# **Assessment Tool**



# Disaster Preparedness Quiz

- 1) Are you informed about the types of potential disasters that could affect your area and the actions you should take for each of these during an emergency? (1 point)
- 2) Do you have an emergency plan in place that you can follow in the event you should need to evacuate your work, home or school? (1 point)
- 3) Do you have a supply kit in your home, which includes things like food and water, a first-aid kit, batteries, a flashlight and other tools that you may need in the event of a disaster? (1 point)
- 4) Have you identified shelters in your area where you can go should you be required to evacuate? (1 point)
- 5) Have you practiced your emergency plan so that you will be ready to execute it when disaster strikes? (1 points)
- 6) Have you conducted an inventory of all the options you have to communicate during an emergency, including all family members' wireless phones and your home phones? (1 point)
- 7) Which of the following communications supplies and tactics that can be used in a disaster do you currently own or practice?

	Yes	No
Extra wireless phone battery (1 point)		
Car charger for wireless phone (1 point)		
A plan to update voice mailboxes to alert family and friends of your status in an emergency (2		
points)		
Phone numbers for all of your key contacts (1 point)		
E-mail addresses for all of your key contacts (1 point)		
Instant message addresses for all of your key contacts (2 points)		
Noncordless phone to plug in to your phone lines should the electricity go out (1 point)		
A calling card (1 point)		

- 8) Does your household have an emergency communications plan in place in the event of a natural disaster? (1 point)
- 9) Are you aware that you can use certain technologies to access the Internet in remote locations so that you may communicate with loved ones in the event that your wireless or home phone are not accessible during a natural disaster (such as Wi-Fi access or a PDA with wireless, two-way e-mail)? (1 points)
- 10) Do you talk about any type of disaster preparedness planning with family members or people in your household once every three months or more often? (1 points)
- 11) Have you taught your child(ren) how to use 9-1-1? (1 point)
- 12) Have you thought about, and prepared for, steps you may need to take in case you and other members of your household need to evacuate your home (e.g., securing your property from theft, reviewing your homeowner's insurance, how to transport your pets, at what point to evacuate, etc.)?

  (2 points)

## Fact Sheet



#### **Scoring**

#### 0-5: Not prepared

Luckily, you still have time to develop an emergency plan. But don't wait too long; you never know when a natural disaster can occur. Natural disasters can have devastating effects on families, separating them for days, even weeks, at a time. This can cause large amounts of unnecessary stress on you and your loved ones and shift the focus off of your home, property and possible insurance issues that may need immediate attention.

AT&T has a few easy steps to get you started. Talk with your family tonight about potential disasters that could affect your area, and develop an evacuation plan and meeting place should a disaster occur. Designate a friend or family member in a different city or state to contact in case your family is separated. Put together a supply kit, including food, water, a first-aid kit, batteries, a flashlight and other tools or medications your family might need. Finally, be aware of potential storms that could turn into disasters and be ready to take action.

#### 6-10: Not as prepared as you should be

So you thought about a potential disaster before, and threw a few things together, but you know you could be more prepared. No need to worry; start taking action. The time that you take now to get your family more prepared for a potential disaster will save you more time and anxiety during an actual disaster.

Go over your emergency plan with your family, and make sure your supply kit is complete and up to date. Review your homeowner's insurance policy and evaluate how you would protect your house from high winds, flooding and theft. Consider purchasing a car charger for your wireless phone and an extra wireless phone battery to keep a communications line open. Finally, update the e-mail addresses, phone numbers and instant message addresses for all of your key contacts. Follow these simple steps, and you will be reassured and ready for any disaster.

## 11-15: Somewhat prepared

Nice job. You and your family will avoid some stressful and tense situations with your emergency and communications plans in place. Most homeowners and businesses are not prepared for a disaster, so you are ahead of the game. But you can never be too prepared, especially when it comes to natural disasters, so AT&T recommends a few more helpful tips for you to consider.

Review your emergency plan with your family every few months. It never hurts to refresh everyone's memory. Update all e-mail addresses, phone numbers and instant message addresses for all of your key contacts on a regular basis. Plan to update your voice mailbox to alert family and friends of your status during an emergency. Find out whether you have remote Internet access such as Wi-Fi, a PDA with wireless or an e-mail account with a browser-based login, and use it to communicate in case your wireless or home phone is not working. Put a calling card in your wallet and keep a charger for your wireless phone in your supply kit. When you know all of your communications options and you're prepared, you will be able to connect with your loved ones during a disaster.

#### 16-20: Prepared.

Great work! You and your family will be prepared should a disaster strike and that should be a great relief for you. Disasters are stressful situations, and having an emergency plan in place will allow you to focus your attention on your loved ones. But what about your friends, neighbors and extended family? Are they as prepared as you?

You can help them become more prepared for a potential disaster by sharing these helpful tips from AT&T on disaster preparedness. Ask them if they have an evacuation plan for their family, if they know of a nearby shelter, and if they have a designated contact in case they are separated. Update them on the latest communications technology so they will be able to contact their family quickly and easily. It would

# **Fact Sheet**



be hard to leave behind your unprepared neighbors during a disaster. Spread the preparedness news so that others can follow in your footsteps and be ready for a potential disaster.

### **Helpful Links (offsite)**

American Red Cross National Preparedness Hotline <a href="http://www.redcross.org/">http://www.redcross.org/</a>
1-866-GET-INFO

Federal Emergency Management Agency <a href="http://www.fema.gov/">http://www.fema.gov/</a>

U.S. Department of Homeland Security <a href="https://www.ready.gov/">www.ready.gov/</a>
1-800 BE READY