

ONETOUCH[®]

Diabetes Management Software



Quick Reference Guide

Look inside for step-by-step instructions on how to:

- » Transfer readings from your OneTouch[®] Meter
- » View and share any of the 11 available reports
- » Add information to a patient record
- » Add or edit information related to a glucose reading

OneTouch® Diabetes Management Software (DMS)
is designed for use with OneTouch® Blood Glucose
Meters.

Please refer to OneTouch.com for a complete list of currently supported
devices.



OneTouch® DMS has 11 reports to manage the information that can help you improve your glycemic control.

- » Track glucose levels along with health-related data that can impact readings. This report lets you easily spot trends relative to a particular meal slot.

Logbook

- » Identify patterns in glucose readings by time of day.

Standard Day

- » Rank patients by key measures to flag those who need closer management.

Exception

- » View a summary of key reports (Logbook Report, Pie Chart Report, and Glucose Trend Report) for a given 14-day date range.

Summary

- » View all data in the software database (glucose, medications, food, exercise) in sequential format.

Data List

- » Analyze the relationship between glucose readings, insulin dosing, and carb intake.

Insulin



OneTouch® DMS has 11 reports to manage the information that can help you improve your glycemic control (continued).

- » Display the percentage of glucose readings that fall above, below and within target range for each meal slot.

Pie Chart

- » Easily monitor how other health factors (blood pressure, weight, doctor visits, and HbA1c) are impacted by diabetes.

Health Checks

- » Track changes in glucose readings from day to day.

Glucose Trend

- » Identify before and after meal patterns across a distribution of glucose ranges.

Histogram

- » Monitor how glucose readings are impacted by meals, exercise, and daily activities.

Average Reading



Transfer OneTouch® Meter readings for viewing.

OneTouch® DMS makes it easy to transfer OneTouch® Meter readings for viewing.

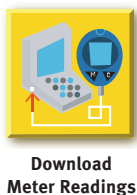
Step 1

Double-click on the desktop icon to open the Software.



Step 2

Click on the **Download Meter Readings** icon on the Home Screen.



Step 3

Connect the meter to the PC.

- » Connect the appropriate cable to the meter data port. Firmly push the cable until it clicks into place.
- » Connect the other end of the cable to one of the available USB ports on your PC.



Transfer OneTouch® Meter readings for viewing (continued).

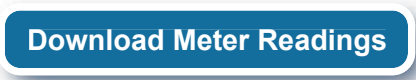
Step 4

To begin data transfer, most meters need to be turned **OFF**; some meters need to be turned **ON**. If communication fails when you have the meter **OFF**, turn the meter **ON**.

Note: Meters that need to be turned **ON** for data transfers may turn off if there is a delay in connecting the meter. If this happens, just turn the meter back **ON**.

Step 5

Click on the **Download Meter Readings** button.

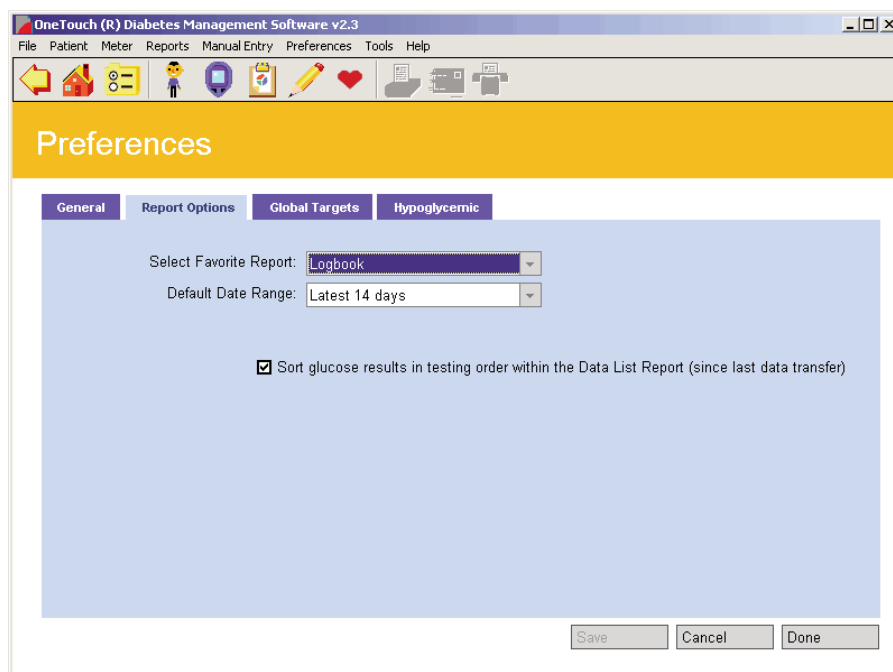


Download Meter Readings

Step 6

Your Favorite Report will automatically open.

- » Customize your Favorite Report by selecting Preferences/Report Options from the Menu bar.





View and share reports.

View and share reports with just a few clicks.

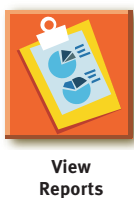
Step 1

Double-click on the desktop icon to open the Software.



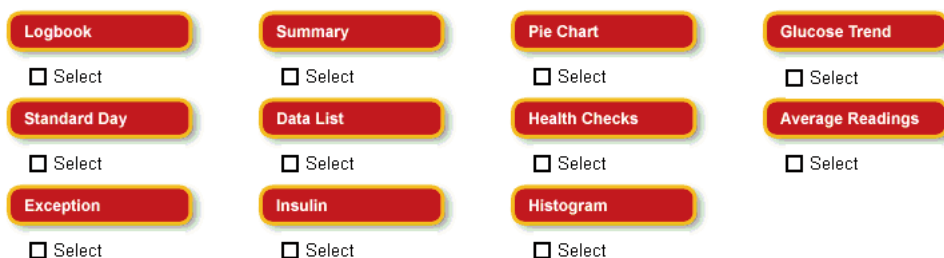
Step 2

Click on the **View Reports** icon on the Home Screen.



Step 3

Click on the report you would like to view.



Step 4

Share the report with another person.

Click on the **print**, **e-mail**, or **fax** icon in the tool bar, and follow the directions.





Add information to a patient record.

Customize your personal diabetes profile.

- » General information
- » Schedules
- » Medications
- » Insulin regimens
- » Complications

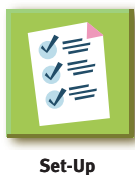
Step 1

Double-click on the desktop icon to open the Software.



Step 2

Click on the **Set-Up** icon on the Home Screen.



Step 3

Click on the **Patient Setup** icon on the Setup Screen.





Add information to a patient record (continued).

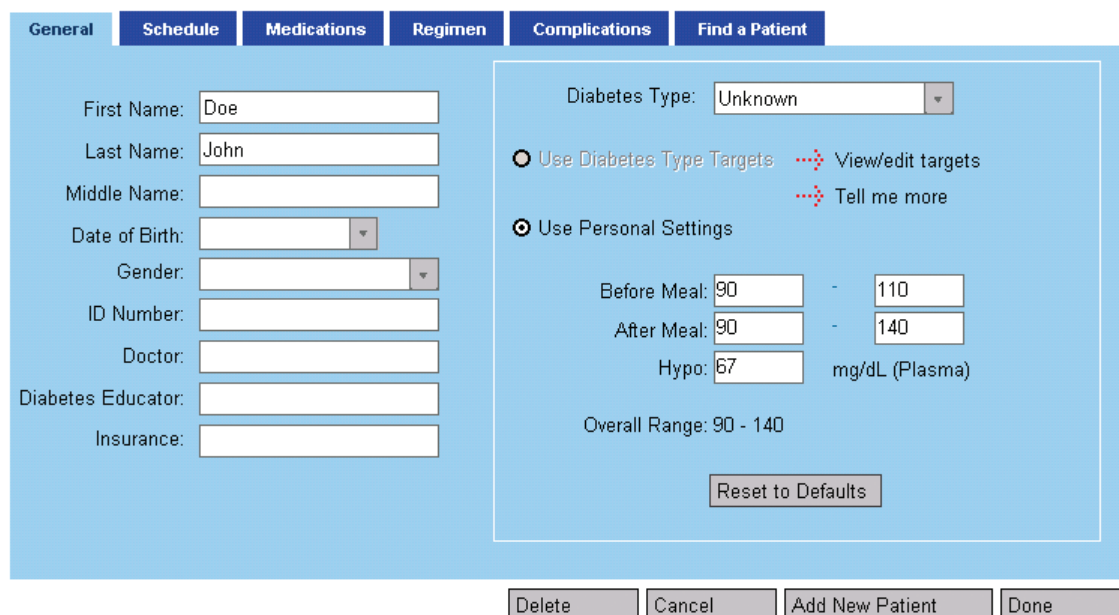
Step 4

Choose the correct name from the drop-down menu.

Patient ▼

Step 5

Use the blue tabs to add relevant information.



The screenshot shows the 'General' tab of the software interface. On the left, there are input fields for: First Name (Doe), Last Name (John), Middle Name, Date of Birth, Gender, ID Number, Doctor, Diabetes Educator, and Insurance. On the right, the 'Diabetes Type' is set to 'Unknown'. Below this, there are two radio button options: 'Use Diabetes Type Targets' (selected) and 'Use Personal Settings'. To the right of these are links for 'View/edit targets' and 'Tell me more'. Under 'Use Personal Settings', there are input fields for 'Before Meal' (90), 'After Meal' (90), and 'Hypo' (67), with corresponding range fields (110, 140, and 'mg/dL (Plasma)'). An 'Overall Range' of '90 - 140' is displayed. A 'Reset to Defaults' button is at the bottom of this section. At the very bottom of the interface are four buttons: 'Delete', 'Cancel', 'Add New Patient', and 'Done'.

Step 6

Click on the **Done** button to save changes.

Done



Add or edit information related to glucose readings.

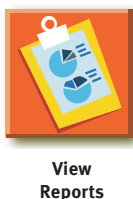
Step 1

Double-click on the desktop icon to open the Software.



Step 2

Click on the **View Reports** icon on the Home Screen.



Step 3

Click on the **Logbook** button on Choose Your Report.



Step 4

Click on the report reading you would like to change.

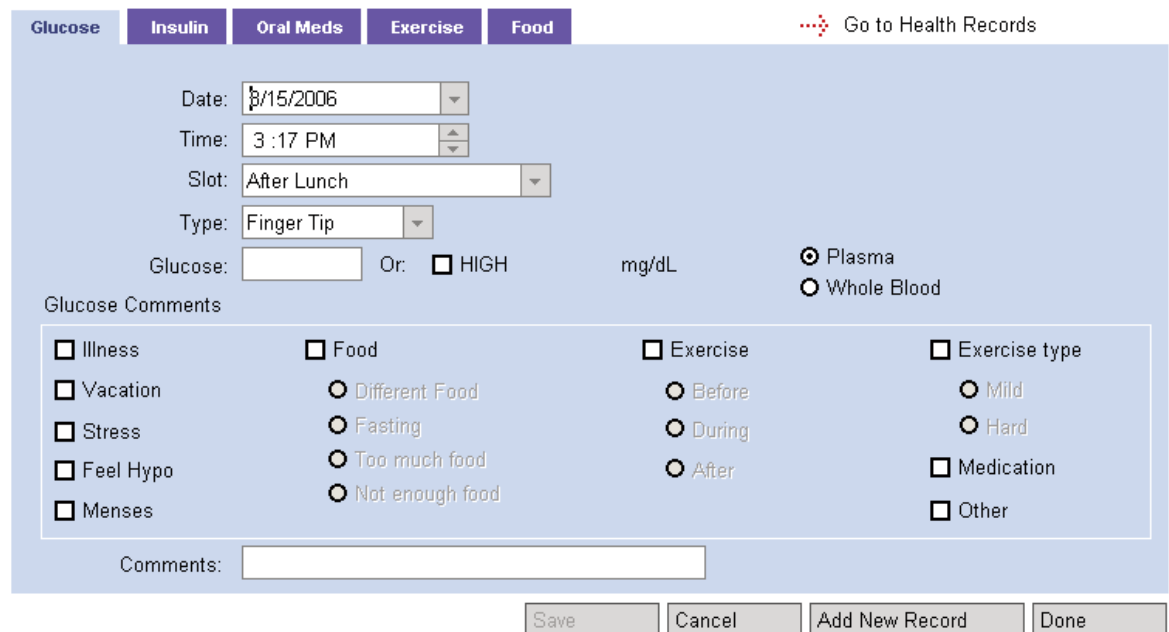
122
175



Add or edit information related to glucose readings (continued).

Step 5

Add or edit data as needed in the blue charts.
Use the tabs to move from section to section.



The screenshot shows the 'Glucose' tab selected in a series of tabs (Glucose, Insulin, Oral Meds, Exercise, Food). A 'Go to Health Records' link is visible in the top right. The form contains the following fields and options:

- Date: 8/15/2006
- Time: 3:17 PM
- Slot: After Lunch
- Type: Finger Tip
- Glucose: [input field] Or: ☐ HIGH mg/dL
- Radio buttons: ☒ Plasma, ☐ Whole Blood
- Glucose Comments section with four columns of checkboxes and radio buttons:
 - Column 1: ☐ Illness, ☐ Vacation, ☐ Stress, ☐ Feel Hypo, ☐ Menses
 - Column 2: ☐ Food, ☐ Different Food, ☐ Fasting, ☐ Too much food, ☐ Not enough food
 - Column 3: ☐ Exercise, ☐ Before, ☐ During, ☐ After
 - Column 4: ☐ Exercise type, ☐ Mild, ☐ Hard, ☐ Medication, ☐ Other
- Comments: [input field]
- Buttons at the bottom: Save, Cancel, Add New Record, Done

Step 6

Click the **Done** button to save the changes.

Done



General Troubleshooting.

If you have difficulty using OneTouch® DMS please consult the appropriate section of the user manual and help file. If that does not resolve the problem, please contact your local LifeScan Office or visit the Around the World section of the LifeScan website at LifeScan.com for the Technical Support telephone number in your area.

Use in Partnership with Your Healthcare Professional.

OneTouch® DMS is designed to help individuals and healthcare professionals track, review, and monitor key data related to managing diabetes. OneTouch® DMS is not intended to provide medical advice. If you have diabetes, consult with your healthcare professional before making any changes to your lifestyle, medication, diet, or exercise program.