff, Sherry	NA
Steffen, Sarah	2000-03	Weum, Aly	2018-19
Steinhart, Diane	1979-82	Wheeler, Mary	NA
Steinhart, Laurie	1981	Whelchel, Christie	1980-83
Stiffend, Latoya	2002-03, 2005	White, Renee	2006-09
Stippel, Lori	1979	Wiese, Suzanne	1983-84
Stormo, Kay	1979-82	Wilberding, Tess	2014-17
Strand, Jessie	2002-04	Wight, Jena	1983
Strobel, Belina	1981	Wiley, Sadie	1992-93
Strub, Charlotte	1977	Wilkinson, Ashley	2011-12
Strueland, Kelsey	2010	Williams, Julie	1979-81
Sullivan, Traci	1986-89	Williams, Khanishah	2012-16
Suppelsa, Sherri	1984-88	Williams, Shellene	2003-04
Swaim, Mandy	1997-98	Wilson, Beth	1989
Swanson, Addie	2018-19	Winger, Sydney	2019
Swartzrock, Diane	1978-80	Winjum, Kristin	1982-85
Taylor, Barbara	1977	Winn, Nicole	1992-93
Taylor, Davera	1984-87	Winter, Catherine	1990-92
Taylor, Denise	1990, 1992-94	Winter, Ester	NA
Taylor, Kelsey	2011	Wodek, Janet	1984-87
Tausaga, Lauauga	2017-19	Woodard, Christann	1979
Teague, Kimberly	NA	Wymore, Sue	1978
Tessmer, Nancy	1989-92	Wynter, Kaydene	1996
Thomas, Jahisha	2015-18	Young, Deborah	1981-83
Thompson, Becca	2000-03		
Thurber, Anne	NA		
Tillman, Catherine	NA		



Men's 2020 Team Roster

Name	Yr.	Hometown (Last School)
Ian Geisler	Fr.	Lake in the Hills, Ill. (Huntley)
Noah Healy	Sr.	Frankfort, Ill. (Lincoln-Way East)
Aidan King	Fr.	St. Charles, Ill. (East)
Daniel Kylsh	Fr.	Elmhurst, Ill. (York)
Kal Lewis	Fr.	Shelter Island, N.Y. (Shelter Island)
Max Murphy	Fr.	Bettendorf, Iowa (Pleasant Valley)
Jack Pendergast	Fr.	Cedar Rapids, Iowa (Cedar Rapids Prairie)
Jeff Roberts	Sr.	River Vale, N.J. (Pascack Valley)
Spencer Smith	Jr.	Bettendorf, Iowa (Alleman)
Konnor Sommer	Jr.	Bettendorf, Iowa (Pleasant Valley)
Nick Trattner	So.	Naperville, Ill. (Naperville North)
Eli Ward	Fr.	Waterloo, Ill. (Waterloo)

Women's 2020 Team Roster

Name	Yr.	Hometown (Last School)
Amber Aesoph	Fr.	Sioux City, Iowa (Bishop Heelan Catholic)
Logan Akason	Jr.	Waukee, Iowa (Waukee)
Mary Arch	Sr.	Iowa City, Iowa (City High)
Grace Bookin-Nosbisch	Fr.	Ottumwa, Iowa (Ottumwa)
Ashley Bryja	Jr.	Chicago, Ill. (Tennessee-Martin)
Claire Edmondson	Fr.	Dubuque, Iowa (Senior)
Bryce Gidel	Fr.	Humoldt, Iowa (Humboldt)
Emma Gordon	Jr.	Ankeny, Iowa (Centennial)
Maggie Gutwein	So.	Monticello, Ind. (Mid-Prairie)
Leah Kralovetz	So.	Denmark, Wis. (Denmark)
Kylie Latham	Jr.	Ottumwa, Iowa (Ottumwa)
Grace McCabe	Jr.	Clarendon Hills, Ill. (Hinsdale Central)
Brooke McKee	Fr.	Johnston, Iowa (Johnston)
Jessica McKee	So.	Johnston, Iowa (Johnston)
Wren Renquist	Sr.	Okinawa, Japan (Kadena)
Abby Ryon	Fr.	Mount Pleasant, Iowa (Mount Pleasant)
Gabby Skopec	Sr.	Coralville, Iowa (Iowa City West)
Addie Swanson	Sr.	Bettendorf, Iowa (Pleasant Valley)
Patty Teggatz	Jr.	Hampton, Iowa (Hampton-Dumont)
Kelli Tosic	Fr.	Grayslake, Ill. (Grayslake North)
Ellie Twedt	Fr.	Elkhart, Iowa (Ballard)
Lindsay Welker	Sr.	Terre Haute, Ind. (North)
Aly Weum	Sr.	Stoughton, Wis. (Stoughton)

Coaching & Staff Information

Cross Country head coach (Yrs. at Iowa) Randy Hasenbank (5th)
 Alma Mater Wichita State
 Email Address randy-hasenbank@uiowa.edu

Men's Cross Country Team Quick Facts

2019 Big Ten Cross Country Championship Finish (Pts.): ... 10th (224)
 2019 NCAA Regional Cross Country Finish (Pts.): 7th (184)
 NCAA Qualifiers Returning/Lost 0/1
 All-Region Returning/Lost: 0/1
 Letterwinners Returning/Lost: 10/5

Men's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Yrs.):..... 1st (1961, 1966)
 Highest NCAA Regional Team Place (Pts., Yr.):..... 1st (79, 2002)
 Highest NCAA Championships Team Place (Yr.):..... 2nd (1955)
 NCAA Champions: 1 - Deacon Jones, 1955
 All-Americans: 5 student-athletes, 7 honors
 NCAA Regional Champions:..... 1 - Micah VanDenend, 2006
 All-Region Honorees:..... 21 student-athletes, 43 honors
 Big Ten Champions: 6 student-athletes, 9 titles
 All-Big Ten Honorees: 9 student-athletes, 12 honors
 Academic All-Big Ten Honorees:..... 53 student-athletes, 126 honors

Women's Cross Country Team Quick Facts

2019 Big Ten Cross Country Finish (Points): 9th (273)
 2019 NCAA Midwest Regional Finish (Points): 10th (283)
 NCAA Qualifiers Returning/Lost 0/0
 All-Region Returning/Lost: 0/0
 Letterwinners Returning/Lost: 11/5

Women's Cross Country Historical Quick Facts

Highest Big Ten Championships Team Place (Pts., Yr.):.. 1st (74, 1982)
 Highest NCAA Regional Team Place (Pts., Yr.):..... 3rd (118, 2006),
 Highest NCAA Championships Team Place (Yr.):..... 3rd (111, 2007)
 Highest NCAA District Champ's Team Place (Yr.): 2nd (1986, 1991)
 Highest NCAA Championships Team Place (Pts., Yr.): . 8th (249, 1982)
 All-Americans: 11 student-athletes, 14 honors
 NCAA Regional Champions:..... 2 student-athletes, 3 honors
 All-Region Honorees:..... 14 student-athletes, 19 honors
 Big Ten Champions: 2 - Tracy Dahl, 1992; Diane Nukuri, 2007
 All-Big Ten Honorees: 14 student-athletes, 19 honors
 Academic All-Big Ten Honorees:..... 95 student-athletes, 167 honors



Hawkeye Invitational

September 7 - Iowa City, Iowa
6,000 meters - 1st/6 teams (26 points)

Individual Results

Place	Name	Time
2.	Nathan Mylenek	18:16.0
4.	Daniel Murphy	18:19.3
6.	Luke Sampson	18:22.9
7.	Spencer Smith	18:25.3
10.	Noah Healy	18:36.4
17.	Nick Trattner	18:47.0
19.	Jeff Roberts	18:54.8
22.	Konnor Sommer	19:00.9
24.	Brandon Cooley	19:07.4
25.	Karson Sommer	19:09.3
28.	Reece Smith	19:12.3

Woody Greeno Invite

September 21 - Lincoln, Neb.
8,000 meters - 1st/17 teams (47 points)

Individual Results

Place	Name	Time
4.	Nathan Mylenek	24:44.8
7.	Daniel Murphy	24:59.2
9.	Luke Sampson	25:02.8
16.	Brandon Cooley	25:25.7
18.	Noah Healy	25:29.3
20.	Spencer Smith	25:30.4
40.	Konnor Sommer	25:55.8
45.	Nick Trattner	26:00.6
56.	Karson Sommer	26:17.4
62.	Jeff Roberts	26:20.1

Joe Piane Notre Dame Invitational

October 4 - South Bend, Ind.
5 miles - 12th/22 teams (282 points)

Individual Results - Blue Race

Place	Name	Time
29.	Nathan Mylenek	24:00.79
47.	Daniel Murphy	24:12.84
58.	Spencer Smith	24:17.35
64.	Luke Sampson	24:20.01
84.	Noah Healy	24:33.99
93.	Brandon Cooley	24:40.88
137.	Jeff Roberts	25:21.00
156.	Karson Sommer	25:44.00

Individual Results - Open Race

33.	Konnor Sommer	25:29.16
43.	Nick Trattner	25:47.87

NCAA Pre-Nationals

October 19 - Terre Haute, Ind.
8,000-meters - 10th/38 teams (322points)

Individual Results - Blue Race

Place	Name	Time
20.	Nathan Mylenek	23:53.6
68.	Spencer Smith	24:34.7
70.	Daniel Murphy	24:35.4
78.	Luke Sampson	24:39.6
86.	Noah Healy	24:43.4
137.	Brandon Cooley	25:09.7
169.	Karson Sommer	25:30.9

Individual Race- Open Race

Place	Name	Time
23.	Konnor Sommer	25:39.7
60.	Nick Trattner	26:28.1
77.	Jeff Roberts	26:51.7

Big Ten Championships

November 3 - Columbus, Ohio
8,000 meters - 10th/12 teams (224 points)

Team Results

Place	Team	Points
1.	Wisconsin	56
2.	Indiana	70
3.	Michigan	78
4.	Purdue	82
5.	Penn State	169
6.	Nebraska	172
7.	Michigan State	176
8.	Minnesota	193
9.	Illinois	219
10.	Iowa	224
11.	Ohio State	317
12.	Rutgers	386

Individual Results

Place	Athlete	Time
10.	Nathan Mylenek *	24:16.9
40.	Daniel Murphy	24:52.7
61.	Spencer Smith	25:17.0
63.	Brandon Cooley	25:17.7
64.	Noah Healy	25:17.8
69.	Luke Sampson	25:24.6
75.	Konnor Sommer	25:29.3
76.	Karson Sommer	25:29.5
98.	Jeff Roberts	26:20.5

* -- All-Big Ten

NCAA Midwest Regional

November 15 - Stillwater, Okla.
10,000 meters - 7th/27 teams (184 points)

Team Results

Place	Team	Points
1.	Tulsa	37
2.	Iowa State	54
3.	Kansas	150
4.	South Dakota State	166
5.	Oklahoma State	179
6.	Minnesota	181
7.	Iowa	184
8.	Nebraska	218
9.	Illinois	270
10.	Missouri	295
11.	Bradley	310
12.	Kansas State	317
13.	Wichita State	352
14.	Drake	365
15.	Loyola	394
16.	Eastern Illinois	421
17.	Northern Iowa	482
18.	Illinois State	529
19.	North Dakota State	537
20.	South Dakota	573
21.	Southern Illinois	603
22.	Saint Louis	610
23.	DePaul	637
24.	UMKC	675
25.	Illinois-Chicago	685
26.	Creighton	715
27.	SEMO	825

Individual Results

Place	Athlete	Time
3.	Nate Mylenek *	30:55.2
35.	Karson Sommer	31:47.9
47.	Daniel Murphy	32:07.4
60.	Ian Eklin	32:16.3
104.	Bailey Hesse-Withbroe	33:00.0
116.	Brandon Cooley	33:12.9
119.	Spencer Smith	33:17.6

* -- All-Region

NCAA Championships

November 23- Terre Haute, Ind.
10,000 meters

Individual Results

Place	Athlete	Time
85.	Nathan Mylenek	31:51.8



Hawkeye Invitational

September 6 - Iowa City, Iowa
4,000 meters - 1st/7 teams (36 points)

Individual Results

Place	Name	Time
4.	Megan Schott	14:14.0
5.	Leah Kralovetz	14:17.1
6.	Anna Hostetler	14:22.1
10.	Kylie Latham	14:31.5
11.	Elyse Prescott	14:32.6
18.	Mary Arch	14:50.2
19.	Emma Gordon	14:50.8
20.	Jessica Mckee	14:53.0
22.	Ashley Bryja	15:00.3
25.	Jordan Winke	15:06.9
26.	Logan Akason	15:10.3
27.	Grace McCabe	15:12.0
31.	Maggie Gutwein	15:21.0
34.	Wren Renquist	15:27.2
42.	Mallory King	15:36.6
45.	Gabby Skopec	15:48.2
49.	Patty Teggatz	16:38.2
51.	Macie Weber	16:19.7
60.	Alyson Weum	16:47.5
61.	Lindsay Welker	16:50.1

Woody Greeno Invite

September 21 - Lincoln, Neb.
5,000 meters - 1st/16 teams (53 points)

Individual Results

Place	Name	Time
4.	Leah Kralovetz	17:31.4
8.	Megan Schott	17:41.7
9.	Elyse Prescott	17:43.2
15.	Anna Hostetler	18:01.9
17.	Kylie Latham	18:13.2
19.	Jessica McKee	18:16.4
24.	Emma Gordon	18:26.5
27.	Ashley Bryja	18:36.5
32.	Mary Arch	18:44.8
34.	Gabby Skopec	18:48.4
47.	Maggie Gutwein	19:11.2
54.	Wren Renquist	19:27.9
60.	Grace McCabe	19:34.9
92.	Macie Weber	20:17.2

Joe Piane Notre Dame Invite

October 4 - South Bend, Ind.
5,000 meters - 22nd/24teams (542 points)

Individual Results - Blue Race

Place	Name	Time
64.	Megan Schott	17:14.51
77.	Elyse Prescott	17:24.24
119.	Anna Hostetler	17:46.32
134.	Kylie Latham	17:53.80
158.	Ashley Bryja	18:06.76
160.	Emma Gordon	18:09.66
175.	Mary Arch	18:24.60
176.	Leah Kralovetz	18:29.58

Individual Results - Open Race

Place	Name	Time
36.	Gabby Skopec	18:17.41
46.	Maggie Gutwein	18:33.25
54.	Wren Renquist	18:43.06
56.	Grace McCabe	18:46.06
69.	Mallory King	18:56.41
72.	Macie Weber	19:00.64

NCAA Pre-Nationals

October 19 - Terre Haute, Ind.
6,000 meters - 24th/37 teams (597 points)

Individual Results - Red Race

Place	Name	Time
70.	Megan Schott	21:08.7
92.	Leah Kralovetz	21:24.1
123.	Elyse Prescott	21:40.1
142.	Kylie Latham	21:50.1
175.	Ashley Bryja	22:06.0
188.	Anna Hostetler	22:14.4
215.	Emma Gordon	22:36.5

Individual Results - Open Race

Place	Name	Time
34.	Mary Arch	22:42.9
38.	Gabby Skopec	22:48.8
57.	Maggie Gutwein	23:27.0
61.	Wren Renquist	23:33.4

Big Ten Championships

November 3 - Columbus, Ohio.
6,000 meters - 9th/14 teams (233 points)

Team Results

Place	Team	Points
1.	Michigan State	56
2.	Wisconsin	62
3.	Michigan	88
4.	Penn State	138
5.	Ohio State	144
	Illinois	144
7.	Minnesota	145
8.	Indiana	177
9.	Iowa	273
10.	Nebraska	283
11.	Purdue	302
12.	Maryland	336
13.	Northwestern	353
14.	Rutgers	428

Individual Results

Place	Athlete	Time
42.	Leah Kralovetz	21:16.6
49.	Megan Schott	21:21.1
56.	Elyse Prescott	21:28.3
70.	Anna Hostetler	21:50.3
78.	Kylie Latham	22:08.0
84.	Ashley Bryja	22:13.3
97.	Mary Arch	22:37.1
106.	Gabby Skopec	23:03.4
113.	Emma Gordon	23:13.3

NCAA Midwest Regional

November 15 - Stillwater, Okla.
6,000 meters - 10th/33 teams (283 points)

Team Results

Place	Team	Points
1.	Illinois	108
2.	Tulsa	123
3.	Minnesota	130
4.	Oklahoma State	159
5.	Missouri	172
6.	Iowa State	192
7.	Loyola	237
8.	Wichita State	240
9.	Northern Illinois	277
10.	Iowa	283
11.	North Dakota State	317
12.	Bradley	335
13.	Northwestern	348
14.	South Dakota	355
15.	Nebraska	373
16.	South Dakota State	387
17.	Kansas	443
18.	Eastern Illinois	459
19.	North Dakota	570
20.	Missouri State	602
21.	Saint Louis	602
22.	Illinois State	645
23.	Kansas State	674
24.	Nebraska-Omaha	686
25.	Northern Iowa	693
26.	Creighton	714
27.	SEMO	717
28.	DePaul	724
29.	Southern Illinois	741
30.	Drake	776
31.	Illinois-Chicago	878
32.	Oklahoma	914
33.	Western Illinois	944

Individual Results

Place	Athlete	Time
16.	Leah Kralovetz *	21:08.4
44.	Megan Schott	21:47.7
49.	Elyse Prescott	21:54.4
76.	Ashley Bryja	22:15.2
101.	Anna Hostetler	22:36.1
115.	Mary Arch	22:48.6
157.	Emma Gordon	23:27.2

* -- All-Region

Women's Team 4,000m 5,000m 6,000m

Logan Akason	15:10.3	---	---
Mary Arch	14:50.2	18:24.60.....	22:37.1
Ashley Bryja	15:00.3	18:06.76.....	22:06.0
Emma Gordon	14:50.8	18:09.66.....	22:36.5
Maggie Gutwein	15:21.0	18:33.25.....	23:27.0
Anna Hostetler	14:22.1	17:46.32.....	21:50.3
Mallory King	15:36.6	---	---
Leah Kralovetz	14:17.1	17:31.4.....	21:08.4
Kylie Latham	14:31.5	17:53.80.....	21:50.1
Grace McCabe	15:12.0	18:10.29.....	---
Jessica McKee	14:53.0	18:16.4.....	---
Elyse Prescott	14:32.6	17:24.24.....	21:28.3
Wren Renquist	15:27.2	18:43.75.....	23:33.4
Megan Schott	14:14.0	17:14.51.....	21:08.7
Gabby Skopec	15:48.2	18:17.41.....	---
Macie Weber	16:19.7	19:00.69.....	---
Lindsay Welker	16:50.1	---	---
Aly Weum	16:47.5	---	---

Men's Team 6,000m 8,000m 5Miles 10,000m

Brandon Cooley	19:07.4	25:09.7	24:40.88	32:15.9
Noah Healy	18:36.4	24:43.4	24:33.99	31:58.8
Daniel Murphy	18:19.3	24:35.4	24:12.84	31:58.8
Nathan Mylenek	18:16.0	23:53.6	24:00.79	30:51.0
Jeff Roberts	18:54.8	26:20.1	25:21.00	---
Luke Sampson	18:22.9	24:39.6	24:20.01	31:54.9
Reece Smith	19:12.3	---	---	---
Spencer Smith	18:25.3	24:59.8	24:17.35	32:05.2
Karson Sommer	19:09.3	25:29.5	25:44.00	---
Konnor Sommer	19:00.9	25:29.3	25:29.16	33:17.8
Nick Trattner	18:47.0	26:00.6	25:47.87	---



Men's Top 10 All-Time Best Performers

6,000 Meters

1. Ian Eklin 18:10 2017 Hawkeye Invite
2. Michael Melchert 18:12 2016 Hawkeye Invite
3. Nathan Mylenek 18:16 2019 Hawkeye Invite
4. Eric MacTaggart 18:18 2005 Hawkeye Invite
5. Daniel Murphy 18:19 2019 Hawkeye Invite
6. Jeff Thode 18:21 2009 Hawkeye Invite
7. Luke Sampson 18:22 2019 Hawkeye Invite
8. Dan Haut 18:24 2005 Hawkeye Invite
9. **Spencer Smith 18:25 2019 Hawkeye Invite**
7. Jeff Kent 18:27 2005 Hawkeye Invite

8,000 Meters

1. Jesse Luciano 23:01 at 2008 Auburn Invite
2. Micah VanDenend 23:39 at 2006 Pre-Nationals
3. Eric MacTaggart 23:24 at 2008 Auburn Invite
4. Jeff Thode 23:27 at 2010 Bradley Classic
5. Sam Bailin 23:36 at 2008 Auburn Invite
6. Tommy Tate 23:46 at 2008 Auburn Invite
7. Mark Battista 23:48 at 2008 Auburn Invite
8. Kevin Lewis 23:52 at 2014 Big Ten Champs
9. Nathan Mylenek 23:53 at 2019 Pre-Nationals
10. Andy Napier 23:56 at 2008 Auburn Invite

10,000 Meters

1. Nathan Mylenek 29:53 at 2017 NCAA Regional
2. Jeff Thode 29:55 at 2010 NCAA Regional
3. Daniel Soto 30:04 at 2017 NCAA Regional
4. Matt Esche 30:10 at 2002 NCAA Regional
5. Jesse Luciano 30:17 at 2008 NCAA Champs
6. Micah VanDenend 30:26 at 2002 NCAA Regional
7. Kevin Herd 30:28 1993
8. Joe Welter 30:28 at 2002 NCAA Regional
9. Brandon Cooley 30:29 at 2017 NCAA Regional
10. Tony Rakaric 30:31 at 2002 NCAA Regional

Ashton Cross Country Course Records

Women's 3,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/9/06 9:47

Women's 4,000 Meters

Diane Nukuri, Iowa - Hawkeye Open - 9/15/07 13:14

Women's 6,000 Meters

Leah O'Connor, Michigan St. - Big Ten Champ's - 11/2/14 19:26

Men's 6,000 Meters

Festus Lagat, Iowa State - Hawkeye Invitational - 9/1/17 17:49

Men's 8,000 Meters

Malachy Schrobilgen, Wisconsin - Big Ten Champ's - 11/2/14 . 23:35

Men's 10,000 Meters

Antonio Vega, Minnesota - NCAA Regional - 11/12/05 30:52

Women's Top 10 All-Time Best Performers

3,000 Meters

1. Diane Nukuri 9:47 2006 Hawkeye Open
2. Meghan Armstrong 10:01 2006 Hawkeye Open
3. Brooke Eilers 10:15 2010 Iowa Invite
4. Betsy Flood 10:18 2010 Iowa Invite
5. Tess Wilberding 10:20 2016 Hawkeye Invite
6. Amanda Hardesty 10:21 2009 Hawkeye Invite
Lauren Hardesty 10:21 2010 Hawkeye Invite
Madison Waymire 10:21 2016 Hawkeye Invite
9. Kelsey Hart 10:22 2011 Iowa Invite
10. Shannon Stanley 10:25 2006 Hawkeye Open

4,000 Meters

1. Diane Nukuri 13:14 2007 Hawkeye Open
2. Kayla Beattie 13:41 2012 Toledo Bubble Buster
3. Megan Ranegar 13:45 2012 Toledo Bubble Buster
4. Meghan Armstrong 13:47 2007 Hawkeye Open
Mareike Schrulle 13:47 2012 Toledo Bubble Buster
6. Nicole Benson 13:52 2012 Toledo Bubble Buster
7. Andrea Shine 13:58 2017 Hawkeye Invite
8. Jolly Burke 14:03 2007 Hawkeye Open
Madison Waymire 14:03 2017 Hawkeye Invite
10. Nikki Chapple 14:09 2018 Hawkeye Invite

5,000 Meters

1. Diane Nukuri 15:55 at 2007 Auburn Invite
2. Racheal Marchand 16:15 at 2008 Auburn Invite
3. Meghan Armstrong 16:25 at 2007 Auburn Invite
4. Nan Doak 16:31 at 1983 Big Ten Champs
5. Jolly Burke 16:33 at 2007 Auburn Invite
6. Jenny Spangler 16:34 at 1983 Big Ten Champs
7. Renee Doyle 16:41 at 1986 Purdue Invite
8. Tracy Dahl 16:42 at 1991 Illinois St. Invite
9. Sarah Spencer Perry 16:50 at 2008 Auburn Invite
10. Brooke Eilers 16:53 at 2008 Auburn Invite

6,000 Meters

1. Diane Nukuri 19:37 at 2007 NCAA Regional
at 2007 Big Ten Champs
2. Mareike Schrulle 19:43 at 2012 NCAA Champs
3. Racheal Marchand 19:54 at 2008 NCAA Champs
4. Meghan Armstrong 20:07 at 2007 NCAA Regional
5. Jolly Burke 20:20 at 2007 Big Ten Champs
6. Betsy Flood 20:22 at 2010 NCAA Regional
7. Andrea Shine 20:35 at 2018 Big Ten Champs
8. McKenzie Melander 20:41 at 2011 Big Ten Champs
9. Megan Ranegar 20:43 at 2012 NCAA Champs
10. Andrea Shine 20:46 at 2017 NCAA Regional



Meghan Armstrong



Jennifer Brower



Tracy Dahl



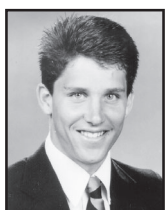
Nan Doak



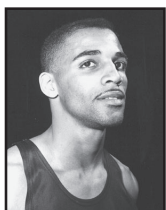
Renee Doyle



Rich Ferguson



Kevin Herd



Deacon Jones



Jeanne Kruckeberg



Racheal Marchand



Diane Nukuri



Mareike Schrulle



Jenny Spangler



Stetson Steele



Jeff Thode



Micah VanDenend



Ted Wheeler



Larry Wiczorek

National & Regional Champions & Honorees

NCAA Champion

Deacon Jones..... 1957

All-Americans

Men's

Kevin Herd 1992-93
Deacon Jones..... 1957
Stetson Steele..... 1998
Jeff Thode 2010
Ted Wheeler 1952
Larry Wiczorek..... 1966-67

Women's

Meghan Armstrong 2007
Jennifer Brower 1991
Tracy Dahl..... 1991-92
Nan Doak..... 1980, 1982-83
Renee Doyle 1986
Jeanne Kruckeberg 1990
Racheal Marchand..... 2006, 2008
Diane Nukuri..... 2006-07
Mareike Schrulle 2012
Jenny Spangler 1983

Honda Sports Awards Nominee

Nan Doak..... 1983
Diane Nukuri..... 2007

NCAA Regional Champion & Athlete of the Year

Men's

Micah VanDenend 2006

Women's

Diane Nukuri..... 2006-07
Racheal Marchand..... 2008

NCAA All-Region Team

Men's

Mark Battista 2009
Trent Corey..... 1997, 2001
Matt Esche..... 2002-05
Dan Haut 2002, 2004-05
Nick Holmes..... 2011
Kevin Lewis 2013-14
Jesse Luciano 2007-08
Eric MacTaggart..... 2005-06, 2008
Nathan Mylenek 2018-19
Nick Nordheim 1998-99, 2001
Jared Pittman 1997
Brian Rae 2003
Tony Rakaric 2002, 2004
Adam Roche 2004-05
Paul Sarris..... 1998-99

Men's NCAA All-Region Team (Cont.)

Chad Schwitters..... 1998
Reed Steele..... 1998
Stetson Steele..... 1997-98
Jeff Thode 2009-11
Micah VanDenend 2002, 2005-06
Joe Welter 2001-02

Women's

Sarah Arens 2003
Meghan Armstrong 2005-07
Kayla Beattie..... 2011
Jolly Burke 2007
Nikki Chapple..... 2004
Brooke Eilers..... 2009
Betsy Flood 2010
Leah Kralovetz 2019
Racheal Marchand..... 2005-06, 2008
McKenzie Melander 2011
Diane Nukuri..... 2006-07
Megan Ranegar 2012
Andrea Shine 2017
Mareike Schrulle 2012
Sarah Spencer Perry 2008



Big Ten Champions

Men's

Rich Ferguson	1952-53
Jock Hunn	1926
Deacon Jones.....	1958
H.R. Phelps	1923-24
James Tucker	1961
Larry Wiczorek.....	1966-67

Women's

Tracy Dahl	1992
Diane Nukuri.....	2007

Big Ten Athlete of the Year

Women's

Tracy Dahl	1992
Diane Nukuri.....	2007

Big Ten Coach of the Year

Women's

Jerry Hassard	1989
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Big Ten Freshman of the Year

Men's

Jared Pittman	1993
Reed Steele.....	1998

All-Big Ten Honorees

Men's

Kevin Lewis	2014
Jesse Luciano	2008-09
Eric MacTaggart	2006
Nathan Mylenek	2018-19
Brian Rae	2003
Tony Rakaric.....	2003
Chad Schwitters.....	1997
Stetson Steele.....	1996
Jeff Thode	2010
Micah VanDenend	2004, 2006

Women's

Meghan Armstrong	2006-07
Erin Boland	1994
Jennifer Brower	1991
Jolly Burke	2007
Tracy Dahl	1991-92
Renee Doyle	1986-88
Betsy Flood	2010
Tami Hoskins.....	1989
Jennifer Johnson.....	1991
Jeanne Kruckeberg	1989
Racheal Marchand.....	2006, 2008
McKenzie Melander	2011
Diane Nukuri.....	2007
Mareike Schrulle.....	2012

Big Ten Athlete of the Month

Men's

Kevin Herd	September 1992
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Women's

Tracy Dahl ...	Sept. 1990, Oct. 1992, Nov. 1992
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Big Ten Athlete of the Week

Men's

Trent Corey	Sept. 11, 2001
Matt Esche.....	Sept. 7, 2004
Jesse Luciano	Oct. 7, 2008
Eric MacTaggart	Sept. 6, 2005
Nathan Mylenek	Sept. 11, 2019
Jeff Thode	Oct. 19, 2010
Micah VanDenend	Sept. 17, 2002

Women's

Sarah Arens	Sept. 3, 2003
Meghan Armstrong	Sept. 6, 2005
Kayla Beattie.....	Sept. 11, 2012
Betsy Flood	Sept. 8, 2009
Lauren Hardesty	Sept. 7, 2010
Racheal Marchand.....	Oct. 7, 2008
Diane Nukuri.....	Sept. 18, 2007
Diane Nukuri.....	Oct. 2, 2007
Diane Nukuri.....	Oct. 16, 2007
Mareike Schrulle.....	Oct. 16, 2012

Big Ten Sportsmanship Award

Men's

Sam Bailin	2008
Brendan Camplin	2009
Mark Battista	2010
Cameron Rieger.....	2011
Ben Witt	2012
Nate Ferree.....	2013
Anthony Gregorio	2014
Ben Anderson	2015
Ben Anderson	2016
Brandon Cooley	2017-18
Noah Healy	2019

Women's

Sarah Spencer Perry	2008
Brooke Eilers.....	2009
Kelsey Hart	2010
Mareike Schrulle.....	2011-12
Shannon Maser	2013
Carolyn Newhouse	2014
Madison Waymire	2015
Tess Wilberding	2016
Madison Waymire	2017
Anna Hostetler	2018
Elyse Prescott	2019

Big Ten Distinguished Scholar

Men's

Sam Bailin	2008
Dan Gardarsson	2017
Anthony Gregorio	2016
Kevin Lewis	2013
Luke Sampson.....	2018
Karson Sommer	2017-18

Women's

Katie Adams.....	2014-15
Ashley Espinosa	2018
Marta Bote Gonzalez	2016-17
Fionna Fallon	2008
Kelsey Hart	2011
McKenzie Melander	2011
Elizabeth Niedert.....	2017
Lauren Opatrnj.....	2017
Lena Placzek	2012
Marieke Schrulle.....	2012
Andrea Shine	2017-18
Jocelyn Todd	2012-15
Madison Waymire	2017
Lindsay Welker	2017
Samantha Zishka	2014

CoSIDA Academic All-American

Chad Schwitters.....	1997
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CoSIDA Academic All-District

Kevin Herd	1990, 1992-93
Stetson Steele.....	1996, 1998

USTFCCCA Academic Team

Men's

2007, 2008, 2010, 2014, 2015, 2017, 2018
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Women's

1995, 1997, 1999, 2000, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018
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USTFCCCA All-Academic Honorees

Men's

Dan Haut	2004
Kevin Herd	1993
Kevin Lewis	2013
Jesse Luciano	2007-08
Chad Schwitters.....	1998
Stetson Steele.....	1998

Women's

Meghan Armstrong	2004-05
Sarah Arens	2004
Brooke Eilers.....	2009
Megan Ranegar	2012
Mareike Schrulle.....	2012
Andrea Shine	2017



Academic All-Big Ten

Men's

L.J. Albrecht	1988-90
Ravi B'Have	1994, 1996
Sam Bailin	2008, 2010
Mike Biderman	2001
Bill Branigan	1992
David Brown	1987-90
Matt Butler	2013
Brendan Camplin	2007-10
Brandon Cooley	2017-19
Trent Corey	2000-01
Kevin Docherty	2014-16
Ian Eklin	2016-18
Nate Ferree	2013-16
Daniel Gardarsson	2015-17
Matt Gerard	1992-94
Anthony Gregorio	2014-156
Dan Haut	2002, 2004-05
Noah Healy	2018-19
Kevin Herd	1990, 1992-93
Daniel Huff	2015
Alan Jackson	2005
Chase Kadlec	2009-11
Kevin Lewis	2012-14
Ben Lloyd	2002-03
Jesse Luciano	2007-10
Eric MacTaggart	2005-06, 2008
Steve Marshall	1991-93
Pete McDowell	1993-94
Sean Moeller	1998-99, 2001
Andy Morris	1997, 1999
Steve Morrissey	1990-91
Daniel Murphy	2019
Andy Napier	2005-08
James Paul	2008-10
Jared Pittman	1995-96
Tim Pleskac	1998-99
Jay Renaud	2007-10
Cameron Rieger	2011-12
Jeff Roberts	2018
Marc Roehl	1991-94
Luke Sampson	2017-19
Paul Sarris	1997
Blake Schlotzhauer	2006
Chad Schwitters	1995-98
Spencer Smith	2019
Taylor Soltys	2014-15
Karson Sommer	2017-19
Konnor Sommer	2019
Dan Soto	2016, 2018
Stetson Steele	1996-98
Adam Thomas	2001
Andy Weise	1986
Michael Westphal	2017
David White	1990-91
Ben Witt	2012-14

Women's

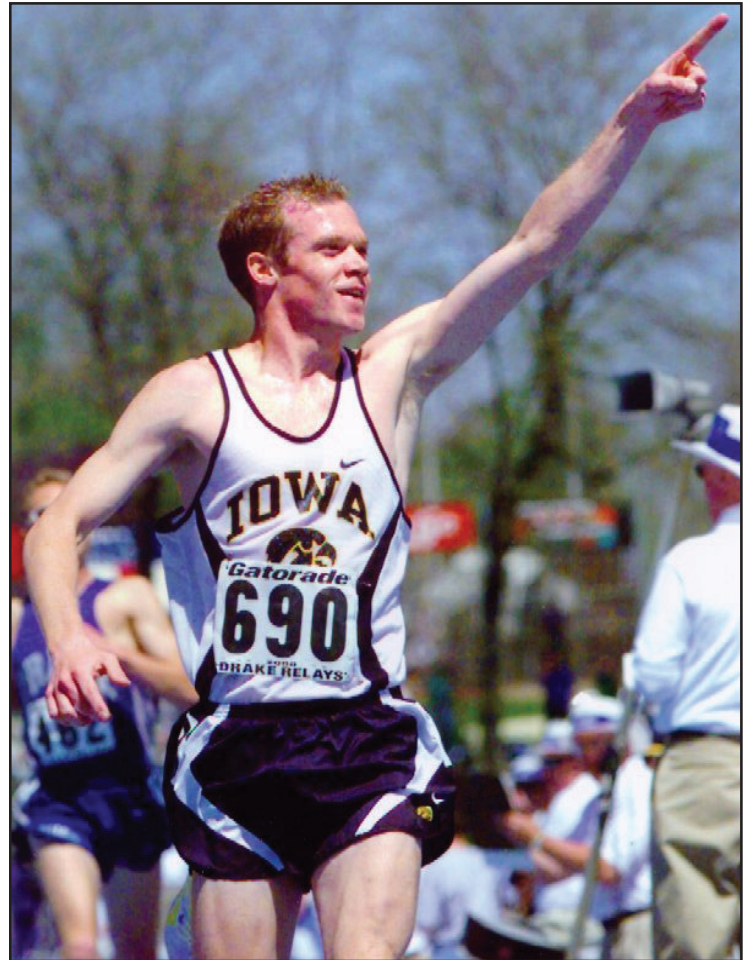
Katie Adams	2014
Logan Akason	2019
Krista Anderson	2006-07
Lindsay Anderson	2009-10
Mary Arch	2018-19
Sarah Arens	2000, 2002-03
Meghan Armstrong	2005-07
Atalie Barber	2001, 2003
Holly Barnes	1992
Briana Benning	1994-97
Danielle Berndt	2010-11
Allison Billhardt	2005
Kerri Blackstone	1996
Marta Bote Gonzalez	2015-17
Kelly Breen	2014-16
Jennifer Brower	1989-91
Courtney Bruns	2015-16
Ashley Bryja	2019
Jolly Burke	2007
Katie Butler	2000
Jenni Capista	2003-04
Maddie Carver	2018
Megan Daniel	1994
Amber Decker	2017
Jennie Docherty	2006, 2009-10
Katie Donlon	2005
Claire Dupuis	2017
Brooke Eilers	2009-11
Katie Ellis	2007, 2009-10
Molly Esche	2005-07
Ashley Espinosa	2016-18
Fionna Fallon	2008-10
Shawn Fleck	1995
Betsy Flood	2009-11
Alienor Gilchrist	1997
Emma Gordon	2019
Lisa Gordon	2014
Keelin Gorman	2011
Kristin Haefke	1998
Amanda Hardesty	2010
Kelsey Hart	2010-12
Rachel Hawks	2006-07
Julie Hollensbe	2017
Anna Hostetler	2019
Jennifer Johnson	1991-93
Patricia Jones	1991
Jennifer Kiciak	1996-97
Mallory King	2017-19
Tricia Kiraly	1988
Natalie Kleinfelter	1993-94
Christine Kotarba	2004, 2007
Jeanne Kruckeberg	1987-89
Kimberly Kruk	1994
Michelle Lahann	2000-02
Jackie Laesch	2011
Kylie Latham	2019

Jennifer Lisy	1992
Shannon Maser	2012-13
Grace McCabe	2019
Jessica McKee	2019
Amy McReil	1991-92
McKenzie Melander	2009-11
Georgia Millward	2001-03
Jennifer Moore	1987-89
Amy Murphy	1999
Sarah Murray	1993
Haley Newbrough	1997
Carolyn Newhouse	2014
Elizabeth Niedert	2016-17
Kara Neustrom	2017
Val Oltman	1999
Lauren Opatrny	2016-17
Kiersten Pauling	1994-96
Lena Placzek	2012-13
Rachel Price	2013
Megan Ranegar	2010-12
Katherin Rehn	2011
Wren Renquist	2018-19
Ericka Roberts	2000-02
Hannah Roeder	2009-10
Janeth Salazar	1987
Christine Salsberry	1990-93
Tia Saunders	2018-19
Jill Scheibel	1996
Jessica Schmidt	2007
Kristi Schmidt	1999
Kim Schneckloth	1986-89
Jennifer Schoonover	1994
Megan Schott	2019
Mareike Schrulle	2012
Anna Shearer	1999-2000
Andrea Shine	2016-18
Michelle Sokol	2002, 2004
Jenny Spangler	1985
Laura Spencer	2004
Shannon Stanley	2004
Tina Stec	1991-93
Sherri Suppelsa	1986
Jocelyn Todd	2012-14
Jamie Voss	1992
Madison Waymire	2016-17
Macie Weber	2018-19
Lindsay Welker	2017-19
Aly Weum	2018-19
Tess Wilberding	2014-16
Jordan Winke	2018-19
Samantha Zishka	2014



Cross Country Men's All-Time Letterwinners

Albrecht, L.J. 1988-90	Eastland, Dave 1968-71	Hunn, Leonard E. 1925-28	Knoedel, James J. 1970-71
Albright, Robert 1941	Ebert, Leroy 1952-54	Hunter, William 1914-15	Kramer, Larry 1961-64
Allen, Shaun 1998-01	Eckhardt, Gerald 1944	Hymon, W. Paul 1912-13	Kruse, Arthur 1919-20
Anderson, Ben 2013-16	Edwards, James 1978	Ingram, Robert 2007	Kurth, Steve 1995-97
Ashton, George C. 1921-22	Eklin, Ian 2015-18	Jackson, Alan 2005	Labond, Curtis 1966-68
Ashton, James Ed 1962-63	Esche, Matt 2002-05	Jacobs, Evan 2017	Lainson, Bernard 1951
Ashton, William 1960	Everingham, Will 1928	Jamison, Orlin 1916	Langer, Dave 1979
Atkins, Bobby 1999-2000	Everman, Wayne 1954-55	Jans, Paul A. 1910-11	Layne, Michael 1997-99
Bailin, Sam 2007-08, 2010	Fanthouser, John 1942	Jeffers, Clyde 1904-05	Lewis, Bernard 1945
Baker, Lawrence 1961	Fearing, Ken 1959-62	Jensen, Chris 2003	Lewis, H. Mount 1909-11
Bakker, Mike... 1994-95, 1997-98	Feeldy, Chad 1994-96	Jensen, Richard 1968-70	Lewis, Kevin 2011-14
Barron, Ben 2003	Ferguson, Richard 1951-55	Jones, Charles N, 1955-58	Lillwitz, Tim 1999-2000
Battista, Mark 2007-10	Ferree, Nate 2013-16	Jones, Douglas H. 1968	Lindeman, James 1977
Bender, Arnold N. 1924	Ferree, Tom 1978-80	Kadlec, Chase 2008-11	Lister, Donald 1914-15
Benjerdes, T.D. 1920	Fischer, Gary W. 1960-63	Keatinge, Murray 1954-56	Lloyd, Ben 2002-03
Bentz, Robert LE 1943	Fishba, Ugh H. RI 1949	Keil, Richard L. 1941-42	Loechel, Thomas 1970-73
Betz, Leighton A. 1959	Flage, David 1933-34	Keller, Keith 1947-48	Lord, Richard 1943
Biderman, Mike 2001	Fletcher, Robert Ash. 1956-59	Kelly, Thomas 1928-30	Luciano, Jesse 2006-09
Brady, Frank H. 1927-28	Foster, Richard 1922	Kent, Jeff. 2004-06	Lyle, James 1936-38
Brandenberg, H. 1921	Fourman, Sam 2014	Kitt, Roland 1966-69	Lyle, Ralph 1957-58
Brandt, Jon Michael. 2010-12	Frazier, Carl 1966-69		
Branigan, Bill. 1992	Frazier, Harry 1956		
Brown, David 1987, 1989-90	Frazier, William 1961-65		
Brown, Keith Lav. 1948-55	Fritsch, Raymond 1940		
Brown, Ray Kenne. 1979-81	Fudge, Arthur 1951-54		
Brubacher, Theod. 1964-67	Furst, Don 1975-76		
Burney, William 1944	Gale, Sean 1992-94		
Bush, Warren L. 1968	Gardarsson, Daniel 2015-17		
Butler, Matt 2013	Gardner, Russell 1928		
Bye, Bill E. 1949	Gee, George 1916		
Camplin, Brendan 2007-09	Gerard, Matthew 1992-94		
Campisi, Leo A. 1932-34	Greenlee, Donald 1959-61		
Carlson, Herman 1923	Greenlee, Ron 1965		
Carman, Kenneth 1949-50	Gregorio, Anthony 2012, 2014-16		
Chaney, Sam 2012-13	Griffith, Ron 1965-68		
Clancy, Thomas R. 1974-78	Griswold, Joe 1949		
Clark, John Jay 1969-73	Hakes, Montague 1928		
Clarke, Eric Lloyd 1957-58	Hanson, Mark 1995		
Clarke, George W. 1962-63	Hartmann, H.W. 1915-16		
Coffie, Harry E. 1927	Hass, Edward 1934-35		
Collins, John 1949	Hassen, Galen 1951		
Cook, Dale 1912	Hausler, Leland 1916-17		
Cooley, Brandon 2016-19	Haut, Dan 2001-02, 2004-05		
Copeland, Jack 1948-49	Healy, Noah 2017-19		
Corey, Trent 1997-2001	Henderson, Robert 1933-34		
Criswell, John W. 1969-71	Herd, Kevin J. 1989-94		
Cue, John L. 1927	Hermeier, Raymond 1957-59		
Cutler, Allan J. 1942	Hermeier, Richard 1955-59		
Davis, S. Jack 1949-51	Hesse-Withbroe, Bailey. 2015-18		
Delashmutt, Ed 1979-81	Hill, Jack L. 1957-60		
Docherty, Kevin 2013-16	Hindt, William 1913-15		
Docherty, James 1974-76	Hinrich, Joel H. 1940-41		
Donovan, James 1995	Holland, Stephen 1971-72		
Dotseth, Frank 1958-59	Hollatz, Troy 1993		
Drew, John 1957	Holmes, Nick 2009, 2011-12		
Duggan, Earle 1949-52	Hotz, William 1906-08		
Dunsworth, Ira W. 1954-56	Huff, Daniel 2014		



Stetson Steele was a three-time All-American, two-time all-region and six-time academic All-Big Ten honoree in cross country and track from 1996-2000. He holds the school 10,000-meter record, and in 2000 he won the Drake Relays 5,000-meter title and was Iowa's Big Ten Medal of Honor winner.



MacDonald, Peter.....	1964-66	Miller, Fred.....	1921
MacTaggart, Bruce.....	2008	Mitvalsky, Richard.....	1932
MacTaggart, Eric..	2004-06, 2008	Moeller, Sean.....	1998-2001
Maiden, Sydner.....	1945	Moenck, Heath.....	2007
Mak, Leo.....	1913	Moldenhauer, Way.....	1954
Marasco, Frank.....	1917-18	Morch, Herbert O.....	1951-53
Marshall, Steve.....	1991-93	Morris, Andy.....	1997-2000
Mawe, William.....	1960	Morrissey, Steve.....	1991-92
McCabe, Dennis.....	1969	Murphy, W. H.....	1944-45
McCllanahan, Rich.....	1946-48	Murphy, Daniel.....	2016-19
McDermott, Eric.....	2000	Murray, Harold H.....	1920-21
McDowell, Peter.....	1993-94	Murray, Jack A.....	1944-45
McElroy, Robert.....	1933	Mylenek, Nathan.....	2016-19
Melchert, Michael	2014-16, 2018	Napier, Andy.....	2005-08
Melnick, Sidney.....	1934	Naylor, Myrel.....	1930
Messer, Kenneth.....	1964-65	Nelson, Paul H.....	1935
Meyer, David.....	1941	Nelson, Robert.....	1936

Nie, Bruce.....	1988-89
Nordheim, Nick.....	1998-2001
Novotny, David.....	1994-95
Oxley, John R.....	1946-47
Paul, James.....	2008-10
Paul, Joe.....	1976-77
Payne, Arthur.....	1922-23
Pershing, Steve.....	1975-77
Peters, Chris.....	1995
Phelps, Harold R.....	1923-25
Pinkerton, Volne.....	1928
Pirkil, Jeff.....	1982-83, 1985-86
Pittman, Jared.....	1994-98
Pleskac, Tim.....	1998-2000
Pratt, Raymond O.....	1934, 1936
Presteman, Gregory.....	1978
Price, Bradley D.....	1979-81
Price, Brook.....	2014
Prince, Earl S.....	1942
Pristine, Leonard.....	1921
Purvis, Donald L.....	1936
Rae, Brian.....	2002-05
Rakaric, Tony.....	2001-04
Reid, Morrison.....	1971-72
Renaud, Jay.....	2007-09
Rerko, Rodney.....	1992-95
Reyes, William A.....	1964-65
Rieger, Cameron.....	2011-12
Ristine, Leonard.....	1920-21
Roberts, Jeff.....	2017-19
Roche, Adam.....	2003-05
Roehl, Mark.....	1991-93
Roller, Robert J.....	1970
Roseman, Garry.....	1990-93
Rosenberg, Norman.....	1931-32
Sampson, Luke.....	2016-19
Santino, William.....	1974-76
Sarris, Paul.....	1997-2000
Saur, Wayne.....	1974
Schlotzhauer, Blake.....	2005-06
Schutman, Ben.....	2000
Schum, Robert L.....	1969-71
Schwitters, Chad.....	1995-99
Seashore, Robert.....	1922
Selsor, Evan.....	2011
Sampson, Luke.....	2017
Shaffer, Quentin.....	2013
Shaw, Robert J.....	1914
Sheets, Lawrence.....	1963-64
Sheldon, Jay A.....	1972, 1974-75
Sheldon, John H.....	1922
Sitko, John.....	1934
Slater, Albert L.....	1943-44
Slingsby, Tim.....	1988-89
Smith, Andrew.....	2010
Smith, N.E.....	1912
Smith, Spencer.....	2018-19

Snook, William H.....	1949
Soltys, Taylor.....	2012, 2015
Sommer, Karson.....	2016-19
Sommer, Konnor.....	2018-19
Soto, Daniel.....	2015-18
Speers, Maurice.....	1925-26
Stark, Maurie.....	1942
Steele, Ryan.....	1998-99
Steele, Stetson.....	1995-99
Steffen, Mark A.....	1970-72
Steinberg, Albert.....	1911
Stevenson, Gerold.....	1941
Stiller, Martin.....	1936
Stone, Gerald L.....	1950
Sumner, M.L.....	1912-13
Swift, Mark.....	1974
Swisher, Michael.....	1972
Szabo, Steve.....	1966-68
Tate, Tommy.....	2006-09
Terbell, Floyd O.....	1924
Tice, Robert W.....	1971
Thode, Jeff.....	2009-11
Thomas, Adam.....	1998-01
Tiernan, Stephen.....	1964
Trainor, Dan.....	2001-03
Traphagen, Stephen.....	2002-03
Trattner, Nicholas.....	2019
Trimble, Bruce W.....	1957-59
Trimble, Ralph.....	1960-62
Tucker, Jim.....	1959-61
Tupper, Richard.....	1947-48
Vacik, George J.....	1940
Vanatta, Lyell.....	1930
Vanderwilt, Robert.....	1943
VanDenend, Micah.....	2002, 2004-06
Vonahsen, Virgil.....	1950-52
Walker, Leland C.....	1963
Webster, Alex.....	2005
Welt, Donald.....	1941
Welter, Joe.....	2000-02
Westphal, Michael.....	2017
Wheeler, Ted S.....	1951-52, 1955
Wickey, Howard.....	1929-30
Wieczorek, Lawrence.....	1965-67
Wilfong, Caleb.....	2012-13
Wilkes, Quenten.....	1956
Williams, Derrick.....	1963
Wisgerhof, Max V.....	1934
Witt, Ben.....	2011-14
Workman, Robert.....	1941-42
Wren, Richard T.....	1946
Young, Nick.....	2011
Zacher, Eugene R.....	1922
Zaruba, Arnold J.....	1944



Micah VanDenend won the 2007 Big Ten 10,000-meter outdoor track title and holds the school outdoor 5,000-meter record.. He was the 2006 NCAA Midwest Regional Cross Country Meet Champion and Male Athlete of the Year. The four-time all-region honoree competed for Iowa from 2002-07.



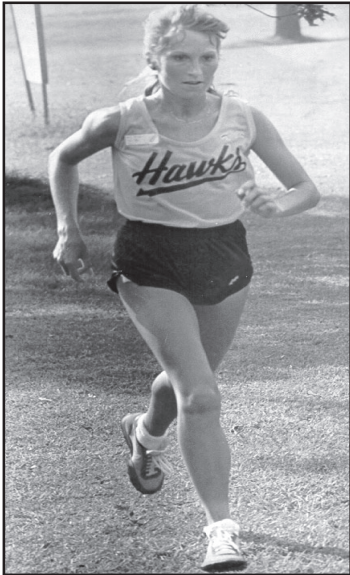
Cross Country Women's All-Time Letterwinners

Adams, Katie.....2013-14
 Anderson, Krista2006-07
 Anderson, Lindsay2008-09
 Andrews, Karen1978-80
 Arch, Mary.....2017-19
 Arens, Sarah 1999-2000, 2002-03
 Armstrong, Meghan2004-07
 Ballweg, Rachel1997
 Barber, Atalie.....2000-03
 Beattie, Kayla.....2011
 Benning, Briana1993-96
 Benson, Nicole.....2011-12
 Berndt, Danielle....2008, 2010-11
 Billhart, Allison2005
 Blossfeld, Suzanne1978-79
 Boddicker, Bev1977-80
 Boland, Erin1991-94
 Bote Gonzalez, Marta2014-17
 Breen, Kelly.....2015-16
 Brower, Jennifer.....1988-91
 Brown, Nicole1994-96
 Bruns, Courtney.....2015
 Bryja, Ashley.....2018-19
 Burke, Jolly2006-07
 Butler, Katie1999-2000
 Capista, Jenni.....2001, 2003-04
 Carver, Maddie2017-18
 Chapple, Nikki.....2003-05
 Chow, Sophia2000
 Coleman, Becky1993-96
 Connely, Michelle1977

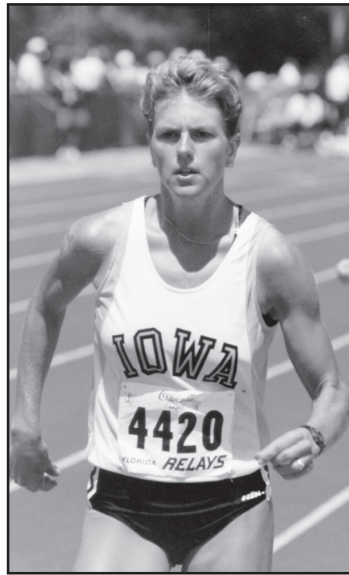
Dahl, Tracy1989-92
 Daniel, Megan1993
 Davis, Eileen1978-79
 Deluca, Sarah C. Abel.....1979-81
 Dixon, Pamela1978
 Doak (Davis), Nan1980-84
 Dobrowolski, Anne1981-85
 Docherty, Jennie.....2006, 2009
 Donlon, Katie2001-03
 Doyle, Renee1985-88
 Drapcho, Rosemary1978-81
 Dresselhaus, Ann.....1978-80
 Drulis, Julie1997-98
 Dunlop, Amy.....1977-79
 Dupuis, Claire2016
 Eilers, Brooke.....2008-11
 Ellis, Katie2006-07, 2009
 Esche, Molly2004-07
 Espinosa, Ashley.....2016-18
 Fallon, Fionna2008-09
 Feltes, Teresa1977-78
 Fleck, Shawn.....1993-95
 Flood, Betsy2008-11
 Flynn, Erin.....1978-82
 Freund, Kay.....1978-81
 Gilchrist, Alienor.....1996-97
 Gordon, Emma2018-19
 Gordon, Lisa2012
 Gorman, Keelin.....2011
 Griffin, Maggie.....1996-99
 Gripp, Sue1977

Gutwein, Maggie2019
 Haefke, Kristen1997-98
 Hamilton, Jana.....1979-80
 Hardesty, Amanda2007-10
 Hardesty, Lauren.....2007-10
 Hart, Kelsey2009-12
 Hawks, Rachel2006
 Hedlund, Laurie1977-78
 Hentges, Leah1999
 Hoehle, Zanetta1978-81
 Hollensbe, Julie2016-17
 Hoeman, Carissa.....1998
 Hoskins, Tami.....1987-91
 Hostetler, Anna.....2018
 Houston, Marlie.....2016
 Jeppson, Maren.....2017
 Johnson, Jennifer.....1990-93
 Jones, Alana.....2013, 2015
 Kiciak, Jennifer.....1995-96
 Kintzel, Denise1977-78
 Kleinfelter, Natalie1993-95
 Kotarba, Christine.....2004, 2007
 Kralovetz, Leah2019
 Krekeler, Rebecca Ann1978-79
 Kruckeberg, Jeanne1987-89
 Kruck, Kim.....1994
 Kubitz, Christine ...1995-96, 1998
 Laesch, Jackie2011
 Lahann, Michelle1999-2002
 Lambrecht, Carol1977-78
 Latham, Kylie2018-19
 Lessard, Megan2009
 Luber, Hannah2010
 Lund, Yvonne Irene.....1979-80
 Lynberg, Michele M. Dr. .1977-78
 Marchand, Racheal 2004-06, 2008
 Marshall, Sue.....1977
 Martin, Courtney.....2012-14
 Maser, Shannon.....2012-13
 McCabe, Grace2018-19
 McDowell, Tina.....1991-94
 McKee, Jessica2018-19
 Melander, McKenzie.....2009-11
 Millward, Georgia2000-03
 Mims, Susan1977-80
 Mitchell, Elizabeth1978-79
 Murphy, Amy1998-99
 Murray, Megan1998
 Nelson, Major Sue1977-78
 Newbrough, Haley.....1996-97
 Newhouse, Carolyn2014-15
 Neustrom, Kara.....2014-17
 Niedert, Elizabeth2014-17
 Nukuri, Diane.....2006-07

Oltman, Valerie.....1998
 Opatrny, Lauren.....2016-17
 Pare, Anne1996
 Pauling, Kiersten.....1993-96
 Pearson, Laura2004
 Perry, Sarah Spencer.....2008
 Placzek, Lena2012-13
 Prescott, Elyse2019
 Price, Rachel2013
 Quigley, Kristina.....1999
 Ranegar, Megan.....2010-12
 Rehn, Katherin.....2010-11
 Renquist, Wren.....2017-19
 Roberts, Ericka.....1999-2002
 Roeder, Hannah2008-09
 Roehl, Becky1994-97
 Ruffcorn, Ann.....1999
 Salazar, Nina1998
 Saliba, Cindy2012
 Salsberry, Christine1991-93
 Schaefer, Chrissy.....2006
 Scheibel, Jill1995-98
 Schleusner, Mary2010
 Schmidt, Jessica2004-07
 Schmidt, Kristi.....1998-99
 Schoonover, Jennifer1993
 Schott, Megan2018-19
 Schrulle, Mareike.....2011-12
 Shearer, Anna1998
 Shine, Andrea2015-18
 Sims, Sharon1977-78
 Skopec, Gabby2019
 Sokol, Michelle2001-02, 2004
 Spangler, Jenny.....1981-83
 Sparks, Staci.....1993
 Spencer, Laura2004
 Stanley, Shannon2003-06
 Stec, Tina1990-93
 Swartzrock, Diane.....1978-80
 Teggatz, Patty.....2018-19
 Thompson, Becca .1999-00, 2002
 Todd, Jocelyn2012-14
 Todd, Stephanie.....1977-80
 Vandervoort, Martha.....1991-94
 Van Dyk, Elzerie2018
 Vitense, Mandi1996-98
 Von Muenster, Shannon2001
 Waymire, Madison2015-17
 Weber, Macie2017-19
 Wilberding, Tess2013-16
 Winke, Jordan.....2018-19
 Williams, Julie.....1979-81
 Zishka, Samantha.....2013-14



Nan Doak was Iowa's first cross country All-American, earning a total of three honors (1980, 1982-82).



Tracy Dahl was Iowa's first Big Ten Cross Country Champion. The two-time All-American (1991-92) won the title and was named Big Ten Female Cross Country Athlete of the Year in 1992.